System and Unit Test Report

GoLift

Team Squat Squad

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System Test scenarios:

User story 1 from Sprint 1: As a new user of technology, I would like an app that is user friendly.

User story 2 from Sprint 1: As someone starting to workout, I would like to know more about my body type.

User story 1 from Sprint 2: As someone who wants to have a healthier lifestyle, I want something that could help me get. into the habit of being healthier

User story 2 from Sprint 2: As a person who focuses on lifting, I want to record how many reps and rests I had taken previously to see my improvements.

User story 3 from Sprint 2: As someone watching their weight, I want to see the amount of calories I have been consuming.

User story 1 from Sprint 3: As someone who does not use a lot of technology, I want an easy to use app.

User story 2 from Sprint 3: As a person that has never worked out before, I would like suggestions on what would help.

User story 3 from Sprint 3: As a person that tends to choose apps based on how they look, I want an application that is aesthetically pleasing.

Scenario:

1. Select app from tablet homescreen
2. From the app home screen swipe from left to right
3. Select user information
4. Select update user information
   * Height: < 5’ 6” >
   * Weight: < 150 lbs >
   * Age: < 25 >
   * Press update
   * User should see their information updated on the user information home page
5. Select take body type quiz on user information home page
   * Select sure
   * Test begins
     + “My shoulder are:” < The same width as my hips >
     + “What does your body type tend to do:” < Stay lean >
     + “How does your body look?” < Pear-Shaped >
     + “How do you gain weight?” < I gain weight easily >
     + “How do you lose weight?” < I lose weight easily >
     + “How is your bone structure?” < Medium >
     + “What were you like as a child (9-12)?” < Average >
     + “How often are you hungry?” < All the time >
     + “How do you gain muscle?” < I gain muscle easily >
     + “If I wrap my hands around my wrist, my thumb and middle finger:” < Just touch >
   * Result should pop up and show
     + 10% ectomorph
     + 50% mesomorph
     + 40% endomorph
     + Should tell you that you have a mesomorph body type
   * Select view exercise information
     + Shows workout plan and guidelines for mesomorph body types
   * Select the back button
   * Select view nutrition information
     + Shows diet suggestions and guidelines for mesomorph body types
6. Press back button until you get to app home page
7. Select log your workouts
   * “Enter name of exercise”
   * “Enter number of sets”
   * “Enter number of reps per set”
   * “Enter weight”
   * “Enter time”
   * “Select Add Exercise”
   * “Pop up shows up saying exercise added: < >
   * “Should show up in day overview
8. Select log your meals
   * “Enter name of food”
   * “Enter calories”
   * “Enter protein content”
   * “Enter fat content”
   * “Enter carbohydrate content”
   * Select Add Meal
   * Pop up shows up saying meal added: < >
   * Should show up in day overview
9. From homescreen “select log your workouts”