**一、one-child policy ：**

1.cause：

（1）observational：中国人口太多，劳动力过剩，解决不了就业、穿衣吃饭、发展等问题，因此要控制人口增长。

（2）statistics：根据国家统计总局数据显示，独生子女政策会减少对社会、经济等各个层面的负面影响。

（3）common sense：独生子女家庭生活最富裕，普遍优生优育提升了下一代的人口素质，父母有更多时间、精力和选择。

（4）expert opinion：国家推行计划生育，使人口的增长同经济和社会发展计划相适应，提倡一对夫妇生育一个孩子。

2.effects：

好处：

（1）人口过快增长已得到控制，缓解了人口过多对环境与资源的供不应求。

（2）有独生子女补助，供养孩子的压力小。

坏处：

（1）人口老龄化严重。

（2）孩子孤独，压力大，如果遭遇不幸，人到中年，膝下无子，内心会很煎熬。

**二、two-child policy ：**

1.effects：

好处：

（1）短期可以直接拉动消费。长期看，有利于稳定经济增长预期。

（2）遵循人口发展规律，顺应人民群众期盼。

（3）有利于优化人口结构、保持经济社会发展活力。

（4）促进家庭幸福与社会和谐。

（5）缓解人口老龄化趋势。

坏处：

（1）个人的家庭负担也将变得更重。

（2）增大了这一代的独生子女未来所面临的压力。

（3）我国的环境承受能力、财务支出、公共福利体系都将面临挑战。

**I. one-child policy:**

**1.cause：**

(1)observational: China's population is too large and its labor force is too large to solve the problems of employment, clothing, food and development. Therefore, population growth should be controlled.

(2)statistics: According to the data of the State Statistics Administration, the one-child policy will reduce the negative impact on society, economy and other aspects.

(3)common sense: The only-child family has the richest life. General eugenics have improved the population quality of the next generation. Parents have more time, energy and choices.

(4)expert opinion: The state promotes family planning to make the population growth adapt to the economic and social development plan, and encourages a couple to have one child.

**2.effects：**

**Benefits:**

(1) Rapid population growth has been brought under control, easing the demand for environment and resources due to overpopulation.

(2) There is only child allowance, and the pressure to support children is small.

**Disadvantages:**

(1) The aging population is serious.

(2) Children are lonely and under great pressure. If they encounter misfortune, when they reach middle age and have no children, their hearts will suffer.

**Two-child policy:**

**1.effects：**

**Benefits:**

(1) Short-term consumption can be directly stimulated. In the long run, it is conducive to stabilizing economic growth expectations.

(2) Follow the law of population development and conform to the expectations of the people.

(3) It is conducive to optimizing the population structure and maintaining the vitality of economic and social development.

(4) Promoting family happiness and social harmony.

(5) Alleviate the trend of population aging.

**Disadvantages:**

(1) Individual family burden will also become heavier.

(2) It has increased the pressure the only child of this generation will face in the future.

(3) China's environmental capacity, financial expenditure and public welfare system will all face challenges.