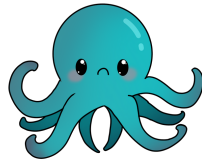


Impetigo



osce toolbox



Non-bullous Impetigo for adults/ children

>1 y/o.

exclude: bullous impetigo.
: recurrent impetigo - 2+ times in 1 yr.
: pregnant women <1b y/o.

IS THE PATIENT AT RISK OF DETERIORATING OR SERIOUSLY UNWELL?

Is the patient:

- Immunosuppressed with a widespread infection?
- Have severe complications (suspected deeper soft tissue infection)?

yes →

Consider:

Calculating NEWS2 Score
Signposting to A&E
Calling 999

no →

Do the signs and symptoms align with the typical progression of Impetigo?

- Is the first lesion a very thin-walled vesicle on an erythematous background that ruptures easily?
• often passes before observed.
- Does the exudate dry to form golden-yellow/yellow-brown crust that gradually thickens?
- The lesion can develop anywhere on the body.
• most common on exposed skin e.g. face: peri-oral/peri-nasal areas.
• e.g. limbs/flexures: axillae.
- Satellite lesions may develop.
- Usually asymptomatic.
↳ may be mildly itchy.

yes →

MORE
LIKELY
IMPETIGO

no →

IMPETIGO
LESS
LIKELY

consider an alternative diagnosis.

<https://www.nhs.uk/conditions/impetigo/>

Are there ≤3 lesions/clusters?

Are there ≥4 lesions/clusters?

yes

Localised Non-Bullous Impetigo

Offer a 5 day course of Hydrogen Peroxide 1% Cream and advice on self-care.

↳ if hydrogen peroxide is unsuitable e.g. impetigo around eyes.

2nd line: Offer Fusidic Acid cream and advice on self care.

↳ if hydrogen peroxide is ineffective and impetigo is still localised.

subject to inclusion/
exclusion criteria in
PGD.

yes

Widespread Non-Bullous Impetigo

Offer Flucloxacillin for 5 days and advice on self-care.

* IMPERATIVE to check for allergies with patient/carer and on National Care Record.

Penicillin Allergy?

Offer a 5 day course of Clarithromycin and advice on self care.

Pregnant?

Offer a 5 day course of Erythromycin and advice on self care.

Refer patient to GP or other appropriate healthcare provider if symptoms rapidly/significantly worsen at any time OR don't improve after treatment course is complete.

ALL PATIENTS:

- Give advice on maintaining good hygiene to reduce spread of impetigo.
- Advise patient on how to apply medication and emphasise importance of adherence.
- Give self-care and safety-netting advice using the [British Association of Dermatologists Impetigo Leaflet](#).