

**DAYANANDA SAGAR UNIVERSITY**



**SCHOOL OF  
ENGINEERING**

**COGNITIVE LOAD DETECTION**  
*Based On Computer Vision*

Project Implementation Details & Discussion

*By*

**MEENAKSHI**

**[ENG24CSE0013]**

**M.TECH 3<sup>rd</sup> Semester,**

**Department of Computer Science & Engineering**

**DAYANANDA SAGAR UNIVERSITY**

**14-9-2025**

## CONTENTS

Page No.

<b>COGNITIVE LOAD DETECTION.....</b>	<b>3</b>
<b>1.    <i>Project Implementation Summary .....</i></b>	<b>3</b>
<b>2.    <i>Data Preparation .....</i></b>	<b>3</b>
<b>3.    <i>Model Training &amp; Stacking Ensemble .....</i></b>	<b>4</b>
<b>4.    <i>Future Steps .....</i></b>	<b>5</b>
<b>5.    <i>Results Obtained .....</i></b>	<b>6</b>
<b>6.    <i>Installation &amp; Execution Commands:.....</i></b>	<b>7</b>
<b>7.    <i>Handy Commands.....</i></b>	<b>8</b>
<b>8.    <i>Why .h5 File was Created? .....</i></b>	<b>9</b>
<b>9.    <i>Dataset Differences Screenshot .....</i></b>	<b>10</b>

# COGNITIVE LOAD DETECTION

## Based On Computer Vision

### 1. Project Implementation Summary

The goal of this project is to detect cognitive load in students during online examinations by recognizing their facial micro expressions. The implementation follows a structured approach based on the reference paper, which involved two key phases: data preparation & model training.

### 2. Data Preparation

**Datasets Used:** The project uses two publicly available datasets:

- **FER2013:** Loaded from a folder-based structure with separate train & test directories.
- **JAFPE:** Loaded from a single folder containing *.tiff* images.

**Data Pipeline:** A dedicated `data_preprocessing.py` script was created to handle all data-related tasks, ensuring a clean & modular codebase. It performs the following steps:

- Loads all images & their corresponding labels from the specified directories.
- Converts images to grayscale & resizes them to a uniform 48x48 pixel size.
- Normalizes pixel values from a 0-255 range to a 0-1 range.

- Uses a single LabelEncoder to consistently map all emotion labels (ex: 'angry', 'happy') to integers across all datasets.
- One-hot encodes the integer labels to a total of 9 classes.
- Combines the FER2013 training set & the JAFFE dataset into a single, unified training set, while the FER2013 test set serves as the validation set.

### 3. Model Training & Stacking Ensemble

**Model Architectures:** The implementation follows the paper's recommendation by training five distinct Convolutional Neural Network (CNN) models independently:

- Simple-CNN
- Simpler-CNN
- Tiny-XCEPTION
- Mini-XCEPTION
- Big-XCEPTION

**Stacking Method:** A stacking ensemble method was implemented to combine the outputs of the five individual CNN models into a single meta-model. This approach is expected to significantly improve recognition accuracy by leveraging the unique strengths of each base model.

## 4. Future Steps

The current implementation provides a solid foundation.

*The next steps to advance the project are as follows:*

**Implement Data Augmentation:** The reference paper mentions using data augmentation (such as rotating, scaling, & color-changing images) to improve model robustness. This functionality has to be added to the `data_preprocessing.py` script.

**Hyperparameter Tuning:** Experiment with different learning rates, batch sizes, & numbers of epochs to further optimize the performance of both the base models & the stacking ensemble.

**Create a Custom Dataset:** The paper emphasizes the importance of a custom-made dataset of blended classroom videos. We need to plan & execute the creation of our own dataset with a setup. This is a critical step to ensure the final model is specifically tailored to our project's context.

**Real-time Inference System:** Develop a system to use the final saved model to predict emotions from a live video feed, which is the ultimate goal of the project.

## 5. Results Obtained

The code executed successfully completed the data preprocessing & model training.

The final results obtained are as follows:

- A combined training set of 28,922 images & a validation set of 7,178 images, all of a consistent (48, 48, 1) shape.
- A unified set of 9 emotion labels identified across the datasets.
- Five trained base models & one final stacking ensemble model saved as .keras files.
- A JSON file containing the accuracy & training history for all models.
- A confusion matrix image that visually represents the final model's performance.

## 6. Installation & Execution Commands:

Here is a list of commands to easily set up & run the project on any new system with Python & Git installed.

1. **Install all required packages.**

```
pip install pandas numpy opencv-python scikit-learn  
tensorflow matplotlib seaborn
```

2. **Update the file paths** in the *data\_preprocessing.py* file.

3. **Run the model training script** to process the data, train, & save the models: *python model\_training.py*

4. **Install h5py** if required: *pip install h5py*

5. To see the **tabular summary**, run the *view\_results.py* script **without any arguments**: *python training\_results.py*

6. To see the **detailed, epoch-by-epoch results**, use the --verbose flag: *python training\_results.py --verbose*

## 7. Handy Commands

1. Clone the project repository (if applicable) or navigate to the project directory: `cd /path/to/our/project`

2. Create a new virtual environment to isolate dependencies: `python -m venv venv_fyp`

- Activate the virtual environment.

On Windows (Git Bash/WSL):

`source venv_fyp/Scripts/activate`

- On macOS/Linux:

`source venv_fyp/bin/activate`



## 8. Why .h5 File was Created?

We created the .h5 files to save the trained models, because the preferred .keras format was not working properly on the system. The .h5 file format is a well-established standard for storing large, hierarchical datasets, & it is particularly well-suited for saving machine learning models in a single, portable file.

What Information the .h5 File Contains ?

An .h5 file generated by Keras contains everything needed to use in our trained model without having to retrain it from scratch. *This includes:*

- **Model Architecture:** The structure of our model, including the number & type of layers (e.g., Conv2D, MaxPooling2D, SeparableConv2D, Dense, etc.)
- **Model Weights:** This is the most important part. The weights are the numerical parameters that the model learned from the training data, essentially the "knowledge" that allows it to make predictions.
- **Optimizer State:** The state of the optimizer (e.g., Adam), which is necessary if we want to resume training the model later on.

Essentially, the .h5 file is a self-contained package that captures the entire state of our trained model at the end of the training process.

Model saving is essential because a trained model only exists in a computer's temporary memory (RAM) while a script is running. Once the script finishes, the model is erased from memory & cannot be recovered. Saving the model to a file, such as an .h5 file, makes it permanent. This is a critical step for a project, as it allows the trained model to be used for making predictions or integrating it into a live system without having to retrain it from scratch every time.

## 9. Dataset Differences Screenshot

The following image highlights the differences between FER2013 & JAFFE datasets:

While both FER2013 and JAFFE are common datasets for facial expression recognition, they have key differences in their origin, size, and characteristics that impact how they are used in machine learning. Here is a hand-differentiated table to highlight these distinctions.

Feature	FER2013 (Facial Expression Recognition 2013)	JAFFE (Japanese Female Facial Expression Database)
<b>Origin</b>	Collected "in the wild" from Google Image Search.	Posed, laboratory-controlled environment.
<b>Size</b>	Large dataset with <b>35,887 images</b> .	Small dataset with <b>213 images</b> .
<b>Subjects</b>	Uncontrolled number of subjects of various ages, genders, and ethnicities.	10 Japanese female models.
<b>Image Type</b>	Grayscale images.	Grayscale images.
<b>Image Resolution</b>	Low resolution: <b>48x48 pixels</b> .	High resolution: <b>256x256 pixels</b> .
<b>Data Format</b>	Typically a single CSV file with pixel values as strings.	<code>.tiff</code> image files, with emotion labels in the filename.
<b>Class Imbalance</b>	<b>Highly imbalanced.</b> The 'happy' class has a large number of samples, while 'disgust' has a very small number.	<b>Relatively balanced</b> and evenly distributed across classes.
<b>Purpose</b>	Designed as a benchmark for a Kaggle competition to promote better FER systems in uncontrolled environments.	Created for non-commercial scientific research to provide high-quality posed expressions.