

# Part VII:

## Time-dependent covariates

## Blood glucose maintenance in the ICU

- When patients are admitted to an intensive care unit (ICU), an important goal is to restore physiological systems to their normal function
- Tight control of blood glucose (BG) concentration, for example, may prevent life-threatening adverse events
- One lever that nurses and doctors have at their disposal for controlling BG is the *insulin dose rate* (IDR)
  - ★ insulin is administered intravenously
  - ★ the rate at which it is administered can be modified
- Suppose, therefore, that interest lies in understanding the causal relationship between IDR and BG concentration
  - ★ knowing this would (presumably) be useful for future decision-making

- Towards investigating this relationship, the glucose dataset consists of  $K=345$  patients from the Vanderbilt University trauma ICU

- ★ admitted between 05/2004 and 12/2005
- ★ focus on first 24 hours of their hospitalization
- ★  $n_k$  ranges from 3 to 14

- Variable key:

id	unique patient identifier
T <sub>ki</sub>	time since admission to the ICU
X <sub>ki</sub>	IDR
Y <sub>ki</sub>	BG concentration

- Note, BG level is measured after the administration of insulin, so that  $X_{ki}$  precedes  $Y_{ki}$  in time

```

> ##
> dim(glucose)
[1] 2858    9
>
> head(glucose)
   id   Tki Xki Yki
1   1   1.90 2.9 122
2   1   7.65 2.5  82
3   1   8.33 0.0  66
4   1  10.83 0.0  95
5   1  11.93 0.7 106
15  2   3.90 2.1  76
>
> ##
> length(unique(glucose$id))
[1] 345
> table(table(glucose$id))

 3  4  5  6  7  8  9 10 11 12 13 14
23 24 16 21 28 34 58 72 55 11  2  1

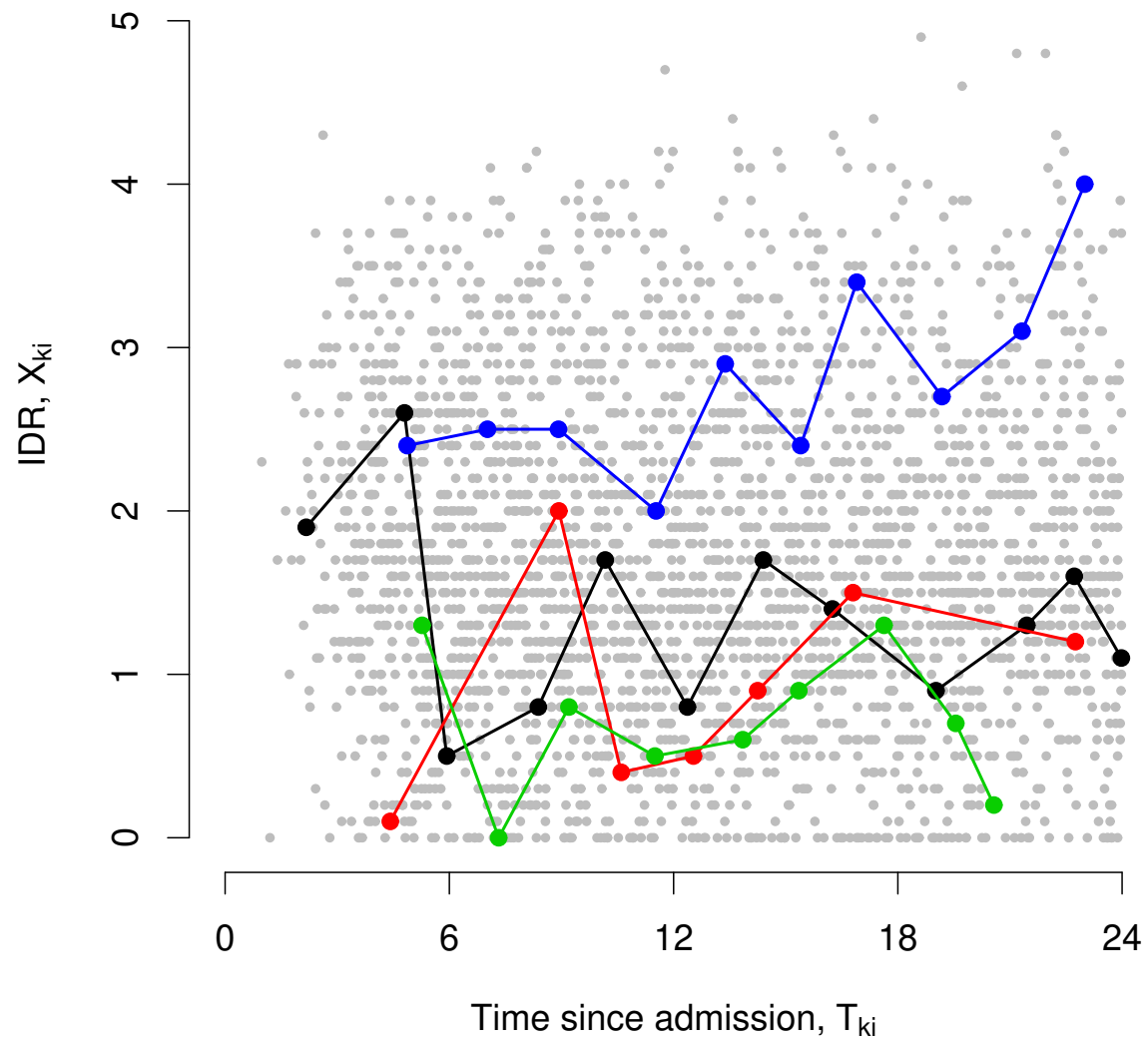
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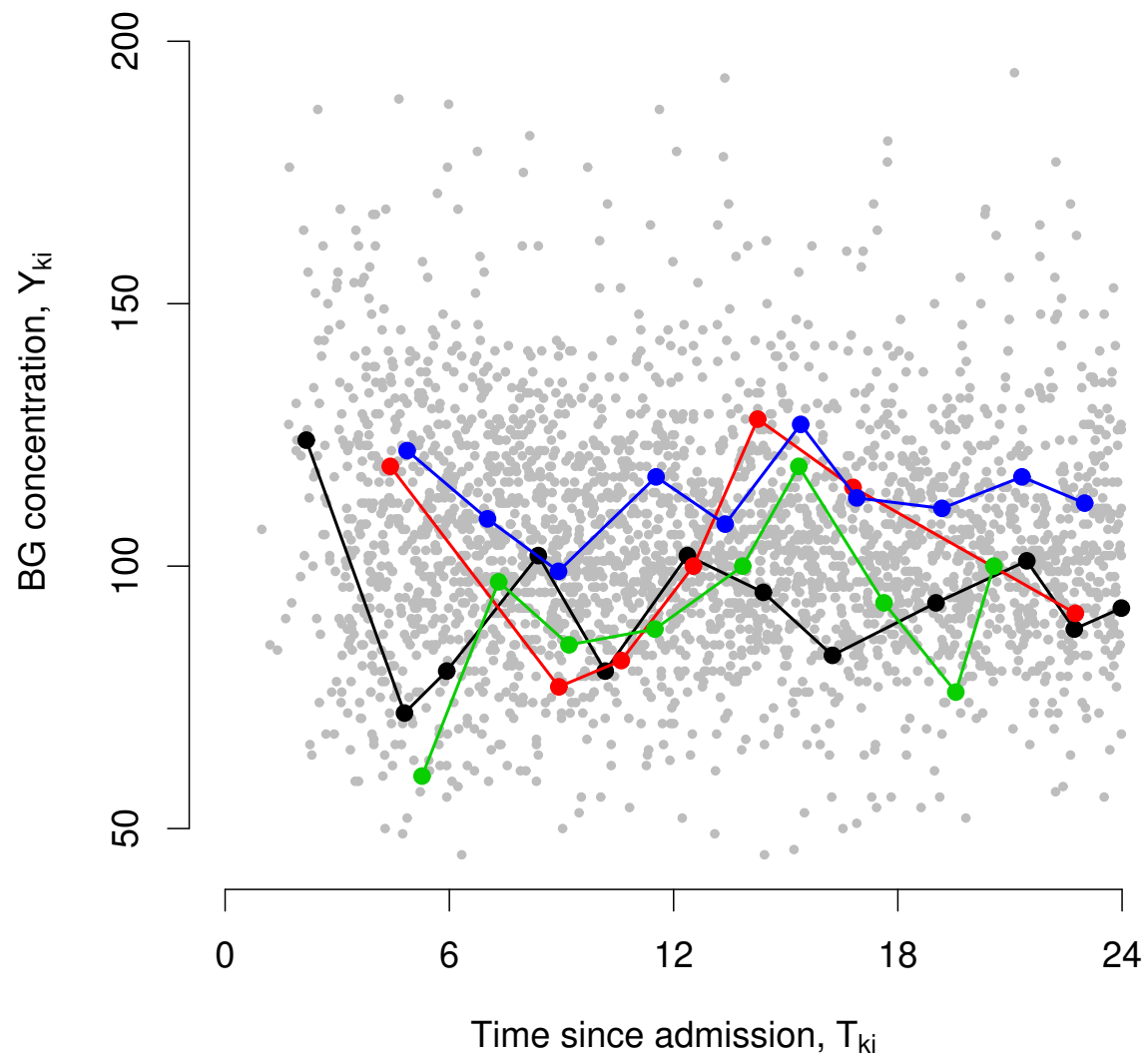
> ## Timing of measurements
> ##
> round(summary(glucose$Tki), 2)
  Min. 1st Qu.  Median    Mean 3rd Qu.    Max.
  0.1     7.7    12.5    12.8   17.9    24.0
>
> ## Insulin dose rates (IDR)
> ##
> round(summary(glucose$Xki), 2)
  Min. 1st Qu.  Median    Mean 3rd Qu.    Max.
  0.00     1.00    1.60    1.74   2.40    5.30
>
> ## Blood glucose (BG) concentration levels
> ##
> round(summary(glucose$Yki), 2)
  Min. 1st Qu.  Median    Mean 3rd Qu.    Max.
  45.0    91.0   102.0   104.5   117.0   209.0

```

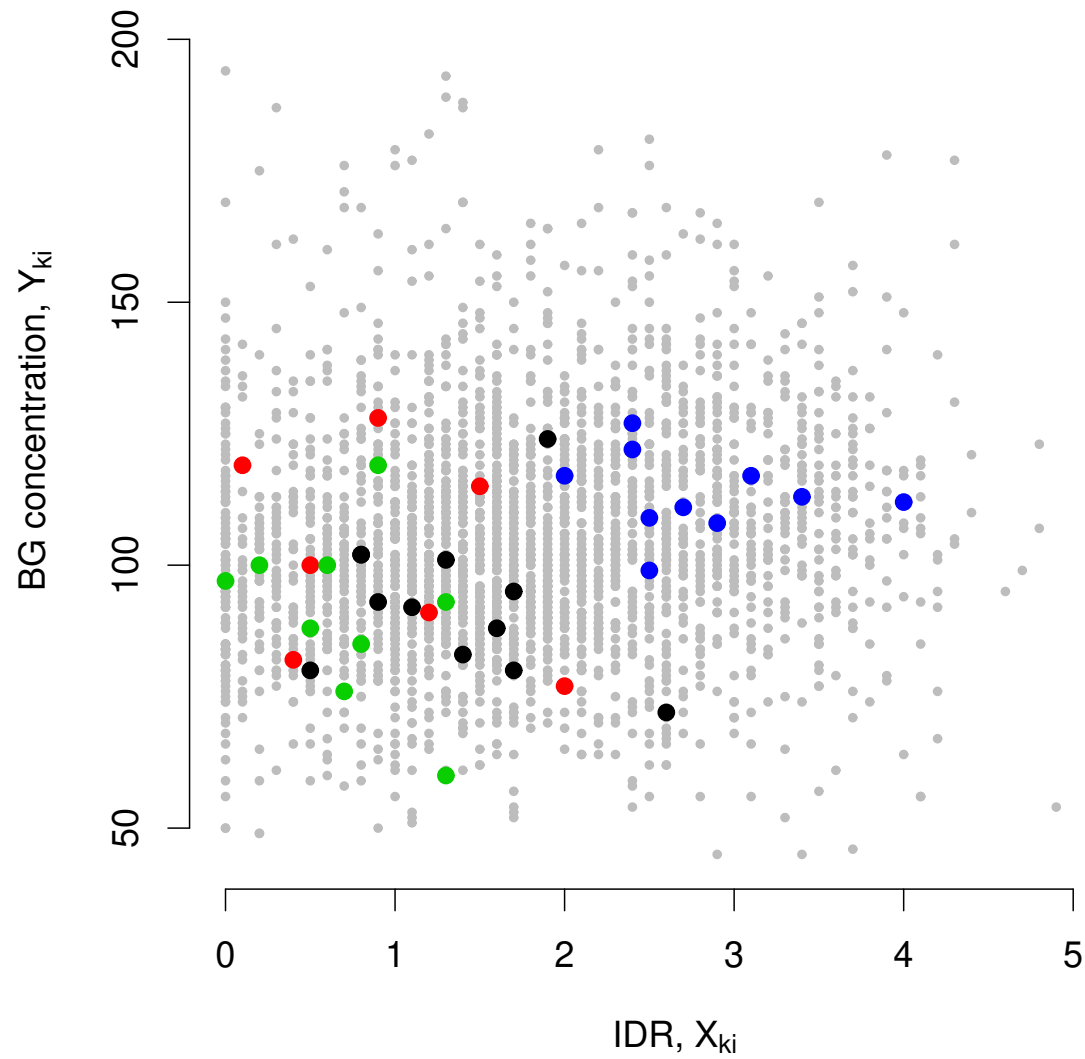
- IDR during first 24 hours:



- BG concentration during first 24 hours:

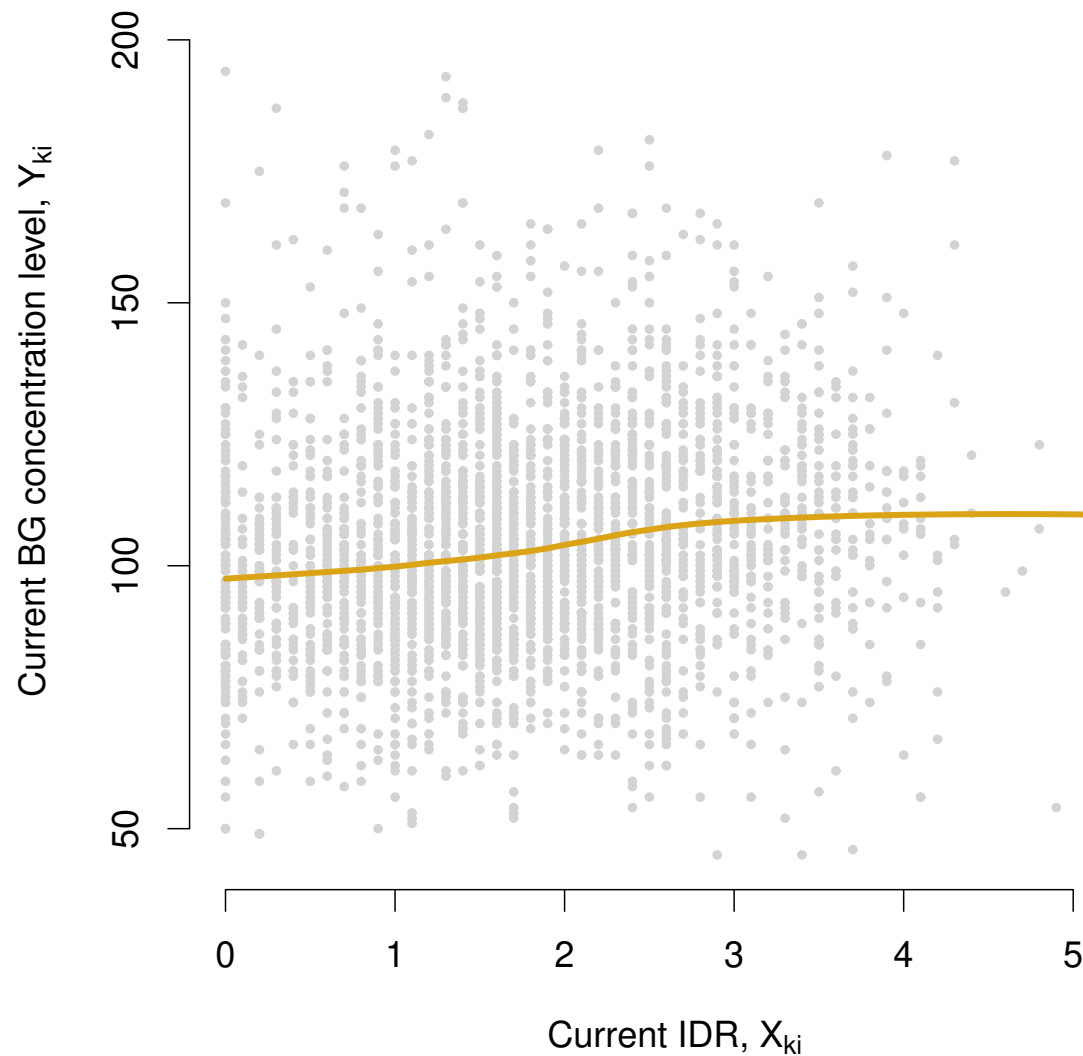


- IDR vs BG concentration during the first 24 hours:





- Applying a **lowess smoother** suggests that there is a **small positive association** between IDR and BG concentration:



## Targets of inference

- Consider using these data to answer the question:

*Q: What is the effect of insulin dose rate on blood glucose concentration?*

- As written, this question is vaguely formulated
  - ★ i.e. doesn't provide a precise framework for conducting analyses
- As such, an analysis could proceed in a number of ways, depending on a series of decisions made by the investigative team
- This is often the case in real collaborative settings, especially if the data were not collected for the purposes of some specific question
  - ★ e.g. EMR data or as in the big Harvard cohorts

- In terms of specific decisions that need to be made, clearly a critical decision is how to formulate the response
- Recall that a key benefit of longitudinal data is that one can examine the impact of covariates, or changes in covariates, on the change in the response from timepoint-to-timepoint
- For the IDR-BG association, therefore, one could take the response to be:
  - (1) BG concentration level at a particular time point
    - \* i.e.  $Y_{ki}$
  - (2) BG concentration change at a particular time point
    - \* i.e.  $Z_{ki} = Y_{ki} - Y_{k,i-1}$
- In addition, one might consider whether or not to specify some threshold and use a dichotomized version of the response
  - ★ e.g. whether the change in BG is greater than 25%

- A series of decisions also have to be made as to how the primary exposure of interest is to be included, as well as any **adjustment variables**  
Adjust for confounding  
Increase efficiency
- Collectively all of these decisions result in a model in which key parameter(s) can be identified as being central to the question
  - ★ i.e. the more precisely formulated question
  - ★ refer to these parameters as *targets of inference*
- In the next few slides we'll consider six specific models
  - ★ differ in the response
  - ★ differ in the specification of the linear predictor
  - ★ throughout  $\mathbf{X}_{ki}^*$  is a vector of adjustment variables
- Note, although a common notation is used across the six models, the regression parameters are distinct and have different interpretations
  - ★ see Schildcrout et al (2011) for connections between the models

## Cross-sectional mean models

Adjustment variable

$$Y_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \epsilon_{ki} \quad (1\text{-CS})$$

$$Z_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \epsilon_{ki} \quad (2\text{-CS})$$

- Marginal models that relate current IDR levels to current BG concentration levels/change

## Distributed lag mean models

$$Y_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \beta_{x,l} X_{k,i-1} + \epsilon_{ki} \quad (1\text{-DL})$$

$$Z_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \beta_{x,l} X_{k,i-1} + \epsilon_{ki} \quad (2\text{-DL})$$

- Marginal models that permits characterization of the joint impact of previous and current IDR levels on the current response
  - ★ via the inclusion of time-dependent exposure at the previous time point
  - ★ could include multiple lags

## Transition mean models

$$Y_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \beta_{y,l} Y_{k,i-1} + \epsilon_{ki} \quad (1\text{-TN})$$

$$Z_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \beta_{y,l} Y_{k,i-1} + \epsilon_{ki} \quad (2\text{-TN})$$

- Additional adjustment for the previous response levels:
  - ★ may be of intrinsic scientific interest
  - ★ may be included to improve model fit
  - ★ may be included if previous response levels are potential confounders
    - \* more on this later
- Note, transition models are not marginal with respect to cluster membership
  - ★ marginally, the dependence structure is dictated, in part, by the mean model
  - ★ similar to a mixed effects model

## Summary

### Cross-sectional mean models:

$$Y_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \epsilon_{ki} \quad (1\text{-CS})$$

$$Z_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \epsilon_{ki} \quad (2\text{-CS})$$

### Distributed lag models:

$$Y_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \beta_{x,l} X_{k,i-1} + \epsilon_{ki} \quad (1\text{-DL})$$

$$Z_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \beta_{x,l} X_{k,i-1} + \epsilon_{ki} \quad (2\text{-DL})$$

### Transition models:

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## Preliminary results

- Point estimates based on GEE under three working dependence structures:

Model/covariate	BG level, $Y_{ki}$			BG change, $Z_{ki}$		
	Ind	Exch	AR-1	Ind	Exch	AR-1
<b>Cross-sectional</b>	Change of dependence structures makes a big difference					
IDR, $\beta_x$	6.3	0.9	-13.7	-32.6	-51.1	-25.7
<b>Distributed lag</b>						
IDR, $\beta_x$	9.7	4.0	-17.7	-42.9	-49.6	-39.4
lagged IDR, $\beta_{x,l}$	-5.3	-7.7	-6.4	16.0	11.6	14.4
<b>Transition</b>						
IDR, $\beta_x$	-17.6	-27.7	-16.4	-17.6	-27.7	-16.4
lagged BG, $\beta_{y,l}$	0.6	0.6	0.7	-0.4	-0.4	-0.3

- ★ adjusted for a range of potential confounders
- ★ see Schildcrout et al (2011) for details



## Comments

- The choices presented are not meant to be exhaustive
  - ★ many ways of formulating models
  - ★ e.g. we could have specified additional lags in either (1-*DL*) or (2-*DL*), or added lagged exposure terms into (1-*TN*) or (2-*TN*)
- That there are such striking differences in the point estimates among the models presented may be concerning
- Results illustrate that as we conduct analyses that involve time-dependent covariates a number of important issues need to be considered:
  - ★ the nature/type of the time-dependent covariate
  - ★ the choice of working dependence structure
  - ★ the control of confounding bias

- As we will see, the extent to which these issues create meaningful problems (i.e. bias) depends on the model type and specification
- Particularly problematic is when the exposure of interest is an *endogenous time-dependent covariate*
  - ★ IDR is an example of such a covariate

## Types of time-dependent covariates

- Towards distinguishing different types, we'll find it useful to use the following notation:

★  $Y_k(t)$  is the value of the response for the  $k^{th}$  subject at time  $t$

★  $X_k(t)$  is the value of the exposure for the  $k^{th}$  subject at time  $t$

★  $\mathcal{Y}_k(t)$  is the history of the response process until time  $t$ :

$$\mathcal{Y}_k(t) = \{Y_k(t') \mid t' < t\}$$

★  $\mathcal{X}_k(t)$  is the history of the exposure process until time  $t$ :

$$\mathcal{X}_k(t) = \{X_k(t') \mid t' < t\}$$

★  $\mathbf{X}_k^*$  is a vector of time-invariant (or baseline) covariates

## Exogenous time-dependent covariates

- $X_k(t)$  is *exogenous* with respect to the outcome process if the exposure at time  $t$  is conditionally independent of the history of the outcome process at time  $t$ , given the history of the exposure process at time  $t$ :

$$[X_k(t) | \mathcal{Y}_k(t), \mathcal{X}_k(t), \mathbf{X}_k^*] = [X_k(t) | \mathcal{X}_k(t), \mathbf{X}_k^*]$$

Independent  
 $X_k(t)$  does not depend on past  $Y$

- Intuitively, exposure at time  $t$  does not depend on prior response values
- Examples:
  - ★ age in the dental growth data
  - ★ ambient air pollution measurements
- Note, exposures that are time-invariant are intrinsically exogenous
  - ★ e.g. point exposures such as type of bariatric surgery
  - ★ e.g. genetic profiles in cancer studies

## Endogenous time-dependent covariates

- $X_k(t)$  is *endogenous* with respect to the outcome process if the exposure at time  $t$  is conditionally dependent (in some way) on the history of the outcome process at time  $t$ , given the history of the exposure process at time  $t$ :

$$[X_k(t) | \mathcal{Y}_k(t), \mathcal{X}_k(t), \mathbf{X}_k^*] \neq [X_k(t) | \mathcal{X}_k(t), \mathbf{X}_k^*]$$

- Intuitively, exposure at time  $t$  depends (in part) on prior response values
- Potential examples:
  - ★ IDR for patients in the ICU may depend on **prior BG levels**
  - ★ personal air pollution exposure may depend on prior symptoms
  - ★ ART for patients with HIV may depend on disease progression
  - ★ adherence in randomized trials may depend on the patients response to their allocated treatment

- Whether the exposure of interest is exogenous or endogenous dictates, in part, the analysis strategy
- If the exposure is exogenous, the analysis can focus on specifying the lag dependence in models for the mean
  - ★ i.e.  $X_k(t)$ ,  $X_k(t - 1)$ ,  $X_k(t - 2)$ , ...
  - ★ care is needed when, however, choosing the dependence structure (see the next section)
- If the exposure is endogenous, then the potential for time-dependent confounding is a serious problem
  - ★ standard methods (i.e. regression adjustment) will generally fail to obtain 'true' causal estimates
  - ★ must focus on selecting a meaningful target of inference together with a method for valid estimation/inference

## Choice of working dependence structure

- Suppose that interest lies in the following cross-sectional marginal mean model:

$$\mu_{ki} \equiv \text{E}[Y_{ki} | \mathbf{X}_{ki}] = \mathbf{X}_{ki}^T \boldsymbol{\beta}$$

- For a given specification of the working dependence structure, the estimating equations for GEE 1.0 are:

$$\mathbf{U}(\boldsymbol{\beta}) = \sum_{k=1}^K \mathbf{D}_k^T \mathbf{V}_k^{-1} (\mathbf{Y}_k - \boldsymbol{\mu}_k) = \mathbf{0}$$

- Recall, the asymptotic properties of the resulting estimator rely on the estimating equations being unbiased
  - ★ i.e.  $\text{E}[\mathbf{U}(\boldsymbol{\beta})] = \mathbf{0}$  where the expectation is with respect to the distribution of  $\mathbf{Y}_k$

- Re-writing the estimating function as:

$$U(\boldsymbol{\beta}) = \sum_{k=1}^K U_k(\boldsymbol{\beta}) = \sum_{k=1}^K \mathbf{D}_k^T \mathbf{W}_k (\mathbf{Y}_k - \boldsymbol{\mu}_k)$$

one can show that the contribution to  $U(\boldsymbol{\beta})$  from the  $k^{th}$  subject/cluster is a  $p \times 1$  vector is given by:

dimension of beta

$$U_k(\boldsymbol{\beta}) = \sum_{i=1}^{n_k} \left\{ \sum_{j=1}^{n_k} \mathbf{D}_{kj} W_{k,ij} \right\} (Y_{ki} - \mu_{ki})$$

Unit specific residuals

★ i.e. a weighted average of the study unit-specific ‘residuals’

- Inspecting the weights, we see that the contribution to  $U_k(\boldsymbol{\beta})$  made by the  $i^{th}$  study unit depends on:

- ★ choice of working dependence structure, via  $W_{k,ij}$
- ★ totality of the covariates for the  $k^{th}$  cluster/subject, via the  $\mathbf{D}_{kj}$  summed over  $j$



- Now consider the expectation of each summand in  $U_k(\beta)$ :

$$\begin{aligned} E_Y[D_{kj}W_{k,ij}(Y_{ki} - \mu_{ki})] &= E_X[E_{Y|X}[D_{kj}W_{k,ij}(Y_{ki} - \mu_{ki}) | \mathbf{X}_k]] \\ &= E_X[D_{kj}W_{k,ij}E_{Y|X}[Y_{ki} - \mu_{ki} | \mathbf{X}_k]] \\ &= E_X[D_{kj}W_{k,ij}(E_{Y|X}[Y_{ki} | \mathbf{X}_k] - \mu_{ki})] \end{aligned}$$

- ★ notice that in order to perform the second of these operations we have to condition on the entire vector  $\mathbf{X}_k$

- If the estimation equation is to be unbiased we must therefore have:

$$E[Y_{ki} | \mathbf{X}_k] = \mu_{ki}$$

or equivalently that

$$E[Y_{ki} | \mathbf{X}_{ki}] = E[Y_{ki} | \mathbf{X}_{k1}, \dots, \mathbf{X}_{kn_k}] \quad \forall i = 1, \dots, n_k$$

- ★ *full covariate conditional mean* assumption
- ★ Pepe and Anderson (1994)

- Note the assumption is required **in addition** to the correct specification of the marginal mean model,  $E[Y_{ki} | \mathbf{X}_{ki}]$
- In some settings, the assumption will be trivially satisfied:
  - ★ if all of the components of  $\mathbf{X}_{ki}$  are time-invariant
  - ★ if all lagged covariates that are predictive of the outcome are included in the model
- If the assumption is not satisfied, however, all is not lost and one can obtain consistent estimates of  $\beta$  by adopting a working independence correlation structure
  - ★ under working independence,  $W_{k,ij} = 0 \ \forall \ i \neq j$  so that the contribution to  $U(\beta)$  from the  $k^{th}$  subject/cluster simplifies to:

$$U_k(\beta) = \sum_{i=1}^{n_k} \mathbf{D}_{ki} W_{k,ii} (Y_{ki} - \mu_{ki})$$

- ★ going through the operations to show that the corresponding estimating equation is unbiased only requires conditioning on  $\mathbf{X}_{ki}$

## Simple illustration

- To illustrate the potential for bias when the analysis involves a time-dependent exposure, consider the following data generating mechanism:

$$Y_k(t) = \theta_0 + \theta_1 X_k(t) + \theta_2 X_k(t-1) + \gamma_{0k} + \epsilon_k(t)$$

where  $X_k(t) = \rho_x X_k(t-1) + e_k(t)$

- ★ a distributed lag random intercepts model, with an **exogenous time-dependent covariate**
- Given this specification, and letting  $\overline{\mathbf{X}}_k(T_k) = \{\mathbf{X}_k(1), \mathbf{X}_k(2), \dots, \mathbf{X}_k(T_k)\}$ , the **induced full conditional** mean and cross-sectional mean models are:

$$\mathbb{E}[Y_k(t) | \overline{\mathbf{X}}_k(T_k)] = \theta_0 + \theta_1 X_k(t) + \theta_2 X_k(t-1)$$

$$\mathbb{E}[Y_k(t) | \mathbf{X}_k(t)] = \beta_0 + \beta_1 X_k(t)$$

where  $\beta_0 = \theta_0$  and  $\beta_1 = \theta_1 + \rho_x \theta_2$

- Consequently, the full covariate conditional mean assumption is not satisfied so that even if the cross-sectional mean model is correctly specified bias may arise
- To see the potential for bias a little more explicitly, let  $t' = t - 1$  and consider the expectation of the contribution to  $\mathbf{U}_k(\boldsymbol{\beta})$  made by the  $i^{th}$  study unit:

$$\mathbb{E}[\mathbf{D}_{kt'} W_{k,tt'} (Y_{kt} - \mu_{kt}) | \overline{\mathbf{X}}_k(T_k)] = W_{k,tt'} \times \theta_2 \times (1 - \rho_x^2)$$

★ see Diggle et al (2002) Chapter 12

- Consequently, bias will arise when: As shown in the above formula
  - (1) the exposure is time-dependent (i.e.  $\rho_x \neq 1$ )
  - (2) there is a lag relationship between the exposure and the response (i.e.  $\theta_2 \neq 0$ )
  - (3) covariance weighting is used (i.e.  $W_{k,tt'} \neq 0$ )

- Simulation study with  $\theta = (0, 1, 1)$  and

$$\gamma_{0k} \sim \text{Normal}(0, 1)$$

$$\epsilon_k(t) \sim \text{Normal}(0, 1)$$

$$e_k(t) \sim \text{Normal}(0, 1 - \rho_x^2)$$

$$T_k \sim \text{Uniform}\{2, \dots, 10\}$$

Covariate correlation, $\rho_x$	0.90	0.70	0.50	0.30	0.10
Induced $\beta_1$	1.90	1.70	1.50	1.30	1.10
Mean $\hat{\beta}_1$					
Working independence	1.90	1.70	1.50	1.30	1.10
Working exchangeable	1.73	1.51	1.33	1.19	1.01
Working auto-regressive	1.73	1.36	1.11	0.89	0.74
Percent bias					
Working independence	0%	0%	0%	0%	0%
Working exchangeable	-9%	-11%	-11%	-8%	-8%
Working auto-regressive	-9%	-20%	-26%	-32%	-33%

- Schildcrout and Heagerty (2005) provide general bias calculations for continuous response data with an AR(1) time-dependent exogenous covariate

- ★ bias in  $\hat{\beta}_1$  from GEE with a working exchangeable dependence structure:

$$-\frac{\theta_2 \rho_E (1 - \rho_X^2) [n(1 - \rho_X) - 1 + \rho_X^n]}{\sigma_E^2 [n^2 \rho_E (1 - \rho_X)^2 - n(2\rho_E - 1 + \rho_X)(1 - \rho) - 2\rho_E \rho_X (\rho_X^n - 1)]}$$

- ★ bias in  $\hat{\beta}_1$  from GEE with a working auto-regressive dependence structure:

$$-\frac{\theta_2 \rho_{AR1} (1 - \rho_X^2) (n - 1)}{\sigma_{AR1}^2 [n(\rho_{AR1}^2 - 2\rho_X \rho_{AR1} + 1) + 2\rho_{AR1} (\rho_X - \rho_{AR1})]}$$

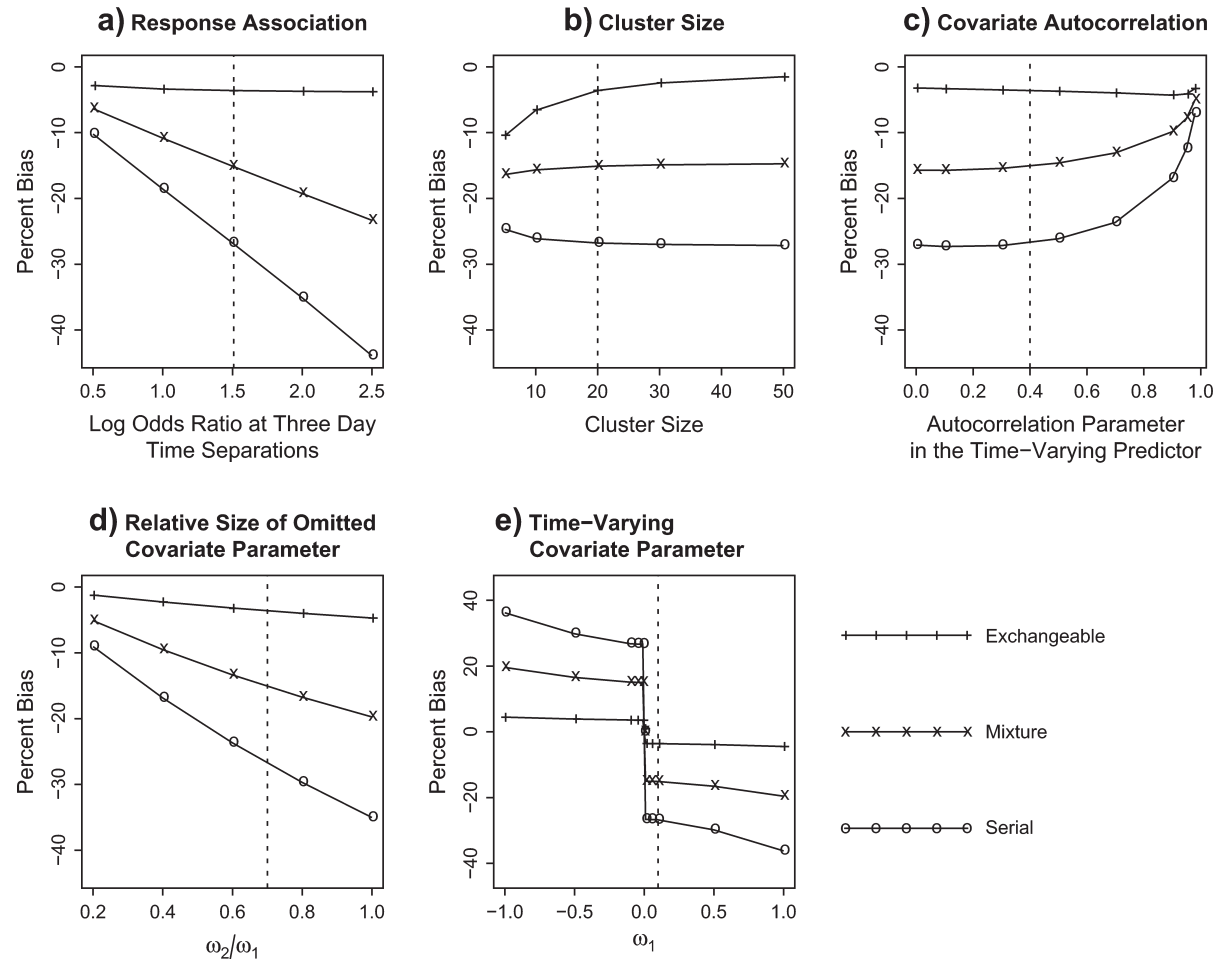
- Notes:

- ★ if  $\theta_1$  and  $\theta_2$  have the same sign, the bias will likely be an attrition
- ★ magnitude of bias grows with  $\rho_E$  and  $\rho_{AR1}$
- ★ bias for GEE-Ex is inversely related to the cluster size,  $n$  larger number of repeated measures, less bias
- ★ no bias if no response dependence,  $\rho_X=1$ , or  $\theta_2=0$

- Simulation-based asymptotic bias calculations for binary response data, as a function of various components of the specification:

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## Summary

- If any component of  $\mathbf{X}_{ki}$  is an exogenous time-dependent covariate, interest lies in the marginal mean, and estimation/inference is to be conducted via GEE then either:

(1) the full covariate conditional mean assumption for the adopted model

$$\mu_{ki} = E[Y_{ki} | \mathbf{X}_{k1}, \dots, \mathbf{X}_{kn_k}] \quad \forall i = 1, \dots, n_k$$

must hold if covariance weighting is to be used, or

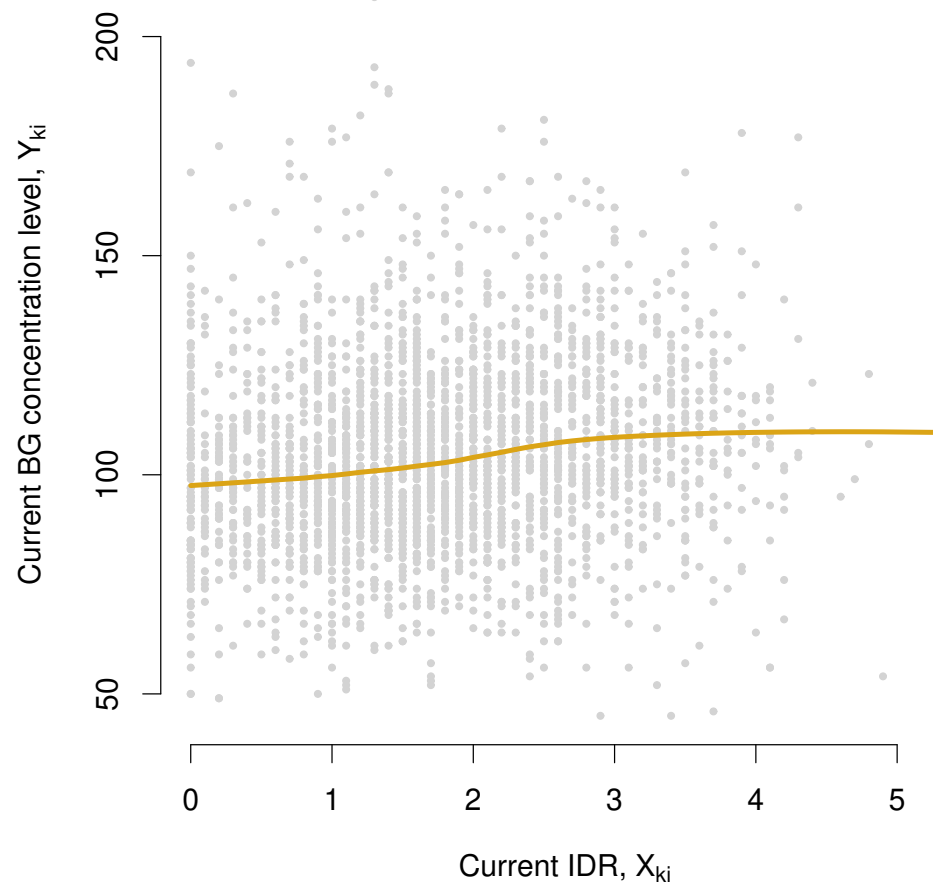
(2) an independence working structure must be adopted

- The ‘tension’ between the assumption and choice of working dependence structure manifests as a bias-variance trade-off
- If any component of  $\mathbf{X}_{ki}$  is an endogenous time-dependent covariate then time-dependent confounding may be an additional issue that needs to be addressed



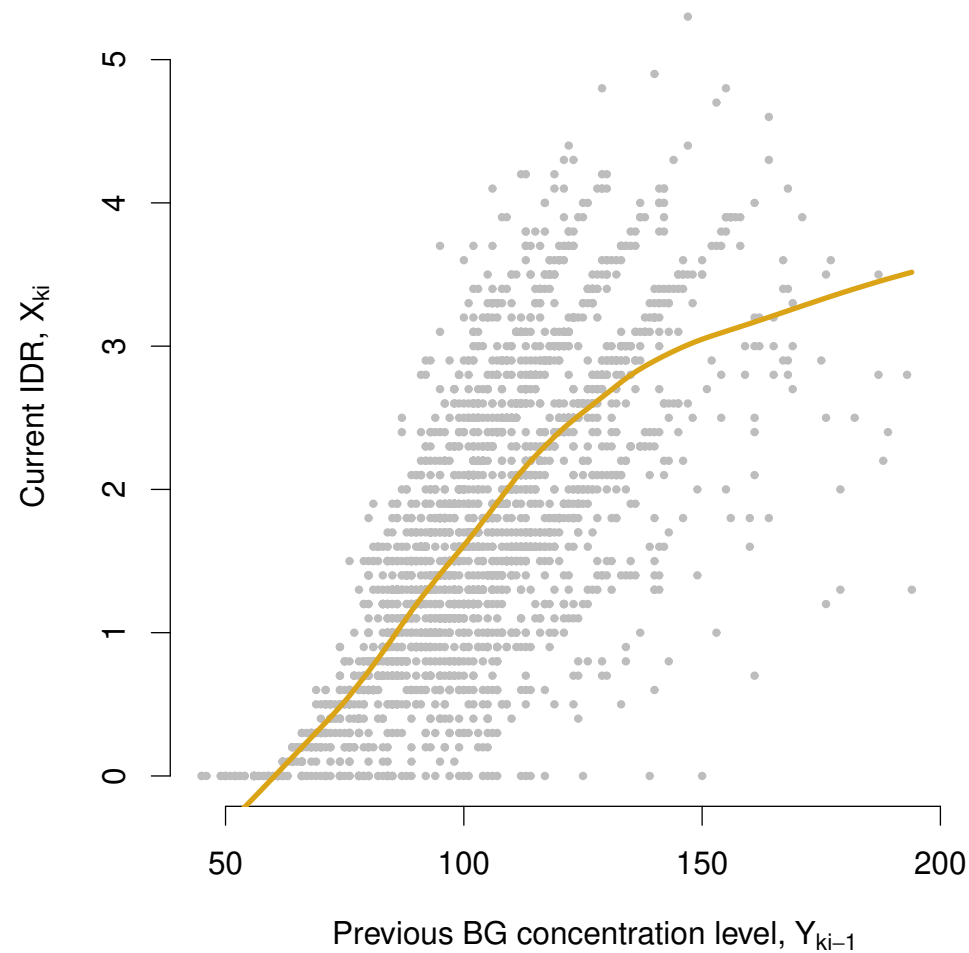
# Time-dependent confounding

- Recall from the initial EDA of the IDR/BG data from Vanderbilt that there was some evidence of a small positive association:



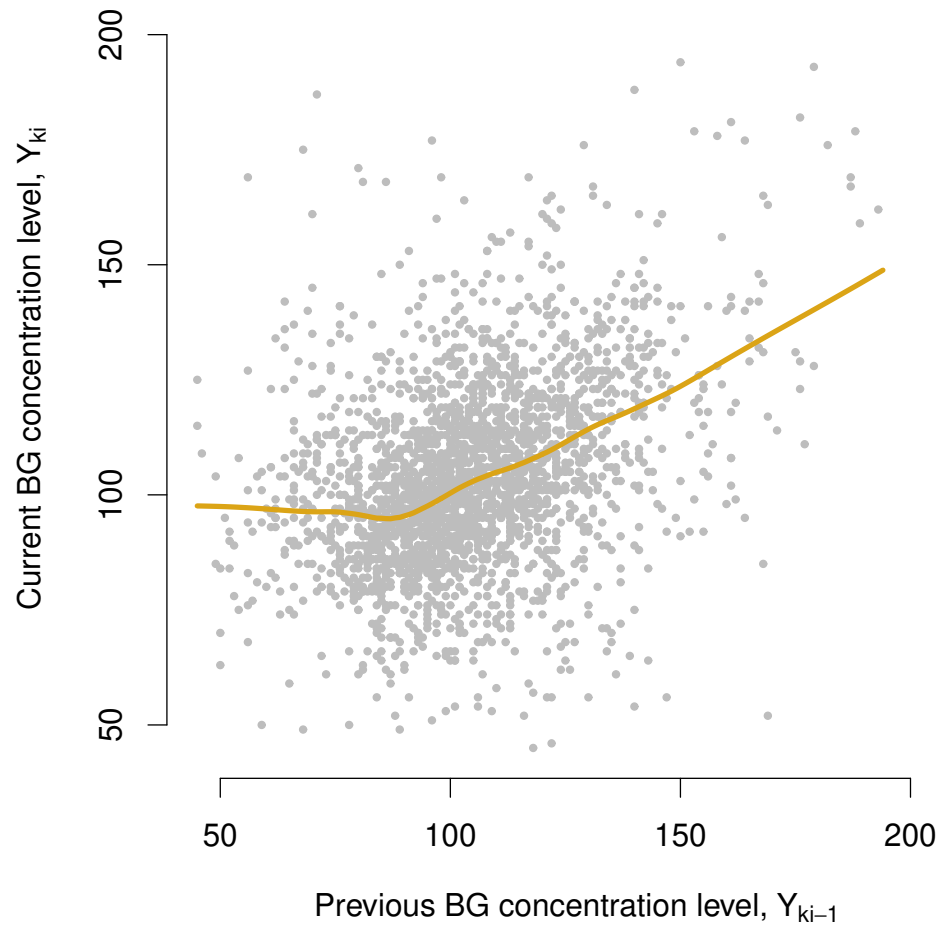
- An interesting feature of Vanderbilt ICU was that it employed a locally-developed computerized decision support systems to help guide decision-making
- Towards improving the control of BG, this involved:
  - ★ measuring BG on average every 2 hours
  - ★ adjusting IDR in order to keep the glucose concentrations low
    - \* most recent BG measurement was used to determine, in part, the next insulin dose
- Consequently there is a feedback mechanism between BG levels and IDR over time
  - ★ previous response is a determinant of current exposure
- Intuitively, it also makes sense that previous responses are predictive of current response
  - ★ i.e. within-subject correlation in the responses over time

- Graphically represent the relationship between **previous** BG level and **current** IDR:



★ suggestive of a strong association

- Graphically represent the relationship between **previous** BG level and **current** BG level:

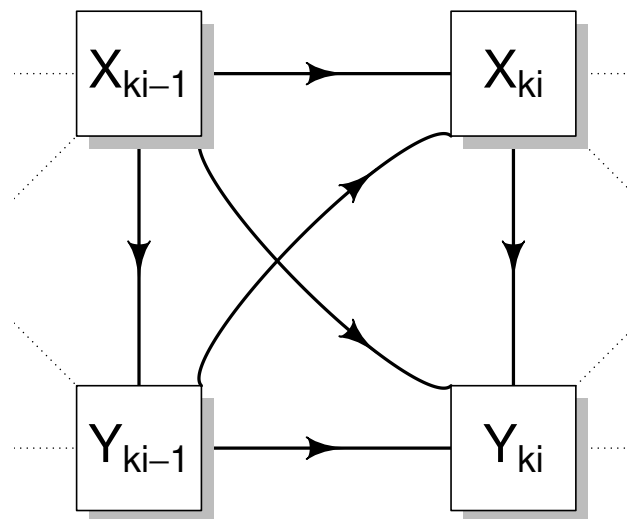


★ also suggestive of a strong association

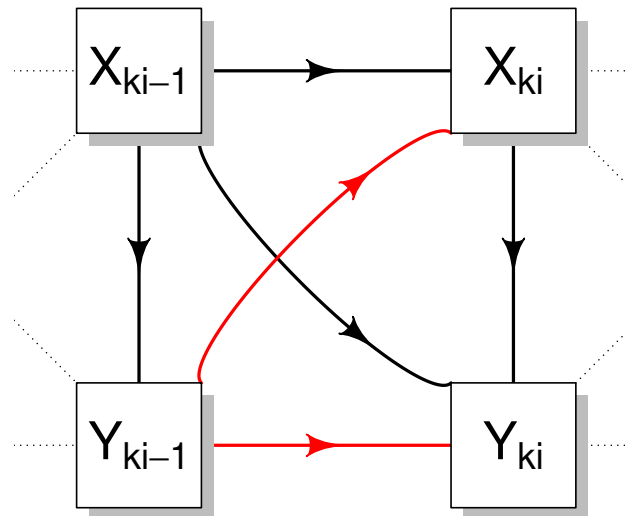
- The scatterplots provide compelling evidence that **IDR is an endogenous** time-dependent covariate
- To help understand the implications of this, suppose interest lies with the distributed lag model:

$$E[Y_{ki} | \mathbf{X}_k] = \beta_0 + \beta_1 X_{ki} + \beta_2 X_{k,i-1}$$

and consider the following directed acyclic graph (DAG):



- From the DAG, we see that  $Y_{k,i-1}$  satisfies the ‘usual’ criteria for being a confounder
  - ★ i.e.  $Y_{k,i-1}$  is related to both  $X_{k,i}$  and  $Y_{k,i}$

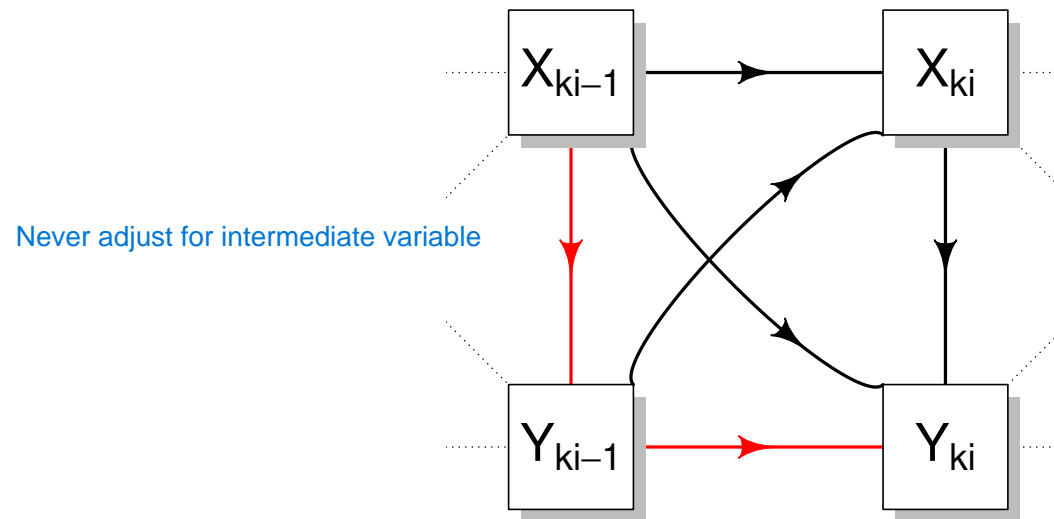


- One might, therefore, reasonably conclude that  $Y_{k,i-1}$  should be included in the model
  - ★ i.e. to control the ‘confounding’ effect of  $Y_{k,i-1}$ , one should fit the model:

**WRONG!**  $E[Y_{ki} | \mathbf{X}_k] = \beta_0 + \beta_1 X_{ki} + \beta_2 X_{k,i-1} + \beta_3 Y_{k,i-1}$

- We also see, however, that  $Y_{k,i-1}$  is as an intermediary variable in the relationship between  $X_{k,i-1}$  and  $Y_{ki}$

Mediator



- Consequently, including  $Y_{k,i-1}$  in the model will partially 'block' the effect of  $X_{k,i-1}$  on  $Y_{ki}$ 
  - ★ estimates won't reflect the 'true' nature of the relationship between exposure and the response

- In the presence of time-dependent confounding, therefore, remaining within the 'standard' regression modeling framework will result in bias regardless of whether or not  $Y_{k,i-1}$  is included in the model
- To resolve this dilemma, we need to turn to more formal methods in causal inference:
  - ★ define an appropriate set of counterfactual outcomes
  - ★ select the contrast that is of interest
  - ★ use an appropriate method for estimation
- Three general frameworks have been proposed:
  - (1) the g-computation algorithm formula
  - (2) inverse-probability of treatment weighting (IPTW) for marginal structural models
  - (3) g-estimation of structural nested models
- We are going to focus on (1) and (2)



- Moving forward we are also going to focus attention (for the most part) to the relatively simple setting where:
  - ★ the data are collected at  $K+1$  fixed equally-spaced intervals
  - ★ censoring, missed visits and measurement error are absent
  - ★ the response is a continuous random variable  $Y$ , measured at the end of follow-up
  - ★ there is no unmeasured confounding
- Also going to adopt a slightly different notation
  - ★ conform to much of the causal inference literature
- Review the methodology for:
  - ★ fixed exposures (FE)
  - ★ static time-dependent exposures (STDE)
- Won't be covering dynamic time-dependent exposures

- Much of the material is from the book: *Causal Inference* by Hernán MA, Robins JM.
  - ★ The pdf version is available online
  - ★ substantially more detail
  - ★ extensions beyond the simple setting(s) we consider
  - ★ comprehensive references

## FE: Counterfactuals and causal contrasts

- Suppose interest lies in some fixed exposure  $A$ 
  - ★ i.e.  $A$  is time-invariant
- Let  $Y_{(a)}$  denote the *counterfactual outcome* corresponding to exposure  $a$ 
  - ★ value of  $Y$  had, possibly contrary to fact, exposure been set to  $A = a$
  - ★ if  $A$  is binary then there are two potential outcomes (i.e.  $Y_{(0)}$  and  $Y_{(1)}$ )
  - ★ if  $A$  is continuous then there are infinitely many potential outcomes
- Given a set of counterfactual outcomes, one can define ‘causation’ in terms of a comparison between their distributions
- Typically the comparison is on the basis of some specific feature or functional of the distributions of the counterfactuals

- For example, one could choose to perform the comparison on the basis of the mean,  $E[Y_{(a)}]$ 
  - ★ interpreted as mean value of  $Y$  for the (possibly hypothetical) scenario where everyone receives exposure  $A = a$
  - ★ could, in principle, choose any functional
- A comparison between  $E[Y_{(1)}]$  and  $E[Y_{(0)}]$ , therefore, describes a comparison between two (possibly hypothetical) exposure scenarios
  - ★ e.g. the causal risk difference:  $RD = E[Y_{(1)}] - E[Y_{(0)}]$
- Note, outside of the context of a continuous response, other contrasts may be of interest
  - ★ e.g. the causal risk ratio:  $RR = E[Y_{(1)}]/E[Y_{(0)}]$
  - ★ e.g. the causal odds ratio:  $OR = \frac{E[Y_{(1)}]/(1 - E[Y_{(1)}])}{E[Y_{(0)}]/(1 - E[Y_{(0)}])}$
- Given some contrast(s) of interest, all one has to do is estimate  $E[Y_{(a)}]$

## FE: Estimation based on a randomized study

- Focusing on a binary  $A$ , suppose  $2n$  subjects were into a randomized trial with half allocated to the  $A = 0$  arm and half to the  $A = 1$  arm:

$A = 0$	$A = 1$
$Y_{0,1}$	$Y_{1,1}$
$\vdots$	$\vdots$
$Y_{0,n}$	$Y_{1,n}$

- Estimate  $E[Y_{(a)}]$  with the empirical mean,  $\bar{Y}_a$ 
  - ★ the mean of  $Y$  among individuals who *actually* received  $A = a$
- Plug-in these values to estimate some causal contrast of interest
  - ★ e.g. estimate the causal risk difference by

$$\widehat{\text{RD}} = \bar{Y}_1 - \bar{Y}_0$$

**Q:** Under what circumstances can we interpret such estimates as representing causation?

★ intuitively we appeal to randomization but what is the formal justification for these plug-in estimators?

• Consider the following assumptions:

(i) Consistency:

$$\text{if } A = a \text{ then } Y_{(a)} = Y$$

\* guarantees that what we observe when a specific exposure is allocated is the corresponding counterfactual

(ii) Exchangeability:

$$Y_{(a)} \perp\!\!\!\perp A, \forall a$$

\* exposure allocation is independent of the potential outcomes

\* i.e. exposure was not allocated on the basis of what the outcomes might be under various scenarios for treatment

- Note, exchangeability is an assumption regarding the joint distribution of the random variables
  - ★ may or may not hold for a particular realization from the joint distribution
  - ★ as such, it is typical to check for imbalance across treatment arms that is due to chance
- Under assumptions (i) and (ii) we have that

Mirror histogram: Check covariate balance, assesses how good is the randomization in RCT

$$\begin{aligned}
 E[Y_{(a)}] &= E[Y_{(a)} | A] \\
 &= E[Y_{(a)} | A = a] \\
 &= E[Y | A = a]
 \end{aligned}$$

- Since randomization guarantees exchangeability, assuming consistency holds  $E[Y_{(a)}]$  can be estimated using the observed data by evaluating the empirical mean among those individuals given treatment  $A = a$ :

$$\widehat{E[Y_{(a)}]} = \bar{Y}_a$$

## FE: Estimation based on observational data

- In the absence of a randomized study, we have to appeal to observational data to answer question(s) of interest
  - ★ data collected as part of a specific research study
  - ★ data collected for some other (primary) purpose
- The central (additional) challenge is that there may be factors that are simultaneously predictive of the response and the exposure so that the exchangeability assumption is violated:
  - ★ i.e.  $Y_{(a)} \not\perp\!\!\!\perp A$
  - ★ results in *confounding bias*
- To estimate causal associations from observational data we therefore need an extended set of identifying assumptions



- Identifiability assumptions:

- (i) Consistency:

$$\text{if } A = a \text{ then } Y_{(a)} = Y$$

- (ii) Conditional exchangeability:

$$Y_{(a)} \perp\!\!\!\perp A \mid \mathbf{L} = \mathbf{l}, \forall a, \mathbf{l}$$

- \* i.e.  $\exists$  some vector  $\mathbf{L}$  such that exchangeability holds within each level
- \* intuitively, exposure allocation is random within levels of  $\mathbf{L}$
- \* referred to as the assumption of *no unmeasured confounding*

- (iii) Positivity:

$$\text{if } f_{\mathbf{L}}(\mathbf{l}) > 0 \text{ then } f_{A|\mathbf{L}}(a|\mathbf{l}) > 0, \forall a$$

- ★ all exposure ‘choices’ are available to all sub-populations defined by  $\mathbf{L}$
- ★ exposure allocation is not deterministic for some individuals

## FE: g-formula

- Building on the previous development, if assumptions (i)-(iii) hold then:

$$\begin{aligned} E[Y_{(a)}] &= E[E[Y_{(a)}|\mathbf{L}]] = \int E[Y_{(a)}|\mathbf{L} = \mathbf{l}] f_{\mathbf{L}}(\mathbf{l}) d\mathbf{l} \\ &= \int E[Y|A = a, \mathbf{L} = \mathbf{l}] f_{\mathbf{L}}(\mathbf{l}) d\mathbf{l} \end{aligned}$$

or, if the elements of  $\mathbf{L}$  are all categorical, then:

$$E[Y_{(a)}] = \sum_{\mathbf{l}} E[Y|A = a, \mathbf{L} = \mathbf{l}] P(\mathbf{L} = \mathbf{l})$$

- ★ the average of  $E[Y|A = a, \mathbf{L} = \mathbf{l}]$  over the distribution of  $\mathbf{L}$
- ★ referred to as the *g-formula* for  $E[Y_{(a)}]$
- Crucially,  $E[Y|A, \mathbf{L}]$  is estimable from the observed data

- In practice, we specify a ‘working’ outcome regression model

- ★ e.g. linear regression for a continuous response

$$E[Y|A, \mathbf{L}] = \beta_0 + \beta_1 A + \beta_2 L_1 + \dots \beta_{K+1} L_K$$

- ★ e.g. logistic regression for a binary response

$$\text{logit } E[Y|A, \mathbf{L}] = \beta_0 + \beta_1 A + \beta_2 L_1 + \dots \beta_{K+1} L_K$$

- Whatever the choice of working model, (somehow) obtain estimates  $\hat{\beta}$

- ★ using a random sample  $\{(Y_i, A_i, \mathbf{L}_i); i = 1, \dots, n\}$

- At this point we could stop and report  $\hat{\beta}_1$ , the estimated coefficient associated with  $A$

- ★ the ‘unconfounded’ conditional association

- The goal, however, is to estimate  $E[Y_{(a)}]$ !

- Towards this goal, for each value of  $A = a$ , calculate the fitted value of the response from the working regression model for the  $i^{th}$  individual

★ e.g. for the linear working model calculate

$$\hat{\mu}_i(a) = \hat{\beta}_0 + \hat{\beta}_1[A = a] + \hat{\beta}_2 L_{i,1} + \dots + \hat{\beta}_{K+1} L_{i,K}$$

★ this value of  $a$  may or may not be what was actually observed for the  $i^{th}$  individual

- We can then empirically estimate  $E[Y_{(a)}]$  by

$$\hat{E}_{OR}[Y_{(a)}] = \frac{1}{n} \sum_{i=1}^n \hat{\mu}_i(a)$$

★ sometimes referred to as the *outcome regression estimator*

- Intuitively, the estimator works by asking what we would see if everyone had been exposed to  $A = a$

★ regardless of what they actually received

## FE: IPTW

- A second estimator of  $E[Y_{(a)}]$  is given by

$$\hat{E}_{IP}[Y_{(a)}] = \frac{\sum_{i=1}^n I\{A_i = a\} W_i Y_i}{\sum_{i=1}^n I\{A_i = a\} W_i}$$

where  $I\{A_i = a\}$  is an indicator of whether or not the  $i^{th}$  individual received treatment  $a$  and

$$W_i = \frac{1}{f(A_i | \mathbf{L}_i)}$$

is the conditional pdf of  $A$  given  $\mathbf{L}$  evaluated at the subjects own values

★ i.e. the exposure they actually receive

- $\hat{E}_{IP}[Y_{(a)}]$  is a weighted average of responses among those individuals who actually received  $A = a$

- Intuitively, weighting serves to create a pseudo-population within which treatment allocation is independent of  $\mathbf{L}$

**Q:** If we have changed the population, however, are we estimating the right quantity?

- Yes, because:

$$\begin{aligned}
 E[I\{A = a\}WY] &= E[I\{A = a\}WY_{(a)}] \\
 &= E[E[I\{A = a\}WY_{(a)}|\mathbf{L}]] \\
 &= E[\underbrace{E[I\{A = a\}W|\mathbf{L}]}_{= 1} E[Y_{(a)}|\mathbf{L}]] \\
 &= E[E[Y_{(a)}|\mathbf{L}]] \\
 &= E[Y_{(a)}]
 \end{aligned}$$

- Note, the denominator in the empirical version of the IPTW estimator serves to ensure that the size of the pseudo-population is the same as the size of the original population

- In practice, as with the outcome regression estimator, we need to choose a working model for the weights
- For a binary exposure variable, we usually adopt some logistic regression:

$$\text{logit } P(A = 1 | \mathbf{L} = \mathbf{l}) = \alpha_0 + \alpha_1 L_1 + \dots + \alpha_K L_K$$

★ referred to as the model for the *propensity score*

- Given an estimate of  $\alpha$ , say  $\hat{\alpha}$ , fitted values can then be calculated for each individual depending on the exposure they actually received:

$$\text{if } A_i = 0 \text{ then } W_i^{-1} = \frac{1}{1 + \exp\{\mathbf{L}_i^T \hat{\alpha}\}}$$

$$\text{if } A_i = 1 \text{ then } W_i^{-1} = \frac{\exp\{\mathbf{L}_i^T \hat{\alpha}\}}{1 + \exp\{\mathbf{L}_i^T \hat{\alpha}\}}$$

- Finally, note that since  $E[I\{A = a\}W] = 1$ , we can also write:

$$\frac{E[I\{A = a\}WY]}{E[I\{A = a\}W]} = E[Y_{(a)}]$$

- Building on this, it turns out that for any function  $g(A)$  that is not a function of  $\mathbf{L}$  one can show that:

$$\frac{E[I\{A = a\}WYg(A)]}{E[I\{A = a\}Wg(A)]} = E[Y_{(a)}]$$

★ see Hernan and Robins (*Journal of Epidemiology and Community Health*, 2006)

- Consequently the introduction of the function  $g(A)$  serves to define a class of consistent estimators of  $E[Y_{(a)}]$ 
  - ★ choice of  $g(\cdot)$  solely has an impact on efficiency



- If we take  $g(A)$  to be the marginal density for  $A$ , for example, we obtain the so-called *stabilized IPTW* estimator:

$$\hat{E}_{\text{SIP}}[Y_{(a)}] = \frac{\sum_{i=1}^n I\{A_i = a\} SW_i Y_i}{\sum_{i=1}^n I\{A_i = a\} SW_i}$$

where

$$SW_i = \frac{f(A_i)}{f(A_i | \mathbf{L}_i)}$$

- ★ efficiency gains are achieved because  $SW_i$  will, in general, be far less variable than  $W_i$
- ★ depending on the context, working models might be adopted for both the numerator and denominator of  $SW_i$

## STDE: Counterfactuals and causal contrasts

- Moving beyond a fixed exposure, suppose interest lies in some time-dependent binary exposure  $A(t)$ :
  - ★  $A(0)$  represents the baseline measurement
  - ★  $K$  follow-up measurements:  $A(1), \dots, A(K)$
- In addition, let  $\mathbf{L}(t)$  denote a vector of possibly time-dependent covariates
  - ★ measured just before exposure at time  $t$  is assigned/measured
- Finally, let  $Y$  denote a continuous response of interest, measured at the end of follow-up time
- Notationally, it will be convenient to let  $\overline{A}(t)$  and  $\overline{\mathbf{L}}(t)$  denote the history of  $A(t)$  and  $\mathbf{L}(t)$ , respectively, up to and including time  $t$

- Towards defining counterfactuals in this setting, let

$$\bar{a} = \{a(0), a(1), \dots, a(K)\}$$

denote some exposure sequence or regime

★  $a(t) = 1$  if the subject is exposed at time  $t$

★  $2^{K+1}$  possible regimes

- Example regimes include:

★ continuous exposure:  $\{1, 1, 1, \dots, 1\}$

★ no exposure:  $\{0, 0, 0, \dots, 0\}$

★ exposure solely during the first two time periods:  $\{1, 1, 0, \dots, 0\}$

- Finally, let  $\bar{a}(t)$  represent the exposure history under regime  $\bar{a}$  through to time  $t$
- Associated with each  $\bar{a}$  is a counterfactual outcome denoted  $Y_{(\bar{a})}$ 
  - ★ each subject has  $2^{K+1}$  potential outcomes

- As with fixed exposures, ‘causation’ can be defined in terms of comparisons between the distributions of  $Y_{(\bar{a})}$  under different exposure regimes
- Typically, focus is on the mean so that, in the current context, we’d say that the time-varying exposure  $A(t)$  has a causal effect on the average of  $Y$  if

$$E[Y_{(\bar{a})}] \neq E[Y_{(\bar{a}')}]$$

for at least two regimes  $\bar{a}$  and  $\bar{a}'$

- In practice, we are seldom interested in all possible comparisons among the regimes
  - ★ only a few will be of interest in the ‘real world’
- Whichever regimes are of interest, we need a strategy for estimating  $E[Y_{(\bar{a})}]$  given data from an observational study
  - ★ generalized identifiability assumptions
  - ★ estimators

## STDE: Generalized identifiability assumptions

(i) Consistency:

$$\text{if } \bar{A} = \bar{a} \text{ then } Y_{(\bar{a})} = Y$$

(ii) Conditional exchangeability:

$$Y_{(\bar{a})} \perp\!\!\!\perp A(t) \mid \bar{A}(t-1) = \bar{a}(t-1), \bar{\mathbf{L}}(t) = \bar{\mathbf{l}}(t), \quad \forall \bar{a}, \mathbf{l}(t)$$

Conditional on everything observed so far. Sequential randomization

(iii) Positivity:

$$\begin{array}{c} \text{if} \\ f_{\bar{A}(t-1), \bar{\mathbf{L}}(t)} \{ \bar{a}(t-1), \bar{\mathbf{l}}(t) \} > 0 \\ \text{then} \\ f_{\bar{A}(t) \mid \bar{A}(t-1), \bar{\mathbf{L}}(t)} \{ a(t) \mid \bar{a}(t-1), \bar{\mathbf{l}}(t) \} > 0, \forall \bar{a}(t) \end{array}$$

## STDE: g-formula

- Under assumptions (i)-(iii),  $E[Y_{(\bar{a})}]$  can be estimated using data from an observational study based on a generalization of the g-formula that accommodates time-dependent confounders

★ Robins, Greenland and Hu (JASA, 1999)

- For example, if all elements of  $\mathbf{L}(t)$  are categorical, we can write:

$$E[Y_{(\bar{a})}] = \sum_{\bar{\mathbf{l}}} \left\{ \overset{\text{Regression on history}}{E[Y|\bar{A} = \bar{a}, \bar{\mathbf{L}} = \bar{\mathbf{l}}]} \times \overset{\text{Conditional density factorization}}{\prod_{k=0}^K f(\mathbf{l}(k) | \bar{a}(k-1), \bar{\mathbf{l}}(k-1))} \right\}$$

- In practice, since neither  $E[Y|\bar{A} = \bar{a}, \bar{\mathbf{L}} = \bar{\mathbf{l}}]$  nor  $f(\mathbf{l}(k) | \bar{a}(k-1), \bar{\mathbf{l}}(k-1))$  are known they must be estimated
  - ★ in most settings, this will require fitting some parsimonious parametric working model
  - ★ bias will arise, however, if either model is misspecified

## STDE: IPTW

- We can also extend the IPTW formula to estimate  $E[Y_{(\bar{a})}]$  as the weighted average of the observed response among those subjects with  $\bar{A} = \bar{a}$ :

$$\hat{E}_{\text{SIP}}[Y_{(\bar{a})}] = \frac{\sum_{i=1}^n I\{\bar{A}_i = \bar{a}\} SW_i Y_i}{\sum_{i=1}^n I\{\bar{A}_i = \bar{a}\} SW_i}$$

where the subject-specific weights are:

$$SW_i = \prod_{k=0}^K \frac{\overset{\text{Compute weight at each time point}}{f(A_i(k) | \bar{A}_i(k-1))}}{f(A_i(k) | \bar{A}_i(k-1), \bar{\mathbf{L}}_i(k))}$$

- May also consider unstabilized IPTW for which the weights are:

$$W_i = \prod_{k=0}^K \frac{1}{f(A_i(k) | \bar{A}_i(k-1), \bar{\mathbf{L}}_i(k))}$$

- As in the fixed effects context, a working model will need to be specified for  $f(A_i(k)|\bar{A}(k-1), \bar{\mathbf{L}}_i(k))$  and, if necessary,  $f(A_i(k)|\bar{A}(k-1))$ 
  - ★ e.g., a logistic regression if  $A(t)$  is binary
  - ★ bias will arise, however, if the model for  $f(A_i(k)|\bar{A}(k-1), \bar{\mathbf{L}}_i(k))$  is misspecified although not if  $f(A_i(k)|\bar{A}(k-1))$  is misspecified



## Marginal structural models (MSMs)

- When  $K$  is large, it may not be possible to (reasonably) estimate all  $2^{K+1}$  counterfactual means,  $E[Y_{(\bar{a})}]$ 
  - ★ especially when the data are not extensive
- An alternative strategy is to posit a model for how  $E[Y_{(\bar{a})}]$  varies as a function of  $\bar{a}$ , such as:

$$E[Y_{(\bar{a})}] = \beta_0 + \beta_1 \text{cumsum}(\bar{a})$$

- Referred to as *marginal structural models* because:
  - (i) they model the *marginal* distribution of the counterfactual outcomes
  - (ii) models for counterfactuals are often referred to as *structural*

- Appealing because they can easily be extended to permit flexible functions of  $\bar{a}$  and/or effect modification:

- ★ e.g.,

$$E[Y_{(\bar{a})}] = \beta_0 + \beta_1 \text{cumsum}(\bar{a}) + \beta_2 \text{Gender} + \beta_3 \text{Gender} \times \text{cumsum}(\bar{a})$$

- Estimation of the (causal) parameters in an MSM can proceed via IPTW
  - ★ Robins, Hernan and Brumback (*Epidemiology*, 2000)
  - ★ use either standard weights or stabilized weights
  - ★ consistency requires the denominators in each to be correctly specified
- Finally, it's also worth noting that MSMs are also useful in settings where the exposure is (in principle) continuous
  - ★ e.g., if one is interested in a dose-response relationship

## Uncertainty

- So far we have only focused on estimating causal parameters
- Depending on the context analytic expressions for (asymptotic) variances can be derived
  - ★ valid inference requires consideration of uncertainty due to estimation of the components of the working models
- Most of the time, however, it seems that folks propose the bootstrap as a means to quantifying uncertainty

## Vanderbilt ICU data

- Recall the six models we considered for investigating the association between IDR and BG:

### Cross-sectional mean models:

$$Y_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \epsilon_{ki} \quad (1\text{-CS})$$

$$Z_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \epsilon_{ki} \quad (2\text{-CS})$$

### Distributed lag models:

$$Y_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \beta_{x,l} X_{k,i-1} + \epsilon_{ki} \quad (1\text{-DL})$$

$$Z_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \beta_{x,l} X_{k,i-1} + \epsilon_{ki} \quad (2\text{-DL})$$

### Transition models:

$$Y_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \beta_{y,l} Y_{k,i-1} + \epsilon_{ki} \quad (1\text{-TN})$$

$$Z_{ki} = \beta_0 + \beta_* \mathbf{X}_{ki}^* + \beta_x X_{ki} + \beta_{y,l} Y_{k,i-1} + \epsilon_{ki} \quad (2\text{-TN})$$

- Data analysis taken from Schildcrout et al (*Statistics in Medicine*, 2011)

- Focus on results based on:

(1) unweighted working independence GEE

(2) IPTW based on a linear regression for IDR:

$$X_{ki} \sim Y_{k,i-1} + \mathbf{W}_{k,i-1}$$

where  $\mathbf{W}_{k,i-1}$  is a collection of other potential confounders

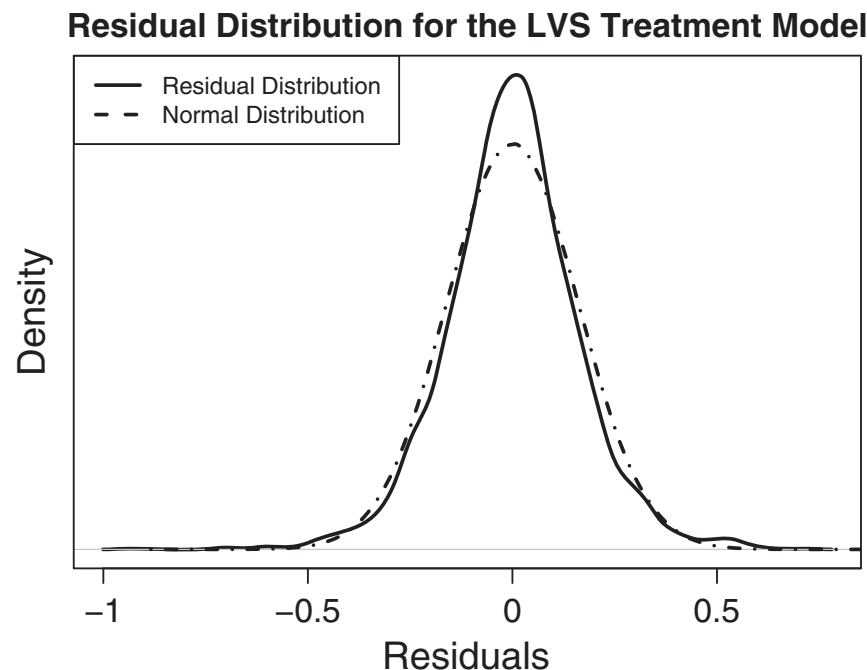
\* referred to as the *lagged glucose value strategy* (LVS)

- For (2), a Normal distribution was used as the predictive distribution for  $f()$  in the stabilized weights:

$$SW_{ki} = \frac{f(X_{ki} | \mathbf{W}_{k,i-1})}{f(X_{ki} | Y_{k,i-1}, \mathbf{W}_{k,i-1})}$$

- ★ truncated at 50 to avoid highly inefficient estimates (Cole and Hernan, *AJE*, 2008)

- Since consistency of the IPTW estimator requires the working model in the denominator of  $SW_{ki}$  to be correctly specified, it should be checked (to the extent possible)
- Kernel density plot of residuals from the linear regression for IDR:



- ★ assuming the mean model is correctly specified, the choice of a Normal distribution seems reasonable

- Point estimates adjusted for a range of potential confounders:

Model/covariate	BG level, $Y_{ki}$		BG change, $Z_{ki}$	
	WI-GEE	IPTW	WI-GEE	IPTW
<b>Cross-sectional</b>				
IDR, $\beta_x$	6.3	-23.8	-32.6	-22.7
<b>Distributed lag</b>				
IDR, $\beta_x$	9.7	-23.2	-42.9	-20.4
lagged IDR, $\beta_{x,l}$	-5.3	-1.0	16.0	-4.1
<b>Transition</b>				
IDR, $\beta_x$	-17.6	-23.1	-17.6	-23.1
lagged BG, $\beta_{y,l}$	0.6	0.7	-0.4	-0.3

- ★ seems clear that time-dependent confounding had a substantial impact
  - \* WI-GEE estimates for the cross-sectional and distributed lag models for  $Y_{ki}$  are not biologically plausible
- ★ also considerably greater consistency among the IPTW estimates
- ★ IPTW in the transition model ‘recovers’ some of the blocked path

## Summary

- In many longitudinal settings the exposure of interest will be time-dependent
- This gives researchers, for better or worse (!), substantial flexibility in specification of the model
  - ★ permits a broad range of scientific questions that one can address
- However, additional issues/complexities, beyond those we typically worry about, arise and have to be considered:
  - (i) the nature/type of the time-dependent covariate
    - \* exogenous vs endogenous
  - (ii) the choice of working dependence structure
    - \* Pepe and Anderson (1994)
  - (iii) the control of potential time-dependent confounders
    - \* motivates the use of formal methods in causal inference