## THE TWO REASONS TO RECITE אשרי

## 1. מסכת ברכות-ד'-ב'- משום דאתיא באל"ף בי"ת

It was a coincidence that last week we studied אשרי as part of our progress through מוצאי שבת and then on אשרי and then on מוצאי שבת. It was further a coincidence that we learned that one of the reasons that we recite אשרי three times a day is because the first word of each line in אשרי follows the other in Aleph-Bet order and we then recited the first מליחה which was also composed in Aleph-Bet order. But it is fair to ask whether the Aleph-Bet sequence has more meaning than being a poetic form.

Last week, we learned the explanation of the בני יהושע:

שכל העולם כולו לא נברא אלא לצוות לזה, למי שעוסק בתורה שנתנה ע"י כ"ב אותיות הא"ב.

And from the מהרש"א came the following: דהתורה היא מזון הנפש והלחם מזון הגוף

In his book: יסורות התפלה, Eliezer Levy postulates why lines of a prayer sometimes follow in Aleph-Bet order:

ומתוך שהתפלה באל"ף בי"ת התחבבה על העם, שהיה מתפלל תפלותיו בעל פה.
Levy's rationale is a good explanation as to why פיוטים, many of which are recited only once a year, were written in Aleph-Bet order as a memory aide but his explanation does not help us understand why חו"ל felt that אשרי be recited three times a day because its lines follow in Aleph-Bet order. Any prayer that is recited three times a day will become dear because by reciting it so often, it is easily remembered.

A friend, Moshe Ganz, suggested an answer. In ברוך שאמר and in הודו, we are reminded of the עשרה מאמרות, that the רבונו של עולם created the world simply by mouthing words. The lines in אשרי remind us that the words that the used in creating the world were composed out of the Aleph-Bet.

Let us build on that explanation. A prayer written with each successive line following the Aleph Bet reminds us that our language, Hebrew, is not just another language. It is לשון הקורש. It is the language that is spoken at the highest levels of the heavens. It is what sets Jews apart from the rest of the world. At no time did that become more clear than after the release of Mel Gibson's motion picture, The Passion of Christ, in which he chose to portray those who lived at the time of J. C. as speaking Aramaic. No longer can Jews

claim sole possession of Aramaic. It is now a part of Christian lore.

This is not the first time in our study of תפלה that we have learned the importance of מלאכי מלאכים. In our discussion as to why קדיש is written in Aramaic, we learned that the מלאכי only speak and understand Hebrew. The significance of that fact is that by praying in the language that the מלאכי speak, we are speaking the language in which business is done in the heavenly world. Our Hebrew words open the door to an exclusive club. Before proceeding to fulfill the mitzvah of קריאת שמע and אשרי to remind ourselves that our prayers enter the heavenly world without translation.

## .2 מסכת ברכות-ד'-ב'- אלא משום דאית ביה (תהלים קמ"ה) פותח את ידך.

Why is reciting the verse פותה את ידך ומשביע לכל חי רצון so significant? Our generation more than any generation that preceded us can appreciate the meaning of that verse. We are among the first generations in which the majority of people earn a living using their minds rather than their hands. We are further part of a generation that has experienced an explosion in kosher food production. There were times in Jewish history during which many may have had difficulty reciting שווח את ידך ומשביע לכל חי רצון because their cupboards were bare and their prospects were poor. But we who have jobs in which we earn a living based on the ideas we have and which we can express; who can go into a supermarket and find hundreds of kosher products; who regularly eat pizza; wraps; salsa; Chinese food and now sushi should have no difficulty finding the right thoughts for reciting: פותה את ידך ומשביע לכל חי רצון.