

Local Support Groups & Communities

Note: My NM Care corner is not intended to replace clinical care or management by a healthcare provider. If you have a medical emergency, please contact your healthcare provider.

Local cancer support groups and communities offer you opportunities to take part in fun and healing activities while connecting with people who understand.

These neighborhood cancer communities offer an a la carte menu of free or low-cost events and services from which you can choose, including support groups, educational classes, and group wellness activities:

- Gilda's Club* (Downtown Chicago)
- Cancer Wellness Center (Northern Suburbs)
- LivingWell Cancer Resource Center (Far Western Suburbs)
- Wellness House (Near Western Suburbs)
- ALAS-WINGS* services for Hispanic/ Latina women with breast cancer (Chicago and suburban locations)
- Cancer Support Center (Southern Suburbs)

*Services offered in English and Spanish

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