# Psych 3090 Intro To Experimental Psychology

Michael Joseph Ellis

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## **Chapter 1**

## **Introduction to Statistics**

## 1.1 Introduction

### Claim 1.1 3 Purporses of Statistics

- 1. Describe "Descriptive statistics" (First part of the semester)
- 2. Make inferences "Inferential statistics" (Second part of the semester)
- 3. Communicate effectively How to describe the data that you've got. (Throughout the semester)

## Why is learning stats important?

Stages of scientific research:

- State the question
- Develop a hypothesis
- Define variables
- Observe
- Analyze
- Make conclusions, refine theory, repeat

However, to which of these levels is knowledge of stats relevant? **Statistics is relevant at all stages of scientific research.** 

## Understanding stats...

- Is crucial when doing research.
- Is crucial when reading others' research.
- Helps you think critically about data.
- Is marketable! Survival in the information economy. . .

### The Big Picture: 4 Key Terms

## **Definition 1.1: The Big Picture: 4 Key Statistical Terms**

- Population The entire group of interest.
- Parameters describe populations. These parameters are often symbolized by greek letters.
- Sample A subset of the population.
- Statistics describe samples. These statistics are often symbolized by english letters.

Note: An inference is a study from a sample going to the population. i.e., "I have a sample of 100 people, and I want to make a statement about the population of 1000 people."

#### 3 Kinds of Variables

#### **Definition 1.2: 3 Kinds of Variables**

- Dependant Variables What we measure in an experiment.
- Independant Variables What we manipulate in an experiment.
- Extraneous Variables Any variable that is neither a DV or an IV.

Note: Memory Tip 1: "The dependant variable depends on the independant variable."

Note: Memory Tip 2: "The dependant variable is your data."

## **Correlations vs. Experiements**

#### **Correlations**

- Examine wheather two or more DVs are related.
- No IVs.

Correlations are typically seen in scatterplots; measured by "r".

**Correlation does not prove causation!** The problem with correlations is what really causes what? An example of this is the "vulnerability model" which states that people who have low self-esteem are more likely to be depressed. i.e., A causes B. Another example is the "scar model" which states that people who are depressed are more likely to have low self-esteem. i.e., B causes A. Finally, the "third variable" model states that there is an unknown third variable that causes both A and B. i.e., C causes A and B.

To establish causality, we need three things:

- Covariation
- Proper Sequence (cause then effect)
- No confounds (Def: Any extraneous variable that changes when an IV changes)

Let's look at an example experiment.

## **Example 1.1.1** (Hot Peppers -> Mortality)

DV: Mortality

IV: Consumption of hot peppers (Y/N) Extraneous variables: Infinite (most are NP)

Confounds allowed: NONE

### **Experiments**

• Determine if changes in an IV cause changes in a DV.

• Require at least one IV.

Before getting into the measurements of a DV, there are two ways to manipulate an IV.

#### **Definition 1.3: Ways to Manipulate an IV**

- Between-subjects
  - Split sample into separate groups
  - Each group gets a different level of the IV
  - Comparison is between groups
- Within-subjects (also called "repeated measures")
  - Each member of the sample experiences each level of the IV
  - Comparison is within the group

Within-subjects gives statistical power, but. . . gives more danger of <u>learning effects</u> Ex: testing a new teaching method. . .

#### **Measuring DVs:**

- "Measurement = assigning numbers to objects or events according to rules
- Examples:
  - Your jersey number is 5
  - You graduated  $5^{th}$  in your class
  - It is 5° fahrenheit outside
  - The wind is 5 mph

The following is not very interesting topic, but is crucial to remember, there are four measurement scales (from least sophisticaed to most):

- 1. Nominal
  - For identification. . . Ex: CUID number, SSN
  - ... or for categorical data
  - Good for classifying and counting... Ex: 5% of CU students are psych majors
- 2. Ordinal (put in order; ranking)

- Ex: Measuring class rank
- 3. Interval There are equal intervals between values. But there is no meaningful zero point. Cannot make any meaningful ratios. Finally, interval variables often found in surveys.
  - Ex: The temp diff between  $10^{\circ}$  and  $20^{\circ}$  is the same as diff between  $90^{\circ}$  and  $100^{\circ}$ .
  - $Ex: 0^{\circ}$  does not mean there is no heat, so it is not a meaningful zero.
- 4. Ratio Equal intervals AND a meaningful zero. Can make valid ratios.
  - Ex: Number of points you will score on exam one
  - Ex: Distance, time, and money
  - Ex: Temperature measured in ° Kelvin
  - Ex: 60 seconds is exactly three times as long as 20 seconds

## **Examples from Clinical Psych**

- Disorders: Mental retardation, autism, separation anxiety (Nominal)
- Mental Retardation Classes: Mild, moderate, severe, profound (Ordinal)
- Define degree of retardation using IQ scores (Interval)

Why are these scales important to us? Firstly, some stat. procedures <u>depend</u> on the measurement scales. For example, choosing a textbook provider, i.e., Pearson's v. Spearman's. Secondly, the scales tell us what we can do with our numbers. *Earlier examples:* 

- Your jersey number is 5 (Nominal)
- You graduated 5<sup>th</sup> in your class (Ordinal)
- It is 5° fahrenheit outside (Interval)
- The wind is 5 mph (Ratio)

## Example 1.1.2 (Driving Experiment)

## The design of the experiment:

- Dynamic contrast sensitivity Ability to see low contrast objects.
- IVs
  - Alcohol (3 Levels)
    - \* Alcohol (target BAC = 0.10%)
    - \* Control (expecting no alcohol, given none)
    - \* Placebo (expecting acohol but given none)
  - Target motion (2 levels)
    - \* Stationary targets
    - \* Moving targets
- Some extraneous variables (To be controlled)
  - Age
  - Drinking history
  - Medical conditions
  - Presence of other drugs
  - Stomach contents
  - Many others
- Methods. . . (stated verbally, unfortunate)

### The results of the experiement.

- But alcohol severely reduced the ability to see moving targets.
- The two measures of intoxication are NOT related. . . i.e., breath alcohol content (%) and perceived intoxication level.

#### The conclusion of the experiment.

• Moderate doses of alcohol (IV) severely reduce our ability to see low contrast moving targets (the DV)

## 1.2 Frequeny Distributions & Percentiles

With continuous data you can build a frequency distribution based on intervals.

## **Definition 1.4: Frequency Distribution**

A table showing the number of scores in each category or interval.

#### **Building a frequency distribution:**

• Find the range of scores

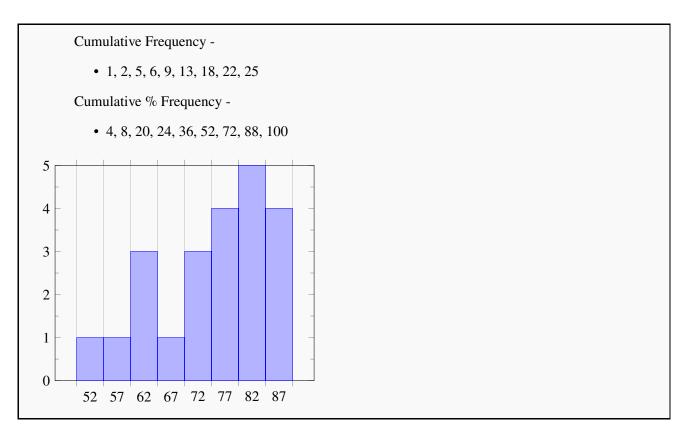
- Range = biggest smallest
- Determine number of intervals & interval width
  - Usually 10 15 intervals
  - Approx. interval width: (range / number of intervals)
- List the limits of each interval
  - First interval must contain lowest score
- Tally the raw scores into intervals
- Add up the tallies

## Example 1.2.1 (Exam scores example)

- 1. Gather data Data: (25 Exam scores)
  - 82, 75, 88, 93, 53, 84, 87, 58, 72, 94, 69, 84, 61, 91, 64, 87, 84, 70, 76, 89, 75, 80, 73, 78, 60
- 2. Find the range and number of intervals needed.
  - Range = 94 53 = 41
  - Width = 2
  - Number of intervals needed to cover 41 = 21 (too many)
  - How about if we try a width of 10?
  - Number of intervals needed to cover 41 = 5 (too few)
  - Finally, we choose a width of 5.
  - Number of intervals needed to cover 41 = 9 (perfect)
- 3. List the intervals and frequency. Intervals -
  - 50 54
  - 55 59
  - 60 64
  - 65 69
  - 70 74
  - 75 79
  - 80 84
  - 85 89
  - 90 94

#### Frequency -

- 1, 1, 3, 1, 3, 5, 5, 4, 3 = 25 (n)
- % Frequency (divide frequency by total exam scores) -
  - 4, 4, 12, 4, 12, 16, 20, 16, 12 = 100



## **Cumulative Distribution, Percentiles & Percentile Ranks**

## **Definition 1.2.1: Cumulative Distribution**

A cumulative distribution indicates the percentage of scores that are less than or equal to each value.

### **Definition 1.2.2: Percentile Rank**

The percentage of the distribution that is below a specific score (0% - 100%) (y-axis) Ex: "The percentile rank of a score of 85 is 75%."

## **Definition 1.2.3: Percentile**

This is the score that exceeds a given percentage of the distribution. (x-axis) *Ex:* "The 40th percentile is an exam score of 75."

## **Stem-and-leaf Displays**

These are typically excellent for visualizing a distribution. They're used more for *exploring data* than for presenting to an audience.

## 1.3 Describing Data Using Numbers

#### **Measures of Center**

1. Mode - the most frequent value. Think of a bell curve, where the tip is the mean. Often times a single bell curve is "unimodal". However, they can also be "bimodal".

- 2. Median the score in the middle of the distribution. (the 50th percentile.) To find the location of the median in an ordered array, use the formula: (N + 1)/2. *NOTE: That this is NOT how you FIND the median*.
- 3. Mean  $\bar{x} = \frac{\sum x}{N}$ . The mean is the balance point of the distribution.

Sample mean:  $\bar{x} = \frac{\sum x}{n}$  (This is a <u>statistic</u>, since it describes a sample.) Population Mean:  $\mu = \frac{\sum x}{N}$  (This is a <u>parameter</u>, since it describes a population.)

## Example 1.3.1 (Number of sexual partners)

<u>Bottom line:</u> The mean can be misleading when there are extreme scores. To really understand your data, look at all three measures of center.

### **Key Features of Means**

- $\sum (x \bar{x})$  always = 0
  - **-** 3
  - 4
  - 5
  - 6
  - 7

The mean of this data set is 5.  $(\bar{x} = 5)$ 

- **-** -2
- **-** -1
- 0
- 1
- 2

These are the "Deviation scores";  $\sum (x - \bar{x}) = 0.00$ 

- The sum of the squared deviations  $\sum (x \bar{x})^2$  is minimized by the mean.
  - **-** 3
  - 4
  - 5
  - **-** 6
  - 7

The mean is 5.00. ( $\bar{x} = 5.00$ )

- **-** -2
- **-** -1
- 0
- 1
- 2

The sum of the deviation score is 0.00. ( $\sum (x - \bar{x}) = 0.00$ )

- 4
- 1
- **-** 0
- 1
- 4

The sum of the squared deviations is 10.00.  $(\sum (x - \bar{x})^2 = 10.00)$ 

- Try another value where  $\bar{x} = 4$ 
  - 1
  - 0
  - **-** 1
  - **-** 4
  - **-** 9

The sum of the squared deviations is 15.00. ( $\sum (x - \bar{x})^2 = 15.00$ )

Only the <u>mean</u> keeps the seesaw balanced! That's because  $\sum (x - \bar{x}) = 0.00$ . For skewed distributions, the median is most useful.

## 1.4 Measures of Spread

## 1.4.1 Three Most Common Measures of Spread

These are going from least to most sophisticated ways of measuring spread.

- Range = Largest Smallest
- Variance =  $\frac{\sum (x-\bar{x})^2}{N}$ . Ex:

The following are X	The following are $X - \bar{x}$	The following is $(X - \bar{x})^2$
2	2	- 4
<b>-</b> 3	<b>-</b> -2	- 1
- 4	1	- 0
- 5	- 0	- 1
- 6	- 1	- 4
- 7	- 2	$\sum (X - \bar{x})^2 = 10.00$ Note: This is also called sum of the squared de-
$\bar{x} = 5.00$	$\sum (X - \bar{x}) = 0.00$	viations, or "sum of squares" or "SS"

In the end, the variance is 2.00.

• Standard Deviation =  $\sqrt{Variance}$ . Ex:  $\sqrt{2.00}$  = 1.41. Memorize this for the exam.

Standard Deviation = 
$$S_x = \sqrt{\frac{\sum (x - \bar{x})^2}{N}}$$

Population Standard Deviation = 
$$\sigma_x = \sqrt{\frac{\sum (x-\mu)^2}{N}}$$

Estimated Population Standard Deviation = 
$$s_x = \sqrt{\frac{\sum (x - \bar{x})^2}{n-1}}$$

The first two are used when describing data. The third is used when making <u>inferences</u>. All three of these are "center-based" measures of spread.

Example 1.4.1 (Number Of times Rated)				
The following is X	The following is $X - \bar{x}$	The following is $(X - \bar{x})^2$		
• 0	• -3.12	• 9.50		
• 5	• 1.87	• 3.50		
• 3	•13	• .02		
• 0	• -3.12	• 9.80		
• 2	• -1.13	• 1.28		
• 4	• .87	• .76		
• 5	• 1.87	• 3.50		
• 6	• 2.87	• 8.24		
$\sum x = 25. \ \bar{x} = 3.12.$	$\sum (X - \bar{x}) = 0.00$	$\sum (X - \bar{x})^2 = 36.88$		
Finally, using the standard deviation formula of $S_x = \sqrt{\frac{\sum (x - \bar{x})^2}{N}}$ , we get a standard deviation of 2.15				

## 1.5 Know your Stat Calculator!

- Be sure you are familiar with its stat functions.
  - Esp. standard deviation and variance
  - (N) or (N-1) on denominator?
  - Easy check:
    - 1. Enter these values: 1, 2, 3
    - 2. std. dev = .82 when using N in denominator (descriptive)
    - 3. std. dev = 1.00 when using N-1 in denominator (inferential)
- Got a TI-30Xa? Then watch the video that was posted by Dr. Tyrell in Canvas.

## 1.6 Complete Descriptions of Data

- To completely describe a variable, describe its:
  - 1. Center

- Mean, median, mode
- 2. Spread
  - Range, standard deviation, variance
- 3. Form

We've talked about the first two but what about form?

#### 1.6.1 Measures of Form

- 1. Modality The number of peaks in a distribution. Ex: Unimodal or bimodal.
- 2. Skewness The degree to which a distribution is asymmmetrical. *Ex: Positively (right & (mean < median < mode)) or negatively (left & (mode < median < mean)) skewed.*
- 3. Kurtosis The degree to which a distribution is peaked or flat. Ex: Leptokurtic (peaked) or platykurtic (flat).

And these are great, however the best way to see the form of a variable is to use a histogram.

## 1.7 Transformations

#### Effect of transformations on the CENTER:

- 1. Adding or subtracting a constant from all data points has same effect on center.
- 2. Multiplying or dividing all data points by a constant has same effect on center.

## Effect of transformations on the SPREAD:

- 1. Adding or subtracting a constant has NO effect on spread.
- 2. Multiplying or dividing by a constant has same effect on measures of spread (except the variance!)
- 3. Multiplying or dividing a constant multiplies or divides the variance by the square of the constant.

Example 1.7.1 (Example of transformation)					
The following is X	plus 10 The following is $X + 10$	• 11			
• 1		• 20			
• 10		• 25			
• 15		• 18.67 (Mean)			
• 8.67 (Mean)		• 5.79 (Standard Deviation			
• 5.79 (Standard Deviation)		[unchanged])			
• 33.56 (Variance)		• 33.56 (Variance [unchanged])			

#### **Example 1.7.2** (Example of transformation)

The following is X	times 10 The following is X * 10	• 10
• 1		• 100
• 10		• 150
• 15		• 86.67 (Mean [multiplied by 10])
• 8.67 (Mean)		• 57.93 (Standard Deviation
• 5.79 (Standard Deviation)		[multiplied by 10])
• 33.56 (Variance)		• 3356.00 (Variance [multiplied by 100])

## 1.8 References

This is a reference to a source [?].

# **Bibliography**