

# 1 Assess and call 911



- Attempt to wake up the individual by yelling their name or using your knuckle to rub their sternum.
- Check the individual's breathing.
- Call 911 immediately.



- Naloxone only works to reverse an opioid overdose.
- If xylazine exposure is suspected, do not hesitate to call 911 and give naloxone.

# 2 Administer naloxone



Peel



Place



Press

- **Peel** back the packaging and remove the device.
- Hold the device with your thumb on the plunger and 2 fingers on the nozzle.
- **Place** and hold the tip of the nozzle in either nostril until you touch the bottom of the nose.
- **Press** the plunger firmly to release the dose into the individual's nose.
- **\*DO NOT TEST BEFORE USE\***
- Repeat the steps if there is no response after 2-3 minutes.

# 3 Check breathing



- If the individual is not breathing, start rescue breaths and/or CPR (if trained and comfortable).
- Check to make sure the airway is clear.
- Tilt the person's head back, pinch the nose closed, and open their mouth.
- Place your mouth over theirs to make a seal and give 2 slow breaths.
- Follow up with one breath every 5 seconds until the person can breathe on their own.

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## Stay and assist



Be aware: naloxone wears off in 30 to 90 minutes.

- Place the individual on their side in the recovery position.
- Stay with the individual and monitor them.
- Observe for withdrawal symptoms.
- Explain to the paramedics exactly what happened.



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# Using Naloxone during an Opioid Overdose



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