

# Gradient Descent

Daniil Merkulov

Optimization methods. MIPT

## Direction of local steepest descent

Let's consider a linear approximation of the differentiable function  $f$  along some direction

$h, \|h\|_2 = 1$ :

# Direction of local steepest descent

Let's consider a linear approximation of the differentiable function  $f$  along some direction

$h$ ,  $\|h\|_2 = 1$ :

$$f(x + \alpha h) = f(x) + \alpha \langle f'(x), h \rangle + o(\alpha)$$

## Direction of local steepest descent

Let's consider a linear approximation of the differentiable function  $f$  along some direction  $h$ ,  $\|h\|_2 = 1$ :

$$f(x + \alpha h) = f(x) + \alpha \langle f'(x), h \rangle + o(\alpha)$$

We want  $h$  to be a decreasing direction:

$$f(x + \alpha h) < f(x)$$

$$f(x) + \alpha \langle f'(x), h \rangle + o(\alpha) < f(x)$$

## Direction of local steepest descent

Let's consider a linear approximation of the differentiable function  $f$  along some direction  $h$ ,  $\|h\|_2 = 1$ :

$$f(x + \alpha h) = f(x) + \alpha \langle f'(x), h \rangle + o(\alpha)$$

We want  $h$  to be a decreasing direction:

$$f(x + \alpha h) < f(x)$$

$$f(x) + \alpha \langle f'(x), h \rangle + o(\alpha) < f(x)$$

and going to the limit at  $\alpha \rightarrow 0$ :

$$\langle f'(x), h \rangle \leq 0$$

## Direction of local steepest descent

Let's consider a linear approximation of the differentiable function  $f$  along some direction  $h$ ,  $\|h\|_2 = 1$ :

$$f(x + \alpha h) = f(x) + \alpha \langle f'(x), h \rangle + o(\alpha)$$

We want  $h$  to be a decreasing direction:

$$f(x + \alpha h) < f(x)$$

$$f(x) + \alpha \langle f'(x), h \rangle + o(\alpha) < f(x)$$

and going to the limit at  $\alpha \rightarrow 0$ :

$$\langle f'(x), h \rangle \leq 0$$

Also from Cauchy–Bunyakovsky–Schwarz inequality:

$$|\langle f'(x), h \rangle| \leq \|f'(x)\|_2 \|h\|_2$$

$$\langle f'(x), h \rangle \geq -\|f'(x)\|_2 \|h\|_2 = -\|f'(x)\|_2$$

## Direction of local steepest descent

Let's consider a linear approximation of the differentiable function  $f$  along some direction  $h$ ,  $\|h\|_2 = 1$ :

$$f(x + \alpha h) = f(x) + \alpha \langle f'(x), h \rangle + o(\alpha)$$

We want  $h$  to be a decreasing direction:

$$f(x + \alpha h) < f(x)$$

$$f(x) + \alpha \langle f'(x), h \rangle + o(\alpha) < f(x)$$

and going to the limit at  $\alpha \rightarrow 0$ :

$$\langle f'(x), h \rangle \leq 0$$

Also from Cauchy–Bunyakovsky–Schwarz inequality:

$$|\langle f'(x), h \rangle| \leq \|f'(x)\|_2 \|h\|_2$$

$$\langle f'(x), h \rangle \geq -\|f'(x)\|_2 \|h\|_2 = -\|f'(x)\|_2$$

Thus, the direction of the antigradient

$$h = -\frac{f'(x)}{\|f'(x)\|_2}$$

gives the direction of the **steepest local** decreasing of the function  $f$ .

## Direction of local steepest descent

Let's consider a linear approximation of the differentiable function  $f$  along some direction  $h$ ,  $\|h\|_2 = 1$ :

$$f(x + \alpha h) = f(x) + \alpha \langle f'(x), h \rangle + o(\alpha)$$

We want  $h$  to be a decreasing direction:

$$f(x + \alpha h) < f(x)$$

$$f(x) + \alpha \langle f'(x), h \rangle + o(\alpha) < f(x)$$

and going to the limit at  $\alpha \rightarrow 0$ :

$$\langle f'(x), h \rangle \leq 0$$

Also from Cauchy–Bunyakovsky–Schwarz inequality:

$$|\langle f'(x), h \rangle| \leq \|f'(x)\|_2 \|h\|_2$$

$$\langle f'(x), h \rangle \geq -\|f'(x)\|_2 \|h\|_2 = -\|f'(x)\|_2$$

Thus, the direction of the antigradient

$$h = -\frac{f'(x)}{\|f'(x)\|_2}$$

gives the direction of the **steepest local** decreasing of the function  $f$ .  
The result of this method is

$$x_{k+1} = x_k - \alpha f'(x_k)$$



## Gradient flow ODE

Let's consider the following ODE, which is referred as Gradient Flow equation.

$$\frac{dx}{dt} = -f'(x(t)) \quad (\text{GF})$$

## Gradient flow ODE

Let's consider the following ODE, which is referred as Gradient Flow equation.

$$\frac{dx}{dt} = -f'(x(t)) \quad (\text{GF})$$

and discretize it on a uniform grid with  $\alpha$  step:

$$\frac{x_{k+1} - x_k}{\alpha} = -f'(x_k),$$

## Gradient flow ODE

Let's consider the following ODE, which is referred as Gradient Flow equation.

$$\frac{dx}{dt} = -f'(x(t)) \quad (\text{GF})$$

and discretize it on a uniform grid with  $\alpha$  step:

$$\frac{x_{k+1} - x_k}{\alpha} = -f'(x_k),$$

where  $x_k \equiv x(t_k)$  and  $\alpha = t_{k+1} - t_k$  - is the grid step.

From here we get the expression for  $x_{k+1}$

$$x_{k+1} = x_k - \alpha f'(x_k),$$

which is exactly gradient descent.

Open In Colab 

# Gradient flow ODE

Let's consider the following ODE, which is referred as Gradient Flow equation.

$$\frac{dx}{dt} = -f'(x(t))$$

and discretize it on a uniform grid with  $\alpha$  step:

$$\frac{x_{k+1} - x_k}{\alpha} = -f'(x_k),$$

where  $x_k \equiv x(t_k)$  and  $\alpha = t_{k+1} - t_k$  - is the grid step.

From here we get the expression for  $x_{k+1}$

$$x_{k+1} = x_k - \alpha f'(x_k),$$

which is exactly gradient descent.

Open In Colab ♣

(GF)



Figure 1: Gradient flow trajectory

# Necessary local minimum condition

$$f'(x) = 0$$

$$-\eta f'(x) = 0$$

$$x - \eta f'(x) = x$$

$$x_k - \eta f'(x_k) = x_{k+1}$$

## Minimizer of Lipschitz parabola

If a function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  is continuously differentiable and its gradient satisfies Lipschitz conditions with constant  $L$ , then  $\forall x, y \in \mathbb{R}^n$ :

$$|f(y) - f(x) - \langle \nabla f(x), y - x \rangle| \leq \frac{L}{2} \|y - x\|^2,$$

## Minimizer of Lipschitz parabola

If a function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  is continuously differentiable and its gradient satisfies Lipschitz conditions with constant  $L$ , then  $\forall x, y \in \mathbb{R}^n$ :

$$|f(y) - f(x) - \langle \nabla f(x), y - x \rangle| \leq \frac{L}{2} \|y - x\|^2,$$

which geometrically means, that if we'll fix some point  $x_0 \in \mathbb{R}^n$  and define two parabolas:

$$\phi_1(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle - \frac{L}{2} \|x - x_0\|^2,$$

$$\phi_2(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle + \frac{L}{2} \|x - x_0\|^2.$$

## Minimizer of Lipschitz parabola

If a function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  is continuously differentiable and its gradient satisfies Lipschitz conditions with constant  $L$ , then  $\forall x, y \in \mathbb{R}^n$ :

$$|f(y) - f(x) - \langle \nabla f(x), y - x \rangle| \leq \frac{L}{2} \|y - x\|^2,$$

which geometrically means, that if we'll fix some point  $x_0 \in \mathbb{R}^n$  and define two parabolas:

$$\phi_1(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle - \frac{L}{2} \|x - x_0\|^2,$$

$$\phi_2(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle + \frac{L}{2} \|x - x_0\|^2.$$

Then

$$\phi_1(x) \leq f(x) \leq \phi_2(x) \quad \forall x \in \mathbb{R}^n.$$



## Minimizer of Lipschitz parabola

If a function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  is continuously differentiable and its gradient satisfies Lipschitz conditions with constant  $L$ , then  $\forall x, y \in \mathbb{R}^n$ :

$$|f(y) - f(x) - \langle \nabla f(x), y - x \rangle| \leq \frac{L}{2} \|y - x\|^2,$$

which geometrically means, that if we'll fix some point  $x_0 \in \mathbb{R}^n$  and define two parabolas:

$$\phi_1(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle - \frac{L}{2} \|x - x_0\|^2,$$

$$\phi_2(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle + \frac{L}{2} \|x - x_0\|^2.$$

Then

$$\phi_1(x) \leq f(x) \leq \phi_2(x) \quad \forall x \in \mathbb{R}^n.$$

Now, if we have global upper bound on the function, in a form of parabola, we can try to go directly to its minimum.

## Minimizer of Lipschitz parabola

If a function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  is continuously differentiable and its gradient satisfies Lipschitz conditions with constant  $L$ , then  $\forall x, y \in \mathbb{R}^n$ :

$$|f(y) - f(x) - \langle \nabla f(x), y - x \rangle| \leq \frac{L}{2} \|y - x\|^2,$$

which geometrically means, that if we'll fix some point  $x_0 \in \mathbb{R}^n$  and define two parabolas:

$$\phi_1(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle - \frac{L}{2} \|x - x_0\|^2,$$

$$\phi_2(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle + \frac{L}{2} \|x - x_0\|^2.$$

Then

$$\phi_1(x) \leq f(x) \leq \phi_2(x) \quad \forall x \in \mathbb{R}^n.$$

Now, if we have global upper bound on the function, in a form of parabola, we can try to go directly to its minimum.



Figure 2: Illustration

## Minimizer of Lipschitz parabola

If a function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  is continuously differentiable and its gradient satisfies Lipschitz conditions with constant  $L$ , then  $\forall x, y \in \mathbb{R}^n$ :

$$|f(y) - f(x) - \langle \nabla f(x), y - x \rangle| \leq \frac{L}{2} \|y - x\|^2,$$

which geometrically means, that if we'll fix some point  $x_0 \in \mathbb{R}^n$  and define two parabolas:

$$\phi_1(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle - \frac{L}{2} \|x - x_0\|^2,$$

$$\phi_2(x) = f(x_0) + \langle \nabla f(x_0), x - x_0 \rangle + \frac{L}{2} \|x - x_0\|^2.$$

Then

$$\phi_1(x) \leq f(x) \leq \phi_2(x) \quad \forall x \in \mathbb{R}^n.$$

Now, if we have global upper bound on the function, in a form of parabola, we can try to go directly to its minimum.

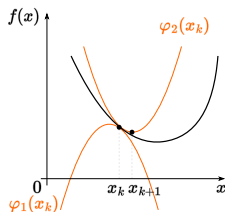


Figure 2: Illustration

$$\nabla \phi_2(x) = 0$$

$$\nabla f(x_0) + L(x^* - x_0) = 0$$

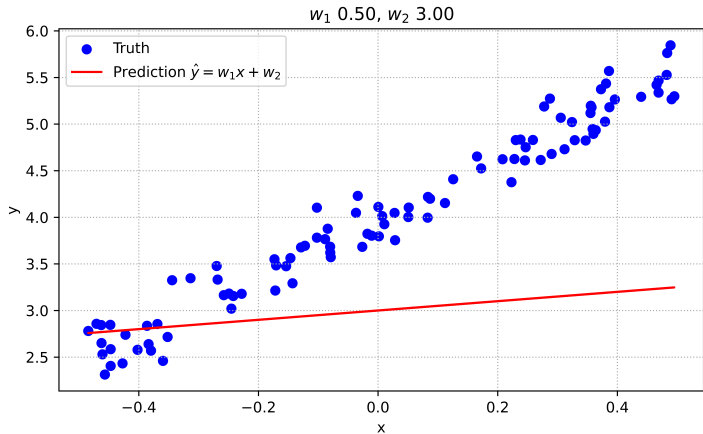
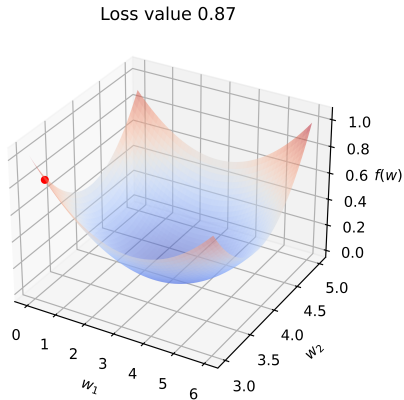
$$x^* = x_0 - \frac{1}{L} \nabla f(x_0)$$

$$x_{k+1} = x_k - \frac{1}{L} \nabla f(x_k)$$

This way leads to the  $\frac{1}{L}$  stepsize choosing. However, often the  $L$  constant is not known.

# Convergence of Gradient Descent algorithm

Heavily depends on the choice of the learning rate  $\alpha$ :



## Exact line search aka steepest descent

$$\alpha_k = \arg \min_{\alpha \in \mathbb{R}^+} f(x_{k+1}) = \arg \min_{\alpha \in \mathbb{R}^+} f(x_k - \alpha \nabla f(x_k))$$

More theoretical than practical approach. It also allows you to analyze the convergence, but often exact line search can be difficult if the function calculation takes too long or costs a lot. Interesting theoretical property of this method is that each following iteration is orthogonal to the previous one:

$$\alpha_k = \arg \min_{\alpha \in \mathbb{R}^+} f(x_k - \alpha \nabla f(x_k))$$

Optimality conditions:

$$\nabla f(x_{k+1})^\top \nabla f(x_k) = 0$$



Figure 3: Steepest Descent

Open In Colab 

# Convergence rates

$$\min_{x \in \mathbb{R}^n} f(x) \qquad x_{k+1} = x_k - \alpha_k \nabla f(x_k)$$

smooth	convex	smooth & convex	smooth & strongly convex (or PL)
$\ \nabla f(x_k)\ ^2 \approx \mathcal{O}\left(\frac{1}{k}\right)$	$f(x_k) - f^* \approx \mathcal{O}\left(\frac{1}{\sqrt{k}}\right)$	$f(x_k) - f^* \approx \mathcal{O}\left(\frac{1}{k}\right)$	$\ x_k - x^*\ ^2 \approx \mathcal{O}\left(\left(1 - \frac{\mu}{L}\right)^k\right)$

# Gradient Descent convergence. Smooth convex case

# Gradient Descent convergence. Smooth $\mu$ -strongly convex case



# Gradient Descent convergence. Polyak-Lojasiewicz case