

Register your account !

Email

Password

First Name

Last Name

Weight

Height

Age

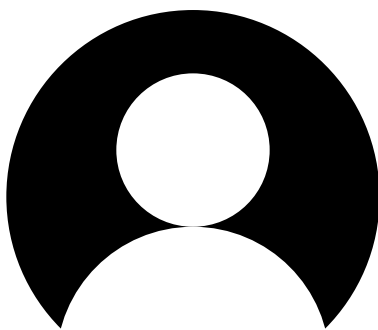
Register

Log in with your email and password !

Email

Password

Login



Me

First Name

Last Name

Weight

Height

Age

Location

More info:

SAVE



Calories :

Goal

2500

Food

1809

Under

691



Breakfast :

603 calories

Chicken Breast

100 grams

163

Cooked Rice with mushrooms

300 grams

440

Add food

Lunch :

603 calories

Chicken Breast

100 grams

163

Cooked Rice with mushrooms

300 grams

440

Add food

Dinner :

603 calories

Chicken Breast

100 grams

163

Cooked Rice with mushrooms

300 grams

440

Add food

Snacks :

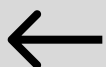
691 calories available

Add food

Suggestions


Home

Goals




Search

History :

Chicken Breast 
100 grams

163

Cooked Rice with mushrooms 
100 grams

147

Peanut butter
Solaris
100 grams

589

Add product



Scan prod.

Done

Food Name

Brand Name

Weight

Calories (kcal)

Fats (g)

Saturated Fat (g)

Cholesterol (mg)

Carbohydrates (g)

Sugars (g)

Salt (g)

Fiber (g)

Protein (g)

☐ Verify

SAVE