Week 5 – Violence Against Women

Guest lecture by Leanna Papp, M.S.

Resources

UM resources

SAPAC – 734-936-3333 (24/7 Crisis Line) – sapac.umich.edu

Support: Peer-led support groups (general & LGBTQ+ specific)

Advocacy: medical advocacy, academic advocacy, legal advocacy, housing advocacy,

financial aid advocacy, and more

CAPS – 734-764-8312 (Press 0; After-Hours Crisis Line) – caps.umich.edu

Other resources

Ann Arbor

Safe House – 734-995-5444 (24/7) – safehousecenter.org Ozone House – 734-662-2222 (24/7) – ozonehouse.org Serves youth and adolescents ages 10-17 Online chat & text services available

National

RAINN – 800-656-4673 (24/7) – rainn.org Online chat services available National DV Hotline: 800-799-7233 (24/7) – thehotline.org Online chat services available

Violence against women is "...any act of gender-based violence that results in, or is likely to result in physical, sexual or psychological harm or suffering to women, including threats of such acts, coercion or arbitrary deprivation of liberty, whether occurring in public or in private life." – UN Declaration on the Elimination of Violence Against Women

What is violence against women?

Violence against women in the U.S.

Intimate partner violence (IPV)

Broad forms of violence

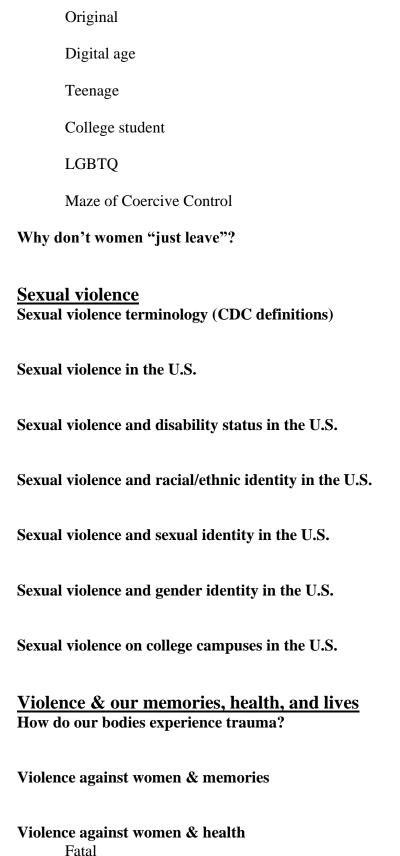
Physical

Emotional/psychological

Economic

Sexual/reproductive

Power & Control Wheels (all available on Canvas under the lecture videos)



Non-fatal Physical health
Chronic conditions
Mental health
Reproductive health
Health behaviors
Post-traumatic stress disorder (PTSD)
Violence against women & broader life Work
Home
School
Finances
Well-being
Thriving
Normalization of Violence Common phrases that normalize violence
Media images normalizing violence
Systemic normalization: Untested sexual assault kits Sexual assault kits were untested in Detroit due in part to police officers' assumptions
about: 1.
2.
3.
Living under threat of violence

What can we do?

Sexual assault prevention tips – guaranteed to work!

Wheel of non-violence

Understand contributors to violence

Incorporate trauma-informed care

Get involved

- Stay in touch with folks you are worried about—isolation helps the abuser, not your friend
- Talk to others about what you've learned
- Volunteer at SAPAC so you can train other students and groups, or with Safe House/Ozone House
- Hold a donation drive for Safe House or Ozone House in Ann Arbor, or a provider in your hometown
- Attend rallies, marches, and other events aimed at raising awareness about VAW

Violence is preventable.
If we can learn it,
we can unlearn it.
Violence is not healthy for people
and other living things.
If we can see it,
we can stop it.
Silence is violence.
If we can talk about it,
we can change it.

- Peace Over Violence