

**UNIVERSITY OF MANAGEMENT TECHNOLOGY**

**DEPARTMENT OF CLINICAL PSYCHOLOGY**

**Weekly Log**

**4th March 2024 – 20TH June 2024**

**Student Name**: Ayesha Mushtaq  **Supervisor: Rehana Mushtaq**

**Participant ID:** S2022381071 **Section:** A

**Week # 1**

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| **Date/Day** | **Activities** |
| 4th March, 2024  Monday | Basic introduction to clinical case studies (child) course guidelines were given in the classroom.Introduction comprises of ( child placement ,attendance in placement, timings , pattern of reports in general.)  A class activity was conducted on “How to introduce yourself in a professional setting?” |

**Week # 2**

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| **Date/Day** | **Activities** |
| 11th March, 2024  Monday | Placement observation guidelines were given like dress code , ethical considerations on placement , prohibited wearing jewelry etc)  A lecture on initial observation and behavior (dimensions, why, and how we measure it?) was conducted.  The baseline chart was explained.  Tasks: “Make baseline charts of the given 5 behaviors” and “Translate and prepare interview demonstration” |

**Week # 3**

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| **Date/Day** | **Activities** |
| 18th March, 2024  Monday | Class activity in groups was conducted: Demonstrating an interview between client and psychologist.  Instructions on presenting complaints and “Me Bag” were given in the class. |

**Week # 4**

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| **Date/Day** | **Activities** |
| 25th March, 2024  Monday | A lecture on case formulation was conducted and detailed discussion on 4 Ps ( predisposing , precipitating , perpetuating and protective)  Developmental history form and child case report format were explained. |

**Week # 5**

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| **Date/Day** | **Activities** |
| 2nd April, 2024  Tuesday | The first placement was conducted in a special needs institute for mentally disabled children with special needs  Placement orientation was given in the institute Confreres Hall |

**Week # 6**

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| **Date/Day** | **Activities** |
| 8th April, 2024  Monday | A task was submitted on the topic “Comorbidity and Differential Diagnosis of ADHD , Intellectual disability and Autism. |
|  | **Week # 7** |
| **Date / Day** | **Activities** |
| 16th April , 2024  Tuesday | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | Name initials | Age | Gender | Sessions | Presenting complaints | Assessment | Sessions activity | Sessions outcomes | | Z.A | 4 | Girl | 3 | Irritate behavior,easily get fatigued, speech delayed | Functional checklist , clinical interviews | Coloring,playing with toys , referral foam | Child become more comfortable with trainee |   Child were assign to the trainee clinical psychologist :having hearing and speech issues (mute )child , no response , she was 4 years old. Details about child was taken from the teacher of the child |
|  | **Week # 8** |
| **Date / Day** | **Activity** |
| 23th April, 2024 | Task differentiate between initial observation and behavioral observation |
|  | **Week 9** |
| 30th April, 2024 | |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | | Name initials | Age | Gender | Session | Presenting complaint | Assessment | Session activity | Session outcomes | | M.Z | 8 | male | 3 | Delayed speech,hitting himself,no socialization | Functional checklist,  clinical interview | Colouring, playing with wooden blocks | Client show compliance at the end of the of session |   Session was taken with previous client and our supervisor can assign second case to us , in session trainee clinical psychologist tried to complete 1st client functional checklist , |
|  | **Week 10** |
| 6TH May , 2024 | **MID TERM VIVA** |
|  | **Week 11** |
| 14th May, 2024 | History of 2nd Case and sessions of the both cases , activities in the sessions |
|  | **Week 12** |
| 21th May,2024 | Last sessions with the clients , perform different playing activities with clients . |
|  | **Week 13** |
| 28th May, 2024 | Meeting with the supervisor , She checked the report on history file and tell about the mistakes |
|  | **Week 14** |
| 3rd June , 2024 | First case draft submission and meeting with the supervisor |
|  | **Week 15** |
| 11th June, 2024 | Final draft submission and discussion with supervisor related to creative work |
|  | **Week 16** |
| 20TH June, 2024 | Final submission of the portfolio |