Heart Disease Prediction System

Patient Information:

Name: John Doe

Age: 58

Gender: Male

Email: johndoe@example.com

Prediction Details:

Prediction ID: 91

Prediction Label: Heart Disease

Risk Level: High

Model Used: XGBoost Classifier

Confidence Score: 62.33%

Created At: 2025-06-10 20:05:37

Recommendations for a Healthy Heart:

1. Don't smoke or use tobacco.

2. Get moving: Aim for at least 30 to 60 minutes of activity daily.

3. Eat a heart-healthy diet including:

   - Vegetables and fruits

   - Beans or other legumes

   - Lean meats and fish

   - Low-fat or fat-free dairy foods

   - Whole grains

   - Healthy fats such as olive oil and avocado

Note: Consult a cardiologist for treatment and diagnosis. ML Systems can make mistakes.