

Everything You Need to Know About Botox for Sinking Lips for Men

Deflating lips or sinking lips is just one of the inevitable changes that we will encounter due to aging. This makes it one of the most requested procedures for Botox treatment, not just for women but for men as well. Women may make up the majority of Botox patients, but men are slowly catching up as well when it comes to maintaining a youthful appearance. They do age too, and now that they are discovering that their lips and other parts of the face are becoming less firm, they want to seek the wonders of Botox in restoring their youth and vitality.

So what do you need to know about Botox for sinking lips for men, as well as what Botox can do generally for a man's appearance? Botox can help make aging lips look fuller with the help of procedures such as the lip flip, which is designed to enhance the upper lip. As Botox and other injectables are getting more popular among men, they can now explore their options and try lip flips to address deflating lip problems.

Why More Men Are Choosing to Get Botox Injections

Botox and other cosmetic procedures are usually associated with women, who are considered more vain in terms of keeping physical upkeep. Only male models and celebrities can be obligated to seek the services of a dermatologist and plastic surgeon. But the impact of social media has made even men more conscious about their looks and they are now noticing the fine lines, creases, and volume loss that goes with aging and an unhealthy lifestyle. They too are feeling the pressure of having their physical flaws highlighted for the world to see online.

Aside from social media, men also consider workplace competitiveness and wanting to look good for their partners as the main factors in getting cosmetic work done on their faces and bodies. With younger employees taking over the workspace, men feel that maintaining a youthful appearance, sans the dynamic wrinkles, double chin, frown lines, and nasolabial fold retains their edge over the newer blood. The same competitiveness is applied when it comes to looking good for their partners. With women becoming as competitive as men in the dating scene, men now find themselves working on their market value by keeping themselves looking good.

Why Men Need to Use More Botox Than Women

The effectiveness of Botox is different between men and women. Because men generally have greater muscle mass than women, they will require more Botox to fix aging problems that women also have. A man's skull is about 20 percent larger than a woman's and he also has more facial muscle mass, subcutaneous tissue, and blood vessel density. Also, male patients have higher and wider foreheads, more prominent chins and jawline, and flatter eyebrow contours.

Since Botox is priced by the unit, it can be more expensive for men to get the results that they want. Under-dosing botulinum toxin injections are not going to cut it since it will only leave men unsatisfied with the results of the treatment. This is especially true when addressing facial lines and wrinkles produced by facial expressions, which is the main domain of Botox.

Since men have larger facial expressions, they tend to develop deeper and more severe wrinkles in all areas of the face. Men also have lower levels of subcutaneous fat compared with women, which also contributes to the disparity.

Fixing Lip Problems in Men Using Botox

Dermal filler is the usual go-to when it comes to fixing common lip problems since fillers are designed to add more volume to the lips. But not all those who have thin or sinking lips would necessarily want to have thicker lips and this is where Botox cosmetic can help. There's a procedure called the lip flip, in which the lip enhancement is more subtle compared to fillers. This is perfect for those who want to enhance the shape of their upper lip with minimal effort.

Botox lip flip involves putting a few injections on the upper lip line to help it relax and roll slightly upward. This gives the lip its slight lift and makes it more visible. The series of injections are made into the orbicularis oris muscle, which encircles the mouth. Botox makes the upper lip roll slightly upward, which makes it look more defined and voluminous. The same injectable treatment can also smooth the vertical lines around the lips.

Lip flips are not just for fuller lips though. Botox can also fix a gummy smile, which is when too much gum tissue is visible above the top teeth. By injecting Botox into the double curve in the top lip, also known as Cupid's Bow, the orbicularis oris muscle is relaxed and allows more of the lips to become more visible while concealing some of the gums.

It will take at least a few days after the injections to see the changes and should be in full effect after a week. The Botox will hold up around 3 to 4 months.

Botox Lip Flip VS Lip Fillers

A Botox lip flip is not considered as a direct substitute for a lip filler since the overall results are different. Your doctor will determine if you are more suited for a lip flip or a filler depending on your natural lip anatomy, your personal preferences, and your desired outcome.

You're a prime candidate for a Botox lip flip if you feel that your upper lip looks invisible when you smile and what you want is a subtle but definitely noticeable "pout". You want fuller-looking lips without the additional volume. Lip flip is also more appropriate for you if you prefer something more temporary since the Botox will only last around 3 to 4 months.

Now if you want the opposite - additional volume in both upper and lower lips and improvement in overall lip shape and symmetry, then you're better off with getting lip fillers such as Restylane. This is also for you if you wish to address severe vertical lip lines and you prefer a longer-lasting treatment - injectable filler can last around 6 to 12 months.

Your doctor may recommend combining Botox with hyaluronic acid fillers if you want to enhance lip volume AND lift the upper lip slightly. This is usually advised for patients with very thin lips.

Learn more: [Which Is Better: Lip Filler or Botox?](#)

How to Get Natural-looking Results For Your Lip Flip

Whether you're a man or a woman, lips that look as natural as possible are what you need. Injecting Botox on the lips may sound like a very simple procedure, but the results can get messed up if you get it from someone who is not qualified to perform a lip flip.

Not everyone who can inject Botox can execute a perfect lip flip. Achieving the right effect takes a high level of skill and knowledge, thus the importance of getting the right lip injection doctor for this. Make sure that you get someone who already has extensive experience in doing lip flips and not just Botox or facial filler injections.

What to Expect After Getting a Lip Flip

The side effects, which are all minor and temporary, are basically the same as those that you will experience in any other Botox-ed areas. Common ones include bruising, swelling, and numbness around the injection site. You may also feel some nausea, headaches, and fever. These should all go away within or after 24 hours.

How Men Should Choose Their Botox Treatments

The industry is now marketing Botox to appeal to men and make them feel more at ease by making themselves look good cosmetically. Doctors want men to understand that concerns regarding collagen, facial wrinkles, thinning lips, smile lines, and acne scars apply to both sexes.

Thus the term "Brotox" is born, designed to make men feel more comfortable seeking cosmetic procedure such as Botox lip injections. But unlike women (who require smaller doses of Botox than men) who can avail of Botox treatments in smaller clinics and even nail salons, men are advised to go to nothing less than a board-certified doctor or a dermatologist.

It's important too that men seek out doctors who have experience in doing Botox injections on men - they will know the exact placement of injections and amounts of Botox needed to do the job. You don't want to look like a wax dummy, which is what you will look like if you don't go to a proper doctor.

Getting lip Botox for men needs doctors who have specialized skills, as Botox procedures and results are different between men and women. If you're in New Jersey and other nearby areas, Ethos Spa is the facility to trust. The clinic gives only the safest and most effective skin and medical spa solutions. Call now and get the best advice on Botox and other cosmetic procedures.