recommended it spyware is suspected. MVT is complex - professional help is

teel unsure, seek protessional support. • Consult experts: If you suspect spyware or

Mobile Verification Toolkit (for tech-savyy Tool check (if suspicious): Use Amnesty's Best offline or on a separate device.

///

Sensitive conversations: temporary infections.

• Restart your device: May remove Protects accounts from being hijacked.

Strong passwords & 2FA: camera, and location - only when needed.

App permissions: Limit access to mic, links or open suspicious files.

● Beware of links/files: Don't click unknown & apps to close security gaps.

Keep software updated: Always update 05

Protection Check:

journalists, lawyers, and activists. (Pegasus) has been used to target Spyware from companies like NSO

nucyecked state bower. courts often enable systemic abuse and put critics warn that oversight is weak and In Germoney, court orders are required, install via a missed call. Example: one WhatsApp bug let spyware in apps or operating systems. They often enter through security flaws

and passwords. access your microphone, camera, location, - even betore it's encrypted. They can intelligence agencies to read everything installed on your device by police or State trojans are programs secretly Sounds extreme - but it's real: "Being watched before you even type 'Hi'?"

The Investment Invest State Trojans & Spyware -Wodule 2: Block B

If in a Faraday pouch. is not enough), use a burner phone, or store Protection Check: Turn phone off (flight mode

but is still used by authorities. violates fundamental rights -Note: This kind of surveillance often \*2.017 620 protests in Hamburg. \$20 IMSI-Catchers were used during the This often weakens encryption.

> ♦ bossibly SMS & calls (interceptable) ♦ location

(ISMI) (IMSI)

Kour phone connects and reveals: An IMSI-Catcher pretends to be a real tower.

### More intrusive:

tion (cell data) - authorities can request this. nearby towers. Your provider logs your loca-FAGU ID Jour pocket, your phone connects to

Towers & IMSI-Catchers liou semble lingchamnes Cell

Module 1, Answer B:

# 1EL,2 0

to protect yourself and keep learning. but this zine gives you a starting point No tool offers full protection -

Resonices & R Online profiles & data 6 6-7 COMMUNICATION COMMUNICATION Location & movement [3]

yourself from dala access by 1312 👺 + + + dines you first tips to protect It highlights the dangers of surveillance

your personal starter emergency hic. tions about surveillance. This zine is zine generator and answered 3 ques-If you're reading this, you've used our

## Module 3: Block C Your Online Profine

+ social media All your online activities searches, social media, websites, purchases, and app use-are collected and combined into a detailed digital profile.

This profile reveals not only your interests but also preferences, political views, social networks, and even emotional states. The targeted ads you see show how precisely algorithms predict your needs and fears based on this data.

For law enforcement, such profiles are a treasure. They use them for open source intelligence (OSINT), predictive policing, and targeted surveillance to identify and monitor individuals.

**Protection Check:** 

Share mindfully: Only share what feels necessary online.

Adjust privacy settings: Check and update your settings on social media and apps.

Keep identities separate: Use different emails or profiles for different activities.

Be aware: Notice the digital footprints you leave.

Check regularly: See what data companies have about you and manage it.



## Resources:

As you see Surveillance tech is everywhere - from AI analyzing messages to mass tracking in public. These tools keep evolving.



Digital security is a process. Staying informed and sharing what you learn helps everyone stay safer !!!

Check out these non-profit sources for updated cybersecurity info:









# Your Digital Surveillance First **Aid Kit**

(break the fence not the spirit)



DISCLOSE.TV K-9 Bites Cow, Deputy Tases K-9, Cow **Kicks Deputy**