```jsx
useEffect(() => {
  getSustainable(history).then(async (json) => {
    if (json.length !== 0) {
      setUserValues(json[0]);
      setRecommendedShares({data: await sortedShares(history, json[0]), loading: false});
      setRecommendedFunds({data: await sortedFunds(history, json[0]), loading: false});
    } else history.push("/long-quiz");
  });
}, []);

return (
  <>
    <NavBar />
    <Wrapper>
      <Container>
        <div style={titleStyle}>My Values</div>
        <FivePBars fivePData={fivePData(userValues)} />
      </Container>
      <Container>
        <div style={titleStyle}>Share Recommendations</div>
        {!recommendedShares.loading ? (
          <RecommendationList name="Share" list={recommendedShares.data} />
        ) : (
          <Loading />
        )}
        <div style={titleStyle}>Fund Recommendations</div>
        {!recommendedFunds.loading ? (
          <RecommendationList name="Fund" list={recommendedFunds.data} />
        ) : (
          <Loading />
        )}
      </Container>
    </Wrapper>
    <Footer />
  </>
);
};
```