

Micah Walker

PRODUCT DESIGNER & BUILDER
(FREELANCE / INDEPENDENT)

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140 Trailwood Dr,
Woodvale

Australian Citizen

SKILLS



Product & UX/UI Design



Build & Delivery (End to End)



Technical Systems & Low Code



Problem Solving / Iteration



System Integration & Databases

QUALIFICATIONS

2016 **Exercise & Sports Science**
Newcastle University (Bachelor)

2016 **Certificate 3 and 4 in Fitness**
Hunter Tafe, Newcastle

2025 **Sales Psychology & Account**
management

2023 **Qualitative and Quantitative**
Research Methods

2021 **Functional Fitness Trainer for**
Preventative Training

2021 **Rehabilitations Trainer for**
Orthopedic Diseases

2020 **Team Management &**
Development Workshop

2016 **Combat Engineer**
Royal Australian Army Reserves

2015 **AUSTSwim Swim Teacher**

CAREER SUMMARY

Product Designer and Builder with a strong foundation in exercise science, rehabilitation, and human behaviour, specialising in user-centred digital products across web and app platforms.

I bring several years of experience working in complex, real-world systems (clinical rehab, injury management, return-to-work), where success depends on deep user understanding, structured problem-solving, and continuous iteration. I now apply these principles to product design and implementation, bridging UX, UI, and build to ship practical, accessible digital solutions.

EXPERIENCE

09.2024 - Current **Sales Rep / Territory Manager – Sports Medicine**
Arthrex

- Acted as a user-facing product consultant, working closely with clinicians to understand workflows, pain points, and constraints
- Translated complex technical products into clear, usable solutions through education and training
- Analysed engagement and adoption data to inform territory and product strategy
- Collaborated cross-functionally with sales, clinical, and technical stakeholders

Stakeholder research · Workflow analysis · Product adoption · Systems thinking

07.2020 - Current **Product Designer & Builder**
Freelance

- Designed and built digital products end-to-end, from problem discovery to shipped MVPs
- Led user research and needs analysis, translating behavioural insights into structured UX flows
- Designed & Built App Products, created wireframes, design systems, and interactive prototypes in Full Code &/or Figma
- Built and deployed websites and digital platforms using Webflow, WordPress, HTML/CSS/JS, and AI-assisted workflows
- Delivered SEO optimisation,
- Reduced build time and iteration cycles through AI-supported design and development tooling

Product Design · UX · App Design · Low-Code · AI Workflows · Design Systems

07.2022 - 08.2024 **Exercise Physiologist**
University Klinik Frankfurt

- Conducted deep assessment of complex user needs within paediatric oncology and clinical populations
- Designed structured intervention systems under strict constraints (medical, behavioural, operational)
- Iterated programs based on measurable outcomes & feedback
- Collaborated within multidisciplinary teams to align outcomes across medical and non-medical stakeholders
- Produced structured documentation and reports supporting long-term system improvement

User research · Evidence-based design · Accessibility · Iteration

Micah Walker

EXERCISE AND SPORTS SCIENTIST

RESEARCH PROJECTS

Exercise Early to Reduce
Corticosteroid-Induced Side Effects
in Childhood Cancer (EXERCISE-
CC): Study Protocol of a Randomized
Controlled Trial

(MOVE-ONKO): Multiprofessional care
structure and network to promote
demand-oriented, local movement
therapy for oncological patients.

Dissemination of the AWMF S2k
guideline contents on 'Promotion of
movement and movement therapy in
pediatric oncology'.

REFERENCES

Dr. rer. med. Mirjam Dieckelmann (EN, DE)

Head of Sport Therapy

Universitätsklinikum Frankfurt

Klinik für Kinder- und Jugendmedizin

✉ Available upon request

Daniel Roemer (EN, DE)

Cyber Security Engineer

CGI Deutschland (Germany)

✉ Available upon request

Monica Herrero Vargas (EN, ES, DE)

Clinic Director (Freelance Client)

Mentes en Movimiento

✉ Available upon request

EXPERIENCE

01.2020 - 08.2024 **Personal Trainer & Injury Consultant (Freelance)**
Aussie Ausdauer (Own Business)

- Ran an independent consulting practice delivering personalised rehabilitation and performance systems
- Designed programs based on behaviour, goals and constraints
- Managed multiple client projects end-to-end from onboarding to delivery and iteration
- Built and maintained digital platforms (website, SEO, content) to support service delivery
- Delivered corporate workshops translating complex concepts into accessible formats

Service design · User journeys · Project ownership · Digital delivery

08.2019 - 06.2022 **Health & Fitness Coordinator**
TG 1862 Rüsselsheim

- Designed and coordinated rehabilitation systems for diverse user groups
- Managed program planning, delivery, and optimisation
- Applied feedback-driven iteration to improve engagement and outcomes
- Supported operational decision-making through structured data tracking

04.2018 - 07.2019 **Studio Manager & Workplace Health Consultant**
Dantrim GmbH

- Led service operations and workflow optimisation for a rehabilitation studio
- Designed and implemented scalable service systems
- Delivered return-to-work and ergonomic programs aligned to user and organisational needs
- Balanced business performance with user-centred outcomes

&08.2018 - 06.2019 **(Non-for-Profit) Emergency First Aid Responder**
German Red Cross

01.2015 - 06.2016 **(Volunteer) Junior Strength & Conditioning Coach**
Newcastle Knights Juniors

12.2014 - 12.2016 **Personal Trainer & Customer Service**
The Forum, NUsport

01.2012 - 12.2016 **Swim School Supervisor, Swim Teacher & Holiday Camp Instructor**
The Forum, NUsport

2013 - 2016 **Combat Engineer**
Australian Army Reserves