

Parameters for a cell membrane:

- $\eta = 10^{+3} \eta_{\text{WATER}} \cdot [\text{membrane thickness}] =$   
 $= 10^3 \text{ mPa} \cdot \text{s} \cdot 10 \text{ nm}$   
 $= 10^3 \cancel{10^{-3}} \frac{\text{kg}}{\text{s}} \cdot \cancel{10} \cdot \cancel{10^{-8}} \text{ m}$   
 $= 10^{-8} \frac{\text{kg}}{\text{s}} = \sqrt{10^{-2}} \text{ Pa} \mu\text{m} \cdot \text{s}, \quad (2)$

- $\sigma = 10^{-6} \text{ N/m} =$   
 $= 1 \text{ Pa} \mu\text{m},$

- the typical velocity to which one may pull a protein in a membrane is

$$v \sim 10 \frac{\mu\text{m}}{\text{s}},$$

$$\begin{aligned}
 \bullet k &= 10 k_B T = 10 \cdot 10^{-23} \frac{\text{kg m}^2}{\text{s}^2 \text{K}} \cdot 300 \text{ K} \approx \\
 &\approx 10^{1-23+2} \frac{\text{kg m}^2}{\text{s}^2} \cdot 300 \text{ K} \approx \\
 &= 3 \cdot 10^{-20} \frac{\text{kg m}^2}{\text{s}^2} = \\
 &= 3 \cdot 10^{-20} \text{ N} \cdot \text{m} = 3 \cdot 10^{-20+6} \text{ m}^2 \text{ Pa} \mu\text{m} \\
 &= 3 \cdot 10^{-20+6+2 \cdot 6} \text{ Pa} \mu\text{m}^3, \\
 &= 3 \cdot 10^{-2} \text{ Pa} \mu\text{m}^3, \leftarrow k_B T
 \end{aligned}$$

$$\begin{aligned}
 \bullet \rho &\approx \frac{10^3 \text{ Da atom}}{\text{mm}^2} = 10^{3-27+18} \frac{\text{kg}}{\text{m}^3} ? \\
 &= 10^{-6} \frac{\text{kg}}{\text{m}^2} = 10^{-6} \frac{\text{kg m}}{\text{s}^2} \frac{\text{s}^2}{\text{m}^3} = \\
 &= 10^{-6} \frac{\text{Pa s}^2}{\text{m}} = \\
 &= 1 \cdot \frac{\text{Pa s}^2}{\mu\text{m}},
 \end{aligned}$$

$$\bullet \approx 2 \text{ } \mu\text{m} \text{ FO} \cdot 0 \approx 2$$