

## Listening (Mock Test)

### SECTION 1.

#### QUESTIONS 1-10

##### Questions 1-5

Complete the information below. Write **NO MORE THAN TWO WORDS OR A NUMBER** for each answer.

Tour information	
Destination	<u>Sydney</u>
Tour type	(1) <input type="text"/>
Tourist attractions	The Harbour Bridge The Opera House The Queen Victoria (2) <input type="text"/>
Timetable	From 7 am to (3) <input type="text"/> pm
Closest stop	(4) <input type="text"/> metres out from here, at the front of the (5) <input type="text"/>

##### Questions 6-10

Complete the booklet of ticket types below. Write **ONE WORD OR A NUMBER** for each answer.

Ticket types		
minimal	(6) <input type="text"/> \$	Valid during (7) <input type="text"/> hours
(8) <input type="text"/>	30\$	Lasts all day
premium	(9) <input type="text"/> \$	Lasts all day free drinks and snacks (10)

## SECTION 2.

### QUESTIONS 11-20

#### Questions 11-15

Choose **FIVE** letters, A—I. Which **FIVE** group fitness programs are available at Fitness Land?

- |   |   |
|---|---|
| <input type="checkbox"/> <b>A</b> yoga        | <input type="checkbox"/> <b>F</b> barbell classes |
| <input type="checkbox"/> <b>B</b> pilates     | <input type="checkbox"/> <b>G</b> kickboxing      |
| <input type="checkbox"/> <b>C</b> step dance  | <input type="checkbox"/> <b>H</b> zumba           |
| <input type="checkbox"/> <b>D</b> aerobics    | <input type="checkbox"/> <b>I</b> stretching      |
| <input type="checkbox"/> <b>E</b> belly dance |   |

#### Questions 16-20

Complete the timetable of group activities below. Write **NO MORE THAN TWO WORDS** for each answer.

Day	Activity name
Monday	(16) <input type="text"/>
Tuesday	(17) <input type="text"/>
Wednesday	(18) <input type="text"/>
Thursday	(19) <input type="text"/>
Friday	(20) <input type="text"/>

### SECTION 3.

#### QUESTIONS 21-30

##### Questions 21-25

Answer the questions below. Choose the correct letter, **A**, **B**, or **C**.

**21.** Why do people experience pain?

- A. ☐ It preserves good health condition
- B. ☐ It prevents us from damaging ourselves
- C. ☐ Continuous pain is useful for humans

**22.** What parts of our body are responsible for feeling pain?

- A. ☐ Receptors and nerves
- B. ☐ Some part of our brain
- C. ☐ Pain is a complex process, which involves various parts of our body

**23.** How many people in the UK suffer from pain?

- A. ☐ 31%
- B. ☐ 37%
- C. ☐ 40 million

**24.** Is chronic pain different from pain we feel when we knock our knee?

- A. ☐ No, all kinds of pain have evolved as survival mechanisms
- B. ☐ Yes, there is an enormous difference
- C. ☐ We don't have much insight into that

**25.** Professor John Wood compares pain perception to

- A. ☐ Beauty
- B. ☐ Continuousness
- C. ☐ Anesthesia

##### Questions 26-28

Choose the correct letters, **A**, **B**, or **C**.

**26.** How do scientists block pain nowadays?

- A. ☐ By blocking activity of nerves that send electrical signals
- B. ☐ By understanding mechanisms of pain perception and altering them
- C. ☐ By threatening the central nervous system

**27.** When do patients experience “phantom limb” pain?

- A. ☐ After the operation
- B. ☐ While their wounds heal
- C. ☐ After the amputation

**28.** Are peripheral nerves involved in process of feeling pain?

- A. ☐ No, pain has nothing to do with peripheral nerves
- B. ☐ Yes, peripheral nerves are required to feel pain
- C. ☐ Scientists don’t know much about pain perception nowadays

### **Questions 29 and 30**

Complete the information below. Write **NO MORE THAN TWO WORDS** for each answer.

What’s happening in a case of phantom limb?

Pain can create a **(29)**  of itself. The same way listening to music can take you to a certain point in time, some sort of stimulation can cause a **(30)**  to be re-experienced.

### **Questions 31-33**

Complete the sentences below.

Write **NO MORE THAN ONE WORD** for each answer.

**31.** Psychologist Dr Tomas Chamorro-Premuzic says, "If narcissism is fire, then Facebook is ".

**32.** People have a desire to broadcast their lives to reinforce their self-concept,  and self-centered needs.

**33.** According to the recent research, the more time you spend on the various social networks, the more  you become.

### Questions 34-36

Choose the correct letter, **A**, **B**, or **C**.

**34.** Social networks may cause depression because:

- A. ☐ People have to portray themselves in a positive way
- B. ☐ People spend too much time on social networks
- C. ☐ People compare themselves to others and feel miserable

**35.** What is the biggest problem of children and teenagers who spend too much time online?

- A. ☐ They don't develop their social and intellectual skills
- B. ☐ They grow isolated
- C. ☐ They don't spend enough time on education

**36.** If children spend their time looking at screens instead of looking out, what consequences it may cause?

- A. ☐ Their adaptation to the world is more technologically mediated
- B. ☐ They encounter difficulties in interacting with other people
- C. ☐ They experience deficit in social and emotional skills

### Questions 37-40

Complete the sentences below.

Write **NO MORE THAN ONE WORD** for each answer.

**37.** Psychotherapist Gillian Isaacs Russell discovered that there are some distinct differences between working on the screen and working  in the room.

**38.** Therapies like CBT are appropriate for online use because they are  .

**39.** Psychotherapists have to pay attention to  , non-verbal part of relationship, as it makes 60% of our communication.

**40.** There are some risks related to treatment at distance, because therapists can't see the whole body and a lot of  things that are going on.