recommended it spyware is suspected. MVT is complex - professional help is

teel unsure, seek protessional support. • Consult experts: If you suspect spyware or

Mobile Verification Toolkit (for tech-savvy Tool check (if suspicious): Use Amnesty's Best offline or on a separate device.

- Sensitive conversations: temporary infections.
- Restart your device: May remove Protects accounts from being hijacked. Strong passwords & 2FA:
- camera, and location only when needed.
  - App permissions: Limit access to mic, links or open suspicious files.
- Beware of links/files: Don't click unknown & apps to close security gaps.
- Keep software updated: Always update 05

Protection Check:

journalists, lawyers, and activists. (Pegasus) has been used to target Spyware from companies like NSO

nucyecked state bower. contra often enable systemic abuse and put critics warn that oversight is weak and In Germoney, court orders are required, install via a missed call. Example: one WhatsApp bug let spyware in apps or operating systems. They often enter through security flaws

and passwords. access your microphone, camera, location, - even betore it's encrypted. They can intelligence agencies to read everything installed on your device by police or State trojans are programs secretly Sounds extreme - but it's real: "Being watched before you even type 'Hi'?"



The Investment Invest - State Trojans & Spyware d Wodule 2: Block B

◆ Use strong passwords, 2FA & install updates

- Don't share 10, signs, or standout outiles ◆ Avoid unencrypted cloud uploads
  - ♦ Encrypt files (e.g. with Vera Crypt)
  - ◆Use Signal/Threema with @EST ?? USU → Use Signal/Threema with **♦ Remove EXIF (e.g. ExitCleaner)**

### Protection Check:

8.

It can link you to places or protests. or via apps (e.g. WhatsApp) or data brokers. From seized phones, unencrypted clouds, :sint seu nes this:

camera, and phone model. hidden EXIF metadata — like GPS, time, That shot of your fresh kicks? It may include

> Images & Metadata Istaing and I

## 

to protect yourself and keep learning. par this zine gives you a starting point No tool offers full protection -

Resources & R Online profiles & data 6 6-7 COMMUNICATION & 4-5 Cocation & movement []

yourself from data access by 1312 👺 + + + dines you first tips to protect It highlights the dangers of surveillance

your personal starter emergency hit. tions about surveillance. This zine is zine generator and answered 3 ques-If you're reading this, you've used our

#### Module 3: Block A Trackers, Cook in es & Fungerpruintuing

Caught in the Act! That ad wasn't random — it came from invisible tools tracking your online behavior: cookies, trackers, and fingerprinting.

### What's happening:

///

Cookies store what sites you visit. Trackers follow you across websites. Fingerprinting identifies your device using unique traits like fonts, settings, or plugins -even without cookies.

These tools build a profile of your interests. A quick search on Al surveillance can instantly tag you as "relevant."

#### Law enforcement access:

Data brokers collect this info in bulk. Police and agencies can buy or request it to trace your activity or behavior.

#### **Protection Check:**

Use privacy-friendly browsers (e.g. Brave, Tor).



Install blockers like uBlock Origin or Privacy Badger.



Delete cook to sessions. Delete cookies regularly or limit them



Use a VPN to hide your IP. Switch to private search engines (DuckDuckGo, Startpage).



## Resources:

As you see Surveillance tech is everywhere - from AI analyzing messages to mass tracking in public. These tools keep evolving.



Digital security is a process. Staying informed and sharing what you learn helps everyone stay safer !!!

Check out these non-profit sources for updated cybersecurity info:









CREATED By @eymeikey

# Your Digital Surveillance First **Aid Kit**

(for ppl who'd rather be cats:))

