

Cancer Rehabilitation Services

Note: My NM Care corner is not intended to replace clinical care or management by a healthcare provider. If you have a medical emergency, please contact your healthcare provider.

Cancer rehabilitation services can be beneficial before, during, and after cancer treatment. These services can help you if you feel weak, have pain and fatigue, lymphedema, or have difficulty keeping up with your activities of daily living, recreational activities, and work.

Physical therapists, occupational therapists, and speech language pathologists can work with you on strength and conditioning, self-care, swallowing, and communication. The Northwestern Medical System provides cancer rehabilitation services in the following locations:

- NMH Rehabilitation Services
- NM OB/GYN Pelvic Physical Therapy Program
- NM Occupational Therapy
- Marianjoy Inpatient and Outpatient Services

Additionally, the Shirley Ryan Ability Lab offers cancer rehabilitation services.

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