

Support Online and by Phone

Note: My NM Care corner is not intended to replace clinical care or management by a healthcare provider. If you have a medical emergency, please contact your healthcare provider.

Organizations such as the American Cancer Society provide cancer information, helpful resources, and support services at no cost online and by phone. Some organizations serve people living with any type of cancer, while others offer resources for people with specific types of cancer or unique needs.

Support for any Type of Cancer

The following organizations offer websites and telephone hotlines to help you learn more about your cancer diagnosis, treatment options, and support resources:

- American Cancer Society (ACS)*
- National Cancer Institute (NCI)*
- Springboard Beyond Cancer
- Cancer.net (American Society of Clinical Oncology)
- National Comprehensive Cancer Network (NCCN)

*Services offered in English and Spanish

Support for Specific Types of Cancer

Many organizations are dedicated to providing information, resources, and support to people living with a specific type of cancer. Some offer services in both English and Spanish.

Support for Young Adults with Cancer

People living with cancer in their 20s and 30s face unique challenges. There are dedicated programs and support communities for young adults with cancer.

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