

In the guide document, which belongs to the NEVO online file you downloaded, is described which information is in the zip file.

Background information is available at the NEVO website: [www.rivm.nl/en/dutch-food-composition-database](http://www.rivm.nl/en/dutch-food-composition-database)

PDF-files below are available on the website:

- [NEVO online 2019: background information](#)
- [List of abbreviations and symbols in NEVO online 2019](#)
- [List of margarines, low-fat margarines and other cooking fats NEVO online 2019:](#)  
The average composition of several types of margarine, low-fat margarine, cooking and frying fat is included in NEVO. The average composition is calculated from data on individual brands.
- [List of new foods in NEVO online 2019](#)
- [Foods and food groups NEVO online 2019:](#) The product group in which the foods are assigned is available in this document. This also gives an overview of all product in NEVO online. This document includes the Dutch and English names of the foods.
- [List of recipes NEVO online 2019](#)
- [Composition of fatty acids clusters:](#) This document lists which fatty acids belongs to which fatty acids cluster
- [Specifications of references in NEVO online 2019:](#) For each value, a reference is known. The references and reference id's are available in this document.
- [Translation reference id from NEVO-online 2019 to NEVO-online 2016:](#) Reference codes are different from NEVO online 2016, because of a different software system
- [List of foods removed since NEVO online 2016](#)
- [List of components NEVO online 2019:](#) An overview of nutrients available in NEVO online is available in this document. This also includes the English component name, Dutch component name and EuroFIR nutrient codes
- [Coverage rate:](#) An overview of the coverage rate of each food component is available in this document
- [Table headings in NEVO online 2019](#)

You can ask questions by sending an email to [nevo@rivm.nl](mailto:nevo@rivm.nl)