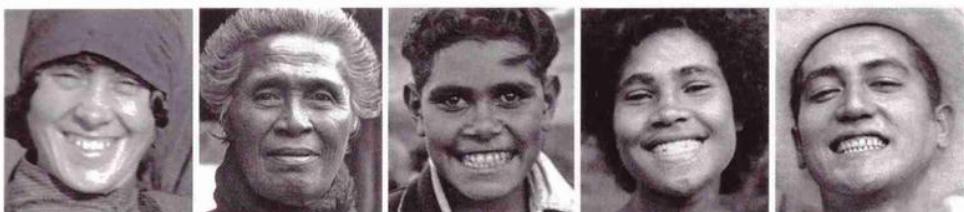


A SHOCKING AND POWERFUL TESTAMENT TO THE ADVERSE
EFFECTS OF MODERN PROCESSED DIETS UPON HEALTH

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PRICE-POTTENGER NUTRITION FOUNDATION®

Nutrition and Physical Degeneration



Dr. Price traveled worldwide to discover the secrets of healthy people.

Weston A. Price, DDS

"DR. WESTON PRICE was one of the most prominent health researchers of the 20th century... This extraordinary masterpiece of nutritional science belongs in the library of anyone who is serious about learning how to use foods to improve their health."

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EXPANDED EDITION WITH NEW PHOTOS AND TEXT

An epic study demonstrating the importance of whole food nutrition, and the degeneration and destruction that comes from a diet of processed foods.

For nearly 10 years, Weston Price and his wife traveled around the world in search of the secret to health. Instead of looking at people afflicted with disease symptoms, this highly-respected dentist and dental researcher chose to focus on healthy individuals, and challenged himself to understand how they achieved such amazing health. Dr. Price traveled to hundreds of cities in a total of 14 different countries in his search to find healthy people. He investigated some of the most remote areas in the world. He observed perfect dental arches, minimal tooth decay, high immunity to tuberculosis and overall excellent health in those groups of people who ate their indigenous foods. He found when these people were introduced to modernized foods, such as white flour, white sugar, refined vegetable oils and canned goods, signs of degeneration quickly became quite evident. Dental caries, deformed jaw structures, crooked teeth, arthritis and a low immunity to tuberculosis became rampant amongst them. Dr. Price documented this ancestral wisdom – including hundreds of photos – in his book, *Nutrition and Physical Degeneration*.



WESTON A. PRICE – “*Life in all its fullness is mother nature obeyed.*”

“A fascinating and important book. Dr. Price's studies and photographs of healthy primitives throughout the world present a clear message that we ignore the laws of Nature at our own peril. My own current research continues to corroborate his findings that ‘ancestral wisdom’ has much to teach us. It should be required reading for all health care professionals, as well as prospective parents-to-be.”

– Dr. David Williams

“An absolutely basic book on nutrition and disease prevention, as relevant today as when first published, decades ahead of its time.”

– Jonathan V. Wright, MD

“Nutrition & Physical Degeneration was an inspiration to me when I began my medical practice. The principles taught by Dr. Price are even more important today, given the decline of our current dietary practices and healthcare system.”

– Julian Whitaker, MD

“A powerful testament to the adverse effects of our modern diet upon health. As shocking and relevant... as when it was first published.”

– Melvyn R. Werbach, MD

For more information, please contact

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COVER DESIGN: SANDRA REDEMSKE

PRINTED IN U.S.A.

ISBN: 978-0-916764-20-3



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