## ANALYSIS OF SCOTTISH STROKE STATISTICS MELANIE JAYASINGHE

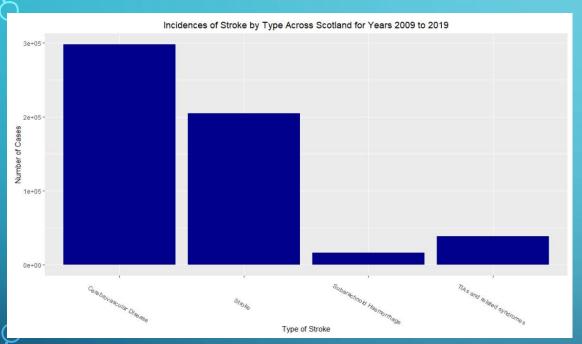
#### PROJECT BRIEF

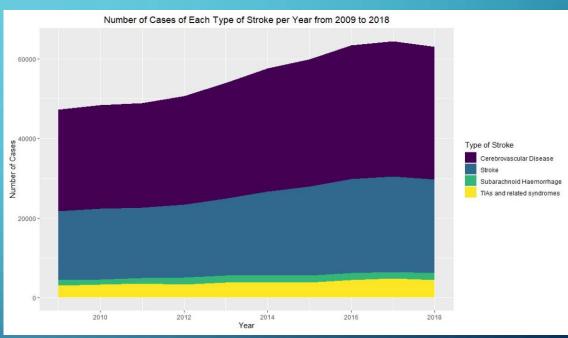
- What is the most common stroke diagnosis in Scotland?
- Are there any differences in stroke diagnoses between different demographics?
- Are there differences if you look at number of cases by health board vs by local authority?
- Are there differences in mortality rates for different types of stroke? Does this vary with demographics?
- Is there any way to predict upcoming diagnoses/mortality rates for future years?

#### TYPES OF STROKE

- Cerebrovascular Disease term given to conditions that affect bloody supply to the brain.
- Stroke (Ischemic) occurs when blood clot cuts off blood supply to brain.
- Subarachnoid Haemorrhage caused when blood leaks into subarachnoid space.
- TIAs and related syndromes mini strokes.

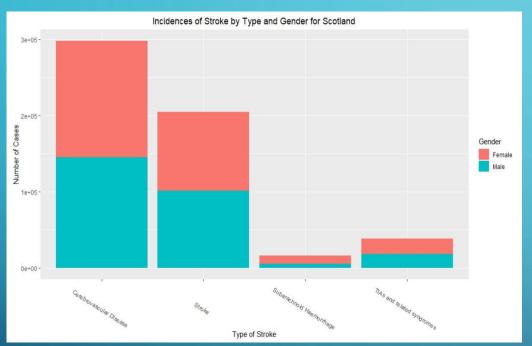
#### MOST COMMON STROKE DIAGNOSIS IN SCOTLAND

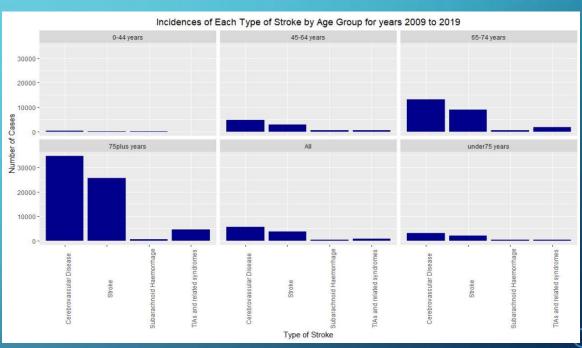




• Most common type of stroke diagnosis in Scotland is cerebrovascular disease, followed by ischemic stroke and subarachnoid haemorrhage.

## DIFFERENCES IN STROKE DIAGNOSIS BY GENDER AND AGE GROUP

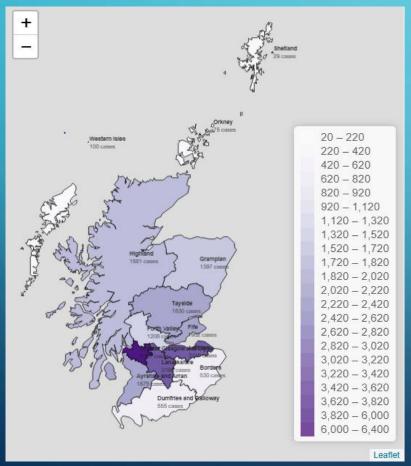




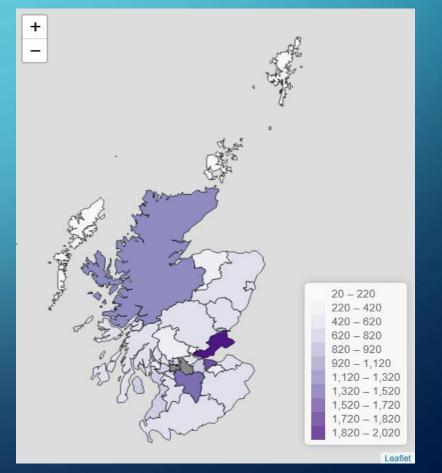
- Generally more women than men are diagnosed with cerebrovascular disease.
- Higher number of cases of each stroke type for women.
- Number of cases of stroke and cerebrovascular disease are greatest in the age group 75 plus years followed by the 65 to 74 year age group.

## DIFFERENCES IN CASE NUMBERS BY HEALTH BOARD VS LOCAL AUTHORITY

 Number of cases of ischemic stroke by health board region

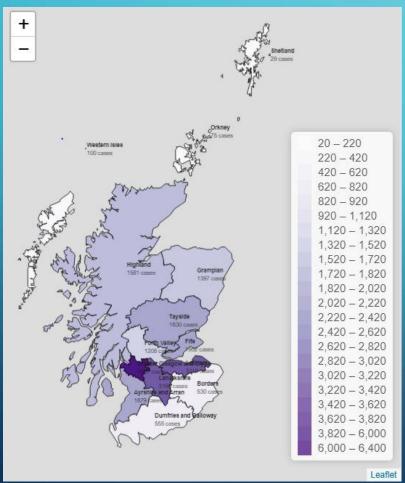


 Number of cases of ischemic stroke by local authority area

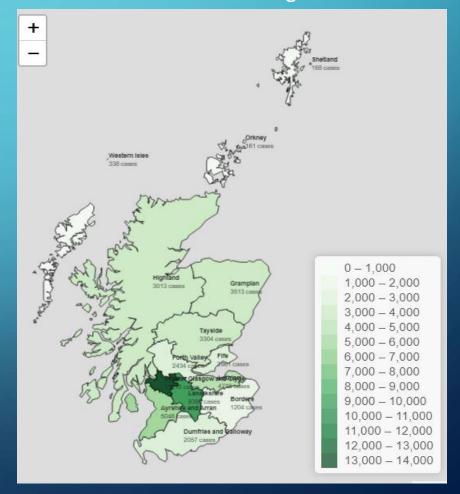


## CASE NUMBERS OF ISCHEMIC STROKE COMPARED TO CASE NUMBERS OF HEART DISEASE

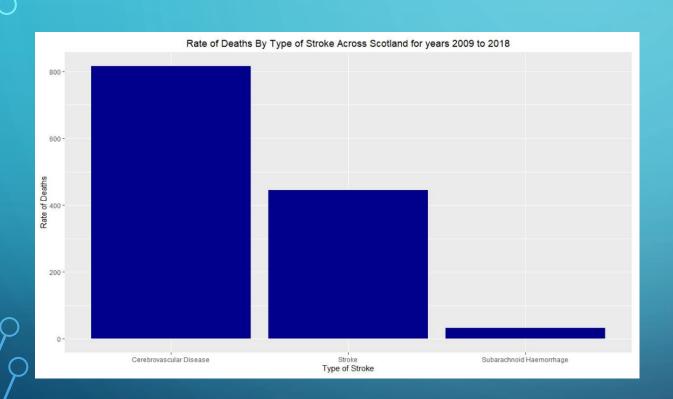
 Number of cases of ischemic stroke by health board region



 Number of cases of heart disease by health board region

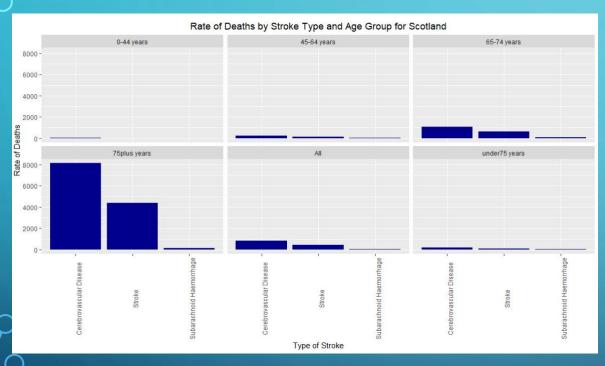


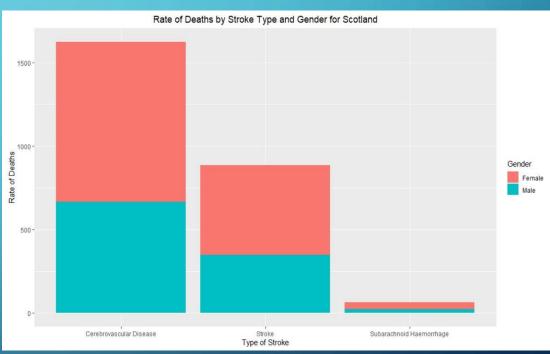
## VARIATION IN MORTALITY RATES FOR DIFFERENT TYPES OF STROKE



 Mortality rate is highest for ischemic strokes, followed by subarachnoid haemorrhages.

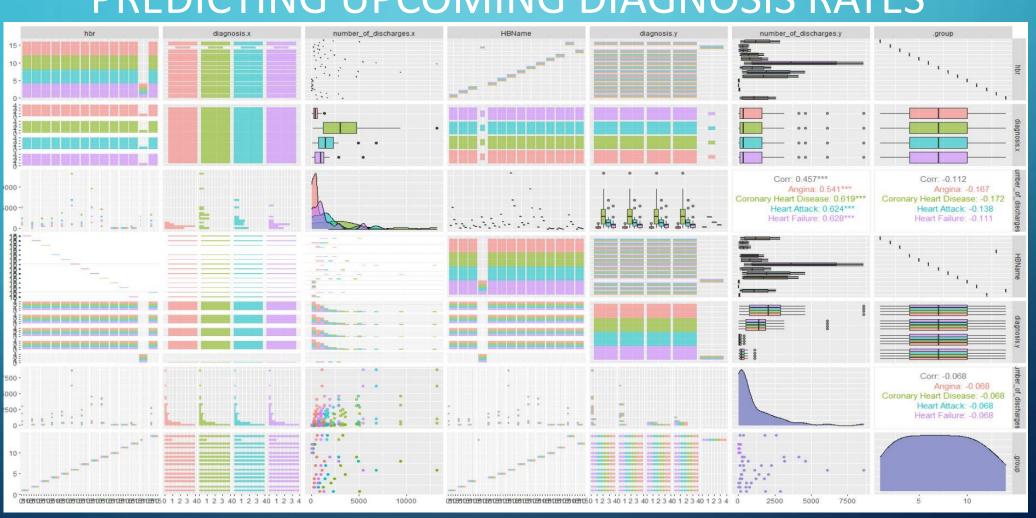
## VARIATION IN MORTALITY RATES BY DEMOGRAPHICS





- Most at risk group for all types of strokes are people aged over 75.
- Women are most at risk of dying from all types of stroke compared to men

#### PREDICTING UPCOMING DIAGNOSIS RATES



#### CONCLUSION

- Most common type of stroke diagnosis in Scotland is Cerebrovascular disease, followed by Ischemic stroke and subarachnoid haemorrhage.
- More women than men are diagnosed with cerebrovascular disease in general and women are affected the most by each type of stroke.
- There is a link between heart disease and number of cases of cerebrovascular disease.
- Greater Glasgow and Lanarkshire have the highest number of cases of stroke in the whole of Scotland.
- Recommendations In areas where there are high rates of cerebrovascular disease and heart disease, focus resources on prevention of risk factors.

# THANK YOU FOR LISTENING **ANY QUESTIONS?**