WZI PROJEKT

Health Talk

Project Vision:

Health Talk aims to create a supportive and safe platform for individuals dealing with mental health challenges, loneliness, or introversion. The app will create meaningful connections, allowing users to engage in conversations about their feelings, share experiences, and build a sense of community. Our goal is to encourage real connections and support without the stress that often comes with dating apps.

Target Audience:

- **Individuals with Mental Health Challenges:** Those seeking a non-judgmental space to discuss their struggles.
- **Introverts:** People who find it difficult to initiate conversations in traditional social settings.
- **Anyone Feeling Lonely:** Individuals looking for companionship and understanding.

Key Features:

1. **User Profiles:**
   - Customized profiles that highlight interests, preferred conversation topics, and emotional needs.
   - Options for anonymity to ensure comfort in sharing personal experiences.
2. **Matchmaking Algorithm:**
   - Intelligent matching based on shared interests, experiences, and conversation styles.
   - Ability to filter potential connections based on specific needs (e.g., someone to discuss anxiety, depression, addictions, etc.).
3. **Communication Tools:**
   - Text, voice, and video chat options to enable different ways of communicating.
   - Ability to create small group chats or discussion groups.
4. **Discussion Groups:**
   - Themed groups for users to engage with others facing similar challenges or interests.
   - Support circles focused on specific issues like anxiety, loneliness, or coping strategies.
5. **Resources & Support:**
   - Access to articles, videos, and tools related to mental health and wellness.
   - Option to connect with professional counselors for emergency support.
6. **Feedback & Safety Features:**
   - Users can rate interactions to foster a supportive environment.
   - Reporting tools for inappropriate behavior to maintain a safe space.
   - KYC authentication to avoid multi accounts or banned people to create new
7. **Community Guidelines:**
   - Clear rules to ensure respectful and constructive interactions.

- ○ Regular moderation to prevent toxic behavior and ensure a supportive atmosphere.

Non-Goals:

- ● **Avoiding a Dating App Experience:** The primary focus is on support and friendship rather than romantic connections.
- ● **Not a Substitute for Professional Help:** While facilitating peer support, the app should not replace professional therapy or counseling.