

# STA 304 Final Project

Mengyu Lei

## Loading Data and Required Library

The data used is collected by the US National Center for Health Statistics (NCHS).

```
rm(list = ls())
library(NHANES)
library(tidyverse)
library(sampling)
library(ggplot2)
library(gridExtra)
library(arsenal)
data("NHANESraw")
```

## Data Cleaning

```
### Only focus on the following variables
NHANES <- NHANESraw %>% filter(SurveyYr=="2011_12" & Age > 17)
NHANES <- na.omit(NHANES[,c(1,3,4,8:11,13,24,25,61,77)])
```

## Demographic table for the data

```
demographic <- as.data.frame(summary(tableby(Smoke100 ~ ., data = NHANES[, -1])))
write.table(demographic, file = "Results/Full.Demo.csv", row.names = FALSE)
```

## Check the association between Smoke100 and BPSysAve

```
P1 <- ggplot(NHANES, aes(x = BPSysAve)) +
  geom_histogram(aes(y = stat(density)), binwidth = 5, fill = "#56B4E9") +
  geom_density(col = "red", size = 1) +
  theme(axis.title = element_text(size = 15),
        axis.text = element_text(size = 12),
        plot.title = element_text(size = 15),
        hjust = 0.5)) +
  labs(title = "BPSysAve", y = "Density")

Count <- NHANES %>% group_by(Smoke100) %>% summarize(Count = n())

## `summarise()` ungrouping output (override with `.groups` argument)

P2 <- ggplot(Count, aes(x = Smoke100, y = Count)) +
  geom_bar(stat = "identity", fill = "#D55E00") +
  theme(axis.title = element_text(size = 15),
        axis.text = element_text(size = 12),
        plot.title = element_text(size = 15, hjust = 0.5)) +
```

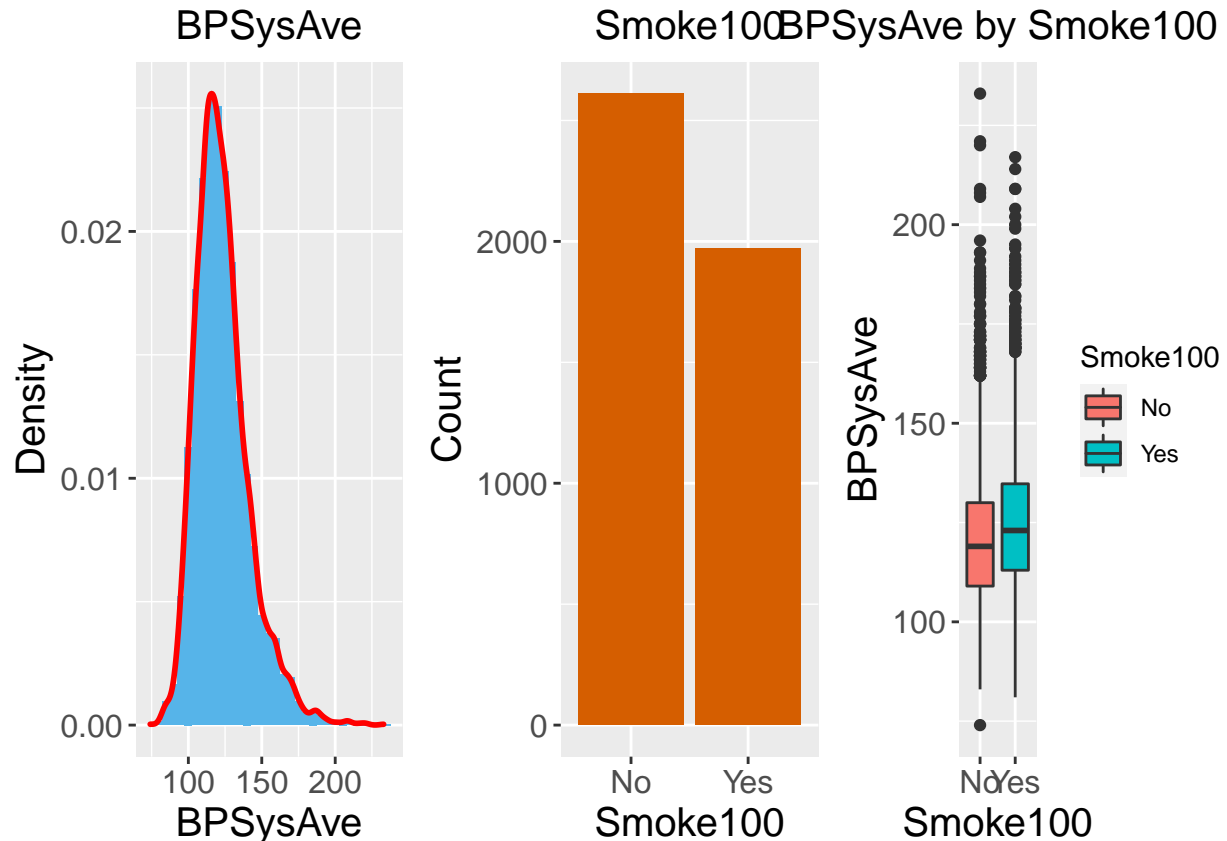
```

labs(title = "Smoke100")

P3
  <- ggplot(NHANES,aes(x = Smoke100, y = BPSysAve,
                      fill = Smoke100)) + geom_boxplot() +
  theme(axis.title = element_text(size = 15),
        axis.text = element_text(size = 12),
        plot.title = element_text(size = 15, hjust = 0.5)) +
  labs(title = "BPSysAve by Smoke100", y = "BPSysAve")

grid.arrange(P1,P2,P3,nrow = 1)

```



```

summary(NHANES$BPSysAve)

##      Min. 1st Qu.  Median    Mean 3rd Qu.    Max.
##      74.0  111.0   120.0   123.2  132.0   233.0

table(NHANES$Smoke100)

##
##   No  Yes
## 2611 1970

NHANES %>% group_by(Smoke100) %>% summarize(Mean = mean(BPSysAve),Median = median(BPSysAve))

## `summarise()` ungrouping output (override with `.groups` argument)

## # A tibble: 2 x 3
##   Smoke100 Mean Median

```

```
##    <fct>      <dbl> <dbl>
## 1 No         122.   119
## 2 Yes        125.   123

### Statistics Testing
var.test(BPSysAve ~ Smoke100, data = NHANES, alternative = "two.sided")

##
## F test to compare two variances
##
## data:  BPSysAve by Smoke100
## F = 0.9504, num df = 2610, denom df = 1969, p-value = 0.2269
## alternative hypothesis: true ratio of variances is not equal to 1
## 95 percent confidence interval:
##  0.8746973 1.0321472
## sample estimates:
## ratio of variances
##      0.9503974

t.test(BPSysAve ~ Smoke100, data = NHANES, var.equal = TRUE)

##
## Two Sample t-test
##
## data:  BPSysAve by Smoke100
## t = -7.1338, df = 4579, p-value = 1.13e-12
## alternative hypothesis: true difference in means is not equal to 0
## 95 percent confidence interval:
##  -4.967926 -2.826019
## sample estimates:
## mean in group No mean in group Yes
##      121.5289      125.4259

summary(lm(BPSysAve ~ Smoke100, data = NHANES))

##
## Call:
## lm(formula = BPSysAve ~ Smoke100, data = NHANES)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -47.529 -12.529  -2.529   8.574 111.471
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept) 121.5289    0.3582 339.249  < 2e-16 ***
## Smoke100Yes   3.8970    0.5463   7.134 1.13e-12 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 18.3 on 4579 degrees of freedom
## Multiple R-squared:  0.01099,    Adjusted R-squared:  0.01078
## F-statistic: 50.89 on 1 and 4579 DF,  p-value: 1.13e-12
```

## Predicting BPSysAve by fitting a regression model with the exposure of Smoke100

```
Lower.Model      <- lm(BPSysAve ~ Smoke100, data = NHANES)
Full.Model       <- lm(formula = as.formula(paste("BPSysAve ~",
                                                  paste(colnames(NHANES)[-c(1,9,12)],
                                                  collapse = "+"))),
                      data = NHANES)

Final.Model      <- step(Full.Model,scope = list(upper=Full.Model,lower=Lower.Model),
                      direction = "both")
```

```
## Start:  AIC=24753.85
## BPSysAve ~ Gender + Age + Education + MaritalStatus + HHIncome +
##   HHIncomeMid + HomeRooms + BPDiaAve + Smoke100
##
##
## Step:  AIC=24753.85
## BPSysAve ~ Gender + Age + Education + MaritalStatus + HHIncome +
##   HomeRooms + BPDiaAve + Smoke100
##
##           Df Sum of Sq    RSS   AIC
## - HHIncome    11      4214 1010637 24751
## - HomeRooms     1       385 1006808 24754
## <none>                1006423 24754
## - Gender        1       6797 1013220 24783
## - Education      4       8706 1015129 24785
## - MaritalStatus  5      18123 1024546 24826
## - BPDiaAve       1     188942 1195365 25540
## - Age            1     205694 1212117 25604
##
## Step:  AIC=24750.99
## BPSysAve ~ Gender + Age + Education + MaritalStatus + HomeRooms +
##   BPDiaAve + Smoke100
##
##           Df Sum of Sq    RSS   AIC
## + HHIncomeMid    1      1442 1009195 24747
## - HomeRooms       1        22 1010660 24749
## <none>                1010637 24751
## + HHIncome       11      4214 1006423 24754
## - Gender          1      6313 1016950 24778
## - Education        4     13823 1024460 24805
## - MaritalStatus    5     21005 1031642 24835
## - BPDiaAve         1    190234 1200871 25539
## - Age              1    212512 1223149 25623
##
## Step:  AIC=24746.46
## BPSysAve ~ Gender + Age + Education + MaritalStatus + HomeRooms +
##   BPDiaAve + Smoke100 + HHIncomeMid
##
##           Df Sum of Sq    RSS   AIC
## - HomeRooms       1       316 1009512 24746
## <none>                1009195 24747
## - HHIncomeMid     1      1442 1010637 24751
```

```

## + HHIncome      10      2772 1006423 24754
## - Gender        1      6583 1015779 24774
## - Education     4      8569 1017764 24777
## - MaritalStatus 5     19005 1028200 24822
## - BPDiaAve      1     190853 1200049 25538
## - Age           1     210109 1219304 25611
##
## Step: AIC=24745.89
## BPSysAve ~ Gender + Age + Education + MaritalStatus + BPDiaAve +
##      Smoke100 + HHIncomeMid
##
##              Df Sum of Sq      RSS      AIC
## <none>                1009512 24746
## + HomeRooms          1       316 1009195 24747
## - HHIncomeMid        1      1148 1010660 24749
## + HHIncome           10      2704 1006808 24754
## - Gender             1      6497 1016009 24773
## - Education          4      8564 1018076 24777
## - MaritalStatus      5     18829 1028340 24821
## - BPDiaAve          1     191600 1201112 25540
## - Age                1     214897 1224408 25628

summary(Final.Model)

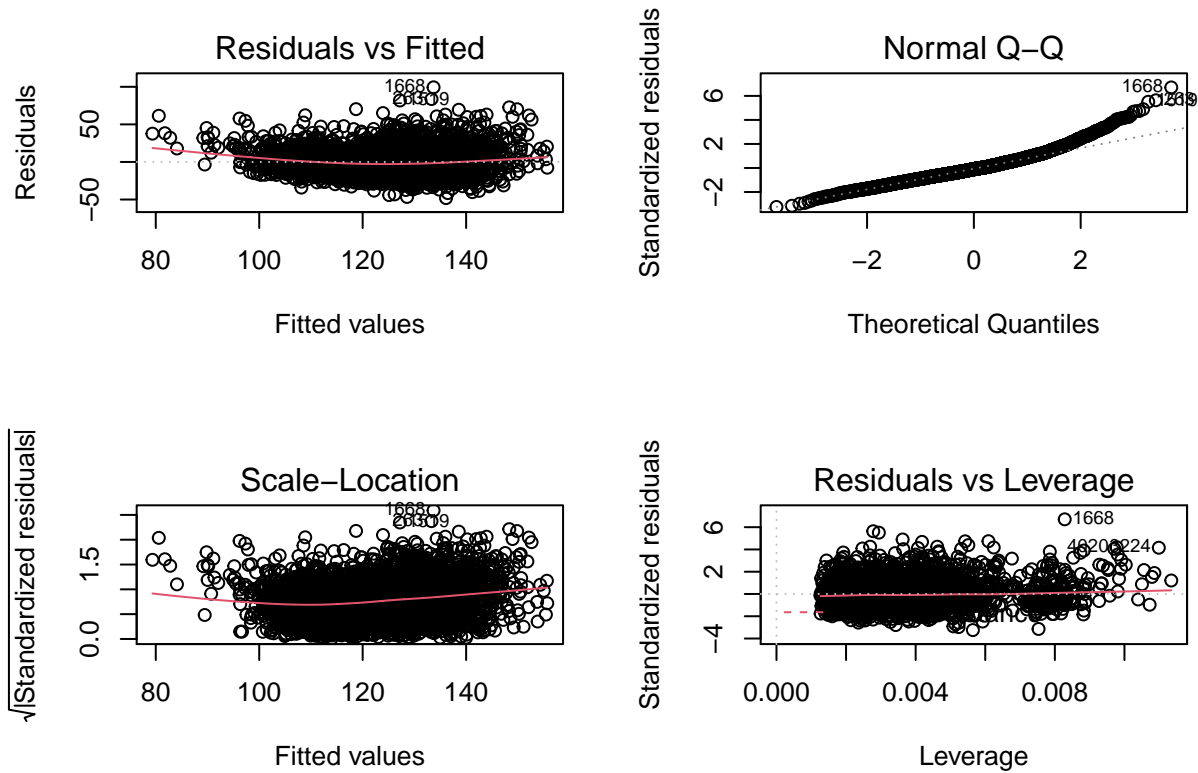
##
## Call:
## lm(formula = BPSysAve ~ Gender + Age + Education + MaritalStatus +
##      BPDiaAve + Smoke100 + HHIncomeMid, data = NHANES)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -48.111  -9.500  -1.487   7.716  99.297
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)    6.316e+01  1.856e+00  34.028 < 2e-16 ***
## Gendermale      2.496e+00  4.605e-01   5.421 6.23e-08 ***
## Age             4.797e-01  1.539e-02  31.176 < 2e-16 ***
## Education9 - 11th Grade 3.737e-02  9.571e-01   0.039  0.9689
## EducationHigh School -2.380e-01  8.992e-01  -0.265  0.7913
## EducationSome College -9.395e-01  8.799e-01  -1.068  0.2857
## EducationCollege Grad -3.911e+00  9.365e-01  -4.176 3.03e-05 ***
## MaritalStatusLivePartner 2.085e+00  1.086e+00   1.920  0.0550 .
## MaritalStatusMarried    8.082e-01  7.742e-01   1.044  0.2966
## MaritalStatusNeverMarried 4.274e+00  8.943e-01   4.779 1.82e-06 ***
## MaritalStatusSeparated  1.832e+00  1.346e+00   1.361  0.1736
## MaritalStatusWidowed    7.214e+00  1.078e+00   6.695 2.42e-11 ***
## BPDiaAve          5.019e-01  1.705e-02  29.438 < 2e-16 ***
## Smoke100Yes        3.336e-01  4.683e-01   0.712  0.4763
## HHIncomeMid       -1.796e-05  7.880e-06  -2.278  0.0227 *
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 14.87 on 4566 degrees of freedom
## Multiple R-squared:  0.3493, Adjusted R-squared:  0.3473

```

```
## F-statistic: 175 on 14 and 4566 DF, p-value: < 2.2e-16
```

## Model diagnostics

```
par(mfrow = c(2,2))
plot(Final.Model)
```



## Stratified random sampling and the stratified demographic table

```
ME <- 4
alpha <- 0.01
D <- (ME/qnorm(1 - alpha/2))^2

strata.data <- NHANES %>% group_by(SDMVSTRA) %>%
  summarise(N = n(), SD = (max(BPSysAve) - min(BPSysAve))/4) %>%
  mutate(Cost = c(52, 50, 46, 53, 48, 48, 47, 57, 53, 47, 54, 40, 43, 44))

## `summarise()` ungrouping output (override with `.groups` argument)

n <- with(strata.data, sum(N*SD/sqrt(Cost))*sum(N*SD*sqrt(Cost))/sum(N^2*D + sum(N*SD*sqrt(Cost))))
strata.data <- strata.data %>% mutate(n_j = ceiling(n*(N*SD/sqrt(Cost))/(sum(N*SD*sqrt(Cost))))

demographic <- as.data.frame(summary(tableby(SDMVSTRA ~ ., data = NHANES[, -1])))
write.csv(demographic, file = "Results/Strata.Demo.csv", row.names = FALSE)
```

## Rerun the model with stratified sample

```
set.seed(1024)
strata.index      <- sampling::strata(NHANES, stratanames = "SDMVSTRA",
                                     size = strata.data$n_j,
                                     method = "srswor")

strata.nhanes     <- getdata(NHANES, strata.index)
strata.model      <- lm(BPSysAve ~ Gender + Age + Education + MaritalStatus +
                       BPDiaAve + Smoke100 + HHIncomeMid, data = strata.nhanes)

summary(strata.model)
```

```
##
## Call:
## lm(formula = BPSysAve ~ Gender + Age + Education + MaritalStatus +
##      BPDiaAve + Smoke100 + HHIncomeMid, data = strata.nhanes)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -29.416  -8.390  -1.305   6.455  45.912
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)    5.513e+01  6.578e+00   8.381 2.17e-15 ***
## Gendermale      3.821e+00  1.595e+00   2.396  0.0172 *
## Age             4.135e-01  5.554e-02   7.446 1.07e-12 ***
## Education9 - 11th Grade -3.319e+00  3.509e+00  -0.946  0.3450
## EducationHigh School -2.102e+00  3.221e+00  -0.653  0.5144
## EducationSome College -2.327e+00  3.116e+00  -0.747  0.4559
## EducationCollege Grad -5.443e+00  3.372e+00  -1.614  0.1075
## MaritalStatusLivePartner  2.682e+00  3.494e+00   0.767  0.4434
## MaritalStatusMarried     3.882e-01  2.498e+00   0.155  0.8766
## MaritalStatusNeverMarried 5.007e+00  2.804e+00   1.786  0.0752 .
## MaritalStatusSeparated    2.881e-01  3.921e+00   0.073  0.9415
## MaritalStatusWidowed     1.022e+01  4.334e+00   2.357  0.0191 *
## BPDiaAve          6.774e-01  6.290e-02  10.768 < 2e-16 ***
## Smoke100Yes        -2.003e-01  1.647e+00  -0.122  0.9033
## HHIncomeMid        -5.680e-05  2.794e-05  -2.033  0.0430 *
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 13 on 295 degrees of freedom
## Multiple R-squared:  0.4447, Adjusted R-squared:  0.4184
## F-statistic: 16.88 on 14 and 295 DF,  p-value: < 2.2e-16
```

## Fit a new model for the stratified data

```
Lower.strata      <- lm(BPSysAve ~ Smoke100, data = strata.nhanes)
Full.strata       <- lm(formula = as.formula(paste("BPSysAve ~",
                                                  paste(colnames(NHANES)[-c(1,9,12)],
                                                        collapse = "+")),
                        data = strata.nhanes)

strata.new        <- step(Full.strata, scope = list(upper = Full.strata,
                                                  lower = Lower.strata),
```

```
direction = "both")
```

```
## Start: AIC=1619.18
## BPSysAve ~ Gender + Age + Education + MaritalStatus + HHIncome +
##   HHIncomeMid + HomeRooms + BPDiaAve + Smoke100
##
##
## Step: AIC=1619.18
## BPSysAve ~ Gender + Age + Education + MaritalStatus + HHIncome +
##   HomeRooms + BPDiaAve + Smoke100
##
##           Df Sum of Sq  RSS   AIC
## - HHIncome    11    1585.6 50216 1607.1
## - Education     4     560.6 49191 1614.7
## - HomeRooms     1     226.6 48857 1618.6
## <none>                        48630 1619.2
## - MaritalStatus  5     1972.8 50603 1621.5
## - Gender         1      911.6 49542 1622.9
## - Age            1     9410.5 58040 1672.0
## - BPDiaAve       1    19422.2 68052 1721.3
##
## Step: AIC=1607.13
## BPSysAve ~ Gender + Age + Education + MaritalStatus + HomeRooms +
##   BPDiaAve + Smoke100
##
##           Df Sum of Sq  RSS   AIC
## + HHIncomeMid    1      468.6 49747 1606.2
## - Education       4     1298.8 51514 1607.0
## <none>                        50216 1607.1
## - HomeRooms       1      372.4 50588 1607.4
## - MaritalStatus   5     2162.1 52378 1610.2
## - Gender          1      981.1 51197 1611.1
## + HHIncome        11     1585.6 48630 1619.2
## - Age             1     9484.4 59700 1658.8
## - BPDiaAve        1    20026.1 70242 1709.2
##
## Step: AIC=1606.22
## BPSysAve ~ Gender + Age + Education + MaritalStatus + HomeRooms +
##   BPDiaAve + Smoke100 + HHIncomeMid
##
##           Df Sum of Sq  RSS   AIC
## - Education       4      602.4 50349 1602.0
## - HomeRooms       1      142.0 49889 1605.1
## <none>                        49747 1606.2
## - HHIncomeMid     1      468.6 50216 1607.1
## - MaritalStatus   5     1879.1 51626 1607.7
## - Gender          1      978.2 50725 1610.3
## + HHIncome        10     1117.0 48630 1619.2
## - Age             1     9517.6 59265 1658.5
## - BPDiaAve        1    19723.8 69471 1707.8
##
## Step: AIC=1601.95
## BPSysAve ~ Gender + Age + MaritalStatus + HomeRooms + BPDiaAve +
##   Smoke100 + HHIncomeMid
```



```

##
##           Df Sum of Sq  RSS   AIC
## - HomeRooms      1    162.7 50512 1601.0
## <none>                        50349 1602.0
## - MaritalStatus   5    1780.3 52130 1602.7
## - Gender          1     911.8 51261 1605.5
## + Education       4     602.4 49747 1606.2
## - HHIncomeMid     1    1165.0 51514 1607.0
## + HHIncome       10    1158.8 49191 1614.7
## - Age             1   10179.0 60528 1657.0
## - BPDiaAve        1   20948.2 71298 1707.8
##
## Step:  AIC=1600.95
## BPSysAve ~ Gender + Age + MaritalStatus + BPDiaAve + Smoke100 +
##      HHIncomeMid
##
##           Df Sum of Sq  RSS   AIC
## <none>                        50512 1601.0
## + HomeRooms      1    162.7 50349 1602.0
## - MaritalStatus   5    1901.1 52413 1602.4
## - Gender          1     906.8 51419 1604.5
## + Education       4     623.1 49889 1605.1
## - HHIncomeMid     1    1691.4 52204 1609.2
## + HHIncome       10    1072.8 49439 1614.3
## - Age             1   10017.4 60530 1655.0
## - BPDiaAve        1   20802.3 71314 1705.9
summary(strata.new)

##
## Call:
## lm(formula = BPSysAve ~ Gender + Age + MaritalStatus + BPDiaAve +
##      Smoke100 + HHIncomeMid, data = strata.nhanes)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -28.930  -8.880  -0.674   5.956  43.903
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)    5.200e+01  5.867e+00   8.862 < 2e-16 ***
## Gendermale     3.678e+00  1.587e+00   2.317  0.02119 *
## Age            4.222e-01  5.483e-02   7.700  2e-13 ***
## MaritalStatusLivePartner 2.989e+00  3.471e+00   0.861  0.38974
## MaritalStatusMarried    3.360e-01  2.494e+00   0.135  0.89293
## MaritalStatusNeverMarried 4.724e+00  2.790e+00   1.693  0.09148 .
## MaritalStatusSeparated  3.478e-01  3.916e+00   0.089  0.92930
## MaritalStatusWidowed    1.010e+01  4.281e+00   2.358  0.01901 *
## BPDiaAve          6.893e-01  6.212e-02  11.097 < 2e-16 ***
## Smoke100Yes       -7.717e-02  1.635e+00  -0.047  0.96239
## HHIncomeMid       -7.825e-05  2.473e-05  -3.164  0.00172 **
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 13 on 299 degrees of freedom

```

```
## Multiple R-squared:  0.4378, Adjusted R-squared:  0.419
## F-statistic: 23.28 on 10 and 299 DF,  p-value: < 2.2e-16
```

## Reduced Model Comparison

```
summary(lm(BPSysAve ~ Smoke100 + Age + BPDiaAve + as.factor(SDMVSTRA) , data = NHANES))
```

```
##
## Call:
## lm(formula = BPSysAve ~ Smoke100 + Age + BPDiaAve + as.factor(SDMVSTRA),
##     data = NHANES)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -44.627  -9.916  -1.664   8.108  100.186
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)    63.28825     1.59316   39.725 < 2e-16 ***
## Smoke100Yes      1.20271     0.45757    2.628 0.008606 **
## Age              0.48070     0.01283   37.461 < 2e-16 ***
## BPDiaAve         0.50033     0.01718   29.131 < 2e-16 ***
## as.factor(SDMVSTRA)91 -0.74420     1.03002   -0.723 0.470016
## as.factor(SDMVSTRA)92  0.04956     1.08722    0.046 0.963642
## as.factor(SDMVSTRA)93 -0.24673     1.14333   -0.216 0.829156
## as.factor(SDMVSTRA)94  0.90313     1.14785    0.787 0.431439
## as.factor(SDMVSTRA)95  3.82617     1.08000    3.543 0.000400 ***
## as.factor(SDMVSTRA)96  0.95145     1.16196    0.819 0.412925
## as.factor(SDMVSTRA)97 -2.77172     1.21011   -2.290 0.022040 *
## as.factor(SDMVSTRA)98 -1.05352     1.13229   -0.930 0.352196
## as.factor(SDMVSTRA)99 -0.59938     1.17661   -0.509 0.610488
## as.factor(SDMVSTRA)100 4.24411     1.14101    3.720 0.000202 ***
## as.factor(SDMVSTRA)101 3.83433     1.07393    3.570 0.000360 ***
## as.factor(SDMVSTRA)102 -0.21127     1.19400   -0.177 0.859559
## as.factor(SDMVSTRA)103 -2.28981     1.58660   -1.443 0.149028
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 15.06 on 4564 degrees of freedom
## Multiple R-squared:  0.3325, Adjusted R-squared:  0.3301
## F-statistic: 142.1 on 16 and 4564 DF,  p-value: < 2.2e-16
```

```
summary(lm(BPSysAve ~ Smoke100 + Age + BPDiaAve , data = strata.nhanes))
```

```
##
## Call:
## lm(formula = BPSysAve ~ Smoke100 + Age + BPDiaAve, data = strata.nhanes)
##
## Residuals:
##      Min       1Q   Median       3Q      Max
## -25.842  -9.083  -2.001   7.175  44.539
##
## Coefficients:
##              Estimate Std. Error t value Pr(>|t|)
## (Intercept)  53.30413     5.17777   10.295 < 2e-16 ***
```

```

## Smoke100Yes  2.01255    1.59727    1.260    0.209
## Age          0.38456    0.04775    8.053 1.81e-14 ***
## BPDiaAve     0.68286    0.06338   10.774 < 2e-16 ***
## ---
## Signif. codes:  0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 13.49 on 306 degrees of freedom
## Multiple R-squared:  0.3799, Adjusted R-squared:  0.3738
## F-statistic: 62.5 on 3 and 306 DF,  p-value: < 2.2e-16

```