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**CSCI 5115**

**Interview 1**

* Part 0: Roommate difficulties? \*(If applicable)
  + **2 other roommates**
  + If you have a roommate, how is the cooking partitioned between you all?
    - **usually, they cook Asian/Vietnamese**
    - **guy roommate cooks from time to time, but barely anyone eats it**
      * **p fatty food**
    - **girl roommate likes to bake**
  + Are there any difficulties with keeping track of food with a roommate?
    - **yes**
    - **who bought what**
    - **if they could eat this or that**
    - **ingredients missing**
* Part 1: Expiration date stuff
  + With leftover food, do you think you would be more likely to eat it if you were aware that it is sitting in your fridge? Why or why not?
    - **sometimes aware, but sometimes needs to be brought up**
  + Do you have a lot of expired food?
    - **yes, they get moldy from time to time as well**
    - **1-2 containers of food/month**
      * **Chinese takeout containers in terms of size**
  + How do you treat expiration dates? Do you immediately throw it away or do you check to see if it has gone bad?
    - **throw them out weeks later they expired – usually forgets unless brought up by roommates**
  + What is the food/leftover situation like at home when you are with your family?
    - **food and leftovers usually are frozen and microwaved to reduce food waste**
      * **in parents’ home**
    - **in apartment, not the case**
  + How do you feel about wasting food?
    - **terrible b/c family grew up poor so it’s looked down on to waste it**
    - **especially when it was bought fresh**
    - **doesn’t feel as bad when it comes from the food pantry**
  + What are your experiences with eating expired food?
    - **food poisoning**
    - **regret**
    - Have you ever gotten sick from ingesting expired food and how did that situation affect you?
      * **got sick – unable to function normally b/c in bathroom b/c of it**
  + What is the oldest item you have in your refrigerator? How long has it been there? Why have you not used it or thrown it away?
    - **mom gave bunch of oranges**
      * **left one orange in fridge to experiment**
        + **it molded over and became mushy in ~2months**
  + Do you organize your fridge?
    - If yes, how do you organize your food (or ask it as another question)?
      * **Takeout and leftovers on bottom rack**
      * **Bins for condiments**
      * **Fruits and veggies and top rack b/c that’s where the vent is**
      * **middle drinks and eggs**
      * **door – extra condiments and things that don’t go bad easily**
  + How often do you find expiring food?
    - **every other week**
      * **new organization made it twice a month**
  + What is the most common expired food you have to throw out?
    - **fruits**
      * **fruits with higher water content**
* Part 2: Grocery Shopping
  + How do your values impact your decisions when you go grocery shopping? Do you look to buy local produce, or does that not matter to you?
    - **Groceries – markets/farmer’s markets**
      * **local produce stores (Fresh Valley)**
    - **sometimes food pantries**
  + Tell me about when you decide to go grocery shopping and how much or what you buy each time.
    - **every 1-2 weeks**
    - **enough bags of food for 3 people to carry**
    - **meat**
      * **chicken (dark meat – thighs, wings, breasts)**
      * **not often beef b/c don’t like to eat beef**
      * **fish/seafood**
        + **tuna fillet**
        + **salmon fillet/steaks**
        + **whole fish**

**gutted and prepared by self**

* + Does it matter to you whether the food is organic or not? Tell me a bit more about why.
    - **yeah, when possible**
    - **but can’t b/c $$$**
* Part 3: Recipe related
  + What sort of dishes do you make?
    - **Asian/Viet/Chinese**
      * **home, nostalgia**
  + Do you plan your meals? In what ways?
    - **No**
    - **cook the same day, and whatever leftovers there are, they become meals for the next few days**
  + Has there ever been a time when you wanted to cook something, but didn’t know if you had the ingredients or not?
    - **multiple times**
  + Do you use set recipes when you cook dishes? If so, do you use a website?
    - **nope, use memory/taste**
    - **other roommates do, though b/c they don’t cook as often**
  + Do you cook new dishes often or do you repeat them often?
    - **mix things up**
* Part 4: Wrapping up
  + Do you have anything to change or add to any of your answers to the previous questions?
    - **nope**
    - **pays a lot about food nutritional value**
  + Do you have any final thoughts?
    - **nope**