

RIENZI ENCARNACION

Negros Occidental, Philippines (Willing to Relocate) | Email Address: encarnacionrienzi@gmail.com

PHYSIOTHERAPIST WITH OVER 5 YEARS OF EXPERIENCE

Experienced and licensed Physical Therapist with 5+ years in diverse healthcare settings across the Philippines and eligible to register for a Provisional License in Canada. Skilled in providing comprehensive physiotherapy services in hospital, sports clinic, and home-based settings, specializing in sports, geriatric, and musculoskeletal physiotherapy. Known for fostering a patient-centered approach, ensuring optimal outcomes and satisfaction. Exceptional communicator with a strong work ethic, collaborative mindset, and deep commitment to patient empathy. Committed to ongoing professional development to deliver the highest standard of care.

LICENSE AND CERTIFICATION

LICENSED PHYSICAL THERAPIST
PHILIPPINES PROFESSIONAL REGULATORY
COMMISSION
2018- PRESENT

COMPLETED THE PCE- WRITTEN EXAM)
CANADIAN ALLIANCE OF PHYSIOTHERAPY
REGULATORS - MARCH 2024

KEY SKILLS

Patient Screening and Assessment	Documentation	Organizational Skills
Manual Therapy Techniques	Interdisciplinary Collaboration	Clinical Supervision
Exercise Prescription	Communication Skills	Teaching and Facilitation
Continuing Education	Critical Thinking	Telehealth Treatment

PROFESSIONAL EXPERIENCE

CASES HANDLED: MSK - Shoulder, Back, Neck, Knee, Sports Injury Rehabilitation, Post - Op Rehabilitation; Neurologic - Stroke, Cerebral Palsy, Traumatic Brain injury, Parkinson's Dse ; Geriatric Conditioning

PRIVATE HOME HEALTH PHYSICAL THERAPIST

2018- PRESENT

FREELANCE PHYSICAL THERAPIST

Accomplishments and Duties:

- Designed and implemented Treatment for various Neurologic, Geriatric, and Musculoskeletal Conditions
- Conduct comprehensive assessments of patients' functional abilities, mobility, strength, and range of motion to develop individualized treatment plans.
- Provide hands-on manual therapy techniques, therapeutic exercises, and modalities to improve mobility, reduce pain, and enhance overall function.
- Collaborate closely with patients, their families, and interdisciplinary healthcare teams to ensure coordinated care and optimal outcomes.
- Educate patients and caregivers on proper techniques for exercises, activities of daily living, and injury prevention strategies to promote independence and self-management.

SPORTS PHYSICAL THERAPIST

2019-2020

UNIVERSITY OF ST. LA SALLE

Accomplishments and Duties:

- Perform comprehensive evaluations of athletes' musculoskeletal and biomechanical function to identify impairments, asymmetries, and areas of risk.
- Develop and implement evidence-based treatment plans and exercise programs tailored to each athlete's specific needs, goals, and sport demands.
- Utilize manual therapy techniques, therapeutic exercises, neuromuscular re-education, and modalities to address impairments, restore function, and enhance athletic performance.
- Collaborate closely with sports medicine physicians, athletic trainers, coaches, and other healthcare professionals to ensure coordinated care and optimize outcomes.
- Educate athletes on proper body mechanics, injury prevention strategies, and self-management techniques to promote long-term health and wellness.
- Document patient progress, treatment interventions, and outcomes accurately and thoroughly in compliance with regulatory standards and clinic protocols

**PHYSICAL THERAPIST
RIVERSIDE COLLEGE PT CLINIC**

2018- PRESENT

Duties:

- Designed and implemented Treatment for various Neurologic, Geriatric, and Musculoskeletal Conditions
- Handled and Treated cases: MSK (Shoulder, Neck, Back, Knee, Sports Injuries and Post- Op Rehab)
- Conduct comprehensive assessments of patients' functional abilities, mobility, strength, and range of motion to develop individualized treatment plans.
- Provide hands-on manual therapy techniques, therapeutic exercises, and modalities to improve mobility, reduce pain, and enhance overall function.
- Collaborate closely with patients, their families, and interdisciplinary healthcare teams to ensure coordinated care and optimal outcomes.

**PATIENT CARE SPECIALIST
PT GENIE**

2022-2024

Duties:

- Collaborated with Physical Therapists (PTs) and Physical Therapist Assistants (PTAs) to modify the plan of care for patients participating in virtual care programs.
- Reviewed patient progress and feedback to adjust home exercise programs prescribed through the virtual platform.
- Provided guidance and support to patients in implementing modifications to their exercise routines to address specific needs or challenges.
- Collected and verified patient information, including demographics, insurance details, and medical history, to ensure completeness and accuracy of records.

**CLINICAL INSTRUCTOR
RIVERSIDE COLLEGE INC.**

2018- PRESENT

Duties:

- Developed and prepared course materials for both graduate and undergraduate students, ensuring alignment with curriculum objectives and learning outcomes.
- Provided instruction to students on therapeutic exercises, including principles, techniques, and applications for various patient populations and conditions.
- Instructed students in the process of patient examination and assessment, covering methods for gathering subjective and objective data, performing physical assessments, and interpreting findings.

EDUCATION

PHYSICAL THERAPY DEGREE

BACHELOR OF SCIENCE IN PHYSICAL THERAPY

RIVERSIDE COLLEGE, INC.

YEARS ATTENDED: 2013- 2018

OTHER CERTIFICATION

HIPAA CERTIFICATION

IELTS GENERAL AND ACADEMIC BAND SCORE: 8.5

COMMUNITY BASED SCREENING

REFERENCE

JAIR KIMRI JINGCO, MD

DEAN, DEPARTMENT OF PHYSICAL THERAPY
RIVERSIDE COLLEGE INC.
OFFICE PHONE: 034 - 434 - 1031

RONEL G. SARIO, MD

PRESIDENT, SUNTOWN CAMP FOUNDATION
PULMONOLOGIST, RIVERSIDE MEDICAL CENTER
PHONE: 0917 - 701- 1983