Mia (Ruijie) Zhong

CONTACT Information GR.01, 23 Lyddon Terrace

Leeds LS2 9LA

+44 7901977575 m.zhong1@leeds.ac.uk

EDUCATION

University of California, Berkeley, Berkeley, CA

Ph.D., Sociology and Demography, 2024

Committee: Jennifer Johnson-Hanks (Chair), Ann Swidler, Marion Fourcade

M.A., Sociology, April 2019

M.A., Demography, May 2016

Tsinghua University, Beijing, China

B.Laws., Sociology, June 2015

Interests

Gender, Work, Family, Digital workers, and Social Networks

Work Experience Leeds University Business School, Leeds, UK

2024 onward

- Lecturer (Assistant Professor), Department of People, Work, and Employment
- Deputy Director, Data Analytics and Human Resource Management MSc

City, University of London, London, UK

August 2023 to August 2024

Postdoctoral Researcher
 Project: Young Women's Working Lives, PI: Rachel Cohen, Kim Allen

Publications

 Child, S., Ruppel, E. H., Zhong, M., & Lawton, L. (2021). Direct and Moderating Causal Effects of Network Support on Sleep Quality: Findings From the UC Berkeley Social Network Study. *Annals of Behavioral Medicine*, 55(5), 446-459.

Under Review

1. Zhong, et al. (2025). Equally bad, unevenly distributed: gender and the 'black box' of student employment. (conditionally accepted) *British Journal of Sociology*

Working Papers

- 1. Zhong, MR., & Fischer, CS., (2025). Being Single With Many Friends: Comparing Between Non-kin ties and Partnerships in Egocentric Networks Submission to American Sociological Review
- 2. Zhong, et al. (2025). Earning-while-Learning: Experiences, Trajectories, and Transitions of UK Student Workers from Teenage Years Aim submit to Work, Employment, and Society
- 3. Zhong, MR., (2025). Becoming Influencers: the Second Shift of Full-time Mothers in China. Aim to submit to New Media Society / Social Media+ Society

Conference Proceedings

• The 'Studentness' Penalty: Opening up the Black Box of Student Employment (oral presentation, presenter)

Labour Force and Annual Population Surveys User conference 2024, London May, 2024

• Becoming Influencers: the Second Shift of Full-time Mothers in China (oral presentation, presenter)

British Society for Population Studies, Keele University

September, 2023

• Kinship Networks and Family Relationships among Contemporary Asian Americans (oral presentation, presenter)

American Sociological Association, roundtable session, section on Asia and Asian America, Philadelphia August, 2023

• Being Single With Many Friends: Exploring the Substitutability Between Non-kin ties and Partnerships in Egocentric Networks (oral presentation, presenter)

With Claude S. Fischer

Population Association of America Annual Meeting, New Orleans

April, 2023

• Being Single With Many Friends: Trade-off Between Close Non-kin and Spousal Ties in Social Support (oral presentation, presenter)

With Claude S. Fischer

XXXIX Sunbelt 2019 Conference, Montreal

June, 2019

• The Unique Romantic Relationships: Roles of Spouses and Partners in Core Networks (poster, presenter)

With Claude S. Fischer

Population Association of America Annual Meeting, Austin

April, 2019

• Trouble Sleeping: Life Events, Social Support. and Sleep Quality (oral presentation)

With Stephanie Child, Emily Ruppel and Leora Lawton XXXVII Sunbelt 2018 Conference, Netherlands

June, 2018

- The Role of Education in Marriage Formation in Japan (poster, presenter) Population Association of America Annual Meeting, Denver April, 2018
- Explaining China's Spousal Age Gaps: The Role of Education and Income Equalization between Genders (poster, presenter)

Population Association of America Annual Meeting, DC

April, 2016

INVITED TALKS • Being Single with Many Friends: Comparing Between Non-kin ties and Partnerships in Egocentric Networks

> Center for Social Research and Guanghua School of Management, Peking University December, 2024

• The 'Studentness' Penalty: Opening up the Black Box of Student Employment Centre for Population Change, University of Southampton June, 2024

Mentorship

TEACHING AND Data Analytics and Human Resources (module leader)

Sep 2024 - June 2025

MSc Data Analytics and Human Resource Management, LUBS

MA Dissertation mentorship

May - August 2024

MSc Data Analytics and Human Resource Management, LUBS Tianjun Huang (Distinction)

Zipei Jin

Zituo Lei

Yajie Hu

Dissertation module on research methods: mixed-method approaches June 2024

MSc Data Analytics and Human Resource Management, LUBS

Berkeley Formal Demography Workshop

Summer 2022

Demography Department, UC Berkeley

Demography 180 - Social Networks

Summer 2019

Independent Instructor, Demography Department, UC Berkeley

Demography 180 - Social Networks

Spring 2019

Graduate Student Instructor, Demography Department, UC Berkeley with Professor Dennis Feehan

Undergraduate Research Apprenticeship Program Fall 2018 - Spring 2019 Mentor for two undergraduate students with the UCNets project, UC Berkeley with Professor Claude S. Fischer

Economics/Demography 175 - Economic Demography Spring 2018, 2017 Graduate Student Instructor, Demography Department, UC Berkeley with Professor Joshua Goldstein

Demography 110 - Introduction to Population Analysis Fall 2016 Graduate Student Instructor, Demography Department, UC Berkeley with Professor Robert Chung

MEDIA APPEARANCES

Bemoaning students' need to work is short-sighted and counterproductive April 2024

Times Higher Education

RESEARCH PROJECTS

Young Women's Working Lives (ESRC)

August 2023 to August 2024

- Postdoctoral research fellow working with this mixed-method three-year project exploring young women's early experiences of work including work while studying and how these experiences may contribute to gendered inequalities in later life.
- Mapping the young people's working experiences by processing and analyzing cross-sectional data from national surveys including LFS, APS, MCS, SIES, and Next Steps over the past 20 years.
- Conducting causal inferencing analysis by tracing young people's individual life course trajectories using longitudinal survey data from the LFS and Next Steps datasets.
- \bullet Leading the outputs of analytical results for Work Package 1 including conference proceedings and journal publications.
- Contributions include data analysis, project meeting engagement, guidance provision for WP3, conference application and presentations, and manuscript preparations.

Becoming Influencers: the Second Shift of Chinese Full-time Mothers. February 2022 to present

- An online ethnographic look into why and how mothers quit labor work for full-time childcare and establish a career as social media influencers on parenting.
- Data engage over 200 social media accounts for video, photo, and text data scraping and online participant observation since March 2022, and in-depth interviews with about 50 influencers.
- A cultural approach to examine young women's work and sharing labor on social media platforms.
- A theoretical discussion on how the gig economy influences and intensifies inequality in women's career and family choices, life course transitions, and well-being.

UC Berkeley Social Network Study

February 2017 to present

- Designed and formulated new questions for Wave 3 survey in this longitudinal study.
- Conducted coding analysis for open-ended answers from Wave 1 and 2 data.
- Collaborated to standardize variables from original data for public use.
- Constructed and developed R code protocols for general causal analysis research based on panel data in collaboration with colleagues.
- Work in progress with Prof. Claude S. Fischer studying the kinship networks and family relationships of contemporary Asian American respondents, which is unusually overrepresented in the sample.
- Supervised two undergraduate research assistants with the Berkeley URAP program.

Human Mortality Database

September 2018 to January 2019

- Conducted data cleaning, harmonization, and quality check for mortality data updates (2016 and 2017) for three countries in the Human Mortality Database: Sweden, Japan, and Italy, demonstrating proficiency in data analysis and quality control.
- Completed Hong Kong mortality data report for administrative and government reference.

Honors and Awards

Doctoral Completion Fellowship

2022-2023

UC Berkeley

The Catherine and William L. Magistretti Graduate Fellowship

UC Berkeley

Lowenthal Fellowship

2020-2021

2021-2022

Sociology Department, UC Berkeley

Outstanding Graduate Student Instructor

2019

UC Berkeley

Pamela and Kenneth Fong Fellowship

2018-2019

Center for Chinese Studies, UC Berkeley

National Scholarship

2014

China Ministry of Education

Skills Programming Language R, Python, Stata

Data Spark (pySpark), MySQL

Collaboration GitHub, Git

Language Mandarin (native)

Qualitative research software MaxQDA

Trainings

SPACE workshop and comparative adult mortality workshop February, 2017

Formal and genetic demography seminar with Prof. Kenneth W. Wachter Spring, 2016

Genes and Complex Human Phenotypes Conference April, 2016
Complete Census Count Data and Record Linkage Techniques December, 2015

PROFESSIONAL ASSOCIATIONS

Population of America Association

2015-2025

American Sociological Association

2016-2025