



**Strongly convex functions. Polyak -  
Lojasiewicz Condition. Conjugate sets**

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Optimization methods. MIPT

## Strong convexity criteria

## First-order differential criterion of convexity

The differentiable function  $f(x)$  defined on the convex set

$S \subseteq \mathbb{R}^n$  is convex if and only if  $\forall x, y \in S$ :

$$f(y) \geq f(x) + \nabla f^T(x)(y - x)$$

Let  $y = x + \Delta x$ , then the criterion will become more tractable:

$$f(x + \Delta x) \geq f(x) + \nabla f^T(x)\Delta x$$



Figure 1: Convex function is greater or equal than Taylor linear approximation at any point

## Second-order differential criterion of convexity

Twice differentiable function  $f(x)$  defined on the convex set  $S \subseteq \mathbb{R}^n$  is convex if and only if  $\forall x \in \text{int}(S) \neq \emptyset$ :

$$\nabla^2 f(x) \succeq 0$$

In other words,  $\forall y \in \mathbb{R}^n$ :

$$\langle y, \nabla^2 f(x) y \rangle \geq 0$$

# Tools for discovering convexity

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If  $f(x)$  - is a convex function defined on the convex set  $S \subseteq \mathbb{R}^n$ , then for any  $\beta$  sublevel set  $\mathcal{L}_\beta$  is convex.

The function  $f(x)$  defined on the convex set  $S \subseteq \mathbb{R}^n$  is closed if and only if for any  $\beta$  sublevel set  $\mathcal{L}_\beta$  is closed.

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- Reduction to a line

$f : S \rightarrow \mathbb{R}$  is convex if and only if  $S$  is a convex set and the function  $g(t) = f(x + tv)$  defined on  $\{t \mid x + tv \in S\}$  is convex for any  $x \in S, v \in \mathbb{R}^n$ , which allows checking convexity of the scalar function to establish convexity of the vector function.

## Example: norm cone

Let a norm  $\|\cdot\|$  be defined in the space  $U$ . Consider the set:

$$K := \{(x, t) \in U \times \mathbb{R}^+ : \|x\| \leq t\}$$

which represents the epigraph of the function  $x \mapsto \|x\|$ . This set is called the cone norm. According to the statement above, the set  $K$  is convex.  Code for the figures

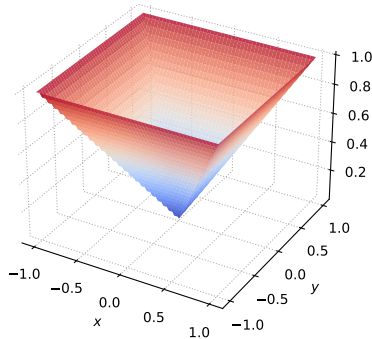
$p = 1$  Norm Cone



$p = 2$  Norm Cone



$p = \infty$  Norm Cone



## Strong convexity

$f(x)$ , defined on the convex set  $S \subseteq \mathbb{R}^n$ , is called  $\mu$ -strongly convex (strongly convex) on  $S$ , if:

$$f(\lambda x_1 + (1-\lambda)x_2) \leq \lambda f(x_1) + (1-\lambda)f(x_2) - \frac{\mu}{2} \lambda(1-\lambda) \|x_1 - x_2\|^2$$

for any  $x_1, x_2 \in S$  and  $0 \leq \lambda \leq 1$  for some  $\mu > 0$ .



Figure 3: Strongly convex function is greater or equal than Taylor quadratic approximation at any point

## First-order differential criterion of strong convexity

Differentiable  $f(x)$  defined on the convex set  $S \subseteq \mathbb{R}^n$  is  $\mu$ -strongly convex if and only if  $\forall x, y \in S$ :

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### Theorem

Let  $f(x)$  be a differentiable function on a convex set  $X \subseteq \mathbb{R}^n$ . Then  $f(x)$  is strongly convex on  $X$  with a constant  $\mu > 0$  if and only if

$$f(x) - f(x_0) \geq \langle \nabla f(x_0), x - x_0 \rangle + \frac{\mu}{2}\|x - x_0\|^2$$

for all  $x, x_0 \in X$ .

## Proof of first-order differential criterion of strong convexity

**Necessity:** Let  $0 < \lambda \leq 1$ . According to the definition of a strongly convex function,

$$f(\lambda x + (1 - \lambda)x_0) \leq \lambda f(x) + (1 - \lambda)f(x_0) - \frac{\mu}{2}\lambda(1 - \lambda)\|x - x_0\|^2$$

or equivalently,

$$\begin{aligned} f(x) - f(x_0) - \frac{\mu}{2}(1 - \lambda)\|x - x_0\|^2 &\geq \frac{1}{\lambda}[f(\lambda x + (1 - \lambda)x_0) - f(x_0)] = \\ &= \frac{1}{\lambda}[f(x_0 + \lambda(x - x_0)) - f(x_0)] = \frac{1}{\lambda}[\lambda\langle \nabla f(x_0), x - x_0 \rangle + o(\lambda)] = \\ &= \langle \nabla f(x_0), x - x_0 \rangle + \frac{o(\lambda)}{\lambda}. \end{aligned}$$

Thus, taking the limit as  $\lambda \downarrow 0$ , we arrive at the initial statement.



## Proof of first-order differential criterion of strong convexity

**Sufficiency:** Assume the inequality in the theorem is satisfied for all  $x, x_0 \in X$ . Take  $x_0 = \lambda x_1 + (1 - \lambda)x_2$ , where  $x_1, x_2 \in X$ ,  $0 \leq \lambda \leq 1$ . According to the inequality, the following inequalities hold:

$$f(x_1) - f(x_0) \geq \langle \nabla f(x_0), x_1 - x_0 \rangle + \frac{\mu}{2} \|x_1 - x_0\|^2,$$

$$f(x_2) - f(x_0) \geq \langle \nabla f(x_0), x_2 - x_0 \rangle + \frac{\mu}{2} \|x_2 - x_0\|^2.$$

Multiplying the first inequality by  $\lambda$  and the second by  $1 - \lambda$  and adding them, considering that

$$x_1 - x_0 = (1 - \lambda)(x_1 - x_2), \quad x_2 - x_0 = \lambda(x_2 - x_1),$$

and  $\lambda(1 - \lambda)^2 + \lambda^2(1 - \lambda) = \lambda(1 - \lambda)$ , we get

$$\begin{aligned} \lambda f(x_1) + (1 - \lambda)f(x_2) - f(x_0) - \frac{\mu}{2} \lambda(1 - \lambda) \|x_1 - x_2\|^2 \geq \\ \langle \nabla f(x_0), \lambda x_1 + (1 - \lambda)x_2 - x_0 \rangle = 0. \end{aligned}$$

Thus, inequality from the definition of a strongly convex function is satisfied. It is important to mention, that  $\mu = 0$  stands for the convex case and corresponding differential criterion.

## Second-order differential criterion of strong convexity

Twice differentiable function  $f(x)$  defined on the convex set  $S \subseteq \mathbb{R}^n$  is called  $\mu$ -strongly convex if and only if  $\forall x \in \text{int}(S) \neq \emptyset$ :

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In other words:

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### **i** Theorem

Let  $X \subseteq \mathbb{R}^n$  be a convex set, with  $\text{int}X \neq \emptyset$ . Furthermore, let  $f(x)$  be a twice continuously differentiable function on  $X$ . Then  $f(x)$  is strongly convex on  $X$  with a constant  $\mu > 0$  if and only if

$$\langle y, \nabla^2 f(x)y \rangle \geq \mu \|y\|^2$$

for all  $x \in X$  and  $y \in \mathbb{R}^n$ .

## Proof of second-order differential criterion of strong convexity

The target inequality is trivial when  $y = \mathbf{0}_n$ , hence we assume  $y \neq \mathbf{0}_n$ .

**Necessity:** Assume initially that  $x$  is an interior point of  $X$ . Then  $x + \alpha y \in X$  for all  $y \in \mathbb{R}^n$  and sufficiently small  $\alpha$ . Since  $f(x)$  is twice differentiable,

$$f(x + \alpha y) = f(x) + \alpha \langle \nabla f(x), y \rangle + \frac{\alpha^2}{2} \langle y, \nabla^2 f(x) y \rangle + o(\alpha^2).$$

Based on the first order criterion of strong convexity, we have

$$\frac{\alpha^2}{2} \langle y, \nabla^2 f(x) y \rangle + o(\alpha^2) = f(x + \alpha y) - f(x) - \alpha \langle \nabla f(x), y \rangle \geq \frac{\mu}{2} \alpha^2 \|y\|^2.$$

This inequality reduces to the target inequality after dividing both sides by  $\alpha^2$  and taking the limit as  $\alpha \downarrow 0$ .

If  $x \in X$  but  $x \notin \text{int}X$ , consider a sequence  $\{x_k\}$  such that  $x_k \in \text{int}X$  and  $x_k \rightarrow x$  as  $k \rightarrow \infty$ . Then, we arrive at the target inequality after taking the limit.

## Proof of second-order differential criterion of strong convexity

**Sufficiency:** Using Taylor's formula with the Lagrange remainder and the target inequality, we obtain for  $x + y \in X$ :

$$f(x + y) - f(x) - \langle \nabla f(x), y \rangle = \frac{1}{2} \langle y, \nabla^2 f(x + \alpha y) y \rangle \geq \frac{\mu}{2} \|y\|^2,$$

where  $0 \leq \alpha \leq 1$ . Therefore,

$$f(x + y) - f(x) \geq \langle \nabla f(x), y \rangle + \frac{\mu}{2} \|y\|^2.$$

Consequently, by the first order criterion of strong convexity, the function  $f(x)$  is strongly convex with a constant  $\mu$ . It is important to mention, that  $\mu = 0$  stands for the convex case and corresponding differential criterion.

# Convex and concave function

## Example

Show, that  $f(x) = c^\top x + b$  is convex and concave.

# Simplest strongly convex function

## i Example

Show, that  $f(x) = x^\top Ax$ , where  $A \succeq 0$  - is convex on  $\mathbb{R}^n$ . Is it strongly convex?

## Convexity and continuity

Let  $f(x)$  - be a convex function on a convex set  $S \subseteq \mathbb{R}^n$ .  
Then  $f(x)$  is continuous  $\forall x \in \text{ri}(S)$ .<sup>a</sup>

### i Proper convex function

Function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  is said to be **proper convex function** if it never takes on the value  $-\infty$  and not identically equal to  $\infty$ .

### i Indicator function

$$\delta_S(x) = \begin{cases} \infty, & x \in S, \\ 0, & x \notin S, \end{cases}$$

is a proper convex function.

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## i Closed function

Function  $f : \mathbb{R}^n \rightarrow \mathbb{R}$  is said to be **closed** if for each  $\alpha \in \mathbb{R}$ , the sublevel set is a closed set.  
Equivalently, if the epigraph is closed, then the function  $f$  is closed.



Figure 4: The concept of a closed function is introduced to avoid such breaches at the border.

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for  $\alpha_i \geq 0$ ;  $\sum_{i=1}^n \alpha_i = 1$  (probability simplex)

For the infinite dimension case:

$$f\left(\int_S x p(x) dx\right) \leq \int_S f(x) p(x) dx$$

If the integrals exist and  $p(x) \geq 0$ ,  $\int_S p(x) dx = 1$ .

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- If the function  $f(x)$  and the set  $S$  are convex, then any local minimum  $x^* = \arg \min_{x \in S} f(x)$  will be the global one. Strong convexity guarantees the uniqueness of the solution.

## Operations that preserve convexity

- Non-negative sum of the convex functions:

$$\alpha f(x) + \beta g(x), (\alpha \geq 0, \beta \geq 0).$$

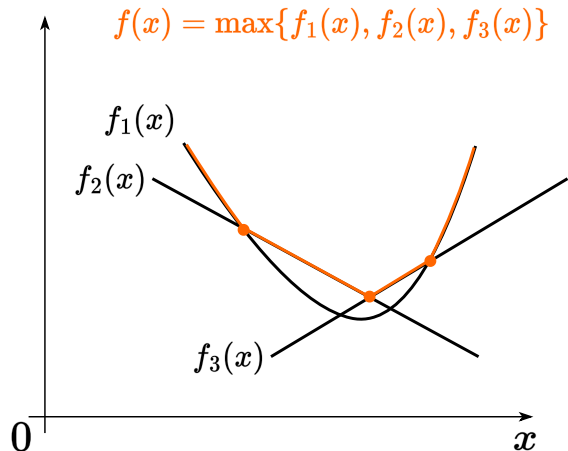


Figure 5: Pointwise maximum (supremum) of convex functions is convex

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- If  $f(x, y)$  is convex on  $x$  for any  $y \in Y$ :  
 $g(x) = \sup_{y \in Y} f(x, y)$  is convex.



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- If  $f(x)$  is convex on  $S$ , then  $g(x, t) = tf(x/t)$  - is convex with  $x/t \in S, t > 0$ .



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- Let  $f_1 : S_1 \rightarrow \mathbb{R}$  and  $f_2 : S_2 \rightarrow \mathbb{R}$ , where  $\text{range}(f_1) \subseteq S_2$ . If  $f_1$  and  $f_2$  are convex, and  $f_2$  is increasing, then  $f_2 \circ f_1$  is convex on  $S_1$ .



Figure 5: Pointwise maximum (supremum) of convex functions is convex

# Maximum eigenvalue of a matrix is a convex function

## Example

Show, that  $f(A) = \lambda_{max}(A)$  - is convex, if  $A \in S^n$ .

## Other forms of convexity

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- Pseudoconvexity:  $\langle \nabla f(y), x - y \rangle \geq 0 \longrightarrow f(x) \geq f(y)$
- Discrete convexity:  $f : \mathbb{Z}^n \rightarrow \mathbb{Z}$ ; "convexity + matroid theory."

## Polyak- Lojasiewicz condition. Linear convergence of gradient descent without convexity

PL inequality holds if the following condition is satisfied for some  $\mu > 0$ ,

$$\|\nabla f(x)\|^2 \geq 2\mu(f(x) - f^*) \forall x$$

It is interesting, that Gradient Descent converges linearly under this condition (weaker, then strong convexity).

The following functions satisfy the PL-condition, but are not convex. [🔗Link to the code](#)

$$f(x) = x^2 + 3 \sin^2(x)$$



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$$f(x, y) = \frac{(y - \sin x)^2}{2}$$

Non-convex PL function



## Convexity in ML

# Linear Least Squares aka Linear Regression



Figure 8: Illustration

In a least-squares, or linear regression, problem, we have measurements  $X \in \mathbb{R}^{m \times n}$  and  $y \in \mathbb{R}^m$  and seek a vector  $\theta \in \mathbb{R}^n$  such that  $X\theta$  is close to  $y$ . Closeness is defined as the sum of the squared differences:

$$\sum_{i=1}^m (x_i^\top \theta - y_i)^2 = \|X\theta - y\|_2^2 \rightarrow \min_{\theta \in \mathbb{R}^n}$$

For example, we might have a dataset of  $m$  users, each represented by  $n$  features. Each row  $x_i^\top$  of  $X$  is the features for user  $i$ , while the corresponding entry  $y_i$  of  $y$  is the measurement we want to predict from  $x_i^\top$ , such as ad spending. The prediction is given by  $x_i^\top \theta$ .

# Linear Least Squares aka Linear Regression <sup>1</sup>

1. Is this problem convex? Strongly convex?

# Linear Least Squares aka Linear Regression <sup>1</sup>

1. Is this problem convex? Strongly convex?
2. What do you think about convergence of Gradient Descent for this problem?

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<sup>1</sup>Take a look at the  example of real-world data linear least squares problem



## $l_2$ -regularized Linear Least Squares

In the underdetermined case, it is often desirable to restore strong convexity of the objective function by adding an  $l_2$ -penalty, also known as Tikhonov regularization,  $l_2$ -regularization, or weight decay.

$$\|X\theta - y\|_2^2 + \frac{\mu}{2}\|\theta\|_2^2 \rightarrow \min_{\theta \in \mathbb{R}^n}$$

Note: With this modification the objective is  $\mu$ -strongly convex again.

Take a look at the code

# Most important difference between convexity and strong convexity

$$f(x) = \frac{1}{2m} \|Ax - b\|_2^2 + \frac{\mu}{2} \|x\|_2^2 \rightarrow \min_{x \in \mathbb{R}^n}, \quad A \in \mathbb{R}^{m \times n}, b \in \mathbb{R}^m$$

Convex least squares regression.  $m=50$ .  $n=100$ .  $\mu=0$ .



Figure 9: Convex problem does not have convergence in domain

## Most important difference between convexity and strong convexity

$$f(x) = \frac{1}{2m} \|Ax - b\|_2^2 + \frac{\mu}{2} \|x\|_2^2 \rightarrow \min_{x \in \mathbb{R}^n}, \quad A \in \mathbb{R}^{m \times n}, b \in \mathbb{R}^m$$

Strongly convex least squares regression.  $m=50$ .  $n=100$ .  $\mu=0.1$ .



Figure 10: But if you add even small amount of regularization, you will ensure convergence in domain

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Strongly convex least squares regression.  $m=100$ .  $n=50$ .  $\mu=0$ .



Figure 11: Another way to ensure convergence in the previous problem is to switch the dimension values

# You have to have strong convexity (or PL) to ensure convergence with a high precision

Convex binary logistic regression.  $\mu=0$ .



Figure 12: Only small precision is achievable with sublinear convergence

# You have to have strong convexity (or PL) to ensure convergence with a high precision

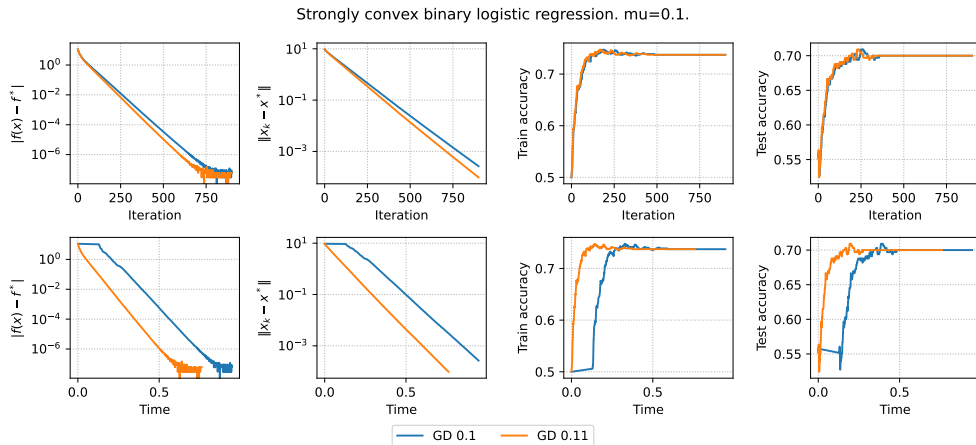


Figure 13: Strong convexity ensures linear convergence

# Convex optimization problem



Note, that there is an agreement in notation of mathematical programming. The problems of the following type are called **Convex optimization problem**:

$$\begin{aligned} f_0(x) &\rightarrow \min_{x \in \mathbb{R}^n} \\ \text{s.t. } f_i(x) &\leq 0, \quad i = 1, \dots, m \\ Ax &= b, \end{aligned} \quad (\text{COP})$$

where all the functions  $f_0(x), f_1(x), \dots, f_m(x)$  are convex and all the equality constraints are affine. It sounds a bit strange, but not all convex problems are convex optimization problems.

$$f_0(x) \rightarrow \min_{x \in S}, \quad (\text{CP})$$

where  $f_0(x)$  is a convex function, defined on the convex set  $S$ . The necessity of affine equality constraint is essential.

Figure 14: The idea behind the definition of a convex optimization problem

## Conjugate sets



# Conjugate set

Let  $S \subseteq \mathbb{R}^n$  be an arbitrary non-empty set. Then its conjugate set is defined as:

$$S^* = \{y \in \mathbb{R}^n \mid \langle y, x \rangle \geq -1 \quad \forall x \in S\}$$

A set  $S^{**}$  is called double conjugate to a set  $S$  if:

$$S^{**} = \{y \in \mathbb{R}^n \mid \langle y, x \rangle \geq -1 \quad \forall x \in S^*\}$$

- The sets  $S_1$  and  $S_2$  are called **inter-conjugate** if  $S_1^* = S_2$ ,  $S_2^* = S_1$ .

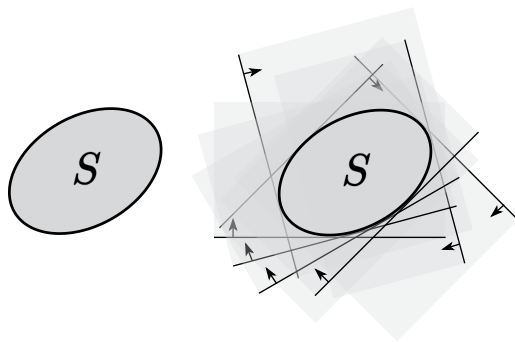


Figure 15: Convex sets may be described in a dual way - through the elements of the set and through the set of hyperplanes supporting it

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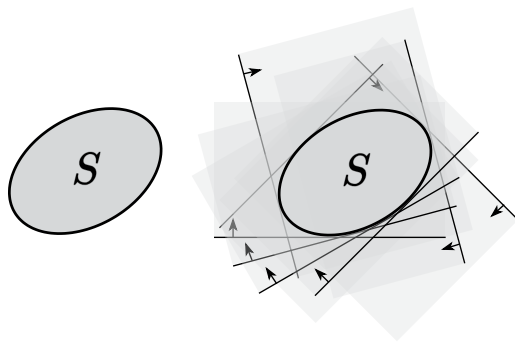


Figure 15: Convex sets may be described in a dual way - through the elements of the set and through the set of hyperplanes supporting it

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## Example 1

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- $S \subset \overline{S} \rightarrow (\overline{S})^* \subset S^*$ .
- Let  $p \in S^*$  and  $x_0 \in \overline{S}, x_0 = \lim_{k \rightarrow \infty} x_k$ . Then by virtue of the continuity of the function  $f(x) = p^T x$ , we have:  
 $p^T x_k \geq -1 \rightarrow p^T x_0 \geq -1$ . So  $p \in (\overline{S})^*$ , hence  $S^* \subset (\overline{S})^*$ .

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- $S \subset \mathbf{conv}(S) \rightarrow (\mathbf{conv}(S))^* \subset S^*$ .
- Let  $p \in S^*$ ,  $x_0 \in \mathbf{conv}(S)$ , i.e.,  $x_0 = \sum_{i=1}^k \theta_i x_i \mid x_i \in S, \sum_{i=1}^k \theta_i = 1, \theta_i \geq 0$ .

So  $p^T x_0 = \sum_{i=1}^k \theta_i p^T x_i \geq \sum_{i=1}^k \theta_i (-1) = 1 \cdot (-1) = -1$ . So  $p \in (\mathbf{conv}(S))^*$ , hence  $S^* \subset (\mathbf{conv}(S))^*$ .

## Example 3

### Example

Prove that if  $B(0, r)$  is a ball of radius  $r$  by some norm centered at zero, then  $(B(0, r))^* = B(0, 1/r)$ .

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- From all points of the ball  $X$ , take such a point  $x \in X$  that its scalar product of  $p$ :  $p^T x$  is minimal, then this is the point  $x = -\frac{p}{\|p\|}r$ .

$$p^T x = p^T \left( -\frac{p}{\|p\|}r \right) = -\|p\|r \geq -1$$

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- Now let  $p \in Y$ . We need to show that  $p \in X^*$ , i.e.,  $\langle p, x \rangle \geq -1$ . It's enough to apply the Cauchy-Bunyakovsky inequality:

$$\|\langle p, x \rangle\| \leq \|p\| \|x\| \leq \frac{1}{r} \cdot r = 1$$

The latter comes from the fact that  $p \in B(0, 1/r)$  and  $x \in B(0, r)$ .

So  $Y \subset X^*$ .

$$p^T x = p^T \left( -\frac{p}{\|p\|} r \right) = -\|p\| r \geq -1$$

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So  $X^* \subset Y$ .

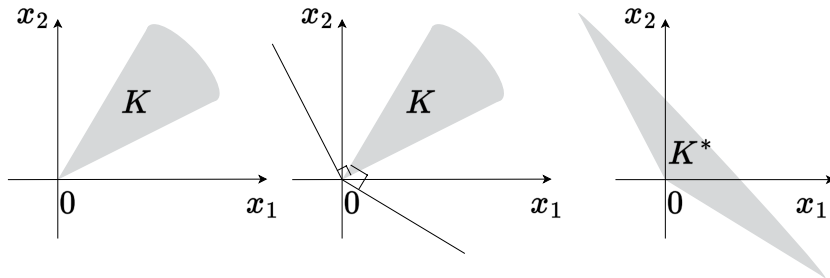
## Dual cone

A conjugate cone to a cone  $K$  is a set  $K^*$  such that:

$$K^* = \{y \mid \langle x, y \rangle \geq 0 \quad \forall x \in K\}$$

To show that this definition follows directly from the definitions above, recall what a conjugate set is and what a cone  $\forall \lambda > 0$  is.

$$\{y \in \mathbb{R}^n \mid \langle y, x \rangle \geq -1 \quad \forall x \in S\} \rightarrow \{\lambda y \in \mathbb{R}^n \mid \langle y, x \rangle \geq -\frac{1}{\lambda} \quad \forall x \in S\}$$



## Dual cones properties

- Let  $K$  be a closed convex cone. Then  $K^{**} = K$ .

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- Let  $K_1, \dots, K_m$  be cones in  $\mathbb{R}^n$ , then:

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- Let  $K_1, \dots, K_m$  be cones in  $\mathbb{R}^n$ . Let also their intersection have an interior point, then:

$$\left( \bigcap_{i=1}^m K_i \right)^* = \sum_{i=1}^m K_i^*$$

## Example

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Find the conjugate cone for a monotone nonnegative cone:

$$K = \{x \in \mathbb{R}^n \mid x_1 \geq x_2 \geq \dots \geq x_n \geq 0\}$$



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Note that:

$$\sum_{i=1}^n x_i y_i = y_1(x_1 - x_2) + (y_1 + y_2)(x_2 - x_3) + \dots + (y_1 + y_2 + \dots + y_{n-1})(x_{n-1} - x_n) + (y_1 + \dots + y_n)x_n$$

Since in the presented sum in each summand, the second multiplier in each summand is non-negative, then:

$$y_1 \geq 0, \quad y_1 + y_2 \geq 0, \quad \dots, \quad y_1 + \dots + y_n \geq 0$$

$$\text{So } K^* = \left\{ y \mid \sum_{i=1}^k y_i \geq 0, k = \overline{1, n} \right\}.$$

# Polyhedra

The set of solutions to a system of linear inequalities and equalities is a polyhedron:

$$Ax \preceq b, \quad Cx = d$$

Here  $A \in \mathbb{R}^{m \times n}$ ,  $C \in \mathbb{R}^{p \times n}$ , and the inequality is a piecewise inequality.

## Theorem

Let  $x_1, \dots, x_m \in \mathbb{R}^n$ . Conjugate to a polyhedral set:

$$S = \mathbf{conv}(x_1, \dots, x_k) + \mathbf{cone}(x_{k+1}, \dots, x_m)$$

is a polyhedron (polyhedron):

$$S^* = \{p \in \mathbb{R}^n \mid \langle p, x_i \rangle \geq -1, i = \overline{1, k}; \langle p, x_i \rangle \geq 0, i = \overline{k+1, m}\}$$

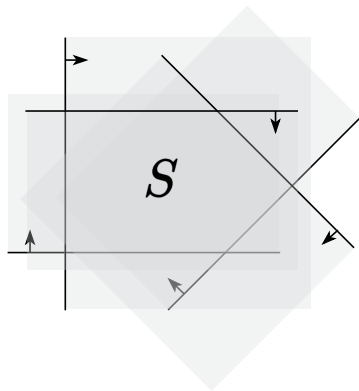


Figure 17: Polyhedra

## Proof

- Let  $S = X, S^* = Y$ . Take some  $p \in X^*$ , then  $\langle p, x_i \rangle \geq -1, i = \overline{1, k}$ . At the same time, for any  $\theta > 0, i = \overline{k+1, m}$ :

$$\langle p, x_i \rangle \geq -1 \rightarrow \langle p, \theta x_i \rangle \geq -1$$

$$\langle p, x_i \rangle \geq -\frac{1}{\theta} \rightarrow \langle p, x_i \rangle \geq 0.$$

So  $p \in Y \rightarrow X^* \subset Y$ .

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So  $p \in Y \rightarrow X^* \subset Y$ .

- Suppose, on the other hand, that  $p \in Y$ . For any point  $x \in X$ :

$$x = \sum_{i=1}^m \theta_i x_i \quad \sum_{i=1}^k \theta_i = 1, \theta_i \geq 0$$

So:

$$\langle p, x \rangle = \sum_{i=1}^m \theta_i \langle p, x_i \rangle = \sum_{i=1}^k \theta_i \langle p, x_i \rangle + \sum_{i=k+1}^m \theta_i \langle p, x_i \rangle \geq \sum_{i=1}^k \theta_i (-1) + \sum_{i=1}^k \theta_i \cdot 0 = -1.$$

# Example