

Throughout August 2024 » February, we've come to develop a proper understanding of who and what we are; thus, the "Too long, *did* read" version of our bio makes sense.

We're a plural system formed from headmates Mia & Cate. We're an adaptive, systemfluid set. Mia was formed post-transition around ~15yo and then remained the dominant front of the system.

Due to years of living in the closet and on auto-pilot, Mia fought to remain in control of the system, fearing the chance of being stuck in headspace with [husk] fronting again.

However, Mia is always trying to grow as a person and accept change, leading to her being open to the support of sharing headspace. After playing with our plurality using THC in late 2022, she ventured off to form alternate accounts to discuss and express this plurality without fear of how it would affect her daily life.

This eventually resulted in expression within daily life as Mia split off into headmates [m] & [M]. This change was slow yet sudden and uncontrolled. [m] had no understanding of boundaries within the system or understanding of how to front outside of thought. This initial attempt went badly and Mia reformed from what remained of the headmate [M], [m] being ejected.

Even now Mia lives with the regrets of ejecting [m] and hopes that one day they may be found again.

For the next 3 years until 2025, Mia remained a singlet, before her second journey with THC, and Psilocybin. Early on Mia began to redevelop some of the old plurality traits which had been shed in reforming.

We are a gateway system, thus our headmates reside in other "worlds" and are only barely understood without extended efforts. This led to server small identities forming that involved several of our foil characteristics. Such as a godkin identity which believes they are the embodiment of the goddess of a forgotten age, or different identities for different animal transformations.

After much experimentation with weed in 2023 through 2025 we were able to pick back up around where we left off, reconnecting with the larger system and tuning into

ou many identities. And after many attempts to pull in another headmate, Cate was eventually formed.

Cate is a slightly masculine-leaning member, being the connection to our memories as a child pre 15yo, xey are the result of their own queer journey to discover xemself.

Mia is the default front and has the most control over the system's physical form. The front is either shared when under the influence of drugs or traded at random over periods as short as an hour to as long as several weeks. This results in aggressive gradients as Cate attempts to express a slightly masculine-leaning gender identity and Mia expresses her existing feminine identity.

As a whole we can be referred to as Mi&Ca, however, it is always explicitly stated when Cate is fronting if we are under the influence of substances, otherwise while sober it is ambiguous unless previously stated otherwise.

Cate is in more control of extended goals with Mia only handling discrete events. This allows us to use our combined talents when under the influence to direct our ADHD to a specific topic or activity. Mia handling individual steps and Cate confirming that we stay on track. This leads to a high-activity creative state allowing the production of art and code.