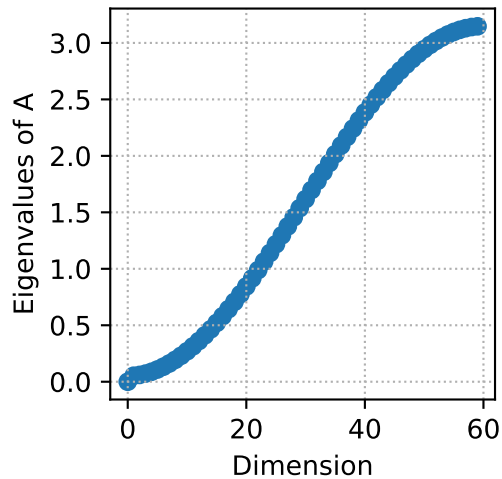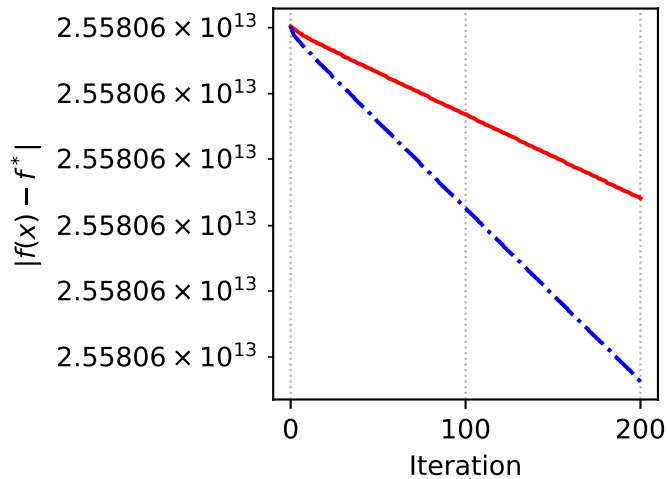Strongly convex quadratics. n=60, worst_cg matrix.

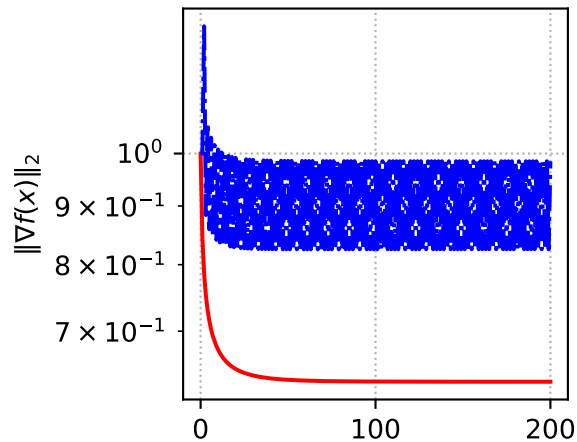Eigenvalues — Function gap — Norm of Gradient

Gradient Descent — Steepest Descent