# Module Interface Specification for Natural Language Processing for Mental Health Risk Prediction

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# 1 Revision History

Date	Version	Notes
January 17, 2024	1.0	Revision 0

# 2 Symbols, Abbreviations and Acronyms

See SRS Documentation at https://github.com/MichaelBreau/nlp-mentalhealth/blob/main/docs/SRS/index.pdf

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# 3 Introduction

The following document details the Module Interface Specifications for Natural Language Processing for Mental Health Risk Prediction

Complementary documents include the System Requirement Specifications and Module Guide. The full documentation and implementation can be found at <a href="https://github.com/MichaelBreau/nlp-mentalhealth">https://github.com/MichaelBreau/nlp-mentalhealth</a>.

# 4 Notation

The structure of the MIS for modules comes from Hoffman and Strooper (1995), with the addition that template modules have been adapted from Ghezzi et al. (2003). The mathematical notation comes from Chapter 3 of Hoffman and Strooper (1995). For instance, the symbol := is used for a multiple assignment statement and conditional rules follow the form  $(c_1 \Rightarrow r_1|c_2 \Rightarrow r_2|...|c_n \Rightarrow r_n)$ .

The following table summarizes the primitive data types used by Natural Language Processing for Mental Health Risk Prediction.

Data Type	Notation	Description
character	char	a single symbol or digit
list	[item, item,]	a list of objects of the same type
dict	< key: T, val: T >	a dictionary of key value pairs
integer	$\mathbb{Z}$	a number without a fractional component in $(-\infty, \infty)$
natural number	$\mathbb{N}$	a number without a fractional component in $[1, \infty)$
real	$\mathbb{R}$	any number in $(-\infty, \infty)$

The specification of Natural Language Processing for Mental Health Risk Prediction uses some derived data types: sequences, strings, and tuples. Sequences are lists filled with elements of the same data type. Strings are sequences of characters. Tuples contain a list of values, potentially of different types. In addition, Natural Language Processing for Mental Health Risk Prediction uses functions, which are defined by the data types of their inputs and outputs. Local functions are described by giving their type signature followed by their specification.

# 5 Module Decomposition

The following table is taken directly from the Module Guide document for this project.

Level 1	Level 2	Level 3
Hardware-Hiding	None	
Behaviour-Hiding	Fating Digardan IO	ED Input
	Eating Disorder IO	ED Output
	Depression Module	
Software Decision	Anorexia Module	
		ED Pipeline Manager
		ED Tokenizer
	Eating Disorder Pipeline	ED Representation Model
		ED Prediction Model
		ED Transformation 1n (represents multiple
		modules)

Table 1: Module Hierarchy

# 6 MIS for Search for Symptoms of Depression Module

#### 6.1 Module

Task 1 - Search for Symptoms of Depression for User Sentences

#### 6.2 Uses

Used to rank each input sentence by its correlation to a given depression symptom and returns the 1000 sentences with the highest correlation to said depression symptom. Each sentence will receive a level of correlation for each of the 21 given depression symptoms (totaling an output of 21,000 sentences). These results for user sentences will be tested against the results each user gave when filling out the BDI Questionnaire regarding there depression symptoms.

## 6.3 Syntax

#### 6.3.1 Exported Constants

None

#### 6.3.2 Exported Access Programs

Name	In	Out	Exceptions
path_address	String	String	-
parse_data	String	Dictionary	-
$filter\_sentences$	Dictionary	Dictionary	-
write_top_sentences	List, String	-	-
$detect\_depression\_symptom$	String, String	Integer	-
$normalize\_symptom\_scores$	Dictionary	List	-

#### 6.4 Semantics

#### 6.4.1 State Variables

None

#### 6.4.2 Environment Variables

None

#### 6.4.3 Assumptions

• Data for each users sentences are in there own .trec file and the jsonl file acts as a master list of sentences containing all sentences across all users in one jsonl file.

• The users answered the BDI questionnaire honestly so we can take that data as being accurate when we use it.

#### 6.4.4 Access Routine Semantics

path\_address():

- transition: None
- output: A string representing the address's of all trec files
- exception:

parse\_data():

- transition: None
- output: A dictionary containing every sentence where the key is the sentence id and the value is the sentence itself.
- exception: None

filter\_sentences():

- transition: None
- output: A dictionary containing all sentences that were not filtered out by the filter function due to being deemed as low quality or irrelevant sentences for testing. The key for each dictionary entry is the sentence id and the value is the sentence itself.
- exception: None

write\_top\_sentences():

- transition: None
- output: None
- exception: None

detect\_depression\_symptom():

- transition: None
- output: A integer that represents the correlation of the inputted sentence to the inputted symptom.
- exception:

normalize\_symptom\_scores():

• transition: None

• output: A list of lists where each inner array represents a sentence. The first element in the inner list is the sentence id and the second is the score for the given depression symptom from 1-10. The outputted list of lists will be sorted by there depression symptom score from highest to lowest.

 $\bullet$  exception:

#### 6.4.5 Local Functions

# 7 MIS for Early Detection of Signs of Anorexia Module

#### 7.1 Module

Task 2 - Early Detection of Signs of Anorexia using User Posts

#### 7.2 Uses

Used for predicting early signs of anorexia using aggregates of user posts trained on data from users who were to known to not have or have anorexia symptoms.

# 7.3 Syntax

#### 7.3.1 Exported Constants

None

#### 7.3.2 Exported Access Programs

Name	In	Out	Exceptions
pathaddress	String	String	-
parsedata	String	Dictionary	-
goldentruth	String	Dictionary	-
bert	Dictionary	List, List	-
predictor	List, List	Dictionary	-
calculateaccuracy	Dictionary, Dictionary	None	-
gettopicdistribution	List, List	None	-

#### 7.4 Semantics

#### 7.4.1 State Variables

None

#### 7.4.2 Environment Variables

None

#### 7.4.3 Assumptions

- Data from user posts are in an xml file and the ground truth file is in a txt file and are present in the current working directory.
- The model is trained on accurate data with correctly linked user-truth values.

#### 7.4.4 Access Routine Semantics

#### pathaddress():

- transition: None
- output: The path address for the data files
- exception: None

## parsedata():

- transition: None
- output: Dictionary with usernames as keys connected to a list of strings containing user posts
- exception: None

#### goldentruth():

- transition: None
- output: Dictionary with usernames as keys connected to an integer representing their anorexia status (0 or 1)
- exception: None

# bert():

- transition: None
- output: List 1: List of usernames, List 2: List of topics generated from the bertopic model with the indexes corresponding to the usernames from the first list
- exception: None

#### predictor():

- transition: None
- output: Dictionary with usernames as keys and the predicted 0 or 1 integer linked
- exception: None

#### calculateaccuracy():

• transition: None

• output: Accuracy scores comparing golden truth to predictor values

$$Precision(P) = \frac{|u \in U : d = g = 1|}{|u \in U : d = 1|}$$
 
$$Recall(R) = \frac{|u \in U : d = g = 1|}{|u \in U : g = 1|}$$

$$F - Score(F) = \frac{2 * P * R}{P + R}$$

• exception: None

gettopicdistribution():

• transition: None

- output: List with index representing the topic distribution of users with sepperation into golden truth of 0 and 1s
- exception: None

#### 7.4.5 Local Functions

# 8 MIS for Measuring the Severity of the Signs of Eating Disorders

# 8.1 Module ed\_input

#### 8.2 Uses

None

# 8.3 Syntax

#### 8.3.1 Exported Constants

None

#### 8.3.2 Exported Access Programs

Name	In	Out	Exceptions
read_file	String	Dict	Incorrect File Format

#### 8.4 Semantics

#### 8.4.1 State Variables

None

#### 8.4.2 Environment Variables

None

#### 8.4.3 Assumptions

The input to read\_file will be a path to a file on the disk.

#### 8.4.4 Access Routine Semantics

 $read\_file(pathaddress : String):$ 

- transition: None
- output:  $Dict\ of < username: String,\ posts: [post: String|post \in user's\ posts] >$
- exception: If the input file is not correctly formatted

#### 8.4.5 Local Functions

## 8.5 Module ed\_output

#### 8.6 Uses

None

# 8.7 Syntax

#### 8.7.1 Exported Constants

None

#### 8.7.2 Exported Access Programs

Name	In	Out	Exceptions
write_file	$Str, \ Dict$	None	None

#### 8.8 Semantics

#### 8.8.1 State Variables

None

#### 8.8.2 Environment Variables

None

#### 8.8.3 Assumptions

The rest of the pipeline up to this point will produce a  $Dict\ of\ < username: String,\ scores: [s_1, s_2, ..., s_{22}] >$ where  $s_1, s_2, ..., s_{22}$  are the predicted scores for each of the eating disorder questionnaire's 22 questions

#### 8.8.4 Access Routine Semantics

 $\text{write\_file}(file:Str,\ scores:Dict\ of\ < username:Str,\ scores:[s_1,s_2,...,s_{22}]>):$ 

- transition: writes *scores* to the file specified by *file* where each line is of the format "username: s1, s2, ..., s22" for each user.
- output: None
- exception: None

#### 8.8.5 Local Functions

# 8.9 Module ed\_pipeline

#### 8.10 Uses

ed\_input, ed\_tokenizer, ed\_rep\_model, ed\_pred\_model, ed\_output

# 8.11 Syntax

#### 8.11.1 Exported Constants

None

#### 8.11.2 Exported Access Programs

Name	In	Out	Exceptions
$\operatorname{run\_pipeline}$	Str, Str	None	None

#### 8.12 Semantics

#### 8.12.1 State Variables

None

#### 8.12.2 Environment Variables

None

#### 8.12.3 Assumptions

The first input to run\_pipeline is a path to a file on the disk

#### 8.12.4 Access Routine Semantics

write\_file( $in_file: Str, out_file: Str$ ):

- transition: calls ed\_input to read from  $in\_file$ , runs the full pipeline, and calls ed\_output to write user scores to  $out\_file$ .
- output: None

• exception: None

#### 8.12.5 Local Functions

## 8.13 Module ed\_tokenizer

#### 8.14 Uses

None

# 8.15 Syntax

#### 8.15.1 Exported Constants

None

#### 8.15.2 Exported Access Programs

Name	In	Out	Exceptions
tokenize	Str, [Bool]	List of Str	None

#### 8.16 Semantics

#### 8.16.1 State Variables

None

#### 8.16.2 Environment Variables

None

#### 8.16.3 Assumptions

None

#### 8.16.4 Access Routine Semantics

 $write\_file(text : Str, options : List of Bool):$ 

- transition: None
- output: A list of words representing text split by whitespace after text is processed in a number of ways specified by options.
- exception: None

#### 8.16.5 Local Functions

# 8.17 Module ed\_rep\_model

#### 8.18 Uses

None

# 8.19 Syntax

#### 8.19.1 Exported Constants

None

#### 8.19.2 Exported Access Programs

Name	In	Out	Exceptions
represent	[Str], [Bool]	[Float]	None

#### 8.20 Semantics

#### 8.20.1 State Variables

None

#### 8.20.2 Environment Variables

None

#### 8.20.3 Assumptions

The first input to represent will be the output of ed\_tokenizer: a processed list of the words in the input text split by whitespace.

#### 8.20.4 Access Routine Semantics

 $represent(text : List \ of \ Str, \ options : List \ of \ Bool):$ 

• transition: None

• output: A list of floats representing *text* encoded by some method into a numerical format, the details of the conversion are specified by *options*.

• exception: None

#### 8.20.5 Local Functions

# 8.21 Module ed\_pred\_model

#### 8.22 Uses

 $ed_{transform}$ 

# 8.23 Syntax

#### 8.23.1 Exported Constants

None

#### 8.23.2 Exported Access Programs

Name	In	Out	Exceptions
predict	< Str, [Float] >, [Bool]	< Str, [Float] >	None

#### 8.24 Semantics

#### 8.24.1 State Variables

None

#### 8.24.2 Environment Variables

None

#### 8.24.3 Assumptions

The first input to predict will be a dictionary of the outputs of ed\_rep\_model for each user.

#### 8.24.4 Access Routine Semantics

 $represent(user\_data : < username : text, representation : [Float] >, options : List of Bool):$ 

- transition: None
- output: A dictionary of  $< username : String, scores : [s_1, s_2, ..., s_{22}] >$  where  $s_1, s_2, ..., s_{22}$  are the predicted scores for each of the eating disorder questionnaire's 22 questions for each user username.
- exception: None

#### 8.24.5 Local Functions

#### 8.25 Module ed\_transform

#### 8.26 Uses

 $ed_{transform}$ 

# 8.27 Syntax

#### 8.27.1 Exported Constants

None

#### 8.27.2 Exported Access Programs

Name	In	Out	Exceptions
predict	< Str, [Float] >, [Bool]	< Str, [Float] >	None

## 8.28 Semantics

#### 8.28.1 State Variables

None

#### 8.28.2 Environment Variables

None

#### 8.28.3 Assumptions

None

#### 8.28.4 Access Routine Semantics

 $represent(user\_data : < username : text, representation : [Float] >, options : List of Bool):$ 

- transition: None
- ullet output: A dictionary of < username : String, representation : [Float] > where each of the output's representations is a transformation of the input representations.
- exception: None

#### 8.28.5 Local Functions

# References

Carlo Ghezzi, Mehdi Jazayeri, and Dino Mandrioli. Fundamentals of Software Engineering. Prentice Hall, Upper Saddle River, NJ, USA, 2nd edition, 2003.

Daniel M. Hoffman and Paul A. Strooper. Software Design, Automated Testing, and Maintenance: A Practical Approach. International Thomson Computer Press, New York, NY, USA, 1995. URL http://citeseer.ist.psu.edu/428727.html.

# 9 Appendix

#### 9.1 Reflection

#### 9.1.1 Limitations of the proposed solution.

One of the primary limitations recognized in our design is that the performance of the various risk detectors are all turtlenecked with the spread of training data available to them. This primarily being enforced by biases present in the data which may skew results incorrectly, a prominent issue with all projects that rely on artificial intelligence to help predict an outcome. This bias can present itself as a decreased effectiveness for variations in cultural and linguistic backgrounds of the analyzed user data.

Additionally, this ties into the overall limitation of the system of how this tool is intended to be assistive and supplementary to trained mental health professionals, it is not meant to be the sole source of a diagnosis. Biases and limitations of the code structure will always offer an amount of machine error, which is why this program is to be used under the guidance of professionals who can help corroborate the results using their situation context and emotional intelligence, an ability that cannot ever truly be given to a computer.

#### 9.1.2 Benefits and trade-offs of other potential solutions.

Early in the design and planning process, the team experimented with the idea of using large language models similar to ChatGPT for diagnosis. This would allow us to leverage well documented and existing technologies in our efforts, providing a strong jumping off point for our workflow. Unfortunately, the team was able to soon discover research which showed that models like ChatGPT tend to draw undesirable parallels with their training data, resulting in the system unknowingly fabricating information in the input data which would provide incorrect results.