



# BLISTER MANUAL PATIENT

## BLISTER DISPOSAL

6

After taking the drug, the blister must be disposed of properly, following the local regulations on medical waste.

## TAKING THE MEDICATION

5

When opening the compartment, overturn the blister and drop the tablets in your hand. Once the medication has been extracted, it should be taken as directed.



## EXTRACTION OF THE MEDICINE

4

Insert the fingertip and thumbnail into the narrowest part of the alveolus and drag the aluminum foil to the widest part like an accordion.



1

## BLISTER REVISION

Visual blister identification check to ensure that it belongs to the correct patient.



2

## HAND WASHING

Ensure proper cleaning of hands with soap and water to avoid any contamination.



3

## TAP IDENTIFICATION

Each compartment of the blister is identified with the corresponding dose for the day of the week (Monday to Sunday) and the time of administration (breakfast, lunch, dinner and evening).

The days are identified by colors and the doses have identifying drawings that correspond to each of the 4 times of administration for the day.

Once you start with one dose, the next one will be the one immediately following in a clockwise direction.

Identify the compartment to be opened and make sure to open it from the front.

