## LIST OF COMMON DISEASES

## 1.INFECTIOUS DISEASES

Influenza(Flu)

**Dengue fever** 

Japanese encephalitis

**Kyasanur Forest diseases** 

Chikungunya

Malaria

**Typhoid** 

**Enteric fever** 

Chickenpox

**Measles** 

Mumps

Rubella

Herpes simplex 1 & 2

**Scarlet fever** 

Herpes zoster

Infectious mononucleosis/Glandular fever

**Rabies** 

Viral Hepatitis-Hepatitis A/B/C/E

**Syphilis** 

HIV

Leptospirosis

**Tuberculosis** 

Leprosy

**Brucellosis** 

# 2.METABOLIC /ENDOCRINE DISEASES

Hyper uricemia /Gout Pre diabetes

**Type 2 Diabetes** 

Hypertension
Non alcoholic steato hepatitis(NAFLD)
Hyper cholesterolemia
Poly cystic ovarian diseases(PCOD)
Hyperthyroidism/Thyrotoxicosis
Hypothyroidism/Myxoedema
Hyper prolactinemia
Cushing's syndrome

### **3.GASTROINTESTINAL DISEASES**

**Oral ulcers** 

**Oral thrush** 

**Acute Gastritis** 

Gastro Oesophageal reflux diseases(GERD)

**Functional Dyspepsia** 

**Peptic Ulcer Diseases** 

Chronic gastritis(H pylori associated)

Autoimmune hepatitis

Liver cirrhosis

Alcoholic liver disease

Irritable bowel syndrome

AcuteGastroenteritis-Shigella/Salmonella/VibrioCholerae/

Campylobacter

**Acute Colitis** 

Acute abdomen

- Acute appendicitis
- Perforation of ulcer
- Acute pancreatitis
- Intestinal obstruction -Volvolus/Intussusception
- Acute Cholecystitis
- Strangulated hernia
- Testicular torsion
- · Diabetic Keto acidosis
- Ureamia

Coeliac Sprue Inflammatory bowel diseases- Ulcerative colitis/ Crohn's disease Haemorrhoids

#### **4.RESPIRATORY SYSTEM DISEASES**

**Acute Pharyngitis/Tonsillitis** 

**Lower respiratory Tract infection** 

**Acute Bronchitis** 

Chronic Obstructive pulmonary disease(COPD)

**Bacterial/viral Pneumonia** 

**Acute exacerbation of Chronic Bronchitis** 

Acute exacerbation of Bronchial asthma

**Pneumothorax** 

Lung collapse

**Empyema(Lung abscess)** 

Occupational Lung diseases-Asbestosis/silicosis

**Interstitial Lung diseases** 

Hypersensitivity pneumonitis

**Pulmonary Tuberculosis** 

### 5. GYNAECOLOGICAL DISEASES

**Dysfunctional Uterine bleeding** 

Abnormal Uterine bleeding-Uterine fibroids/Endometriosis/

Adenomyosis/Ovarian cyst/Carcinoma Endometrium

Peri menopausal bleeding

Post menopausal bleeding

White discharge/leukorrhea

Bacterial Vaginosis-Gardenerella/Trichomonas/Gonococcus/Chlamydia

Vaginal candidiasis

**Genital Tuberculosis** 

**Pelvic Inflammatory Disease(PID)** 

**Amennorrhea-Primary & Secondary** 

Ruptured ovarian cyst Ruptured ectopic pregnancy Fibro adenoma Breast Breast abscess

### **6.PREGNANCY RELATED DISEASES**

Morning sickness
Hyperemesis gravidarum
Urinary tract infection
Vaginal candidiasis
Threatened abortion
Pre eclampsia
Gestational Hypertension
Gestational Diabetes
TORCH INFECTIONS-Toxoplasmosis, Syphilis, Hepatitis B, Rubella,
Cytomegalovirus, Herpes simplex

### 7.HAEMATOLOGICAL DISORDERS

Anemia
Thrombocytopenia- ITP/Drug related/Hypersplenism
Thalessemia
Haemophilia
Sickle cell anemia

## 8.MUSCULOSKELETAL DISORDERS

Fibromyalgia Osteoarthritis Rheumatoid arthritis Gouty arthritis Low back ache Sprain Muscle tear(Strain) Muscle spasm Tennis elbow Myasthenia Gravis

#### 9.URINARY SYSTEM DISEASES

Cystitis
Benign Prostatic Hyperplasia(BPH)
Urinary incontinence
Renal Calculi
Nephrotic syndrome
Glomerulonephritis
Pyelonephritis
Urethritis
Diabetic nephropathy

## **10.CARDIAC DISEASES**

Ischemic heart diseases
Left Ventricular failure
Pericardial effusion
Mitral Regurgitation
Mitral Stenosis
Mitral valve prolapse
Aortic Stenosis
Aortic Regurgitation
Pulmonary Hypertension

## 10. DEFICIENCIES OF VITAMINS & MINERALS

Iron deficiency Anemia Megaloblastic anemia Vitamin D deficiency/Rickets Scurvy Vitamin A deficiency/Night blindness Hypocalcemia

## 11.FOOT DISEASES

Cellulitis of foot Ulcers of foot Deep vein Thrombosis Varicose veins Filariasis Mycetoma foot

## **12.ENT DISEASES**

Acute/Chronic\_Sinusitis
Laryngitis
Epiglottitis
Mucormycosis
Angiofibroma
Aspergillosis
Allergic rhinitis/hay fever
Vertigo
Acute Otitis media
Presbycusis
Menier's disease
Ear wax

### **13.EYE DISEASES**

Bacterial Conjunctivitis- Moraxella
Viral conjunctivitis-Adenovirus/Rhinovirus
Blepharitis
Stye
Chalazion
Cataract
Pterygium

## 14.SKIN DISEASES

Eczema/dermatitis
Scabies
Tinea infections- Capitis/Cruris/Corporis/Pedis
Acne vulgaris
Warts/Corns/Callus
Vitiligo
Psoriasis
Molluscum contagiosum

## 15.PAEDIATRIC DISEASES

Pyoderma
Rota virus diarrhoea
Bronchiolitis -RSV
Croup
Diphtheria
Whooping cough
Pneumonia
Protein Energy Malnutrition(PEM)
Vitamin A Deficiency
Adenotonsillitis

Chicken pox
Measles
Mumps
Infectious mononucleosis
ASOM/CSOM
Urinary tract Infection
Vitamin D deficiency/Rickets