More Info About my Coaching

I've spent a ton of time coaching all kinds of different things. I find great satisfaction in watching my students learn and grow, and I have learned a lot about how the human brain likes to process things along the way. All of this experience has caused me to be quite proficient in effectively coaching people through just about anything I'm half-decent at.

My first instruction job was as a swimming instructor. I taught at both the Canada Games Centre, and the Spryfield Wave Pool. As I did competitive swimming for years before beginning to teach, along with being the captain of the Water Polo team I eventually joined after I quit competitive swimming, I was often made to be the instructor for the higher levels of swimming. This helped me develop a coaching style that works very well with the "pre-teen" age group, and also formed a love for teaching things at the absolute highest level whenever possible.

After that, I began teaching Skiing at Martock Ski Resort--something I still do every now and again as a volunteer, just because I enjoyed it so much! I got to work with people of all kinds of different cultures, and often got to learn about the lives of recent Canadian immigrants. Working with adults from other countries who were looking to learn a new skill after moving to a brand new country was an absolute blessing, and I occasionally hear from them through eMail when they complete a high difficulty hill!

Just this summer, I began teaching Sailing at Armdale Yacht Club. I have been sailing ever since I was 7 years old, and I ended up reaching the second highest level possible for Canadian Sailing! I got to work with tons of different hilarious