

## Week 5 – Violence Against Women

Guest lecture by Leanna Papp, M.S.

### **Resources**

#### **UM resources**

SAPAC – 734-936-3333 (24/7 Crisis Line) – [sapac.umich.edu](http://sapac.umich.edu)

Support: Peer-led support groups (general & LGBTQ+ specific)

Advocacy: medical advocacy, academic advocacy, legal advocacy, housing advocacy, financial aid advocacy, and more

CAPS – 734-764-8312 (Press 0; After-Hours Crisis Line) – [caps.umich.edu](http://caps.umich.edu)

#### **Other resources**

##### **Ann Arbor**

Safe House – 734-995-5444 (24/7) – [safehousecenter.org](http://safehousecenter.org)

Ozone House – 734-662-2222 (24/7) – [ozonehouse.org](http://ozonehouse.org)

Serves youth and adolescents ages 10-17

Online chat & text services available

##### **National**

RAINN – 800-656-4673 (24/7) – [rainn.org](http://rainn.org)

Online chat services available

National DV Hotline: 800-799-7233 (24/7) – [thehotline.org](http://thehotline.org)

Online chat services available

Violence against women is “...any act of gender-based violence that results in, or is likely to result in physical, sexual or psychological harm or suffering to women, including threats of such acts, coercion or arbitrary deprivation of liberty, whether occurring in public or in private life.” – UN Declaration on the Elimination of Violence Against Women

### **What is violence against women?**

### **Violence against women in the U.S.**

### **Intimate partner violence (IPV)**

#### **Broad forms of violence**

Physical

Emotional/psychological

Economic

Sexual/reproductive

### **Power & Control Wheels (all available on Canvas under the lecture videos)**

Original

Digital age

Teenage

College student

LGBTQ

Maze of Coercive Control

**Why don't women "just leave"?**

### **Sexual violence**

**Sexual violence terminology (CDC definitions)**

**Sexual violence in the U.S.**

**Sexual violence and disability status in the U.S.**

**Sexual violence and racial/ethnic identity in the U.S.**

**Sexual violence and sexual identity in the U.S.**

**Sexual violence and gender identity in the U.S.**

**Sexual violence on college campuses in the U.S.**

### **Violence & our memories, health, and lives**

**How do our bodies experience trauma?**

**Violence against women & memories**

**Violence against women & health**

Fatal

Non-fatal

Physical health

Chronic conditions

Mental health

Reproductive health

Health behaviors

### **Post-traumatic stress disorder (PTSD)**

### **Violence against women & broader life**

Work

Home

School

Finances

Well-being

Thriving

### **Normalization of Violence**

**Common phrases that normalize violence**

### **Media images normalizing violence**

### **Systemic normalization: Untested sexual assault kits**

Sexual assault kits were untested in Detroit due in part to police officers' assumptions about:

1.

2.

3.

### **Living under threat of violence**

## **What can we do?**

**Sexual assault prevention tips – guaranteed to work!**

**Wheel of non-violence**

**Understand contributors to violence**

**Incorporate trauma-informed care**

### **Get involved**

- Stay in touch with folks you are worried about—isolation helps the abuser, not your friend
- Talk to others about what you've learned
- Volunteer at SAPAC so you can train other students and groups, or with Safe House/Ozone House
- Hold a donation drive for Safe House or Ozone House in Ann Arbor, or a provider in your hometown
- Attend rallies, marches, and other events aimed at raising awareness about VAW

**Violence is preventable.**

**If we can learn it,  
we can unlearn it.**

**Violence is not healthy for people  
and other living things.**

**If we can see it,  
we can stop it.**

**Silence is violence.**

**If we can talk about it,  
we can change it.**

**- Peace Over Violence**