BOOKLIST FOR ANTHROPOLOGY

PLEASE READ INSTRUCTIONS GIVEN AT END OF PDF BEFORE READING BOOKLIST

PAPER I

SYLLABUS	BOOKS
 1.1 Meaning, scope and development of Anthropology. 1.2 Relationships with other disciplines: Social Sciences, Behavioural Sciences, Life Sciences, Medical Sciences, Earth Sciences and Humanities. 1.3 Main branches of Anthropology, their scope and relevance: (a) Social- cultural Anthropology. (b) Biological Anthropology. (c) Archaeological Anthropology. (d) Linguistic Anthropology 	 Dr. Vivek Bhasme sir's HAND WRITTEN NOTES Learn 2 Achieve (L2A) test materials (especially for point 1.3) General Anthropology by Nadeem Hasnain
1.4 Human Evolution and emergence of Man: (a) Biological and Cultural factors in human evolution. (b) Theories of Organic Evolution (PreDarwinian, Darwinian and Post-Darwinian). (c) Synthetic theory of evolution; Brief outline of terms and concepts of evolutionary biology (Doll's rule, Cope's rule, Gause's rule, parallelism, convergence, adaptive radiation, and mosaic evolution).	Physical Anthropology by P. Nath Anthropology Simplified by Dr. Vivek Bhasme sir.
1.5 Characteristics of Primates; Evolutionary Trend and Primate Taxonomy; Primate Adaptations; (Arboreal and Terrestrial) Primate Taxonomy; Primate Behaviour; Tertiary and Quaternary fossil primates; Living Major Primates; Comparative Anatomy of Man and Apes; Skeletal changes due to erect posture and its implications	Anthropology Simplified by Dr. Vivek Bhasme sir. Internet search for primate's information
1.6 Phylogenetic status, characteristics and geographical distribution of the following:(a) Plio-pleistocene hominids in South and East Africa - Australopithecines.	 Physical Anthropology by P. Nath Learn 2 Achieve (L2A) test materials Internet research for current updates on fossils especially new research in

 (b) Homo erectus: Africa (Paranthropus), Europe (Homo erectus heidelbergensis), Asia (Homo erectus javanicus, Homo erectus pekinensis). (c) Neanderthal Man- La-Chapelle-auxsaints (Classical type), Mt. Carmel (Progressive type). (d) Rhodesian man. (e) Homo sapiens — Cromagnon, Grimaldi and Chancelede 	Journals like The Science, Lancet, The Current Biology.
1.7 The biological basis of life: The Cell, DNA structure and replication, Protein Synthesis, Gene, Mutation, Chromosomes, and Cell Division.	1. LEFT this portion
1.8 (a) Principles of Prehistoric Archaeology. Chronology: Relative and Absolute Dating methods. (b) Cultural Evolution- Broad Outlines of Prehistoric cultures: (i) Paleolithic (ii) Mesolithic (iii) Neolithic (iv) Chalcolithic (v) Copper-Bronze Age (vi) Iron Age	 Physical Anthropology by P. Nath (for Dating methods) Indian Prehistory by Prof. D. K. Bhattacharya Internet research for simplistic diagrams of tools. General Anthropology by Nadeem Hasnain
(1) Hollinge	
 2.1 The Nature of Culture: The concept and characteristics of culture and civilization; Ethnocentrism vis-àvis cultural Relativism. 2.2 The Nature of Society: Concept of Society; Society and Culture; Social Institutions; Social groups; and Social stratification. 	 Braintree material epg Pathshala pdf Anthropology Simplified by Dr. Vivek Bhasme sir. Case studies for cultural relativism
2.3 Marriage: Definition and universality; Laws of marriage (endogamy, exogamy, hypergamy, hypogamy, incest taboo); Types of marriage (monogamy, polygamy, polyandry, group marriage). Functions of marriage; Marriage regulations (preferential, prescriptive and proscriptive); Marriage payments (bride wealth and dowry).	 Dr. Vivek Bhasme sir's HAND WRITTEN NOTES Learn 2 Achieve (L2A) test material In search of Ourselves by Prof. N. K. Vaid sir. Braintree material
2.4 Family: Definition and universality; Family, household and domestic groups; functions of family; Types of family (from the perspectives of structure, blood relation, marriage, residence and	 Dr. Vivek Bhasme sir's HAND WRITTEN NOTES Learn 2 Achieve (L2A) test material

succession); Impact of urbanization, industrialization and feminist movements on family. 2.5 Kinship: Consanguinity and Affinity; Principles and types of descent (Unilineal, Double, Bilateral, Ambilineal); Forms of descent groups (lineage, clan, phratry, moiety and kindred); Kinship terminology (descriptive and classificatory); Descent, Filiation and Complimentary Filiation; Descent and Alliance	 In search of Ourselves by Prof. N. K. Vaid sir. Braintree material Learn 2 Achieve (L2A) test material In search of Ourselves by Prof. N. K. Vaid sir. Braintree material IGNOU Material for Descent and Alliance theories.
3. Economic organization: Meaning, scope and relevance of economic anthropology; Formalist and Substantivist debate; Principles governing production, distribution and exchange (reciprocity, redistribution and market), in communities, subsisting on hunting and gathering, fishing, swiddening, pastoralism, horticulture, and agriculture; globalization and indigenous economic systems.	 Dr. Vivek Bhasme sir's HAND WRITTEN NOTES Learn 2 Achieve (L2A) test material Braintree material for production, distribution and exchange point. Sachin Gupta (AIR 3 2017) sir's Notes
4. Political organization and Social Control: Band, tribe, chiefdom, kingdom and state; concepts of power, authority and legitimacy; social control, law and justice in simple societies	 Dr. Vivek Bhasme sir's HAND WRITTEN NOTES Learn 2 Achieve (L2A) test material Braintree Material for Power, authority and legitimacy point
5. Religion: Anthropological approaches to the study of religion (evolutionary, psychological and functional); monotheism and polytheism; sacred and profane; myths and rituals; forms of religion in tribal and peasant societies (animism, animatism, fetishism, naturism and totemism); religion, magic and science distinguished; magicoreligious functionaries (priest, shaman, medicine man, sorcerer and witch).	Dr. Vivek Bhasme sir's HAND WRITTEN NOTES Learn 2 Achieve (L2A) test material (especially Sorcerer and Witches) Braintree Material for forms of religion IGNOU material for Anthropological approaches to religion www.britannica.com for each and every form of religion
6. Anthropological theories: (a) Classical evolutionism (Tylor, Morgan and Frazer) (b) Historical particularism (Boas); Diffusionism (British, German and American)	 An Introduction to Anthropological Thoughts by Makhan Jha Dr. Vivek Bhasme sir's HAND WRITTEN NOTES Anthropology Simplified by Dr. Vivek Bhasme

(c) Functionalism (Malinowski); Structural-4. Learn 2 Achieve (L2A) test material functionlism (Radcliffe-Brown) 5. https://anthropology.ua.edu Website of University of Alabama (d) Structuralism (L'evi - Strauss and E.Leach) (e) Culture and personality (Benedict, Mead, 6. Internet research for thinkers like Linton, Kardiner and Cora – du Bois). Stephen Tyler and Harold Conklin (f) Neo - evolutionism (Childe, White, Steward, 7. Wikipedia for Modernism and Post Sahlins and Service) modernism (g) Cultural materialism (Harris) (h) Symbolic and interpretive theories (Turner, Schneider and Geertz) (i) Cognitive theories (Tyler, Conklin) (j) Post- modernism in anthropology 7. Culture, language and communication: 1. Dr. Vivek Bhasme sir's HAND Nature, origin and characteristics of language; WRITTEN NOTES verbal and nonverbal communication; social 2. Learn 2 Achieve (L2A) test material context of language use 3. Anthropology Simplified by Dr. Vivek Bhasme sir. Dr. Vivek Bhasme sir's HAND 8. Research methods in anthropology: (a) Fieldwork tradition in anthropology WRITTEN NOTES 2. Learn 2 Achieve (L2A) test material (b) Distinction between technique, method and 3. Anthropology Simplified by Dr. methodology (c) Tools of data collection: observation, Vivek Bhasme sir. interview, schedules, questionnaire, Case study, 4. Sachin Gupta (AIR 3 2017) sir's genealogy, life history, oral history, secondary Notes sources of information, participatory methods. (d) Analysis, interpretation and presentation of data. 1. Anthropology Simplified by Dr. **9.1 Human Genetics :** Methods and Application: Methods for study of genetic principles in man-Vivek Bhasme sir family study (pedigree analysis, twin study, foster 2. Physical Anthropology by P. Nath 3. Sachin Gupta (AIR 3 2017) sir's child, co-twin method, cytogenetic method, and karyo-type chromosomal analysis), Notes biochemical methods, immunological methods, 4. Sachin Gupta (AIR 3 2017) sir's **Answer Copies** D.N.A. technology and recombinant technologies. 5. Internet research for diagrams and 9.2 Mendelian genetics in man-family study, charts single factor, multifactor, lethal, sublethal and polygenic inheritance in man. 9.3 Concept of genetic polymorphism and selection, Mendelian population, HardyWeinberg law; causes and changes which bring down frequency – mutation, isolation, migration, drift. selection, inbreeding and genetic

Consanguineous and non-consanguineous mating, genetic load, genetic effect of	
consanguineous and cousin Marriages	
 9.4 Chromosomes and chromosomal aberrations in man, methodology. (a) Numerical and structural aberrations (disorders). (b) Sex chromosomal aberrations – Klinefelter (XXY), Turner (XO), Super female (XXX), intersex and other syndromic disorders. (c) Autosomal aberrations – Down syndrome, Patau, Edward and Cri-du-chat syndromes. (d) Genetic imprints in human disease, genetic screening, genetic counseling, human DNA profiling, gene mapping and genome study. 	 Physical Anthropology by P. Nath Anthropology Simplified by Dr. Vivek Bhasme sir. Dr. Vivek Bhasme sir's HAND WRITTEN NOTES
9.5 Race and racism, biological basis of morphological variation of non-metric and metric characters. Racial criteria, racial traits in relation to heredity and environment; biological basis of racial classification, racial differentiation and race crossing in man.	 Physical Anthropology by P. Nath Learn 2 Achieve (L2A) test material Dr. Vivek Bhasme sir's HAND WRITTEN NOTES
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9.6 Age, sex and population variation as genetic marker- ABO, Rh blood groups, HLA Hp, transferring, Gm, blood enzymes. Physiological characteristics-Hb level, body fat, pulse rate, respiratory functions and sensory perceptions in different cultural and socio-economic groups	Physical Anthropology by P. Nath Anthropology Simplified by Dr. Vivek Bhasme sir
9.7 Concepts and methods of Ecological	Physical Anthropology by P. Nath
Anthropology. Bio-cultural Adaptations – Genetic and Non- genetic factors. Man's physiological responses to environmental stresses: hot desert, cold, high altitude climate	Sachin Gupta (AIR 3 2017) sir's Notes (for case studies) Internet research for case studies
9.8 Epidemiological Anthropology: Health and disease. Infectious and non-infectious diseases. Nutritional deficiency related diseases	Physical Anthropology by P. Nath Anthropology Simplified by Dr. Vivek Bhasme sir
10. Concept of human growth and development: stages of growth - pre-natal, natal, infant, childhood, adolescence, maturity, senescence.	Physical Anthropology by P. Nath Dr. Vivek Bhasme sir's HAND WRITTEN NOTES

- Factors affecting growth and development 3. Epg Pathshala material for case genetic, environmental, biochemical, nutritional, studies cultural and socio-economic. 4. Internet research for Somatotype - Ageing and senescence. Theories and diagrams observations - biological and chronological longevity. Human physique and somatotypes. Methodologies for growth studies 1. Physical Anthropology by P. Nath 11.1 Relevance of menarche, menopause and other bioevents to fertility. Fertility patterns and 2. Anthropology Simplified by Dr. differentials. Vivek Bhasme sir 3. Internet research for case studies 11.2 Demographic theories-biological, social and 4. Epg Pathshala material 11.3 Biological and socio-ecological factors influencing fecundity, fertility, natality and mortality **12.** Applications of Anthropology: Anthropology 1. Internet research for each topic sports, Nutritional anthropology, 2. Physical Anthropology by P. Nath Anthropology in designing of defence and other 3. Sachin Gupta (AIR 3 2017) sir's equipments, Forensic Anthropology, Methods Notes 4. Anthropology Simplified by Dr. and principles of personal identification and reconstruction, Applied human genetics – Vivek Bhasme sir (for Serogenetics, Paternity diagnosis, genetic counseling and cytogenetics) eugenics, DNA technology in diseases and 5. Epg Pathshala material medicine, serogenetics and cytogenetics in reproductive biology

PAPER II

SYLLABUS	BOOKS
1.1 Evolution of the Indian Culture and Civilization — Prehistoric (Palaeolithic, Mesolithic, Neolithic and Neolithic Chalcolithic). Protohistoric (Indus Civilization): Pre- Harappan, Harappan and post Harappan cultures. Contributions of tribal cultures to Indian civilization	 Indian Prehistory by Prof. D. K. Bhattacharya Internet research for simplistic diagrams of tools. General Anthropology by Nadeem Hasnain Epg Pathashala material for Indus civilization www.adiyuva.in – for contributions of tribal cultures to Indian civilization Anthropology simplified by Dr. vivek Bhasme sir (for Harappan culture reference)
1.2 Palaeo – anthropological evidences from India with special reference to Siwaliks and Narmada basin (Ramapithecus, Sivapithecus and Narmada	,
Man)	Vivek Bhasme sir 3. Sachin Gupta (AIR 3 2017) sir's Answer Copies
1.3 Ethno-archaeology in India: The concept of ethno-archaeology; Survivals and Parallels among the hunting, foraging, fishing, pastoral and peasant communities including arts and crafts producing communities.	www.Shodhganga.inflibnet.ac.in: Ethnoarcheological study of Neolithic culture of eastern and northeastern india www.jstor.org: Ethnoarcheology in India by Prof. M.K. Dhavalikar Sachin Gupta (AIR 3 2017) sir's Answer Copies
2. Demographic profile of India — Ethnic and linguistic elements in the Indian population and their distribution. Indian population – factors influencing its structure and growth.	Sachin Gupta (AIR 3 2017) sir's Answer Copies (especially for Ethnic and linguistic elements) Learn 2 Achieve (L2A) test materials (Negrito debate) Anthropology simplified by Dr. Vivek Bhasme sir (for Indian population point)

	4. Online research on ethnic
	elements in Indian population
3.1 The structure and nature of traditional Indian	1. Indian Anthropology by Nadeem
social system — Varnashram, Purushartha, Karma,	Hasnain
Rina and Rebirth	2. IGNOU MA Anthropology
	module
	3. Laxmi Nagappan (AIR 45 2017)
	Ma'am 's Answer Copies
	(especially diagrams)
	4. Anthropology simplified by Dr.
	Vivek Bhasme sir
	5. Online research for case studies
3.2 Caste system in India- structure and	1. Indian Anthropology by Nadeem
characteristics, Varna and caste, Theories of origin	Hasnain
of caste system, Dominant caste, Caste mobility,	2. Learn 2 Achieve (L2A) test
Future of caste system, Jajmani system, Tribe- caste	material
continuum	3. IGNOU MA Anthropology
	module
	4. Sachin Gupta (AIR 3 2017) sir's
	Answer Copies
	5. Laxmi Nagappan (AIR 45 2017)
	Ma'am 's Answer Copies
	6. Extensive online research on
	different perspectives by different Thinkers on caste system
	7. Youtube seminar- on Channel
	PrincetonPIIRS titled 'Dominent
	Caste and Territory in South
	India'
	NOTE- I will advise students to refer my
	Notes to avoid such time consuming
<i>y</i>	exercise.
3.3 Sacred Complex and Nature- Man-Spirit	1. Indian Anthropology by Nadeem
Complex	Hasnain
	2. Learn 2 Achieve (L2A) test
7	material
y	3. IGNOU MA Anthropology
	module
	4. Sachin Gupta (AIR 3 2017) sir's
	Answer Copies
	5. Online research on criticism of
	sacred complex and NMS
	complex

3.4 Impact of Buddhism, Jainism, Islam and	1. Anthropology Simplified by Dr.
Christianity on Indian society	Vivek Bhasme sir
	2. Learn 2 Achieve (L2A) test
	materials
	3. Online research for case studies
4. Emergence and growth of anthropology in India-	1. Gujrath Vidyapith PDF on Indian
Contributions of the 18th, 19th and early 20th	Anthropologist
Century scholar-administrators. Contributions of	2. Learn 2 Achieve (L2A) test series
Indian anthropologists to tribal and caste studies	material
	3. Sachin Gupta (AIR 3 2017) sir's
	Notes and Answer Copies
	4. Telegram channels for new
	thinkers 5. Online research- For Prof. Leela
	Dube, Haimendorf, Prof. Anant
	Krishna Aiyer, varrier Elwin
	Krisinia Aryer, Varrier Liwin
5.1 Indian Village: Significance of village study in	1. www.shodhganga.inflibnet.ac.in
India; Indian village as a social system; Traditional	:pdf titled 'CHAPTER 1
and changing patterns of settlement and inter-caste	INTRODUCTION Village
relations; Agrarian relations in Indian villages;	Studies in India'
Impact of globalization on Indian villages	2. Indian Anthropology by Nadeem
	Hasnain
	3. IGNOU MA Anthropology
	module
	4. Research paper on Settlement
	Patterns (no recalling exact name)
	5. Learn 2 Achieve (L2A) test
	materials
	6. Sachin Gupta (AIR 3 2017) sir's
	Notes and Answer Copies
	7. Laxmi Nagappan (AIR 45 2017)
	Ma'am 's Answer Copies 8. Online research for Agrarian
	relations and case studies for it.
(Y	NOTE- I will advise students to refer my
N	Notes to avoid such time consuming
\ \frac{1}{2}	exercise.
5.2 Linguistic and religious minorities and their	1. Anthropology Simplified by Dr.
social, political and economic status	vivek Bhasme sir
-	2. Online research for definition of
	Minority

	3. Research paper: 'Religious personal laws as non-state laws: Implications for gender justice' by Archana Parasher
5.3 Indigenous and exogenous processes of socio- cultural change in Indian society: Sanskritization, Westernization, Modernization; Inter-play of little and great traditions; Panchayati raj and social change; Media and social change	 Indian Anthropology by Nadeem Hasnain IGNOU MA Anthropology Module Anthropology Simplified by Dr. Vivek Bhasme sir Sachin Gupta (AIR 3 2017) sir's Answer Copies Learn 2 Achieve (L2A) test materials Online pdfs for Panchayati raj and social change (cant remember specific) Online modules for media and social change (cant remember specific)
6.1 Tribal situation in India — Bio-genetic variability, linguistic and socio-economic characteristics of tribal populations and their distribution	 Tribal India by Nadeem Hasnain (especially diversity of Marriage, family, Kinship, political organization, Economy and relion in Indian tribes) IGNOU MA Anthropology modules Epg pathshala youtube videos Sachin Gupta (AIR 3 2017) sir's Notes
6.2 Problems of the tribal Communities — land alienation, poverty, indebtedness, low literacy, poor educational facilities, unemployment, underemployment, health and nutrition.	 Tribal India by Nadeem Hasnain Xaxa report (very very selective) Ministry of tribal affairs Annual report (2017-18): for latest data Sachin Gupta (AIR 3 2017) sir's Notes and Answer Copies Learn 2 Achieve (L2A) test materials
6.3 Developmental projects and their impact on tribal displacement and problems of rehabilitation.	Sachin Gupta (AIR 3 2017) sir's Answer Copies (I even copied some of answers textually from these)

Development of forest policy and tribals. Impact of	2. Tribal India by Nadeem Hasnain
urbanization and industrialization on tribal	3. Learn 2 Achieve (L2A) test
populations.	material
	4. Online research for case studies
	5. www.epw.in : Article titled
	'Concept of 'tribe' in Draft
	National Tribal Policy' by Prof. V.
	K. Srivastava
	IX. SII vasava
7.1 Problems of exploitation and deprivation of	1. Anthropology Simplified by Dr.
Scheduled Castes, Scheduled Tribes and Other	Vivek Bhasme sir
Backward Classes. Constitutional safeguards for	2. Learn 2 Achieve (L2A) test
Scheduled Tribes and Scheduled Castes	material (for case studies)
Scheduled Tribes and Scheduled Castes	material (for case studies)
7.2 Social change and contemporary tribal	1. Sachin Gupta (AIR 3 2017) sir's
societies: Impact of modern democratic	Notes and Answer Copies
institutions, development programmes and welfare	2. IGNOU MA Anthropology
measures on tribals and weaker sections	Modules MA Anunopology
measures on tribais and weaker sections	3. Learn 2 Achieve (L2A) test
	material (for case studies)
	4. Online research for case studies
	5. Anthropology Simplified by Dr. vivek Bhasme sir
	vivek Bhasme sir
7.3 The concept of ethnicity; Ethnic conflicts and	Tribal India by Nadeem Hasnain
political developments; Unrest among tribal	2. Learn 2 Achieve (L2A0 test
communities; Regionalism and demand for	material (by far best resource for
autonomy; Pseudo-tribalism; Social change among	this)
	<i>'</i>
the tribes during colonial and post-Independent India	3. Sachin Gupta (AIR 3 2017) sir's
Illula	Answer Copy (for Pseudo-
	tribalism)
	4. Newspaper articles for Unrest
	among tribal communities point
	5. www.shodhganga.inflibnet.ac.in:
	pdf titled 'Chapter IV:
	Regionalism in North East India'
0.1 Daniel of Hindrian Deal Helen Chair?	1 Cookin Conto (AID 2 2017)
8.1 Impact of Hinduism, Buddhism, Christianity,	1. Sachin Gupta (AIR 3 2017) sir's
Islam and other religions on tribal societies	Answer Copies
	2. Tribal India by Nadeem Hasnain
	3. Learn 2 Achieve (L2A) test
	material (case studies)
0.2 77 17 17 17 17 17 17 17 17 17 17 17 17	1 1 0 41 (704)
8.2 Tribe and nation state — a comparative study of	1. Learn 2 Achieve (L2A) test
tribal communities in India and other countries	material

	www.jstor.org : Paper titled 'Tribe, Region and Nation in context of the Indian State' by J Pathy Epg pathshala pdfs
9.1 History of administration of tribal areas, tribal policies, plans, programmes of tribal development and their implementation. The concept of PTGs	1. Sachin Gupta (AIR 3 2017) sir's Answer Copies (Excellent answer!- textually copied some)
(Primitive Tribal Groups), their distribution, special programmes for their development. Role of N.G.O.s in tribal development.	2. Tribal India by Nadeem Hasnain (especially for Criminal tribes and PVTGs)
1	3. Online research for case studies
	4. Learn 2 Achieve (L2A) test material (case studies for implementation of 5 th and 6 th schedule)
	0 2
9.2 Role of anthropology in tribal and rural development	1. Sachin Gupta (AIR 3 2017) sir's Answer Copies
9.3 Contributions of anthropology to the understanding of regionalism, communalism, and ethnic and political movements.	 Learn 2 Achieve (L2A) test materials Online resource for terms like anthropological understanding of communalism, etc

NOTE:

- 1. I have mentioned each and every possible resource I used for Anthropology. Thus list is exhaustive
- 2. Wherever I have mentioned 'Learn 2 Achieve (L2A) test materials' this means I have used this material for VALUE ADDITION PURPOSE (not as a base material)
- 3. Those aspirants who have paucity of time (working aspirants, those who changed optional, first timers) can use my Notes for PAPER II to save a time consuming exercise of content gathering and value addition (if you find my notes good enough!)
- 4. Use toppers answer copies very wisely!
- 5. Those who have **suspicion** on whether I really used this exhaustive booklist need to understand my timeline for preparation- I am mentioning in brief:
 - a. I dedicated approx. 6 months (3 and $\frac{1}{2}$ before prelims (Upto December 2018) and 2 and $\frac{1}{2}$ after Prelims).
 - b. I **NEVER** read a resource line by line. I used to read only portion mentioned in syllabus

- c. My basic notes were ready as of December 2018 and I did value addition after my Prelims.
- d. My study hours were long enough to give me time required for such vast study (my peers in Jnana Prabodhini library and my mentors can second that)
- 6. For further queries, aspirants can reach out to me on my Insta handle: www.instagram.com/mandar_ias

ALL THE BEST. WORK HARD. STAY FOCUED!