Heart Disease Prediction System

Patient Information:

Name: Nimra

Age: 21

Gender: female

Email: nimrayousaf986@gmail.com

Prediction Details:

Prediction ID: 52

Prediction Label: Heart Disease

Risk Level: High

Model Used: XGBoost Classifier

Confidence Score: 52.46%

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Recommendations for a Healthy Heart:

1. Don't smoke or use tobacco.

2. Get moving: Aim for at least 30 to 60 minutes of activity daily.

3. Eat a heart-healthy diet including:

   - Vegetables and fruits

   - Beans or other legumes

   - Lean meats and fish

   - Low-fat or fat-free dairy foods

   - Whole grains

   - Healthy fats such as olive oil and avocado

Note: Consult a cardiologist for treatment and diagnosis. ML Systems can make mistakes.