Add title here annoying thing is a long title will push the author stuff down



Add subtitle here if you have one. If you dont then delete

Authors Name March 2017

R Markdown

This is an R Markdown document. Markdown is a simple formatting syntax for authoring HTML, PDF, and MS Word documents. For more details on using R Markdown see http://rmarkdown.rstudio.com.

When you click the **Knit** button a document will be generated that includes both content as well as the output of any embedded R code chunks within the document. You can embed an R code chunk like this:

summary(cars)

```
##
        speed
                       dist
   Min. : 4.0
                  Min.
                         : 2.00
   1st Qu.:12.0
                  1st Qu.: 26.00
  Median:15.0
                  Median: 36.00
                         : 42.98
## Mean
          :15.4
                  Mean
   3rd Qu.:19.0
                  3rd Qu.: 56.00
   Max.
           :25.0
                  Max.
                         :120.00
```

Including Plots

You can also embed plots, for example Figure 1:

Note that the echo = FALSE parameter was added to the code chunk to prevent printing of the R code that generated the plot.

Add sub headings using this notation

References some stuff and see how it looks (Lee et al., 2005)

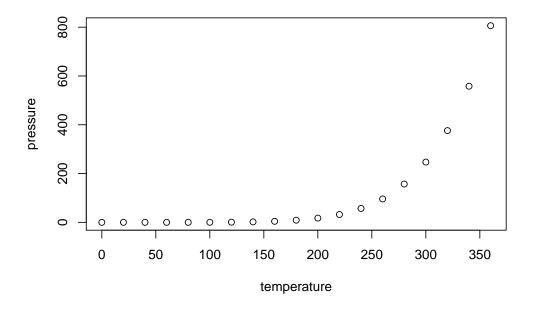


Figure 1: Something o do with change in pressure

If you want to use landscape then use this notation

References

Lee, W., McGlone, M., Wright, E., 2005. Biodiversity inventory and monitoring: A review of national and international systems and a proposed framework for future biodiversity monitoring by the Department of Conservation. Landcare Research Contract Report LC0405/122 (unpublished) for the Department of Conservation, Wellington.