

STANDARDIZATION OF PRESCRIPTION

Prescriptions should include

1. Common brand name/Pharmacological name.
2. Dosage.
3. Frequency.
4. Duration.
5. Instructions if necessary,

ex: Cap Pan D should be taken 15 mins before food.

General Advice

Should include

1. Diet advice & Lifestyle measures

For ex: Type 2 DM patients, should be advised to have diabetic diet, weight reduction, regular exercise, Monitoring of blood sugars...etc.,

2. Specific instructions relevant to the disease/disorder

Ex: In Functional dyspepsia, patient should be advised to avoid **NSAIDs**

Follow Up

Follow up of cases if necessary

