



Personal SWOT Analysis Worksheet

- For instructions on using Personal SWOT Analysis, visit www.mindtools.com/personalswot.

<p>Strengths</p> <p>What do you do well? What unique resources can you draw on? What do others see as your strengths?</p>	<p>Weaknesses</p> <p>What could you improve? Where do you have fewer resources than others? What are others likely to see as weaknesses?</p>
<p>I'm highly organized. I enjoy organizing my schedule and tasks to make work and life more efficient and enjoyable.</p> <p>I have held a leading role in business operations and financial operations. I feel confident and enjoy talking "business" with business owners and those in leadership roles.</p> <p>My customer service & management experience has improved my empathetic nature. Whether it's a coworker or client, whether it's positive or it's conflict, validating another's feelings is always incredibly important.</p> <p>People often tell me they like being around me because of my supportive and calm nature.</p>	<p>I can be quiet and shy in new situations and around new people. This can come off as indifference or underconfidence.</p> <p>I have a hard time asking for help which can slow down my progress.</p> <p>I feel that I am a slow learner. It takes me time to process a lot of new information but once I have practiced and understand, I feel confident in my knowledge.</p>
<p>Opportunities</p> <p>What opportunities are open to you? What trends could you take advantage of? How can you turn your strengths into opportunities?</p>	<p>Threats</p> <p>What threats could harm you? What is your competition doing? What threats do your weaknesses expose you to?</p>
<p>The Treasure Valley continues to rapidly grow as does the tech job market. I have grown up here and have many connections that could possibly aid me in my job search.</p> <p>I have deep understanding of Procure Solutions and had a good contact at that company. I have used this app for 5 years (in previous job) and wonder if there could be an intern possibility there. They are located in Medford OR.</p>	<p>Being a new developer and out of work while my husband is working may make me rush into employment.</p> <p>My plan on moving out of state next Fall may make an employer disqualify me as a potential candidate.</p> <p>My quiet nature on first impression may be a cause of being overlooked.</p>