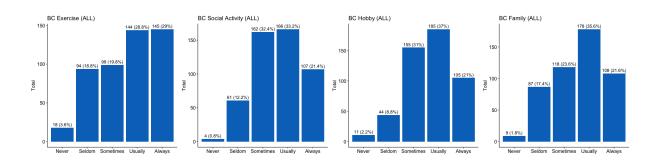
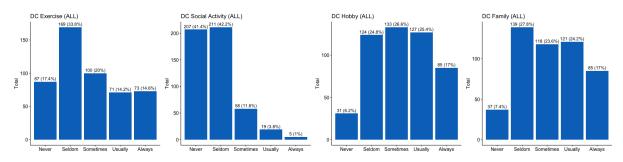
```
1-ALL
   BEFORE COVID GRAPH (ALL)
   DURING COVID GRAPH (ALL)
   COMPARE VARIABLES BEFORE AND DURING COVID (ALL)
      [1] "VARIABLE => Exercise"
      [1] "VARIABLE => Social Activity"
      [1] "VARIABLE => Hobby"
      [1] "VARIABLE => Family"
2-WITH HISTORY
   BEFORE COVID GRAPH (WITH HISTORY)
   DURING COVID GRAPH (WITH HISTORY)
   COMPARE VARIABLES BEFORE AND DURING COVID (WITH HISTORY)
      [1] "VARIABLE => Exercise"
      [1] "VARIABLE => Social Activity"
      [1] "VARIABLE => Hobby"
      [1] "VARIABLE => Family"
3-WITHOUT HISTORY
   BEFORE COVID GRAPH (WITHOUT HISTORY)
   DURING COVID GRAPH (WITHOUT HISTORY)
   COMPARE VARIABLES BEFORE AND DURING COVID (WITHOUT HISTORY)
      [1] "VARIABLE => Exercise"
      [1] "VARIABLE => Social Activity"
      [1] "VARIABLE => Hobby"
      [1] "VARIABLE => Family"
4-WITH AND WITHOUT HISTORY (BEFORE COVID)
   COMPARE VARIABLES WITH AND WITHOUT HISTORY (BEFORE COVID)
      [1] "VARIABLE => Exercise"
      [1] "VARIABLE => Social Activity"
      [1] "VARIABLE => Hobby"
      [1] "VARIABLE => Family"
5-WITH AND WITHOUT HISTORY (DURING COVID)
   COMPARE VARIABLES WITH AND WITHOUT HISTORY (DURING COVID)
      [1] "VARIABLE => Exercise"
      [1] "VARIABLE => Social Activity"
      [1] "VARIABLE => Hobby"
      [1] "VARIABLE => Family"
```

## 1-ALL

## BEFORE COVID GRAPH (ALL)



## DURING COVID GRAPH (ALL)



## COMPARE VARIABLES BEFORE AND DURING COVID (ALL)

[1] "VARIABLE => Exercise"

[1] "============

Shapiro-Wilk normality test

data: variableBefore

W = 0.87633, p-value < 2.2e-16

Shapiro-Wilk normality test

data: variableDuring

W = 0.88543, p-value < 2.2e-16

[1] "NOT NORMAL Distribution -> Mann-Withney"

### Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 170782, p-value < 2.2e-16

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.608"
- [1] "Mean During = 2.748"
- [1] "Median Before = 4"
- [1] "Median During = 2"
- [1] "Before > During"

#### Cohen's d

d estimate: 0.6893183 (medium) 95 percent confidence interval: lower upper

0.5615762 0.8170604

- [1] "=========================
- [1] "VARIABLE => Social Activity"
- [1] "=========================

Shapiro-Wilk normality test

data: variableBefore

W = 0.88837, p-value < 2.2e-16

Shapiro-Wilk normality test

data: variableDuring

W = 0.79268, p-value < 2.2e-16

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 225716, p-value < 2.2e-16

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.622"

- [1] "Mean During = 1.808"
- [1] "Median Before = 4"
- [1] "Median During = 2"
- [1] "Before > During"

d estimate: 1.971251 (large) 95 percent confidence interval:

lower upper 1.819973 2.122528

- [1] "=========================
- [1] "VARIABLE => Hobby"

Shapiro-Wilk normality test

data: variableBefore

W = 0.8872, p-value < 2.2e-16

Shapiro-Wilk normality test

data: variableDuring

W = 0.90788, p-value < 2.2e-16

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 151660, p-value = 1.537e-09

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.658"
- [1] "Mean During = 3.222"
- [1] "Median Before = 4"
- [1] "Median During = 3"
- [1] "Before > During"

Cohen's d

d estimate: 0.4032175 (small)

95 percent confidence interval: lower upper 0.2778532 0.5285819

[1] "VARIABLE => Family"

[1] "=========================

Shapiro-Wilk normality test

data: variableBefore

W = 0.88826, p-value < 2.2e-16

Shapiro-Wilk normality test

data: variableDuring

W = 0.90394, p-value < 2.2e-16

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 149673, p-value = 2.567e-08

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.578"
- [1] "Mean During = 3.156"
- [1] "Median Before = 4"
- [1] "Median During = 3"
- [1] "Before > During"

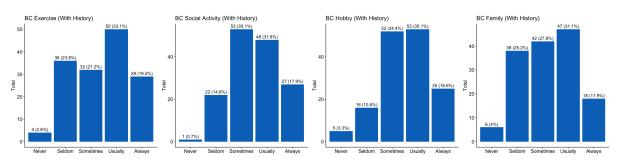
## Cohen's d

d estimate: 0.3694939 (small) 95 percent confidence interval:

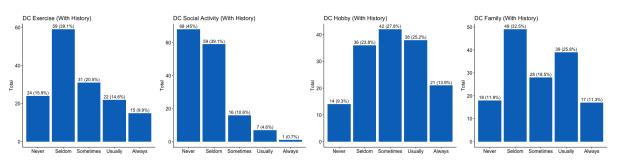
lower upper 0.2443298 0.4946579

## 2-WITH HISTORY

## BEFORE COVID GRAPH (WITH HISTORY)



## DURING COVID GRAPH (WITH HISTORY)



## COMPARE VARIABLES BEFORE AND DURING COVID (WITH HISTORY)

[1] "==========="

[1] "VARIABLE => Exercise"

[1] "=========================

Shapiro-Wilk normality test

data: variableBefore

W = 0.88935, p-value = 3.165e-09

Shapiro-Wilk normality test

data: variableDuring

W = 0.88381, p-value = 1.622e-09

## [1] "NOT NORMAL Distribution -> Mann-Withney"

## Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 15538, p-value = 1.956e-08

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.42384105960265"
- [1] "Mean During = 2.63576158940397"
- [1] "Median Before = 4"
- [1] "Median During = 2"
- [1] "Before > During"

### Cohen's d

d estimate: 0.6759042 (medium) 95 percent confidence interval:

lower upper 0.4430472 0.9087613

- [1] "=========================
- [1] "VARIABLE => Social Activity"

Shapiro-Wilk normality test

data: variableBefore

W = 0.89129, p-value = 4.018e-09

Shapiro-Wilk normality test

data: variableDuring

W = 0.7829, p-value = 1.098e-13

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 20430, p-value < 2.2e-16

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.51655629139073"
- [1] "Mean During = 1.7682119205298"
- [1] "Median Before = 3"
- [1] "Median During = 2"
- [1] "Before > During"

d estimate: 1.89785 (large) 95 percent confidence interval:

lower upper 1.625110 2.170589

- [1] "VARIABLE => Hobby"
- [1] "=========================

Shapiro-Wilk normality test

data: variableBefore

W = 0.89635, p-value = 7.58e-09

Shapiro-Wilk normality test

data: variableDuring

W = 0.91445, p-value = 8.738e-08

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 13634, p-value = 0.002316

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.50993377483444"
- [1] "Mean During = 3.10596026490066"
- [1] "Median Before = 4"
- [1] "Median During = 3"
- [1] "Before > During"

Cohen's d

d estimate: 0.3677354 (small) 95 percent confidence interval:

lower upper 0.1393490 0.5961217

[1] "=========================

[1] "VARIABLE => Family"

[1] "=========="

Shapiro-Wilk normality test

data: variableBefore

W = 0.90524, p-value = 2.432e-08

Shapiro-Wilk normality test

data: variableDuring

W = 0.89937, p-value = 1.119e-08

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 13018, p-value = 0.02787

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.21854304635762"
- [1] "Mean During = 2.9205298013245"
- [1] "Median Before = 3"
- [1] "Median During = 3"
- [1] "Before and During are similar (however, with a statistical difference)"

### Cohen's d

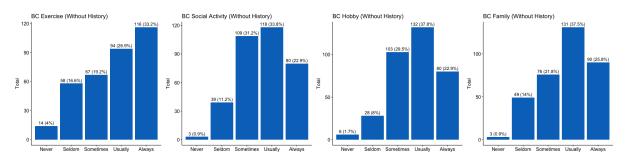
d estimate: 0.2578183 (small) 95 percent confidence interval:

lower upper

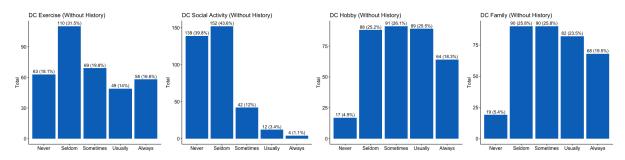
0.03039914 0.48523739

## 3-WITHOUT HISTORY

## BEFORE COVID GRAPH (WITHOUT HISTORY)



## DURING COVID GRAPH (WITHOUT HISTORY)



## COMPARE VARIABLES BEFORE AND DURING COVID (WITHOUT HISTORY)

[1] "==========="

[1] "VARIABLE => Exercise"

[1] "=========================

Shapiro-Wilk normality test

data: variableBefore

W = 0.86437, p-value < 2.2e-16

Shapiro-Wilk normality test

data: variableDuring

W = 0.88439, p-value = 1.473e-15

## [1] "NOT NORMAL Distribution -> Mann-Withney"

## Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 83358, p-value < 2.2e-16

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.68767908309456"
- [1] "Mean During = 2.79656160458453"
- [1] "Median Before = 4"
- [1] "Median During = 3"
- [1] "Before > During"

### Cohen's d

d estimate: 0.6976596 (medium) 95 percent confidence interval:

lower upper 0.5445750 0.8507441

- [1] "=========================
- [1] "VARIABLE => Social Activity"
- [1] "============"

Shapiro-Wilk normality test

data: variableBefore

W = 0.88615, p-value = 1.968e-15

Shapiro-Wilk normality test

data: variableDuring

W = 0.79583, p-value < 2.2e-16

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 110364, p-value < 2.2e-16

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.6676217765043"
- [1] "Mean During = 1.82521489971347"
- [1] "Median Before = 4"
- [1] "Median During = 2"
- [1] "Before > During"

d estimate: 2.00485 (large) 95 percent confidence interval:

lower upper 1.822669 2.187031

- [1] "VARIABLE => Hobby"
- [1] "============"

Shapiro-Wilk normality test

data: variableBefore

W = 0.88201, p-value = 9.989e-16

Shapiro-Wilk normality test

data: variableDuring

W = 0.9028, p-value = 3.627e-14

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 74366, p-value = 1.671e-07

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.72206303724928"
- [1] "Mean During = 3.27220630372493"
- [1] "Median Before = 4"
- [1] "Median During = 3"
- [1] "Before > During"

Cohen's d

d estimate: 0.4203398 (small) 95 percent confidence interval:

lower upper 0.2700775 0.5706021

[1] "=========================

[1] "VARIABLE => Family"

[1] "============"

Shapiro-Wilk normality test

data: variableBefore

W = 0.87384, p-value = 2.756e-16

Shapiro-Wilk normality test

data: variableDuring

W = 0.90093, p-value = 2.571e-14

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: variableBefore and variableDuring

W = 74658, p-value = 9.757e-08

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean Before = 3.73352435530086"
- [1] "Mean During = 3.25787965616046"
- [1] "Median Before = 4"
- [1] "Median During = 3"
- [1] "Before > During"

Cohen's d

d estimate: 0.4276451 (small) 95 percent confidence interval:

lower upper 0.2773260 0.5779643

# 4-WITH AND WITHOUT HISTORY (BEFORE COVID)

## COMPARE VARIABLES WITH AND WITHOUT HISTORY (BEFORE COVID)

[1] "============="

[1] "VARIABLE => Exercise"

[1] "=========================

Shapiro-Wilk normality test

data: v1

W = 0.88935, p-value = 3.165e-09

Shapiro-Wilk normality test

data: v2

W = 0.86437, p-value < 2.2e-16

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: v1 and v2

W = 22691, p-value = 0.01086

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean With History = 3.42384105960265"
- [1] "Mean Without History = 3.68767908309456"
- [1] "Median With History = 4"
- [1] "Median Without History = 4"
- [1] "With History and Without History are similar (however, with a statistical difference)"

### Cohen's d

d estimate: -0.222883 (small) 95 percent confidence interval:

lower upper

-0.41475984 -0.03100608

[1] "======="
[1] "VARIABLE => Social Activity"
Shapiro-Wilk normality test
data: v1 W = 0.89129, p-value = 4.018e-09
Shapiro-Wilk normality test
data: v2 W = 0.88615, p-value = 1.968e-15
[1] "NOT NORMAL Distribution -> Mann-Withney"
Wilcoxon rank sum test with continuity correction
data: v1 and v2 W = 24034, p-value = 0.1033 alternative hypothesis: true location shift is not equal to 0
[1] "Null Hypothesis IS NOT Rejected" [1] "With History = Without History (without a statistical significance)"
Cohen's d
d estimate: -0.1546548 (negligible) 95 percent confidence interval: lower upper -0.34627237 0.03696284
[1] "======""
[1] "VARIABLE => Hobby" [1] "=============
Shapiro-Wilk normality test
data: v1 W = 0.89635, p-value = 7.58e-09

### Shapiro-Wilk normality test

data: v2

W = 0.88201, p-value = 9.989e-16

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: v1 and v2

W = 23265, p-value = 0.02926

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean With History = 3.50993377483444"
- [1] "Mean Without History = 3.72206303724928"
- [1] "Median With History = 4"
- [1] "Median Without History = 4"
- [1] "With History and Without History are similar (however, with a statistical difference)"

#### Cohen's d

d estimate: -0.2179454 (small) 95 percent confidence interval: lower upper -0.4098004 -0.0260904

- [1] "=========================
- [1] "VARIABLE => Family"
- [1] "=========================

Shapiro-Wilk normality test

data: v1

W = 0.90524, p-value = 2.432e-08

Shapiro-Wilk normality test

data: v2

W = 0.87384, p-value = 2.756e-16

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: v1 and v2

W = 19400, p-value = 1.133e-06

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS Rejected"
- [1] "Mean With History = 3.21854304635762"
- [1] "Mean Without History = 3.73352435530086"
- [1] "Median With History = 3"
- [1] "Median Without History = 4"
- [1] "With History < Without History"

#### Cohen's d

d estimate: -0.4954646 (small) 95 percent confidence interval:

lower upper -0.6893011 -0.3016281

# 5-WITH AND WITHOUT HISTORY (DURING COVID)

## COMPARE VARIABLES WITH AND WITHOUT HISTORY (DURING COVID)

[1] "========================= [1] "VARIABLE => Exercise" [1] "========================= Shapiro-Wilk normality test data: v1 W = 0.88381, p-value = 1.622e-09 Shapiro-Wilk normality test data: v2 W = 0.88439, p-value = 1.473e-15 [1] "NOT NORMAL Distribution -> Mann-Withney" Wilcoxon rank sum test with continuity correction data: v1 and v2 W = 24814, p-value = 0.2862 alternative hypothesis: true location shift is not equal to 0 [1] "Null Hypothesis IS NOT Rejected" [1] "With History = Without History (without a statistical significance)" Cohen's d d estimate: -0.1234065 (negligible) 95 percent confidence interval: lower upper -0.31493658 0.06812354 

```
[1] "VARIABLE => Social Activity"
[1] "=========================
      Shapiro-Wilk normality test
data: v1
W = 0.7829, p-value = 1.098e-13
      Shapiro-Wilk normality test
data: v2
W = 0.79583, p-value < 2.2e-16
[1] "NOT NORMAL Distribution -> Mann-Withney"
      Wilcoxon rank sum test with continuity correction
data: v1 and v2
W = 25123, p-value = 0.3706
alternative hypothesis: true location shift is not equal to 0
[1] "Null Hypothesis IS NOT Rejected"
[1] "With History = Without History (without a statistical significance)"
Cohen's d
d estimate: -0.06638131 (negligible)
95 percent confidence interval:
  lower
          upper
-0.2578023 0.1250397
[1] "VARIABLE => Hobby"
[1] "=========================
      Shapiro-Wilk normality test
data: v1
W = 0.91445, p-value = 8.738e-08
```

Shapiro-Wilk normality test

data: v2

W = 0.9028, p-value = 3.627e-14

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: v1 and v2

W = 24432, p-value = 0.1836

alternative hypothesis: true location shift is not equal to 0

- [1] "Null Hypothesis IS NOT Rejected"
- [1] "With History = Without History (without a statistical significance)"

Cohen's d

d estimate: -0.1414969 (negligible) 95 percent confidence interval:

lower upper

-0.33307527 0.05008143

- [1] "=========================
- [1] "VARIABLE => Family"

Shapiro-Wilk normality test

data: v1

W = 0.89937, p-value = 1.119e-08

Shapiro-Wilk normality test

data: v2

W = 0.90093, p-value = 2.571e-14

[1] "NOT NORMAL Distribution -> Mann-Withney"

Wilcoxon rank sum test with continuity correction

data: v1 and v2

W = 22334, p-value = 0.005383

alternative hypothesis: true location shift is not equal to 0

[1] "Null Hypothesis IS Rejected"

- [1] "Mean With History = 2.9205298013245"
- [1] "Mean Without History = 3.25787965616046"
- [1] "Median With History = 3"
- [1] "Median Without History = 3"
- [1] "With History and Without History are similar (however, with a statistical difference)"

d estimate: -0.2798174 (small) 95 percent confidence interval: lower upper

-0.47198199 -0.08765285