## ABOUT THE BOOK

A renewed mind, a mind that is free from the corruption of this world, is a great asset to any child of God. For us to be able to discern what the perfect will of God is, it is essential to have our minds renewed as apostle Paul wrote in the book of Romans 12:4. A renewed mind is a recipe for transformation and newness in the knowledge of your creator. However, this requires us to put our old self to 'death' and embrace the new life that Christ gave us when he took our place on the cross, his resurrection being the seal of our faith. Mark 2:22 tells us that no one pours new wine into an old skin. Therefore, for us to receive the full measure of the blessings and life in Christ, we are required to keep the 'inside' of us clean and renewed to lead a life that is pleasing to God. This book will guide you on how you as a child of God can be able to achieve a renewed mind through healthy relationships with fellow men and with GOD.

By Pst. Yusuf Buwanguzi