

BMI Calculator App Documentation

Page 1: Introduction & Splash Screen

Title: BMI Calculator App

Overview:

The BMI Calculator App is designed to provide users with a fast and reliable way to calculate their Body Mass Index (BMI). The app features a user-friendly interface across four main screens.

1. Splash Screen:

- Serves as the initial entry point when launching the app.
 - Displays the app logo and name prominently.
 - Purpose: To welcome users and provide a brief overview of the app before proceeding to the login screen.
 - Recommended Design: Minimalistic background with a centered logo and a subtle fade-in animation.
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Page 2: Login Screen & BMI Input Screen

2.1 Login Screen:

- Enables users to log in using their email and password.
- Additional options include: creating a new account or recovering a forgotten password.
- Design Focus: Clean, intuitive interface with visually appealing color scheme.

2.2 BMI Input Screen:

- Core screen for BMI calculation.
- Input Fields:
 - Weight (Kg)
 - Height (cm)
 - Gender (optional, based on app design)
- Users press the **Calculate BMI** button to navigate to the Result Screen.

Page 3: Result Screen & Conclusion

Result Screen:

- Displays the calculated BMI value clearly.
- Indicates the BMI category:
 - Underweight
 - Normal
 - Overweight
 - Obese
- Design: Visually engaging with color coding to reflect health status.
- Includes option to return to the previous screen for recalculation.

Conclusion:

The BMI Calculator App provides a professional, user-friendly solution for quickly assessing BMI. Future enhancements could include personalized health recommendations, dietary guidance, or fitness plans based on the BMI results.

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