

LET'S GO!

↓ NO COMPLETE GUIDE!

to protect yourself and keep learning.

but this zine gives you a starting point -

No tool offers full protection -

Resources 8

Online profiles & data 6-7

Communication 4-5

Location & movement 3

TOPICS TOPICS TOPICS

It highlights the dangers of surveillance + + gives you first tips to protect yourself from data access by 1312

If you're reading this, you've used our zine generator and answered 3 ques -

your personal starter emergency kit.

2.

HEY!

Your Digital Surveillance First Aid Kit

(info is impact)

GPS, WLAN & Bluetooth

Module 1, Answer A

2.

You thought Maps only shows you the way? Not just you. Your phone constantly sends signals: GPS shows your exact location. Apps collect this data. WLAN & Bluetooth send unique device IDs (e.g., when searching for networks) - even without connection.

How data is collected & used:

Sensors in public places capture these signals, track your movements, and create movement profiles. Authorities can, via court order locate all devices in an area at a specific time. They can also buy this data from Databrokers.

Protection Check:

◆ Turn off location services & location history

◆ Revoke location access from apps -

◆ Activate airplane mode (prevents real-time tracking) ◆ Use an extra device

BURNER PHONE

Resources:

8.

As you see Surveillance tech is everywhere - from AI analyzing messages to mass tracking in public. These tools keep evolving.

Digital security is a process. Staying informed and sharing what you learn helps everyone stay safer !!!

Check out these non-profit sources for updated cybersecurity info:

The Web of Connections

Module 2: Block A

4.

You text your crush who's into abolition and data privacy - no reply. Maybe it's not what you wrote, but how it looked.

Even if messages are encrypted, metadata still reveals: Who talks to whom, when, how often, and from where. Like a sealed envelope: the content stays private, but everything on the outside is visible.

Authorities can use these traces to map out relationship networks - without ever reading a single message.

In Germany, access to metadata requires a court order. But providers often store it (due to data retention laws) and hand it over when asked.

COURTS ARE PART OF THE SYSTEM

Protection Check:

7.

- Use privacy-friendly browsers (e.g. Brave, Tor).
- Install blockers like uBlock Origin or Privacy Badger.
- Delete cookies regularly or limit them to sessions.
- Use a VPN to hide your IP. Switch to private search engines (DuckDuckGo, Startpage).

Metadata -

Module 3: Block A

5.

Protection Check:

Anonymous Browsing:

- VPN (ProtonVPN, Mullvad) hides your IP
- Tor Browser for max. anonymity
- Brave + DuckDuckGo = privacy-friendly

Data Safety:

- Clean photo metadata (e.g. ExifCleaner)
- Encrypt files before uploading (e.g. VeraCrypt)

Security Habits:

- Update devices regularly
- Strong passwords + 2FA
- Think about patterns: Reflect on what your digital behavior reveals.

Mail:

- ProtonMail / Tutanota - but remember: subject lines are also metadata.
- self-destructing messages.
- collect minimal metadata
- Use Signal or Threema

Messenger:

Protection Check:

Trackers, Cookies & Fingerprinting

6.

Caught in the Act!

That ad wasn't random - it came from invisible tools tracking your online behavior: cookies, trackers, and fingerprinting.

What's happening:

Cookies store what sites you visit. Trackers follow you across websites. Fingerprinting identifies your device using unique traits like fonts, settings, or plugins - even without cookies. These tools build a profile of your interests. A quick search on AI surveillance can instantly tag you as "relevant."

Law enforcement access:

Data brokers collect this info in bulk. Police and agencies can buy or request it to trace your activity or behavior.