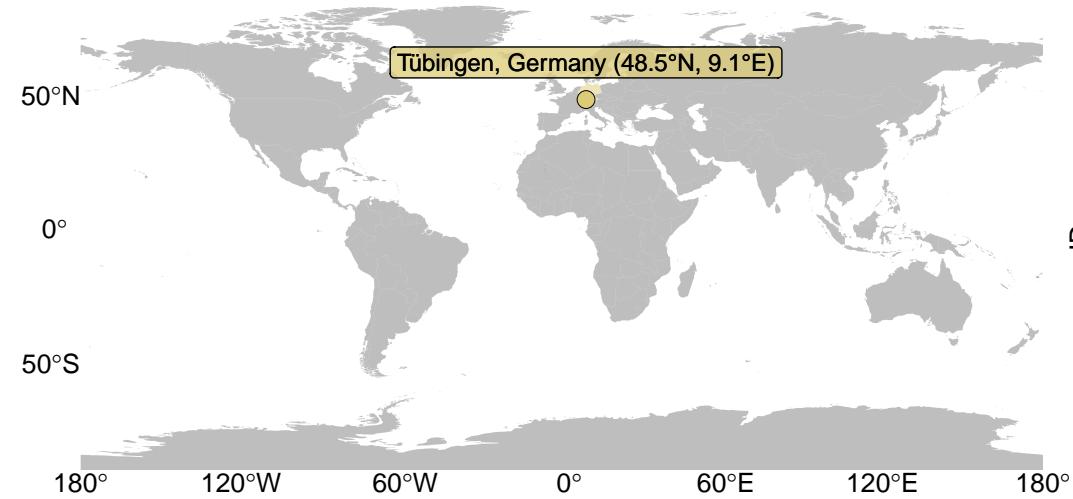
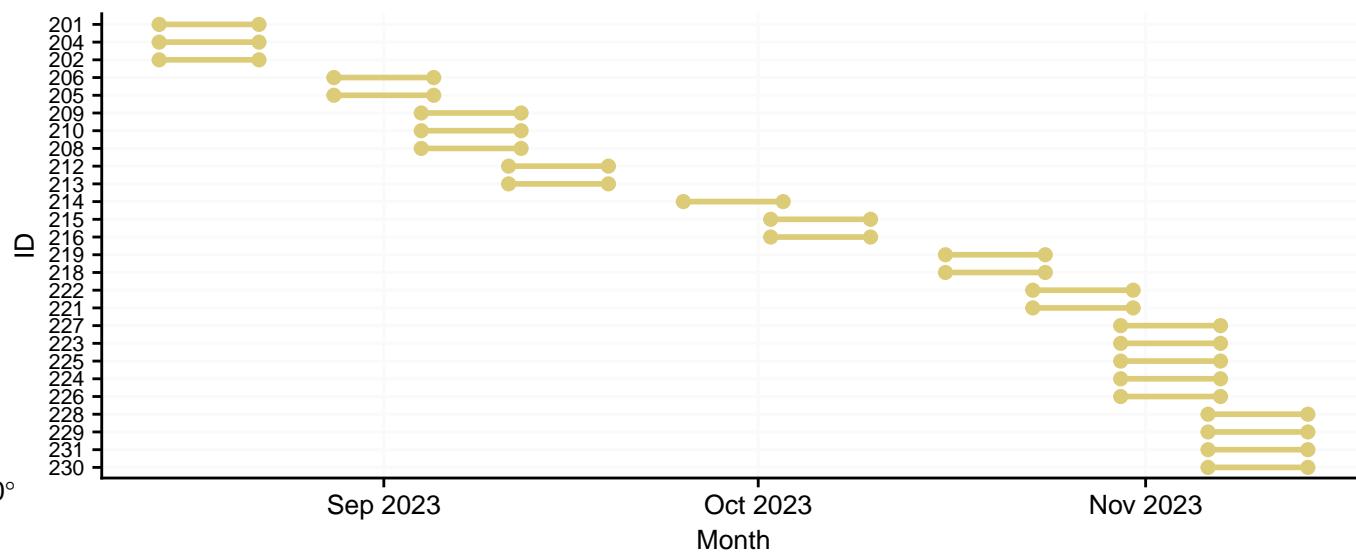


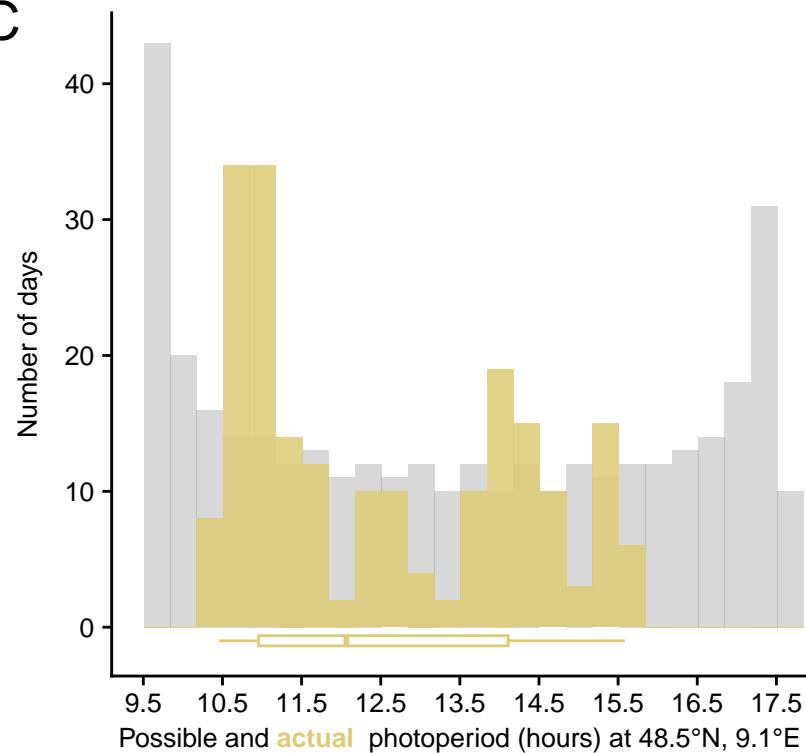
A



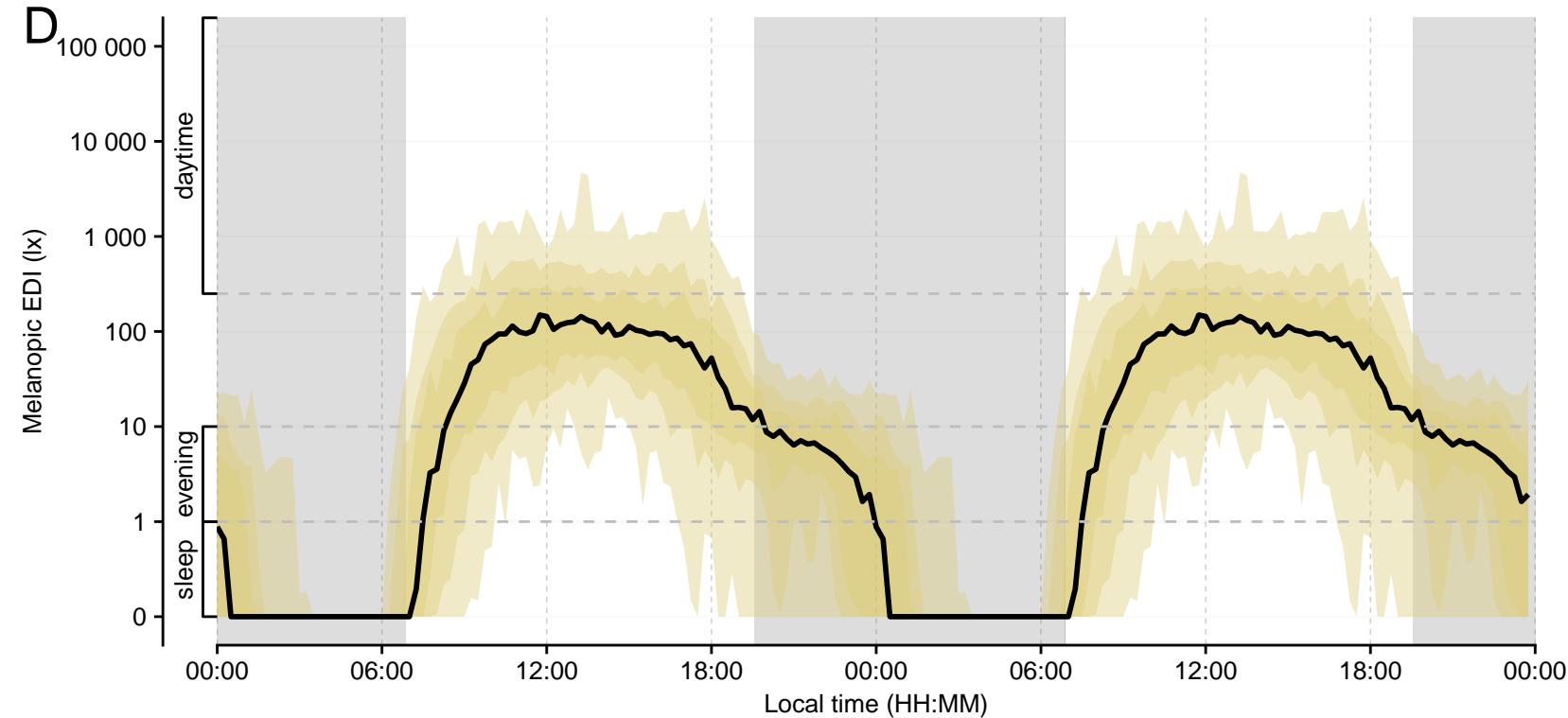
B



C



Melanopic EDI (lx)



*daytime, evening, and sleep indicate recommendations for healthy light exposure (Brown et al., 2022). Median with 50%, 75%, or 95% of data.*