$\int_{x_{1}}^{x_{1}+4} f(x) dx = \frac{2h}{w} \left(\exists f(x_{1}) \ 1 \ \exists z f(x_{11}) + h f(x_{11}) \ 1 \ \exists z f(x_{11}) + \exists f(x_{11}) \right)$ $\int_{0}^{h} f(x) dx \approx \int_{0}^{h-1} G(f(x_{1})) dx dx f(x_{11}) + h f(x_{11}) \ 1 \ \exists z f(x_{11}) + \exists f(x_{11}) + \exists$