## User Authentication Process and Token Generation Process

When a user attempts to log in to the app, the server checks if the user has an account in the database. If the user has an account, the server returns a user token to the app. If the user does not have an account, an exception is thrown. The user token is then used by the app to authenticate the user and provide access to the app's features. This process involves communication between the server, database, user, and app.

