Twin Strutural Equation Models in R & Lavaan

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1 Introduction

1.1 Resemblance between relatives

There is a long history of questioning the nature of the resemblance between family members, specifically sibling and even more specifically twins. Reasons that are commonly put forward for these similarities are the obvious genetic similarity, similarity in socio-economic position, the childhood environment and similarity in upbringing shared between siblings. Twin and family models leverage known variation in genetic and environmental relatedness between family members to estimate the relative contributions of genetics, the environment, their interacting, their correlation and other process to the similarities between relatives.

Twins offer an excellent "natural experiment" where some twins are genetically identical (identical, monozygotic twins, MZ twins, or MZs) and some twins share half their segregating DNA (fraternal, dizygotic twins, DZ twins, or DZs). Like any natural experiment, twin studies aren't true experiments, and so the estimated quantities come with various assumptions some of which are specific to twin models, and I'll make sure to catalog the assumptions we are making along the way.

If certain assumptions are satisfied the causes of resemblance between twins can be generalized to be causes on individual differences in the general population, provided the twins we sample are representative of the population, and the population in question is homogeneous, as the relative contribution of genes, the environment their correlation and interaction aren't fixed quantities or inescapable facts of life. Estimates of variation attributable to genes, the environment we grow up on, their interaction or correlation estimates are temporal phenomena that reflect the economic/political and societal status quo in the population one studies, or if the sample is somehow not full representative are merely features of the sample. If we respect these limitations, and re-evaluate them fully in every project, but also in every paper we read, we stand to learn a great deal about the causes of individual differences.

1.2 SEM Models for twin data

This document describes various twin structural equation models (SEM) to estimate the nature of the relationship between family members in order to learn about the contribution of genes and the social or rearing environment to complex (behavioral) outcomes. The goal is to provide a basic understands of these models with the means to fit the models in lavaan (Rosseel 2012), lavaan is an R package that allow the use to define a structural equation model in terms of regression, variances and covariances and will be familiar to users of M-Plus. The package is (IMO) more accessible to beginners then another excellent SEM R package: OpenMx (Neale et al. 2015), but the accessibility comes at the cost of less flexibility. In terms of flexibility OpenMx is truly unrivaled. Its worth pointing out that the developers behind OpenMx have an academic interest in twin models, which means scripts and support for users in those models is often especially excellent. The best (to my knowledge) repository of twin models in OpenMx is maintained by Hermine Maes and there is an R package that wraps OpenMx twin models in simpler R commends called umx (Bates, Maes, and Neale 2019) which is build and maintained by Tim Bates. Some models considered fundamental to our understanding of gene-environment interaction cannot (to my knowledge) be fitted in lavaan, despite these limitation there are many advantages to learning lavaan. The syntax used to specify lavaan models also features in blavaan (Merkle and Rosseel 2018), its Bayesian cousin providing an easy entry into Bayeslian twin modeling. Similarly the package RegSEM (Jacobucci, Grimm, and McArdle 2016) and lslx (Huang, Chen, and Weng 2017) allows for regularized structural equation modeling and use lavaan, or very lavaan like, syntax and could be a point of departure for various novel and innovative twin models.

All things considered it makes sense to study, collect and document lavaan syntax for various twin models.

2 Quickly set up my R environment

We will need the following packages, some may be optional, some will be required for any lavaan analysis (like lavaan).

```
library(lavaan)
library(MASS)
library(tidySEM)
library(ggplot2)
library(knitr)
```

3 Lavaan

3.1 Syntax

Lavaan requires the user to specify a SEM model in terms of regression, which are directional relations between observed variables, factor loadings which are directional relations between a latent factor and an observed variable, variances and variances which are undirected relationships between variables. The model is defined in a text string within R.

Table 1: Table 1: Lavaan syntax elements and their meaning

Syntax	DescriptionMeaning					
f =~ In1 +	Factor The factor "f" is measure by 3 indicators "In1," "In2" and "In3,"					
In2 + In3	loading					
y ~ x	Regression The variable "y" is regressed on the variable "x"					
x1 ~~ x2	Covariance the variable "x1" and "x2" covary					
x1 ~~ x1	Variance the variable x1 has a freely estimated variance					
y 0*t1	Threshold In binary or ordinal variable this fixes the point in the underling latent variable					
	where the ordinal variable goes from 0 to 1 (t1) or 1 to 2 (t2) etc etc.					

You can use addition to add multiple elements to a regression in lavaan: $y \sim x1 + x2$ and to covariance: $x1 \sim x1 + x2 + x3$. Lavaan will map the variable names in the syntax to variable names in your dataset. Lavaan expects all the relationships in a model to be contained in a single string variable in R let me show you an example model fit to simulated data:

```
# make the data
f <- rnorm(100)
i1 <- 1*f + rnorm(100)
i2 <- 0.6*f + rnorm(100)
i3 <- 1.4*f + rnorm(100)

x <- rnorm(100)
y <- f + x

dataset <- cbind.data.frame(i1,i2,i3,x,y)

# write the lavaan model:
example.model <- "
f1 =~ i1 + i2 + i3</pre>
```

```
y ~ x + f1
x ~~ f1
```

Okay, now notice how f does not exist in the dataframe: dataset (its going to be latent), lets fit the model to the data and have a look at the results.

```
model.fit <- sem(model = example.model,data=dataset)
model.fit</pre>
```

```
## lavaan 0.6-7 ended normally after 35 iterations
##
##
     Estimator
                                                         ML
##
                                                     NLMINB
     Optimization method
##
     Number of free parameters
                                                         11
##
##
     Number of observations
                                                        100
##
## Model Test User Model:
##
##
     Test statistic
                                                     16.419
##
     Degrees of freedom
     P-value (Chi-square)
                                                      0.003
##
```

So the model ran and converged, the fit (according to the chi2) is adequate. Thats not entirely unexpected as we are fitting the true model to the data. Lets look at the estimates:

summary(model.fit)

```
## lavaan 0.6-7 ended normally after 35 iterations
##
##
     Estimator
                                                         ML
##
     Optimization method
                                                     NLMINB
##
     Number of free parameters
##
##
     Number of observations
                                                        100
##
## Model Test User Model:
##
##
     Test statistic
                                                     16.419
##
     Degrees of freedom
     P-value (Chi-square)
                                                      0.003
##
##
## Parameter Estimates:
##
##
     Standard errors
                                                   Standard
##
     Information
                                                  Expected
##
     Information saturated (h1) model
                                                Structured
##
## Latent Variables:
##
                      Estimate Std.Err z-value P(>|z|)
##
     f1 =~
```

##	i1	1.000			
##	i2	0.401	0.091	4.410	0.000
##	i3	1.072	0.126	8.510	0.000
##					
##	Regressions:				
##	· ·	Estimate	Std.Err	z-value	P(> z)
##	у ~				
##	x	0.980	0.056	17.388	0.000
##	f1	0.817	0.087	9.439	0.000
##					
##	Covariances:				
##		Estimate	Std.Err	z-value	P(> z)
##	f1 ~~				
##	x	0.079	0.133	0.594	0.552
##					
##	Variances:				
##		Estimate	Std.Err	z-value	P(> z)
##	.i1	0.893	0.152	5.854	0.000
##	.i2	0.881	0.127	6.956	0.000
##	.i3	0.923	0.163	5.656	0.000
##	. у	0.062	0.056	1.101	0.271
##	X	1.029	0.145	7.071	0.000
##	f1	1.313	0.298	4.409	0.000

As you can see the factor loading are close to their true simulated values of 1, 0.6 and 1.4 as are all of the other parameters.

3.2 Estimators

In the examples below I simulate data that have no missingness and are multivariate normal, or in places ordered, in reality data will not be so neat and estimates exist to accommodate. So it makes sense to discuss the various estimators you could use in lavaan.

The standard estimator is maximum likelihood (defined with the argument: estimator="ML") and the standard behavior with respect to missings data is listwise deletion. You can toggle full information maximum likelihood (FIML) or list wise likelihood estimation which deals better with missing data by using the argument: missing = "ML". FIML is NOT supported for ordinal and categorical data analysis. Categorical and ordinal data models by default use an adjusted weighted least squares estimator estimator="WLSMV".

There are various alternative robust estimators (robust as in they provide standard errors that are robust against various violations of statistical assumptions) available see this lavaan tutorial page for more info.

4 Single trait twin model in lavaan

4.1 ACE model

The "ACE" model operationalized a phenotype as a function of additive genetic variance (A), common environmental influences (C) (can be rearing, can be societal influences can be governmental policies), and environment unique to each of the individual twins (E) (can be private friends, being in separate classrooms, but also measurement error). The correlation between the genetic influences and common environmental is 1 for MZ twins while the correlation between the genetic influences is 0.5 for DZ twins.

the ACE model assumes among other things:

- 1. The absence of non-additive genetic effects (gene x gene interaction and dominance)
- 2. The absence of sibling on sibling influences or rater contrast effect
- 3. The absence of gene by environment correlation (picking your own environment or others picking your environment based on your skills for example)
- 4. The absence of gene by environment interaction
- 5. The environments MZ twin grow up are as similar as the environments DZ twins grow up in.

Lets simulate same data where the resemblance between twins is a function of equal parts (33.3%/33.3%/33.4%) A, C and E.

```
A <- matrix(1,2,2) # genetic correlation for MZ's = 1
C \leftarrow matrix(1,2,2)
E \leftarrow diag(2)
Adz <- matrix(c(1,.5,.5,1),2,2) # genetic correlation for DZ's = 0.5
# make 1000 pairs of MZ twins
MZ \leftarrow mvrnorm(1000, mu=c(0,0), Sigma = A+C+E)
# Add a column to label as MZ:
MZ<- cbind.data.frame("MZ",MZ)
colnames(MZ) <- c("zyg","P1", "P2")</pre>
# make 1500 DZ twin pairs
DZ \leftarrow mvrnorm(1500, mu=c(0,0), Sigma = Adz+C+E)
# add variable too label as DZ:
DZ <- cbind.data.frame("DZ",DZ)
colnames(DZ) <- c("zyg", "P1", "P2")</pre>
# Combine MZ and DZ twins
dataset <- rbind(MZ,DZ)</pre>
```

We then define the lavaan model that can express the variance in the trait P explained by latent variables A, C and E:

```
ace.model<-"
A1 = NA*P1 + c(a,a)*P1
A2 = NA * P2 + c(a,a) * P2
C1 = NA*P1 + c(c,c)*P1
C2 = NA*P2 + c(c,c)*P2
# variances
A1 ~~ 1*A1
A2 ~~ 1*A2
C1 ~~ 1*C1
C2 ~~ 1*C2
P1~~c(e2,e2)*P1
P2~~c(e2,e2)*P2
# covariances
A1 ~~ c(1,.5)*A2
A1 ~~ 0*C1 + 0*C2
A2 ~~ 0*C1 + 0*C2
C1 \sim c(1,1)*C2
```

Lets look at some of the critical lines of code in the model:

A1=~ NA*P1 + c(a,a)*P1 Here we create the latent variable A1, the phenotype P for twin 1 (P1) loads ion this variable, and in both groups (groups being MZ and DZ twins) the influence of this latent variable on the outcome is the same (contained using c(a,a)). Similar code is used to defien the latent variables C1 and C2. Now the effect of genes on an outcome is assumed the same for everyone regardless of whether they are twins, or not, the resemblance between twin 1 and twin 2 difference for MZ and DZ twins. We define/fix the resemblance later in the model here: A1 ~~ c(1,.5)*A2, because A1 and A2 are variance 1: A1 ~~ 1*A1 and A2 ~~ 1*A2 the constrained implies a correlation of 1 for the MZ twins and a correlation of 0.5 for the DZ twins. The common environment is correlated 1 regardless of twin status: C1 ~~ c(1,1)*C2, while the unshared environment E is conceptualized as a residual variance of the trait P (P1 or P2 respectively): P1~~c(e2,e2)*P1

We assume the latent variables A(1/2) and C(1/2) are uncorrelated, and fix their covariance to 0:

```
A1 ~~ 0*C1 + 0*C2
A2 ~~ 0*C1 + 0*C2
```

We also assume the residual variance (E) is uncorrelated to A and C, but fortunately for us this is a lavaan default. We proceed to fit the model to the simulated data:

```
# Standard ace model:
ace.fit<-cfa(ace.model, data = dataset,group = "zyg")
summary(ace.fit)</pre>
```

```
## lavaan 0.6-7 ended normally after 21 iterations
##
##
     Estimator
                                                           ML
##
     Optimization method
                                                      NLMINB
     Number of free parameters
##
                                                           16
##
     Number of equality constraints
                                                            9
##
##
     Number of observations per group:
##
       MZ
                                                         1000
##
       DΖ
                                                         1500
##
## Model Test User Model:
##
                                                       5.275
##
     Test statistic
##
     Degrees of freedom
     P-value (Chi-square)
##
                                                       0.153
##
     Test statistic for each group:
##
       ΜZ
                                                       4.245
       DΖ
                                                       1.030
##
##
## Parameter Estimates:
##
##
     Standard errors
                                                    Standard
##
     Information
                                                    Expected
##
     Information saturated (h1) model
                                                  Structured
##
##
## Group 1 [MZ]:
##
```

```
## Latent Variables:
                      Estimate Std.Err z-value P(>|z|)
##
     A1 =~
##
##
      P1
                  (a)
                         1.010
                                  0.071 14.272
                                                    0.000
##
    A2 =~
##
      P2
                  (a)
                         1.010
                                  0.071
                                          14.272
                                                    0.000
##
     C1 =~
##
       P1
                  (c)
                         1.027
                                  0.062
                                          16.600
                                                    0.000
##
     C2 =~
##
       P2
                  (c)
                         1.027
                                  0.062
                                         16.600
                                                    0.000
##
## Covariances:
##
                      Estimate Std.Err z-value P(>|z|)
##
     A1 ~~
##
       A2
                         1.000
##
       C1
                         0.000
##
       C2
                         0.000
     A2 ~~
##
                         0.000
##
       C1
                         0.000
##
       C2
##
    C1 ~~
##
       C2
                         1.000
##
## Intercepts:
##
                      Estimate Std.Err z-value P(>|z|)
##
      .P1
                        -0.034
                                  0.056
                                         -0.608
                                                    0.543
##
      .P2
                         0.015
                                  0.056
                                           0.269
                                                    0.788
##
       A1
                         0.000
##
                         0.000
       A2
##
       C1
                         0.000
       C2
##
                         0.000
##
## Variances:
##
                      Estimate Std.Err z-value P(>|z|)
                         1.000
##
       A1
                         1.000
##
       A2
##
       C1
                         1.000
##
       C2
                         1.000
##
      .P1
                 (e2)
                         1.049
                                  0.046
                                          22.643
                                                    0.000
##
                 (e2)
                         1.049
                                  0.046
                                          22.643
                                                    0.000
      .P2
##
##
## Group 2 [DZ]:
##
## Latent Variables:
##
                      Estimate Std.Err z-value P(>|z|)
##
     A1 =~
##
      P1
                  (a)
                         1.010
                                  0.071
                                         14.272
                                                    0.000
     A2 =~
##
      P2
                  (a)
                         1.010
                                  0.071
                                          14.272
                                                    0.000
##
    C1 =~
##
##
                  (c)
                         1.027
                                  0.062
                                          16.600
                                                    0.000
      P1
     C2 =~
##
##
       P2
                  (c)
                         1.027
                                  0.062
                                          16.600
                                                    0.000
```

```
##
## Covariances:
##
                       Estimate Std.Err z-value P(>|z|)
     A1 ~~
##
##
       A2
                           0.500
##
       C1
                           0.000
##
       C2
                           0.000
##
     A2 ~~
##
       C1
                           0.000
##
       C2
                           0.000
##
     C1 ~~
       C2
##
                           1.000
##
##
   Intercepts:
##
                                  Std.Err z-value P(>|z|)
                       Estimate
##
      .P1
                         -0.060
                                    0.046
                                            -1.321
                                                        0.186
##
      .P2
                         -0.050
                                    0.046
                                             -1.088
                                                        0.276
                          0.000
##
       A1
##
       A2
                          0.000
##
       C1
                           0.000
##
       C2
                           0.000
##
## Variances:
##
                       Estimate Std.Err z-value P(>|z|)
                           1.000
##
       Α1
##
       A2
                           1.000
##
       C1
                           1.000
##
       C2
                           1.000
##
                                                        0.000
      .P1
                  (e2)
                           1.049
                                    0.046
                                             22.643
      .P2
                           1.049
                                    0.046
##
                  (e2)
                                             22.643
                                                        0.000
```

And finally lets have a look at the model in a path diagram with tidySEM:

```
##
      from to arrow
                       label connect_from connect_to curvature group
## 1
        A1 P1
               last 1.01***
                                                   NA
                                        NA
                                                              NA
                                                                    ΜZ
## 2
        A2 P2
               last 1.01***
                                        NA
                                                   NA
                                                              NA
                                                                    MZ
        C1 P1
## 3
               last 1.03***
                                        NA
                                                              NA
                                                                    MZ
                                                   NA
## 4
        C2 P2
               last 1.03***
                                        NA
                                                   NA
                                                              NA
                                                                    MZ
        A1 A1
## 5
               both
                        1.00
                                        NA
                                                              NA
                                                                    MZ
                                                   NA
## 6
        A2 A2
               both
                        1.00
                                        NA
                                                   NA
                                                              NA
                                                                    ΜZ
## 7
        C1 C1
                        1.00
                                       NA
                                                              NA
                                                                    ΜZ
               both
                                                   NA
## 8
        C2 C2 both
                        1.00
                                       NA
                                                   NA
                                                              NA
                                                                    ΜZ
        P1 P1
## 9
               both 1.05***
                                        NA
                                                              NA
                                                                    ΜZ
                                                   NA
        P2 P2
## 10
               both 1.05***
                                        NA
                                                   NA
                                                              NA
                                                                    ΜZ
## 11
        A1 A2
               none
                        1.00
                                        NA
                                                   NA
                                                              60
                                                                    ΜZ
## 12
        A1 C1
                        0.00
                                                              60
                                                                    ΜZ
               none
                                        NA
                                                   NA
## 13
        A1 C2
                                                                    MZ
               none
                        0.00
                                        NA
                                                   NA
                                                              60
## 14
        A2 C1 none
                        0.00
                                        NA
                                                   NA
                                                              60
                                                                    ΜZ
```

```
## 15
         A2 C2
                          0.00
                                                                    60
                                                                           ΜZ
                 none
                                            NA
                                                        NA
## 16
                                                                           MZ
         C1 C2
                 none
                          1.00
                                            NA
                                                        NA
                                                                    60
         A1 P1
##
   17
                 last 1.01***
                                            NΑ
                                                        NΑ
                                                                    NA
                                                                           DΖ
         A2 P2
                                                                           DΖ
##
  18
                 last 1.01***
                                           NA
                                                        NA
                                                                    NA
##
   19
         C1 P1
                 last 1.03***
                                           NA
                                                        NA
                                                                    NA
                                                                           DΖ
         C2 P2
                 last 1.03***
                                                                           DΖ
##
  20
                                           NA
                                                                    NA
                                                        NA
## 21
         A1 A1
                 both
                          1.00
                                           NA
                                                        NA
                                                                    NA
                                                                           DΖ
## 22
         A2 A2
                 both
                          1.00
                                            NA
                                                        NA
                                                                    NA
                                                                           DZ
## 23
         C1 C1
                 both
                          1.00
                                            NA
                                                        NA
                                                                    NA
                                                                           DΖ
##
  24
         C2 C2
                 both
                          1.00
                                            NA
                                                        NA
                                                                    NA
                                                                           DΖ
##
  25
         P1 P1
                 both 1.05***
                                            NA
                                                        NA
                                                                    NA
                                                                           DΖ
                                                                           DΖ
##
  26
         P2 P2
                 both 1.05***
                                            NA
                                                        NA
                                                                    NA
##
  27
         A1 A2
                                                                    60
                                                                           DZ
                 none
                          0.50
                                            NA
                                                        NA
## 28
         A1 C1
                 none
                          0.00
                                            NA
                                                        NA
                                                                    60
                                                                           DZ
## 29
         A1 C2
                                                                    60
                                                                           DZ
                 none
                          0.00
                                            NA
                                                        NA
## 30
         A2 C1
                          0.00
                                            NA
                                                                    60
                                                                           DΖ
                 none
                                                        NA
                                                                           DΖ
## 31
         A2 C2
                          0.00
                                                        NA
                                                                    60
                                            NA
                 none
## 32
         C1 C2
                          1.00
                                                                    60
                                                                           DΖ
                 none
                                            NA
                                                        NA
```

#graph_sem(model = ace.fit,layout=lay,variance_diameter=.3,angle = 180,rect_height=.35,ellipses_height=

4.2 ADE model

The "ADE" model operationalized a phenotype as a function of additive genetic variance (A), non additive genetic effects (D) (can be geneXgene interaction or can be dominant inheritance where a single allele is enough to express the trait regardless of the state of the other allele), and environment unique to each of the individual twins (E) (can private friends, being in separate classrooms, but also measurement error). The correlation between the genetic influences is 1 and non-additive genetic influences is 1 for MZ twins while the correlation between the additive genetic influences is 0.5 for DZ twins and the correlation for the non-additive genetic influences is 0.25.

the ACE model assumes among other things:

- 1. The absence of influences of the shared environment in which twins grow up on the outcome
- 2. the absence of sibling influences or rater contrast effect
- 3. The absence of gene by environment correlation
- 4. The absence of gene by environment interaction
- 5. The environments MZ twin grow up are as similar the environments DZ twins grow up in.

Lets simulate same data where the resemblance between twins is a function of equal parts (33.3%/33.3%/33.4%) a

```
A <- matrix(1,2,2) # genetic correlation for MZ's = 1

D <- matrix(1,2,2)

E <- diag(2)

Adz <- matrix(c(1,.5,.5,1),2,2) # additive genetic correlation for DZ's = 0.5

Ddz <- matrix(c(1,.25,.25,1),2,2) # non-additive genetic correlation for DZ's = 0.5

# make 1000 pairs of MZ twins

MZ <- mvrnorm(1000,mu=c(0,0),Sigma = A+D+E)

# Add a column to label as MZ:
```

```
MZ<- cbind.data.frame("MZ",MZ)
colnames(MZ) <- c("zyg","P1", "P2")

# make 1500 DZ twin pairs
DZ <- mvrnorm(1500,mu=c(0,0),Sigma = Adz+Ddz+E)

# add variable too label as DZ:
DZ <- cbind.data.frame("DZ",DZ)
colnames(DZ) <- c("zyg","P1", "P2")

# Combine MZ and DZ twins
dataset <- rbind(MZ,DZ)</pre>
```

We then define the lavaan model that can express the variance in the trait P explained by latent variables A, C and E:

```
ade.model<-"
A1 = NA*P1 + c(a,a)*P1
A2 = NA * P2 + c(a,a) * P2
D1 = NA*P1 + c(d,d)*P1
D2 = \text{NA*P2} + c(d,d)*P2
# variances
A1 ~~ 1*A1
A2 ~~ 1*A2
D1 ~~ 1*D1
D2 ~~ 1*D2
P1~~c(e2,e2)*P1
P2~~c(e2,e2)*P2
# covariances
A1 ~~ c(1,.5)*A2
A1 ~~ 0*D1 + 0*D2
A2 ~~ 0*D1 + 0*D2
D1 ~~ c(1,.25)*D2"
```

Lets look at some of the critical lines of code in the model:

A1=~ NA*P1 + c(a,a)*P1 Here we create the latent variable A1, the phenotype P for twin 1 (P1) loads on this variable, and in both groups (groups being MZ and DZ twins) the influence of this latent variable on the outcome is the same (contained using c(a,a)). Similar code is used to define the latent variables D1 and D2. Now the effect of genes on an outcome is assumed the same for everyone regardless of whether they are twins, or not, the resemblance between twin 1 and twin 2 difference for MZ and DZ twins. We define/fix the resemblance later in the model here: A1 ~~ c(1,.5)*A2, because A1 and A2 are variance 1: A1 ~~ 1*A1 and A2 ~~ 1*A2 the constrained implies a correlation of 1 for the MZ twins and a correlation of 0.5 for the DZ twins. The non-additive genetic effects are correlated 1 for MZ twins and .25 for DZ twins C1 ~~ c(1,.25)*C2, while the unshared environment E is conceptualized as a residual variance of the trait P (P1 or P2 respectively): P1~~c(e2,e2)*P1

We assume the latent variables A(1/2) and D(1/2) are uncorrelated, and fix their covariance to 0:

```
A1 ~~ 0*D1 + 0*D2
A2 ~~ 0*D1 + 0*D2
```

We also assume the residual variance (E) is uncorrelated to A and D, but fortunately for us this is a lavaan default. We proceed to fit the model to the simulated data:

```
ade.fit<-cfa(ade.model, data = dataset,group = "zyg")</pre>
summary(ade.fit)
## lavaan 0.6-7 ended normally after 24 iterations
##
##
     Estimator
                                                        ML
##
     Optimization method
                                                    NLMINB
     Number of free parameters
##
                                                        16
##
     Number of equality constraints
##
##
    Number of observations per group:
##
                                                      1000
       ΜZ
##
       DΖ
                                                      1500
##
## Model Test User Model:
##
##
     Test statistic
                                                     2.734
##
     Degrees of freedom
##
     P-value (Chi-square)
                                                     0.434
     Test statistic for each group:
       ΜZ
##
                                                     1.728
       DΖ
##
                                                     1.006
##
## Parameter Estimates:
##
    Standard errors
                                                  Standard
##
##
     Information
                                                  Expected
     Information saturated (h1) model
##
                                             Structured
##
##
## Group 1 [MZ]:
## Latent Variables:
##
                      Estimate Std.Err z-value P(>|z|)
##
     A1 =~
##
      P1
                  (a)
                         1.033
                                  0.141
                                            7.302
                                                     0.000
     A2 =~
##
##
                         1.033
                                  0.141
                                            7.302
                                                     0.000
      P2
                  (a)
##
     D1 =~
##
      P1
                  (d)
                         0.941
                                  0.157
                                            5.989
                                                     0.000
##
    D2 =~
##
       P2
                  (d)
                         0.941
                                  0.157
                                            5.989
                                                     0.000
##
## Covariances:
                      Estimate Std.Err z-value P(>|z|)
##
     A1 ~~
##
##
                         1.000
       A2
##
       D1
                         0.000
       D2
                         0.000
##
   A2 ~~
##
                         0.000
##
       D1
##
       D2
                         0.000
```

Standard ace model:

```
D1 ~~
##
##
                          1.000
       D2
##
## Intercepts:
##
                       Estimate Std.Err z-value P(>|z|)
##
      .P1
                          0.030
                                   0.055
                                             0.549
                                                      0.583
                         -0.011
##
      .P2
                                   0.055
                                            -0.209
                                                       0.835
                          0.000
##
       A1
##
       A2
                          0.000
##
       D1
                          0.000
##
       D2
                          0.000
##
## Variances:
##
                       Estimate Std.Err z-value P(>|z|)
##
       A1
                          1.000
                          1.000
##
       A2
##
       D1
                          1.000
       D2
                          1.000
##
                          1.046
                                                       0.000
##
      .P1
                  (e2)
                                   0.046
                                            22.687
##
      .P2
                  (e2)
                                   0.046
                                                       0.000
                          1.046
                                            22.687
##
##
## Group 2 [DZ]:
##
## Latent Variables:
##
                       Estimate Std.Err z-value P(>|z|)
##
     A1 =~
##
       P1
                   (a)
                          1.033
                                   0.141
                                             7.302
                                                       0.000
     A2 =~
##
##
       P2
                   (a)
                          1.033
                                   0.141
                                             7.302
                                                       0.000
     D1 =~
##
##
       P1
                   (d)
                          0.941
                                   0.157
                                             5.989
                                                       0.000
##
     D2 =~
                   (d)
##
       P2
                          0.941
                                   0.157
                                             5.989
                                                       0.000
##
## Covariances:
##
                       Estimate Std.Err z-value P(>|z|)
##
     A1 ~~
       A2
                          0.500
##
##
       D1
                          0.000
                          0.000
##
       D2
     A2 ~~
##
##
       D1
                          0.000
##
       D2
                          0.000
##
     D1 ~~
       D2
##
                          0.250
##
##
  Intercepts:
##
                       Estimate Std.Err z-value P(>|z|)
##
      .P1
                          0.035
                                   0.045
                                             0.776
                                                       0.438
##
                         -0.084
                                    0.045
      .P2
                                            -1.879
                                                       0.060
                          0.000
##
       A1
##
                          0.000
       A2
##
       D1
                          0.000
```

```
##
       D2
                            0.000
##
##
   Variances:
##
                        Estimate
                                   Std.Err z-value P(>|z|)
##
       Α1
                            1.000
##
       A2
                            1.000
##
                            1.000
       D1
##
       D2
                            1.000
##
       .P1
                   (e2)
                            1.046
                                      0.046
                                               22.687
                                                          0.000
##
                                                          0.000
       .P2
                   (e2)
                            1.046
                                      0.046
                                               22.687
```

4.3 Sibling interactions

Sibling interactions, or one sibling influencing the others outcome, are an additional mechanism by which twins and siblings can become more alike, or if it concerns a negative sibling interaction become less alike. Sibling interaction cannot be distinguished from rater contrast effects where one child's trait changes to norm or view the rater (usually parent) has of the other child. If one of my children is very quite, the other might seem louder especially in contrast to the other. It is reasonable to assume that sibling interacting effects that persist across self, parental and teacher ratings (especially in the case of twins rated by different teachers) and external or formal measurements are more likely to reflect actual sibling interaction then rater contrast effects.

The "ACE" sibling interaction model (ACEx) operationalized a phenotype as a function of additive genetic variance (A), common environmental influences(C) (can be rearing, can be societal influences can be governmental policies), and environment unique to each of the individual twins (E) (can be private friends, being in separate classrooms, but also measurement error). The correlation between the genetic influences and common environmental is 1 for MZ twins while the correlation between the genetic influences is 0.5 for DZ twins in addition to these influences the sibling phenotypes are regressed on each other concurrently and the regression in each direction and across MZ and DZ twins is set to be equal.

The ACE sibling interaction model assumes among other things:

- 1. The absence of non-additive genetic effects (gene gene interaction and dominance)
- 2. The absence of gene by environment correlation
- 3. The absence of gene by environment interaction
- 4. The environments MZ twin grow up are as similar as the environments DZ twins grow up in.

There is also a ADEx model which is a model one can consider when there is evidence for D in the basic twin model, it is pasted below the example for the ACEx. The variable "beta" represents the magnitude of the sib interaction, its set high (0.4) and we cranked up the simulated sample size as an ACEx is very power hungry. In practice you could consider comparing the AEx (settign C to 0) with an ACE model without sibling interaction (setting the interaction to 0) or, if you suspect negative interactions compare the the respective AEx and ADE models.

```
A <- matrix(1,2,2)
C <- matrix(1,2,2)
E <- diag(2)
Adz <- matrix(c(1,.5,.5,1),2,2)

#sibling interactie effect:
beta <- .4

# MZ twins</pre>
```

```
MZ <- mvrnorm(4000,mu=c(0,0),Sigma = A+C+E)

# regress the sibs on eachother
MZ <- t(matrix(c(1,beta,beta,1),2,2) %*% t(MZ))

# MZ data frame mwithcolumns zygositiy ("MZ"), twin1 data, twin2 data
MZ <- cbind.data.frame("MZ",MZ)
colnames(MZ) <- c("zyg","P1", "P2")

# DZ twins
DZ <- mvrnorm(6000,mu=c(0,0),Sigma = Adz+C+E)

# add sib interaction
DZ <- t(matrix(c(1,beta ,beta ,1),2,2) %*% t(DZ))

DZ <- cbind.data.frame("DZ",DZ)

colnames(DZ) <- c("zyg","P1", "P2")

# cmbineer MZ en DZ in een dataset:
dataset <- rbind(MZ,DZ)</pre>
```

Having generated data with a sibling interaction we can go ahead and fit the sibling interaction model below to retrieve the simulate parameters.

```
# Models
# Sibling interaction model:
ace.model.sib.int<-"</pre>
A1 = NA*P1 + c(a,a)*P1
A2 = NA*P2 + c(a,a)*P2
C1 = NA*P1 + c(c,c)*P1
C2 = NA*P2 + c(c,c)*P2
# variances
A1 ~~ 1*A1
A2 ~~ 1*A2
C1 ~~ 1*C1
C2 ~~ 1*C2
P1~~c(e2,e2)*P1
P2~~c(e2,e2)*P2
# covariances
A1 ~~ c(1,.5)*A2
A1 ~~ 0*C1 + 0*C2
A2 ~~ 0*C1 + 0*C2
C1 ~~ c(1,1)*C2
# regs
P1 ~ c(beta,beta)*P2
P2 ~ c(beta,beta)*P1
# Sibling interaction:
```

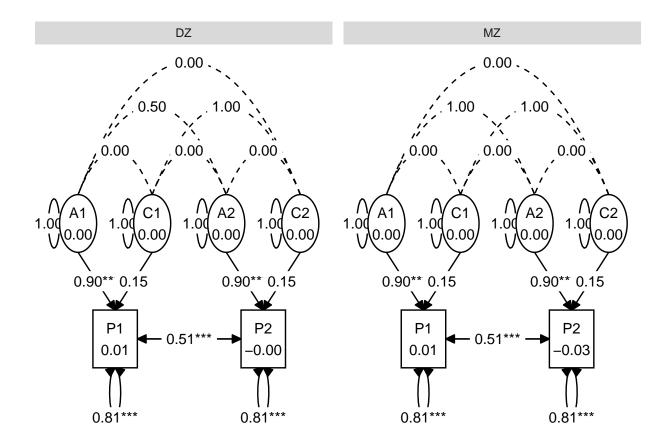
```
ace.fitsib <-cfa(ace.model.sib.int, data = dataset,group = "zyg")
summary(ace.fitsib)</pre>
```

```
## lavaan 0.6-7 ended normally after 55 iterations
##
##
                                                         ML
     Estimator
##
     Optimization method
                                                     NLMINB
##
     Number of free parameters
                                                         20
##
     Number of equality constraints
                                                         12
##
##
     Number of observations per group:
##
       MZ
                                                       4000
##
       DΖ
                                                       6000
##
## Model Test User Model:
##
     Test statistic
                                                      0.371
##
##
     Degrees of freedom
##
     P-value (Chi-square)
                                                      0.831
     Test statistic for each group:
##
                                                      0.279
##
       MZ
       DΖ
                                                      0.091
##
##
## Parameter Estimates:
##
##
     Standard errors
                                                   Standard
                                                   Expected
##
     Information
##
     Information saturated (h1) model
                                                Structured
##
##
## Group 1 [MZ]:
##
## Latent Variables:
##
                      Estimate Std.Err z-value P(>|z|)
##
     A1 =~
##
       P1
                   (a)
                         0.902
                                   0.030
                                           30.045
                                                      0.000
     A2 =~
##
##
      P2
                   (a)
                         0.902
                                   0.030
                                           30.045
                                                      0.000
     C1 =~
##
##
       P1
                   (c)
                         0.146
                                   0.633
                                            0.230
                                                      0.818
##
     C2 =~
##
       P2
                   (c)
                          0.146
                                   0.633
                                            0.230
                                                      0.818
##
## Regressions:
##
                      Estimate Std.Err z-value P(>|z|)
##
     P1 ~
##
       P2
               (beta)
                          0.512
                                   0.033
                                           15.515
                                                      0.000
     P2 ~
##
                          0.512
                                                      0.000
##
       P1
               (beta)
                                   0.033
                                           15.515
##
## Covariances:
                      Estimate Std.Err z-value P(>|z|)
##
     A1 ~~
##
```

```
A2
                         1.000
##
##
                         0.000
       C1
##
       C2
                         0.000
##
     A2 ~~
                         0.000
##
       C1
##
       C2
                         0.000
##
     C1 ~~
       C2
##
                         1.000
##
## Intercepts:
##
                      Estimate Std.Err z-value P(>|z|)
##
      .P1
                         0.010
                                  0.020
                                           0.504
                                                     0.614
##
      .P2
                        -0.029
                                  0.020
                                          -1.414
                                                     0.157
                         0.000
##
      A1
##
       A2
                         0.000
##
       C1
                         0.000
##
       C2
                         0.000
##
## Variances:
                      Estimate Std.Err z-value P(>|z|)
##
##
       A1
                         1.000
##
       A2
                         1.000
##
       C1
                         1.000
##
       C2
                         1.000
##
                         0.805
                                                     0.000
      .P1
                 (e2)
                                  0.043
                                           18.601
##
      .P2
                 (e2)
                         0.805
                                  0.043
                                           18.601
                                                     0.000
##
## Group 2 [DZ]:
##
## Latent Variables:
##
                      Estimate Std.Err z-value P(>|z|)
##
     A1 =~
                         0.902
                                  0.030
                                          30.045
                                                     0.000
##
      P1
                  (a)
     A2 =~
##
                  (a)
                         0.902
                                  0.030
                                          30.045
                                                     0.000
##
      P2
     C1 =~
##
##
      P1
                  (c)
                         0.146
                                  0.633
                                            0.230
                                                     0.818
     C2 =~
##
##
       P2
                  (c)
                         0.146
                                  0.633
                                            0.230
                                                     0.818
##
## Regressions:
##
                      Estimate Std.Err z-value P(>|z|)
##
     P1 ~
##
       P2
               (beta)
                         0.512
                                  0.033
                                           15.515
                                                     0.000
     P2 ~
##
##
       P1
               (beta)
                         0.512
                                  0.033
                                          15.515
                                                     0.000
##
## Covariances:
##
                      Estimate Std.Err z-value P(>|z|)
##
     A1 ~~
                         0.500
##
       A2
##
                         0.000
       C1
##
       C2
                         0.000
```

```
A2 ~~
##
##
                         0.000
       C1
##
       C2
                         0.000
     C1 ~~
##
       C2
                         1.000
##
##
## Intercepts:
##
                      Estimate Std.Err z-value P(>|z|)
##
      .P1
                         0.013
                                  0.017
                                           0.763
                                                     0.445
##
      .P2
                        -0.003
                                  0.017 -0.176
                                                     0.860
                         0.000
##
       A1
##
       A2
                         0.000
##
       C1
                         0.000
##
       C2
                         0.000
##
## Variances:
##
                      Estimate Std.Err z-value P(>|z|)
                         1.000
##
       A1
##
       A2
                         1.000
##
       C1
                         1.000
       C2
                         1.000
##
##
      .P1
                 (e2)
                         0.805
                                  0.043
                                           18.601
                                                     0.000
##
      .P2
                 (e2)
                         0.805
                                  0.043
                                           18.601
                                                     0.000
```

Lets proceed to visualize the path diagram



And for completeness here is the ADE sibling interaction model:

```
# Sibling interaction model:
ade.model.sib.int<-"</pre>
A1 = NA*P1 + c(a,a)*P1
A2=\sim NA*P2 + c(a,a)*P2
D1 = \text{NA*P1} + c(c,c)*P1
D2 = \sim NA*P2 + c(c,c)*P2
# variances
A1 ~~ 1*A1
A2 ~~ 1*A2
D1 ~~ 1*D1
D2 ~~ 1*D2
P1~~c(e2,e2)*P1
P2~~c(e2,e2)*P2
# covariances
A1 ~~ c(1,.5)*A2
A1 ~~ 0*D1 + 0*D2
A2 ~~ 0*D1 + 0*D2
D1 ~~ c(1,.25)*D2
# regs
P1 ~ c(beta,beta)*P2
P2 ~ c(beta,beta)*P1
```

4.4 Binary/Ordinal data

In lavaan binary or ordinal data can be readfily analized by specifying the variables are ordered, Lets simulate twin data geenerate uynder and ACE model, from multivariate numral data that is then transfromed to ordered data.

recall the ACE model assumes among other things:

- 1. The absence of non-additive genetic effects (gene gene interaction and dominance)
- 2. The absence of sibling influences or rater contrast effect
- 3. The absence of gene by environment correlation
- 4. The absence of gene by environment interaction
- 5. The environments MZ twin grow up are as similar the environments DZ twins grow up in.

The binary data model assume the following:

1. A normally distributed continuous latent variable causes the observed ordinal (or binary) variable.

4.4.1 Ordinal data

Lets simulate same data where the resemblance between twins is a function of equal parts A,C and E (33.3%/33.3%/33.4%) and thew data is ordered in nature:

```
A \leftarrow matrix(1,2,2) # genetic correlation for MZ's = 1
C \leftarrow matrix(1,2,2)
E \leftarrow diag(2)
Adz <- matrix(c(1,.5,.5,1),2,2) # genetic correlation for DZ's = 0.5
# make 1000 pairs of MZ twins
MZ \leftarrow mvrnorm(1000, mu=c(0,0), Sigma = A+C+E)
# Add a column to label as MZ:
MZ<- cbind.data.frame("MZ",MZ)</pre>
colnames(MZ) <- c("zyg", "P1", "P2")</pre>
# make 1500 DZ twin pairs
DZ \leftarrow mvrnorm(1500, mu=c(0,0), Sigma = Adz+C+E)
# add variable too label as DZ:
DZ <- cbind.data.frame("DZ",DZ)
colnames(DZ) <- c("zyg", "P1", "P2")</pre>
# Combine MZ and DZ twins
dataset <- rbind(MZ,DZ)</pre>
# make the data ordered:
dataset[dataset[,2] < 0 ,2] < 0
dataset[dataset[,2] > 0 & dataset[,2] < 1,2] < -1
dataset[dataset[,2] > 1 ,2] \leftarrow 2
dataset[dataset[,3] < 0 ,3] \leftarrow 0
dataset[dataset[,3] > 0 & dataset[,3] < 1 ,3] < -1
dataset[dataset[,3] > 1 ,3] \leftarrow 2
```

We then define the lavaan model that can express the variance in the trait P explained by latent variables A, C and E:

```
ace.model<-"
A1 = NA*P1 + c(a,a)*P1
A2 = NA * P2 + c(a,a) * P2
C1 = NA*P1 + c(c,c)*P1
C2 = NA*P2 + c(c,c)*P2
# variances
A1 ~~ 1*A1
A2 ~~ 1*A2
C1 ~~ 1*C1
C2 ~~ 1*C2
P1~~c(e2,e2)*P1
P2~~c(e2,e2)*P2
# covariances
A1 ~~ c(1,.5)*A2
A1 ~~ 0*C1 + 0*C2
A2 ~~ 0*C1 + 0*C2
C1 \sim c(1,1)*C2
# first threshold fixed:
P1 \mid 0*t1 + c(t,t)*t2
P2 \mid 0*t1 + c(t,t)*t2
```

Lets look at some of the critical lines of code in the model:

IF we analyze ordinal data in a SEM model we model a latent (normaly distributed) variable that is the "cause" of the observed ordinal variable. This latent variable has various features, it has a mean, a variance and there are thresholds, which are the values of the latent continuous variable at which the observed variable increases from 0 to 1 (threshold 1) from 1 to 2 (threshold 1) and further if we have more ordered categories.

To identify a model with ordinal variables, we have to chose to either estimate the thresholds, or the mean and variance. From a twin modeling perspective, it makes more sense to estimate the variance, as we wish to partition the variance, therefore the code below fixes the first thresholds in the data to 0, we have no need or wish to estimate the means off the latent variables (assumed 0) so we need only fix 1 threshold.:

```
# first thresholds fixed:
P1 | 0*t1 + c(t,t)*t2
P2 | 0*t1 + c(t,t)*t2
```

Then we can proceed to fit the model, note we add the following arguments to the cfa() function to let lavaan know the data is ordered, and we wish to use a specific "parameterization" the details of which are beyond the scope of the current document, but it is essential to specify this argument cfa(..., parameterization="theta", ordered=TRUE).

```
# Standard ace model:
ace.fit<-cfa(ace.model, data = dataset,group = "zyg",parameterization="theta",ordered=TRUE)

## Warning in lav_model_vcov(lavmodel = lavmodel, lavsamplestats = lavsamplestats, : lavaan WARNING:
## The variance-covariance matrix of the estimated parameters (vcov)
## does not appear to be positive definite! The smallest eigenvalue
## (= 5.737292e-16) is close to zero. This may be a symptom that the
## model is not identified.</pre>
```

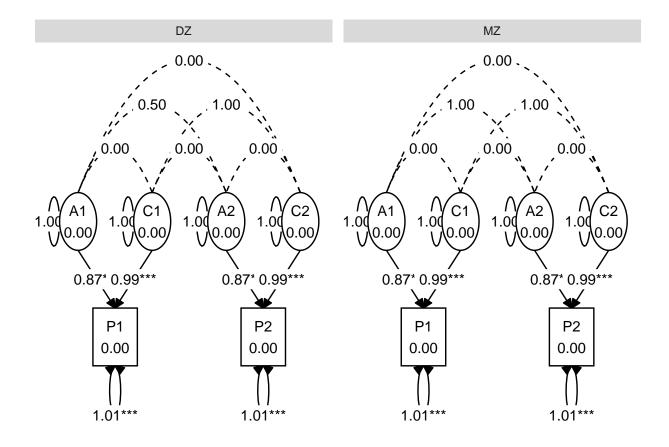
summary(ace.fit)

```
## lavaan 0.6-7 ended normally after 19 iterations
##
##
     Estimator
                                                       DWLS
                                                     NLMINB
##
     Optimization method
##
     Number of free parameters
                                                         16
##
     Number of equality constraints
                                                         12
##
##
     Number of observations per group:
##
                                                       1000
       D7.
                                                       1500
##
##
## Model Test User Model:
                                                   Standard
                                                                 Robust
##
                                                      3.104
                                                                  3.065
##
     Test Statistic
##
    Degrees of freedom
                                                          6
                                                                       6
##
     P-value (Chi-square)
                                                      0.796
                                                                  0.801
##
     Scaling correction factor
                                                                  1.199
##
     Shift parameter for each group:
##
         MZ
                                                                  0.191
         DΖ
                                                                  0.287
##
##
          simple second-order correction
##
     Test statistic for each group:
##
       MZ
                                                      1.620
                                                                  1.542
       DΖ
##
                                                      1.483
                                                                  1.523
##
## Parameter Estimates:
##
##
     Standard errors
                                                Robust.sem
##
     Information
                                                   Expected
##
     Information saturated (h1) model
                                              Unstructured
##
##
## Group 1 [MZ]:
##
## Latent Variables:
                      Estimate Std.Err z-value P(>|z|)
##
     A1 =~
##
##
       P1
                   (a)
                         0.874
                                   0.137
                                            6.384
                                                      0.000
##
     A2 =~
##
       P2
                   (a)
                         0.874
                                   0.137
                                            6.384
                                                      0.000
##
     C1 =~
##
       P1
                   (c)
                          0.985
                                   0.083
                                            11.932
                                                      0.000
##
     C2 =~
##
       P2
                   (c)
                          0.985
                                   0.083
                                           11.932
                                                      0.000
##
## Covariances:
                      Estimate Std.Err z-value P(>|z|)
##
##
     A1 ~~
##
       A2
                         1.000
                         0.000
##
       C1
##
       C2
                          0.000
```

```
A2 ~~
##
##
                          0.000
       C1
                          0.000
##
       C2
     C1 ~~
##
##
       C2
                          1.000
##
## Intercepts:
                       Estimate Std.Err z-value P(>|z|)
##
##
      .P1
                          0.000
                          0.000
##
      .P2
                          0.000
##
       A1
##
       A2
                          0.000
##
       C1
                          0.000
       C2
                          0.000
##
##
## Thresholds:
##
                       Estimate Std.Err z-value P(>|z|)
                          0.000
       P1|t1
##
##
       P1|t2
                          0.962
                                   0.034
                                                      0.000
                   (t)
                                            28.225
                          0.000
       P2|t1
##
##
       P2|t2
                   (t)
                          0.962
                                   0.034
                                            28.225
                                                      0.000
##
## Variances:
##
                       Estimate Std.Err z-value P(>|z|)
##
                          1.000
       Α1
                          1.000
##
       A2
##
       C1
                          1.000
##
       C2
                          1.000
                                                      0.000
##
      .P1
                  (e2)
                          1.011
                                   0.042
                                            23.995
##
      .P2
                  (e2)
                          1.011
                                   0.042
                                            23.995
                                                      0.000
##
## Scales y*:
##
                       Estimate Std.Err z-value P(>|z|)
##
                          0.604
       P1
                          0.604
##
       P2
##
##
## Group 2 [DZ]:
## Latent Variables:
##
                       Estimate Std.Err z-value P(>|z|)
##
     A1 =~
##
       P1
                   (a)
                          0.874
                                   0.137
                                             6.384
                                                      0.000
##
     A2 =~
##
       P2
                   (a)
                          0.874
                                   0.137
                                             6.384
                                                      0.000
     C1 =~
##
##
       P1
                   (c)
                          0.985
                                   0.083
                                            11.932
                                                      0.000
##
     C2 =~
##
       P2
                   (c)
                          0.985
                                                      0.000
                                   0.083
                                            11.932
##
## Covariances:
##
                       Estimate Std.Err z-value P(>|z|)
##
     A1 ~~
##
       A2
                          0.500
```

```
C1
                           0.000
##
       C2
                           0.000
##
     A2 ~~
##
##
       C1
                           0.000
##
       C2
                           0.000
##
     C1 ~~
##
       C2
                           1.000
##
## Intercepts:
                                 Std.Err z-value P(>|z|)
##
                       Estimate
##
      .P1
                           0.000
##
      .P2
                           0.000
##
                           0.000
       A1
                           0.000
##
       A2
##
       C1
                           0.000
       C2
##
                           0.000
##
## Thresholds:
                       Estimate Std.Err z-value P(>|z|)
##
       P1|t1
                           0.000
##
##
       P1|t2
                   (t)
                           0.962
                                    0.034
                                             28.225
                                                        0.000
##
       P2|t1
                           0.000
       P2|t2
                           0.962
##
                   (t)
                                    0.034
                                             28.225
                                                        0.000
##
## Variances:
##
                       Estimate Std.Err z-value P(>|z|)
##
       Α1
                           1.000
##
       A2
                           1.000
                           1.000
##
       C1
##
       C2
                           1.000
##
      .P1
                  (e2)
                           1.011
                                    0.042
                                             23.995
                                                        0.000
##
      .P2
                  (e2)
                           1.011
                                    0.042
                                             23.995
                                                        0.000
##
## Scales y*:
                                 Std.Err z-value P(>|z|)
##
                       Estimate
       P1
                           0.604
##
                           0.604
##
       P2
```

And finally lets have a look at the model in a path diagram with tidySEM:



4.4.2 Binary data

Lets simulate same data where the resemblance between twins is a function of equal parts A,C and E (33.3%/33.3%/33.4%) and thew data is binary in nature (so case/control for example):

```
A <- matrix(1,2,2) # genetic correlation for MZ's = 1
C <- matrix(1,2,2)
E <- diag(2)
Adz <- matrix(c(1,.5,.5,1),2,2) # genetic correlation for DZ's = 0.5

# make 1000 pairs of MZ twins
MZ <- mvrnorm(1000,mu=c(0,0),Sigma = A+C+E)

# Add a column to label as MZ:
MZ<- cbind.data.frame("MZ",MZ)
colnames(MZ) <- c("zyg","P1", "P2")

# make 1500 DZ twin pairs
DZ <- mvrnorm(1500,mu=c(0,0),Sigma = Adz+C+E)

# add variable too label as DZ:
DZ <- cbind.data.frame("DZ",DZ)
colnames(DZ) <- c("zyg","P1", "P2")
```

```
# Combine MZ and DZ twins
dataset <- rbind(MZ,DZ)

# make the data ordered:
dataset[dataset[,2] < 1 ,2] <- 0
dataset[dataset[,2] > 1,2] <- 1

dataset[dataset[,3] < 1 ,3] <- 0
dataset[dataset[,3] > 1 ,3] <- 1</pre>
```

We then define the lavaan model that can express the variance in the trait P explained by latent variables A, C and E:

```
ace.model<-"
A1 = NA*P1 + c(a,a)*P1
A2 = NA * P2 + c(a,a) * P2
C1 = NA*P1 + c(c,c)*P1
C2 = NA*P2 + c(c,c)*P2
# variances
A1 ~~ 1*A1
A2 ~~ 1*A2
C1 ~~ 1*C1
C2 ~~ 1*C2
P1~~c(e2,e2)*P1
P2~~c(e2,e2)*P2
# covariances
A1 ~~ c(1,.5)*A2
A1 ~~ 0*C1 + 0*C2
A2 ~~ 0*C1 + 0*C2
C1 ~~ c(1,1)*C2
# threshold fixed:
P1 | 1*t1
P2 | 1*t1
```

Lets look at some of the critical lines of code in the model:

IF we analyze ordinal data in a SEM model we model a latent (normaly distributed) variable that is the "cause" of the observed ordinal variable. This latent variable has various features, it has a mean, a variance and there are thresholds, which are the values of the latent continuous variable at which the observed variable increases from 0 to 1 (threshold 1) from 1 to 2 (threshold 1) and further if we have more ordered categories.

To identify a model with binary outcome, we have to chose to either estimate the threshold, or the variance. From a twin modeling perspective, it makes more sense to estimate the variance, as we wish to partition the variance, therefore the code below fixes the threshold to 0:

```
# thresholds fixed:
P1 | 1*t1
P2 | 1*t1
```

Then we can proceed to fit the model, note we add the following arguments to the cfa() function to let lavaan know the data is ordered, and we wish to use a specific "parameterization" the details of which

are beyond the scope of the current document, but it is essential to specify this argument cfa(...,parameterization="theta",ordered=TRUE).

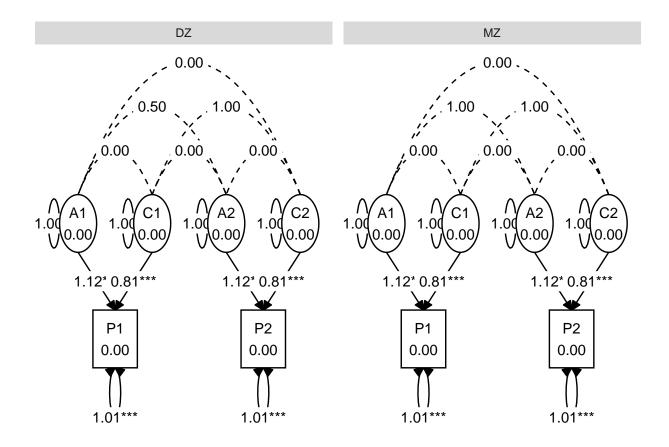
Standard ace model:

```
ace.fit<-cfa(ace.model, data = dataset,group = "zyg",parameterization="theta",ordered=TRUE)
summary(ace.fit)
## lavaan 0.6-7 ended normally after 20 iterations
##
##
     Estimator
                                                       DWLS
##
     Optimization method
                                                     NLMINB
##
     Number of free parameters
                                                         12
##
     Number of equality constraints
                                                          9
##
##
     Number of observations per group:
##
                                                       1000
       MZ
##
       DΖ
                                                       1500
##
## Model Test User Model:
##
                                                   Standard
                                                                  Robust
##
     Test Statistic
                                                      1.801
                                                                   1.902
##
     Degrees of freedom
                                                                       3
                                                          3
     P-value (Chi-square)
                                                      0.615
                                                                   0.593
##
     Scaling correction factor
                                                                   0.786
##
##
     Shift parameter for each group:
##
         MZ
                                                                  -0.156
##
         DZ
                                                                  -0.234
          simple second-order correction
##
##
     Test statistic for each group:
                                                      1.642
##
       MZ
                                                                   1.934
##
       DΖ
                                                      0.159
                                                                  -0.031
##
## Parameter Estimates:
##
##
     Standard errors
                                                 Robust.sem
##
     Information
                                                   Expected
##
     Information saturated (h1) model
                                               Unstructured
##
##
## Group 1 [MZ]:
##
## Latent Variables:
##
                       Estimate Std.Err z-value P(>|z|)
##
     A1 =~
                          1.123
                                   0.146
                                             7.710
                                                      0.000
##
       P1
                   (a)
##
     A2 =~
##
       P2
                   (a)
                          1.123
                                   0.146
                                             7.710
                                                      0.000
     C1 =~
##
##
       P1
                   (c)
                          0.809
                                   0.158
                                             5.110
                                                      0.000
##
     C2 = ~
##
       P2
                   (c)
                          0.809
                                   0.158
                                             5.110
                                                      0.000
##
## Covariances:
                      Estimate Std.Err z-value P(>|z|)
##
```

```
A1 ~~
##
                          1.000
##
       A2
                          0.000
##
       C1
##
       C2
                          0.000
##
     A2 ~~
##
       C1
                          0.000
##
       C2
                          0.000
     C1 ~~
##
##
       C2
                          1.000
##
## Intercepts:
##
                       Estimate Std.Err z-value P(>|z|)
##
      .P1
                          0.000
                          0.000
##
      .P2
##
       A1
                          0.000
##
       A2
                          0.000
##
       C1
                          0.000
       C2
                          0.000
##
##
## Thresholds:
##
                       Estimate Std.Err z-value P(>|z|)
##
       P1|t1
                          1.000
##
       P2|t1
                          1.000
##
## Variances:
##
                       Estimate Std.Err z-value P(>|z|)
##
       A1
                          1.000
##
       A2
                          1.000
                          1.000
##
       C1
##
       C2
                          1.000
##
      .P1
                  (e2)
                          1.011
                                   0.129
                                             7.834
                                                      0.000
##
      .P2
                  (e2)
                          1.011
                                   0.129
                                             7.834
                                                      0.000
##
## Scales y*:
                       Estimate Std.Err z-value P(>|z|)
##
##
       P1
                          0.585
                          0.585
##
       P2
##
##
## Group 2 [DZ]:
## Latent Variables:
##
                       Estimate Std.Err z-value P(>|z|)
##
     A1 =~
##
       P1
                   (a)
                          1.123
                                   0.146
                                             7.710
                                                      0.000
     A2 =~
##
##
       P2
                   (a)
                          1.123
                                   0.146
                                             7.710
                                                      0.000
##
     C1 =~
##
       P1
                   (c)
                          0.809
                                   0.158
                                             5.110
                                                      0.000
##
     C2 =~
##
       P2
                   (c)
                          0.809
                                   0.158
                                             5.110
                                                      0.000
##
## Covariances:
##
                       Estimate Std.Err z-value P(>|z|)
```

```
##
     A1 ~~
                          0.500
##
       A2
                          0.000
##
       C1
##
       C2
                          0.000
##
     A2 ~~
##
                          0.000
       C1
##
       C2
                          0.000
     C1 ~~
##
##
       C2
                          1.000
##
## Intercepts:
                                  Std.Err z-value P(>|z|)
##
                       Estimate
##
      .P1
                          0.000
                          0.000
##
      .P2
##
       A1
                          0.000
##
       A2
                          0.000
##
       C1
                          0.000
       C2
                          0.000
##
##
## Thresholds:
##
                       Estimate Std.Err z-value P(>|z|)
##
       P1|t1
                          1.000
       P2|t1
                          1.000
##
##
## Variances:
##
                       Estimate Std.Err z-value P(>|z|)
##
       A1
                          1.000
##
       A2
                          1.000
                          1.000
##
       C1
##
       C2
                          1.000
##
      .P1
                  (e2)
                          1.011
                                    0.129
                                              7.834
                                                       0.000
##
      .P2
                  (e2)
                          1.011
                                    0.129
                                              7.834
                                                       0.000
##
## Scales y*:
                                 Std.Err z-value P(>|z|)
##
                       Estimate
       P1
                          0.585
##
                          0.585
##
       P2
```

And finally lets have a look at the model in a path diagram with tidySEM:



4.5 Sex specific (genetic) effects

Various twin models exist to quantify sex differences in the etiology of complex traits. its worth pointing out these models often aren't able to capture the role of other aspects of sex gender and identity play in traits. There are various types of sex differences we can capture in a twin model, the first of which are scalar sex differences, that is the same genes and environments influences the outcome in men and women, but their relative importance varies. First we simulate a trait where in men en women the relative importance of A, C and E differs (in women A has twice the effect in the simulation). This model is called a *quantitative* sex differences model because the contributions of A, C and E differ but the same genes and environments play a role regardless of sex (i.e. A C and E are correlated perfectly between men and women).

for this model we split our data into 5 groups, male monozygotic twin (MZM) pairs, female monozygotic twin pairs (MZF), male dizygotic twin pairs (DZM), female dizygotic twin pairs (DZF) and finally dizygotic twins of opposite sex (DOS). Its important that in the DOS group either the first twin is always male or always the female twin in each pair.

Other then allowing for sex differences, this model shares all its assumptions with he basic ACE model.

```
A <- matrix(1,2,2) # genetic correlation for MZ's = 1
C <- matrix(1,2,2)
E <- diag(2)
Adz <- matrix(c(1,.5,.5,1),2,2) # genetic correlation for DZ's = 0.5

# make 1000 pairs of MZ male (MZM) twins
MZM <- mvrnorm(1000,mu=c(0,0),Sigma = A+C+E)
```

```
# make 1000 pairs of MZ female (MZF) twins
MZF \leftarrow mvrnorm(1000, mu=c(0,0), Sigma = 2*A+C+E)
# Add a column to label as MZ:
MZM<- cbind.data.frame("MZM",MZM)</pre>
colnames(MZM) <- c("zyg","P1", "P2")</pre>
MZF<- cbind.data.frame("MZF",MZF)</pre>
colnames(MZF) <- c("zyg","P1", "P2")</pre>
# make 1500 DZ twin pairs
DZM \leftarrow mvrnorm(1000, mu=c(0,0), Sigma = Adz+C+E)
# make 1500 DZ twin pairs
DZF \leftarrow mvrnorm(1000,mu=c(0,0),Sigma = 2*Adz+C+E)
# add variable too label as DZ:
DZM <- cbind.data.frame("DZM",DZM)</pre>
colnames(DZM) <- c("zyg","P1", "P2")</pre>
# add variable too label as DZ:
DZF <- cbind.data.frame("DZF",DZF)</pre>
colnames(DZF) <- c("zyg", "P1", "P2")</pre>
# Opposite sex twins, (DOS, for Dyzygotic twins of opposite sex) males then females as order, ame sure t
sd \leftarrow matrix(c(1,0,0,sqrt(2)),2,2)
Ados <- sd %*% Adz %*% sd
# make 1500 DZ twin pairs (DOS, for Dyzygotic twins of opposite sex)
DOS \leftarrow mvrnorm(1000, mu=c(0,0), Sigma = Ados+C+E)
# add variable too label as DZ:
DOS <- cbind.data.frame("DOS",DOS)
colnames(DOS) <- c("zyg", "P1", "P2")</pre>
# Combine MZ and DZ twins
dataset <- rbind(MZM,MZF,DZM,DZF,DOS)</pre>
```

We then define the lavaan model that can express the variance in the trait P explained by latent variables A, C and E:

```
ace.sex.specific.model<-"
A1=~ NA*P1 + c(am,af,am,af,am)*P1
A2=~ NA*P2 + c(am,af,am,af,af)*P2
C1 =~ NA*P1 + c(cm,cf,cm,cf,cm)*P1
C2 =~ NA*P2 + c(cm,cf,cm,cf,cf)*P2
# variances</pre>
```

```
A1 ~~ 1*A1
A2 ~~ 1*A2
C1 ~~ 1*C1
C2 ~~ 1*C2
P1~~c(em2,ef2,em2,ef2,em2)*P1
P2~~c(em2,ef2,em2,ef2,ef2)*P2
# covariances
A1 ~~ c(1,1,.5,.5,.5)*A2
A1 ~~ 0*C1 + 0*C2
A2 ~~ 0*C1 + 0*C2
C1 ~~ c(1,1,1,1)*C2"
```

Lets look at some of the critical lines of code in the model, first we look at the way we specify the path loading for 5 types of twins that coreespond to the 5 groups in the SEM model:

```
A1=~ NA*P1 + c(am,af,am,af,am)*P1
A2=~ NA*P2 + c(am,af,am,af,af)*P2
```

Notice there are now male specific (am) and female specific (af) factor loadings. the order here needs to correspond to the order in which each zygosity first appears in the data, which may be fidly to get right. Also notice how A2 which is the latent factor for twin two has a different loading in the 5th group (DOS, for Dyzygotic twins of opposite sex)

We also assume the residual variance (E) is uncorrelated to A and C, but fortunately for us this is a lavaan default. We proceed to fit the model to the simulated data:

```
# Standard ace model:
ace.sex.specific.fit<-cfa(ace.sex.specific.model, data = dataset,group = "zyg")
summary(ace.sex.specific.fit)</pre>
```

```
## lavaan 0.6-7 ended normally after 50 iterations
##
##
     Estimator
                                                           ML
##
     Optimization method
                                                      NLMINB
##
     Number of free parameters
                                                           40
     Number of equality constraints
                                                           24
##
##
##
     Number of observations per group:
                                                        1000
##
       MZM
##
       MZF
                                                        1000
##
       DZM
                                                        1000
       DZF
##
                                                        1000
       DOS
##
                                                        1000
##
## Model Test User Model:
##
##
     Test statistic
                                                      11.182
##
     Degrees of freedom
     P-value (Chi-square)
                                                       0.263
##
##
     Test statistic for each group:
       MZM
##
                                                       1.015
##
       MZF
                                                       4.051
                                                       2.431
       DZM
##
```

```
DZF
##
                                                       1.413
##
       DOS
                                                       2.272
##
## Parameter Estimates:
##
##
     Standard errors
                                                    Standard
##
     Information
                                                    Expected
     Information saturated (h1) model
##
                                                 Structured
##
##
## Group 1 [MZM]:
##
## Latent Variables:
##
                       Estimate Std.Err z-value P(>|z|)
##
     A1 =~
##
       P1
                  (am)
                          1.015
                                    0.075
                                            13.544
                                                       0.000
##
     A2 =~
                          1.015
                                    0.075
##
      P2
                  (am)
                                            13.544
                                                       0.000
     C1 =~
##
                          0.947
                                            13.039
##
       Ρ1
                  (cm)
                                    0.073
                                                       0.000
##
     C2 =~
##
       P2
                  (cm)
                          0.947
                                    0.073
                                            13.039
                                                       0.000
##
## Covariances:
##
                       Estimate Std.Err z-value P(>|z|)
##
     A1 ~~
##
       A2
                          1.000
##
       C1
                          0.000
       C2
                          0.000
##
##
     A2 ~~
                          0.000
##
       C1
##
       C2
                          0.000
##
     C1 ~~
       C2
##
                          1.000
##
## Intercepts:
##
                       Estimate Std.Err z-value P(>|z|)
##
      .P1
                          0.116
                                    0.054
                                             2.150
                                                       0.032
                          0.053
                                    0.054
                                             0.986
##
      .P2
                                                       0.324
##
                          0.000
       A1
                          0.000
##
       A2
                          0.000
##
       C1
##
       C2
                          0.000
##
## Variances:
                       Estimate Std.Err z-value P(>|z|)
##
##
       A1
                          1.000
##
       A2
                          1.000
##
       C1
                          1.000
##
       C2
                          1.000
                                                       0.000
##
                                    0.043
      .P1
                 (em2)
                          0.981
                                            22.735
                                    0.043
##
      .P2
                 (em2)
                          0.981
                                            22.735
                                                       0.000
##
##
```

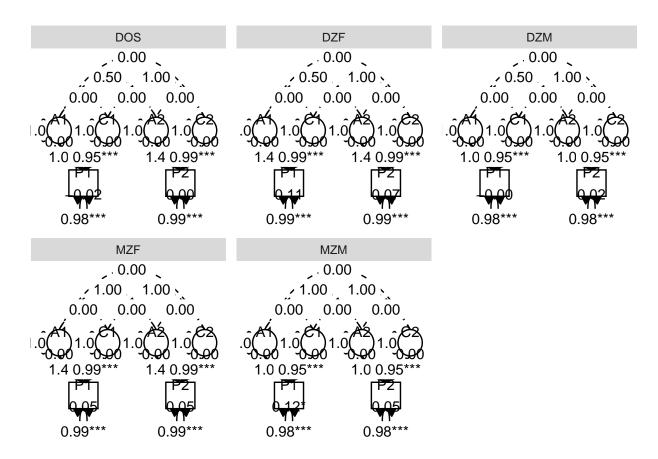
```
## Group 2 [MZF]:
##
## Latent Variables:
##
                      Estimate Std.Err z-value P(>|z|)
    A1 =~
##
##
      P1
                 (af)
                         1.422
                                  0.059
                                          24.206
                                                     0.000
##
     A2 =~
##
      P2
                 (af)
                         1.422
                                  0.059
                                           24.206
                                                     0.000
##
     C1 =~
##
                 (cf)
                         0.995
                                  0.079
                                          12.585
                                                     0.000
      P1
##
     C2 =~
       P2
                 (cf)
                         0.995
                                          12.585
                                                     0.000
##
                                  0.079
##
## Covariances:
##
                      Estimate Std.Err z-value P(>|z|)
##
     A1 ~~
                         1.000
##
       A2
                         0.000
##
       C1
       C2
                         0.000
##
    A2 ~~
##
##
      C1
                         0.000
##
       C2
                         0.000
##
     C1 ~~
##
       C2
                         1.000
##
## Intercepts:
##
                      Estimate Std.Err z-value P(>|z|)
##
      .P1
                         0.051
                                  0.063
                                            0.815
                                                     0.415
##
      .P2
                         0.054
                                  0.063
                                            0.862
                                                     0.389
##
                         0.000
      Α1
##
       A2
                         0.000
##
       C1
                         0.000
##
       C2
                         0.000
##
## Variances:
                      Estimate Std.Err z-value P(>|z|)
##
##
       Α1
                         1.000
##
       A2
                         1.000
##
       C1
                         1.000
##
       C2
                         1.000
##
      .P1
                (ef2)
                         0.987
                                  0.044
                                           22.547
                                                     0.000
##
      .P2
                (ef2)
                         0.987
                                  0.044
                                          22.547
                                                     0.000
##
##
## Group 3 [DZM]:
##
## Latent Variables:
##
                      Estimate Std.Err z-value P(>|z|)
     A1 =~
##
##
      P1
                 (am)
                         1.015
                                  0.075
                                         13.544
                                                     0.000
##
    A2 =~
##
      P2
                 (am)
                         1.015
                                  0.075
                                          13.544
                                                     0.000
    C1 =~
##
##
                 (cm)
                         0.947
                                  0.073
                                           13.039
                                                     0.000
       P1
```

```
C2 =~
##
       P2
                 (cm)
                         0.947
                                   0.073 13.039
                                                     0.000
##
##
## Covariances:
##
                      Estimate Std.Err z-value P(>|z|)
##
     A1 ~~
##
       A2
                         0.500
       C1
                         0.000
##
##
       C2
                         0.000
##
     A2 ~~
##
       C1
                         0.000
##
       C2
                         0.000
##
     C1 ~~
##
       C2
                         1.000
##
## Intercepts:
##
                      Estimate Std.Err z-value P(>|z|)
      .P1
                        -0.004
                                   0.054
                                          -0.075
                                                     0.940
##
##
                         0.020
                                   0.054
                                            0.378
                                                     0.706
      .P2
                         0.000
##
       Α1
                         0.000
##
       A2
##
       C1
                         0.000
##
       C2
                         0.000
##
## Variances:
##
                      Estimate Std.Err z-value P(>|z|)
##
       A1
                         1.000
##
       A2
                         1.000
                         1.000
##
       C1
##
       C2
                         1.000
##
                         0.981
      .P1
                (em2)
                                   0.043
                                           22.735
                                                     0.000
                         0.981
##
      .P2
                (em2)
                                   0.043
                                           22.735
                                                     0.000
##
##
## Group 4 [DZF]:
## Latent Variables:
##
                      Estimate Std.Err z-value P(>|z|)
     A1 =~
##
##
      P1
                 (af)
                         1.422
                                   0.059
                                           24.206
                                                     0.000
     A2 =~
##
      P2
                                           24.206
##
                 (af)
                         1.422
                                   0.059
                                                     0.000
##
     C1 =~
##
                 (cf)
                         0.995
                                   0.079
                                           12.585
                                                     0.000
       P1
##
     C2 =~
       P2
##
                 (cf)
                         0.995
                                   0.079
                                           12.585
                                                     0.000
##
## Covariances:
##
                      Estimate Std.Err z-value P(>|z|)
##
     A1 ~~
                         0.500
##
       A2
                         0.000
##
       C1
       C2
                         0.000
##
##
     A2 ~~
```

```
C1
                          0.000
##
       C2
                          0.000
##
##
     C1 ~~
##
       C2
                          1.000
##
## Intercepts:
##
                       Estimate Std.Err z-value P(>|z|)
##
      .P1
                          0.105
                                    0.063
                                             1.661
                                                       0.097
##
      .P2
                          0.072
                                    0.063
                                             1.137
                                                       0.255
##
                          0.000
       Α1
##
       A2
                          0.000
##
       C1
                          0.000
##
       C2
                          0.000
##
## Variances:
##
                       Estimate Std.Err z-value P(>|z|)
##
                          1.000
       Α1
                          1.000
##
       A2
                          1.000
##
       C1
       C2
                          1.000
##
##
      .P1
                 (ef2)
                          0.987
                                    0.044
                                            22.547
                                                       0.000
##
      .P2
                 (ef2)
                          0.987
                                    0.044
                                            22.547
                                                       0.000
##
##
## Group 5 [DOS]:
## Latent Variables:
##
                       Estimate Std.Err z-value P(>|z|)
##
     A1 =~
##
       P1
                  (am)
                          1.015
                                    0.075
                                            13.544
                                                       0.000
     A2 =~
##
                                    0.059
##
       P2
                  (af)
                          1.422
                                            24.206
                                                       0.000
##
     C1 =~
##
       P1
                  (cm)
                          0.947
                                    0.073
                                            13.039
                                                       0.000
     C2 =~
##
                  (cf)
                          0.995
##
       P2
                                    0.079
                                            12.585
                                                       0.000
##
## Covariances:
                       Estimate Std.Err z-value P(>|z|)
##
##
     A1 ~~
##
       A2
                          0.500
                          0.000
##
       C1
##
       C2
                          0.000
##
     A2 ~~
##
       C1
                          0.000
                          0.000
##
       C2
##
     C1 ~~
##
       C2
                          1.000
##
## Intercepts:
##
                       Estimate Std.Err z-value P(>|z|)
                         -0.022
                                            -0.399
##
      .P1
                                    0.054
                                                       0.690
      .P2
                          0.002
                                    0.063
##
                                             0.025
                                                       0.980
##
                          0.000
       Α1
```

```
##
        A2
                            0.000
##
                            0.000
        C1
                            0.000
##
        C2
##
##
   Variances:
##
                         Estimate
                                    Std.Err z-value P(>|z|)
##
        Α1
                            1.000
##
        A2
                            1.000
##
        C1
                            1.000
##
        C2
                            1.000
##
       .P1
                  (em2)
                            0.981
                                      0.043
                                                22.735
                                                           0.000
       .P2
                  (ef2)
                            0.987
                                      0.044
                                                22.547
                                                           0.000
##
```

And finally lets have a look at the model in a path diagram with tidySEM:



4.6 Gene-environment interaction

The most intuitive models for gene-environment interaction with a continuous environment (Purcell 2002) cannot be fitted in lavaan, please consider OpenMx or Mplus. The issue is that the model requires a factor

loading to be a linear function of an observed variable (moderation) and this isn't implemented in lavaan.

- 4.7 Gene-environment correlation
- 4.8 Rater bias models
- 5 Multitrait twin models in lavaan
- 5.1 Cholesky decomposition
- 5.2 Direction of Causation models
- 6 Longitudinal twin models
- 6.1 Auto regressive models
- 6.1.1 Phenotype to environment effects
- 6.2 Growth curve models

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