

## **Dr Amit Verma: SPECIALIST Ear Nose & Throat Surgeon**

DHA LICENSE ISSUED

**DHA reference number:** DHA/LS/1212016/549146

I am an Ear, Nose & Throat Specialist running my private clinical practice in East Delhi.



### **Contact**

I can be contacted via

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### **Academics**

M.B.B.S.

Year of earning the M.B.B.S. degree: 1999

University: M.D. University, Rohtak (Haryana), India

College: Pt B.D.S. Postgraduate Institute of Medical Sciences.

M.S. (ENT)

Year of earning the M.S. (ENT) degree: 2004

University: M.D. University, Rohtak (Haryana), India

College: Pt B.D.S. Postgraduate Institute of Medical Sciences.

M.B.A. (Hospital Management)

Year of earning the M.B.A. (Hospital Management) degree: 2012

University: Alagappa University (Distance Education)

### **Registrations**

Medical Council of India

M.C.I. Registration Number: 3363

Delhi Medical Council

D.M.C. Registration Number: 9993

### **Work Experience**

**Junior Resident (Pediatric ICU): LNJP Hospital & MAMC**

–1999 to 2000

Six months of exposure to Pediatric Intensive Care Unit at LNJP Hospital and associated Maulana Azad Medical College, New Delhi. Working under supervision of the Faculty and Senior Resident doctors, I was exposed to a rigorous training at one of the Country's premier PICU setups.

#### **General Duty Medical Officer: Contractual Posts**

– 2000 to 2001

This position involved my work as General Duty Medical Officer at various private hospitals and nursing homes in New Delhi. All this while I was attending to outdoor and indoor patients under supervision of various specialists.

#### **Trainee Resident: M.S. (Otolaryngology Head & Neck Surgery)**

– 2001 to 2004

In the Master of Surgery (Otolaryngology Head & Neck Surgery) program at Pt. B.D.S. Postgraduate Institute of Medical Sciences, Rohtak, Haryana (India) there was a training period of three years in the same. This institute is a Tertiary level referral center with 1597 bed strength. The institute boasts of a high quality of teaching and training at undergraduate and postgraduate levels.

It has one of the best ENT departments in the Country with a very learned and experienced faculty, offering a very rigorous and effective Otolaryngology Head & Neck Surgery training programs according to Country's established standards.

#### **Junior Specialist ENT Surgeon: Contractual Posts**

– 2004 to 2006

This involved my working as Junior Specialist ENT Surgeon at various private hospitals and nursing homes in New Delhi. The work related to my working with patients in outdoor ENT clinics as well indoor ENT patients' management.

#### **Senior Resident Doctor ENT: CNBC Hospital, New Delhi**

– 2006 to 2009

To upgrade my skills and my standing as ENT surgeon I joined Chacha Nehru Bal Chikitsalaya or CNBC as Senior Resident doctor in the department of ENT. CNBC is a tertiary level teaching hospital with a bed strength of 221 & attached to Maulana Azad Medical College and is being developed as World class pediatric care institute. This is the first Government run hospital in NCR to have received National Accreditation Board for Hospitals & Healthcare Providers certification from Quality Council of India.

I had very broad exposure to Pediatric Otolaryngology at the hospital and received training in children related ENT & Head & Neck disorders. I learned various pediatric ENT disease management protocols and procedures. The doctors there are actively involved in providing patient management according to NABH standards as prescribed by Quality Council of India.

#### **SPECIALIST ENT Surgeon : Delhi O.R.L. Clinics & Other Hospitals**

– 2009 till Present

Presently I work as ENT Specialist & Surgeon in solo private practice at my ENT Clinics,

Delhi O.R.L. Clinics. I provide my services as ENT SPECIALIST at various other private hospitals and nursing homes.

My practice involves managing Outdoor and Indoor ENT patients providing consultations and guidance about non-surgical & surgical treatments along with ENT related diagnostic facilities.

### **Clinical Skills Acquired & Exposures during ENT Residency**

Indoor ENT patients management

Outdoor ENT clinics

ENT Accidents and Emergencies management, independent as well as supervised

Formal and informal Undergraduate teaching (classroom as well as bedside clinicals)

Assisting the Undergraduate assessment exam process

Operation theatre duties of assisting the senior ENT consultants in their surgeries including preoperative and postoperative patient workup

Preliminary management of foreign body inhalation, corrosive ingestion, intracranial complications and others which subsequently require inpatient care

Performing tracheostomies, revision tracheostomies (adult as well as pediatric), tracheostomy care

### **Surgical Exposure**

Septoplasty

Diagnostic Nasal Endoscopies

Diagnostic Fiberoptic Nasopharyngo-laryngoscopies

Submucosal Resection of Nasal septum

Turbinectomies

Nasal Polypectomies

Rhinolith Extraction

Submucosal Diathermy of Turbinates

Cryotherapy

Middle Meatal Antrostomies ( non-endoscopic)

Proof Puncture

Caldwell-Luc's Operation

FESS\*

Basal cell carcinoma excision with advancement flap reconstruction

Myringoplasties (Underlay, Overlay, Inlay Cartilage Butterfly technique)

Modified Radical Mastoidectomies

TCA cauterization of tympanic membrane perforations.  
Tonsillectomies (dissection method)  
Adenoidectomies (non-endoscopic)  
Lobuloplasty (for split ear or missing lobule reconstruction).  
Pre-auricular Sinus excision  
Cyst removal  
Palate/ Tongue wound repairs  
Minor Palatal Perforation repair using rotation mucosal flap  
Direct laryngoscopic examination and biopsies  
Ranula excision/ marsupialisation  
Reconstruction of minor grades of External Nasal deformities (Augmentation / Reduction)  
Upper esophageal non-traumatic foreign body removal (using rigid endoscope)  
Cleft Palate repairs (V-Y technique and Von- Langenbeck's procedure)  
Cleft Lip repairs ( Millard's procedure)  
Microlaryngeal vocal cord cyst/ nodule decortication and stripping  
Repair of cut-throat neck wounds  
Ear Meatoplasties  
Endonasal Dacryocystorhinostomies\*  
Thyroglossal cyst excisions  
Mid/ low esophageal foreign body removal  
Rigid Bronchoscopies  
Laryngofissure\*\*  
Angiofibroma excision\*\*  
Laryngectomies\*\*  
Augmentation and reduction functional rhinoplasties  
Maxillectomies\*  
Submandibular gland excision

\* Presently performing with assistance of Senior ENT surgeon

\*\* Exposure as Surgeon's first assistant and presently I am not performing these procedures

#### Miscellaneous Key Clinical Skills Aquired

Pediatrics ICU working protocols (under supervision).  
Venesection  
Arterial line placement

Bone marrow aspiration (adult and pediatric)  
Endotracheal intubation

<b>Publications</b>	<ul style="list-style-type: none"><li>• Yadav J, Verma A, Singh J. Study on nasal mucous clearance in patients of perennial allergic rhinitis. Indian J Allergy Immunol. 2003;17(2):89-91.</li><li>• Yadav J, Sood S, Verma A, Kumar A. Pulmonary function tests in hypertrophic adenotonsillitis in children. Asian Journal of Ear, Nose And Throat. 2004;2(4):41,43,46.</li><li>• Yadav J, Verma A, Gupta KB. Mucociliary clearance in bronchial asthma. Indian J Allergy Asthma Immunol. 2005;19(1):21-23.</li></ul>
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### **Delhi Medical Association: Life Member**

Membership Number: 5364

### **References**

1. Dr SPS Yadav  
Professor & Head  
Deptt. Otorhinolaryngology Head and Neck Surgery.  
Pt BDS Post Graduate Institute of Medical Sciences  
Rohtak (Haryana)  
India.
2. Dr M Lal  
Medical Superintendent,  
Jain Charitable Hospital  
Street Number-5, Raghubar pura  
Gandhi Nagar, Delhi-110031.
3. Dr. H Virmani  
Managing Director and Paediatrician  
Virmani Hospital  
Mayur Vihar Phase-2  
Delhi-110091.
4. Dr Krishan Kumar  
Chief Medical Officer  
FARIDABAD