

CASE ILLUSTRATION

A male patient, 35 years old ,presents with fever, cough, fatigue since 2 days.

HOPI: Fever-moderate degree, on and off, not a/w chills and rigors.

Cough-non productive, increases at night time. Fatigue present.

nasal blockage present

no alteration in bowels and bladder habits.

Medical History: NIL

Drug History: Not on any regular medications/no known allergy

Family History: H/O similar complaints in family members.

GE: Patient is conscious, oriented, not in respiratory distress

Vitals: Temperature-100°F

Pulse-90/min

SPO₂-96% at RA

BP-130/80 mm of Hg

Diagnosis: Acute upper respiratory tract infection

R_x: T Azithral 500 mg 1-0-0 for 3 days.

T Dolo 650 mg 1-1-1 for 3 days.

Cough syrup Tusq Dx 10 ml 1-1-1 for 3 days

