

Heart Disease Prediction System

Patient Information:

Name: Anmol Iqbal

Age: 21

Gender: female

Email: anmoliqbal7@gmail.com

Prediction Details:

Prediction ID: 20

Prediction Label: Heart Disease

Risk Level: High

Model Used: XGBoost Classifier

Confidence Score: 52.46%

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Recommendations for a Healthy Heart:

1. Don't smoke or use tobacco.
2. Get moving: Aim for at least 30 to 60 minutes of activity daily.
3. Eat a heart-healthy diet including:
 - Vegetables and fruits
 - Beans or other legumes
 - Lean meats and fish
 - Low-fat or fat-free dairy foods
 - Whole grains
 - Healthy fats such as olive oil and avocado

Note: Consult a cardiologist for treatment and diagnosis. ML Systems can make mistakes.