

## Cancer Survivorship Services

**Note: My NM Care corner is not intended to replace clinical care or management by a healthcare provider. If you have a medical emergency, please contact your healthcare provider.**

Cancer survivorship services can help you manage the long-term effects of cancer and cancer-related treatments.

Today, more than ever, cancer survivors are leading healthy and fulfilling lives due to the many advances in early detection, diagnosis, and treatment. Yet the long-term effects of cancer and cancer-related therapies do require ongoing surveillance and support.

Cancer survivorship clinics provide patients with a wide range of services, including treatment summaries, future care plans, monitoring for ongoing side effects, tips for healthy lifestyles, and tools to address physical and emotional concerns.

Additional services and resources are available to help with specific long-term effects associated with cancer, such as chronic pain, fertility issues, and nutrition.

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