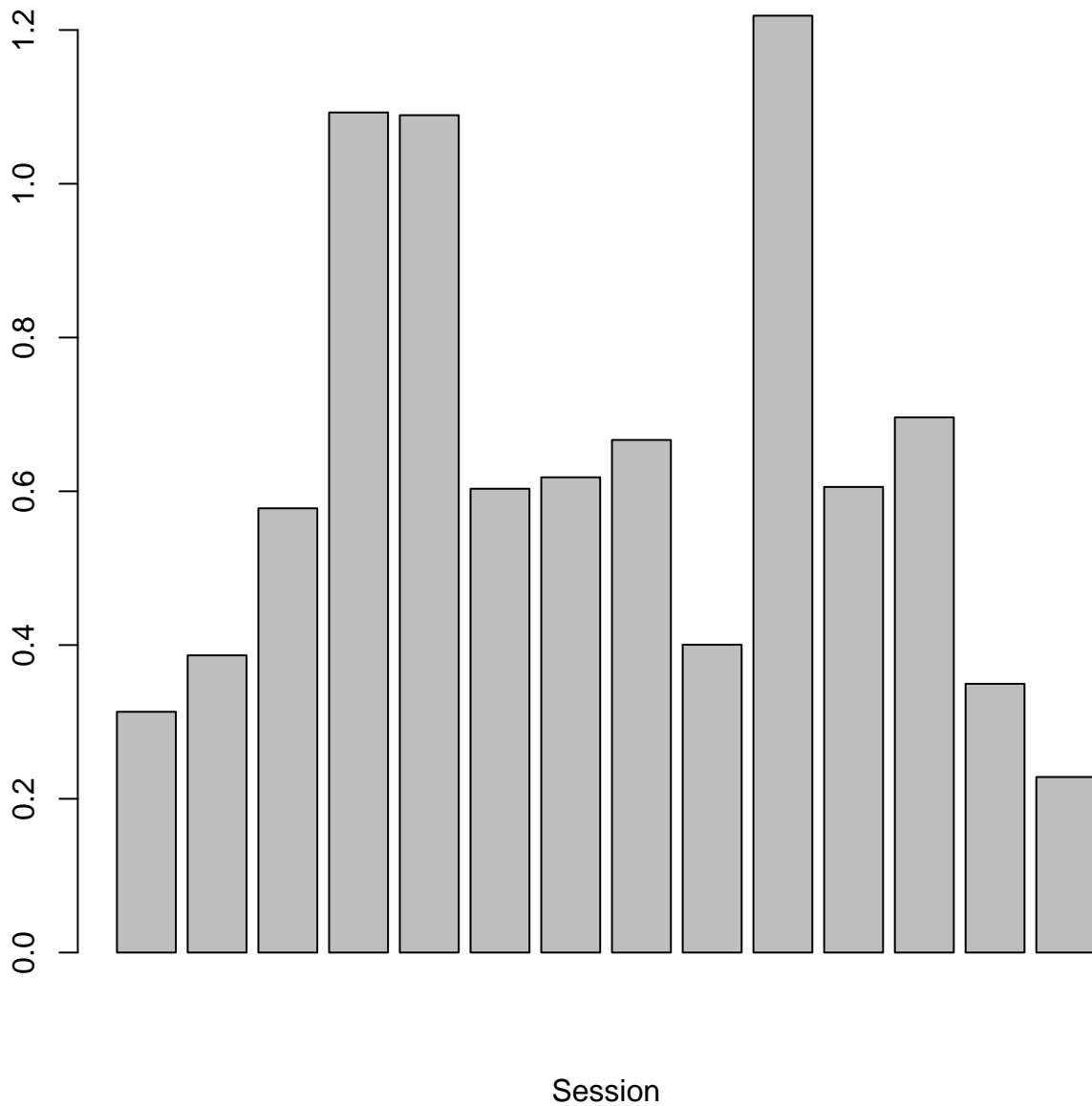
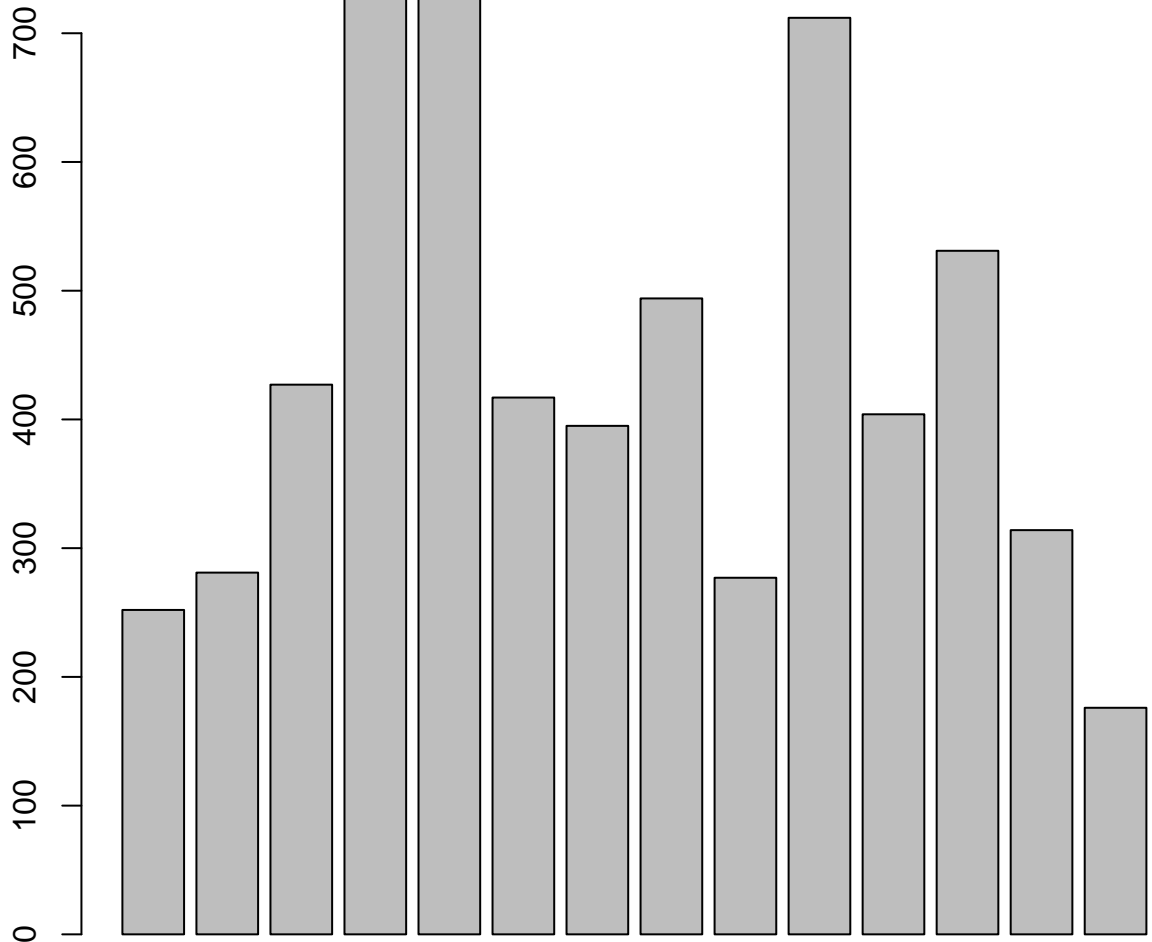


## Duration of Exercise in Hours



# KiloCalories



Session

## Heart Rate Maximum

