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Anonymous Coward  
User ID: 21904318  
 United Kingdom  
08/02/2022 07:26 AM  
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**Re: Humans do not need food**

...

i havnt eaten for 50 hours now  
just tea with sugar and milk  
i can do this forever without any ill effects  
i felt it was my duty as a human to tell you this

Quoting: **Anonymous Coward 20140524**

So you're on a liquid diet, got it. Your calories are coming from the milk and the sugar.

Apparently you define "eating" as having to use your teeth, NOT the ingestion of calories and nutrients.

Quoting: **Larry D. Croc**

calories in milk and sugar is alot less than the recommended amount  
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Depends entirely on HOW MUCH of things like milk, sugar, etc. you consume. Also depends on how much you weigh now.

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We all know that's not going to happen though, don't we?

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 but think about this  
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Anonymous Coward  
 User ID: 82391426  
 🇺🇸 United States  
 08/02/2022 07:26 AM  
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### Re: Humans do not need food

I really hope you people actually stop eating and die already.

But of course you won't, cowards.

Quoting: **Anonymous Coward 80886933**

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Quoting: **Anonymous Coward 20140524**

correct! prove them all wrong.. keep going!!

Anonymous Coward  
 User ID: 21904318  
 🇬🇧 United Kingdom  
 08/02/2022 07:28 AM  
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### Re: Humans do not need food

if orgone was real we wouldnt need energy from food

Quoting: **Anonymous Coward 20140524**

I have no idea wtf "orgone" is, never heard of it.

Let me ask you this: if we didn't need to eat why do people starve to death?

Or do you think all famines and cases of stranded hikers starving, etc. throughout history were fabricated?

Or do you think that you only starve to death if you "lack faith" or something, and if you just believed hard enough you would survive without eating?

Quoting: **Anonymous Coward 80886933**

orgone otherwise known as prana or chi

i dont know

im going to find out now though and refrain from food so i can tell you so

Anonymous Coward  
User ID: 80886933  
🇺🇸 United States  
08/02/2022 07:30 AM  
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Quoting: **Anonymous Coward 20140524**

No, that would be clear proof that you do need the milk and sugar to survive.

Clear proof that humans do not need food would be to not eat any food.

### Goneviral



User ID: 77952124  
🇺🇸 United States  
08/02/2022 07:32 AM



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### Re: Humans do not need food

Makes me wanna cook this ribeye steak on the bbq at 800 deg

*Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost*

### Larry D. Croc



User ID: 70736097  
🇺🇸 United States  
08/02/2022 07:32 AM

### Re: Humans do not need food

...



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Quoting: **Anonymous Coward 21904318**

Any number of idiots have, and will continue to write "free" books on any number of subjects, that behavior confirms nothing.

There are certain physiological facts that have to be faced. Your body is made up of cells that need "fuel" to function properly.

Whether you chew and swallow that fuel or drink it is a meaningless quibble.

Tell me how much you weigh and I'll tell you how many calories a day you consume between your eating meals and snacking/nibbling during the day and at bedtime.

Anyone who says differently, book or not, is either not telling the truth or trying to convince people to do things that will harm them.

*"Socialism only works in two places: Heaven where they don't need it and hell, where they already have it." Ronald Reagan*

*The trouble with our liberal friends is not that they're ignorant; it's just that they know so much that isn't so." Ronald Reagan*

Anonymous Coward  
 User ID: 80886933  
 United States  
 08/02/2022 07:33 AM  
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Quoting: **Anonymous Coward 80886933**

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Quoting: **Anonymous Coward 21904318**

No liquid calories either. And we're going to need a little more evidence than just your word.

Anonymous Coward  
User ID: 21904318  
 United Kingdom  
08/02/2022 07:35 AM  
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Quoting: **Anonymous Coward 80886933**

a guy fasted for 382 days (see video)  
if his body fat was used up at 270days and he maintained stable weight after that  
this is all the proof you would need



User ID: 83934139  
 United States  
 08/02/2022 07:37 AM  
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Urine therapy?

Quoting: **Cebeij**

Check out a book called The Water of Life: A treatise on Urine Therapy by John Armstrong. As well as the health of the many gurus, shamans, yogis and Tibetan monks who consume their urine.

There have been studies about starvation that have said that when the body is put into starvation mode for long periods of time, it stays like that. The benefit is that you live twice as long, which gives an interesting twist into the elites desire to starve people. They are conditioning them to live ... longer. Morans.

Anonymous Coward  
 User ID: 21904318  
 United Kingdom  
 08/02/2022 07:38 AM  
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**Re: Humans do not need food**

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the fuel in these cases would be orgone  
or maybe no fuel is actually needed and just an active spirit

you clearly believe the science on this one and dismiss anything supernatural im  
not gonna argue with you anymore croc

**Daozen**

User ID: 83948290

 Taiwan

08/02/2022 07:38 AM

[Edit Post](#)[Report Abusive Post](#)[Report Copyright Violation](#)**Re: Humans do not need food**

Following...

Remember, shades of grey... middle-ground... between the one and zero.

Walk the razorblade between the yin and the yang.

I actually went very low food at the start of this summer. I felt absolutely fine without it. In the summer, I feel I can get my nutrients directly from the sun. I take turpentine and iodine as daily tonics, and generally feel good all summer.

In early July, a colleague and a couple of shopkeepers remarked that I looked thin... too thin. I honestly didn't notice, cos I felt so good. But when I looked in the mirror, I realized they might be right.

Im still fascinated by ~partial~ Inedia--- so now I'm treading the middle way.

Every day, I boil up a ton of black and brown rice. I eat it with vinegar, ginger, chili and brown sugar...

It doesn't cost much, and its low hassle to make. i don't worry about food...

The rest of my nutrients, I get from the sun.

If you ask me what I think of Inedia, I'd say it could technically work, but I don't have the skills to maintain muscle on it right now.

TBH, Im trying to build muscle, and Inedia can make you thin.

Brainwave: What if you subsisted on vanilla protein drinks, with juiced greens?

Get 150 to 200 grams of protein per day to maintain muscle. Eat one meal in the evening...

The rest of the day, drink in the energy from the Black and Yellow suns...

~O~

Good topic, OP.

*The world is a feeling. Hurl abuse at Daozen: kalki.cloud*

*"The syntactical nature of reality, the real secret of magic, is that the world is made of words. And if you know the words that the world is made of, you can make of it whatever you wish." ~ Terence McKenna*

**Daozen**

User ID: 83948290

 Taiwan

08/02/2022 07:42 AM

[Edit Post](#)**Re: Humans do not need food**

are you not the slightest interested???

this would make living off grid somewhere that much easier

Quoting: **Anonymous Coward 20140524**

Absolutely...

Contact with the grid is a spectrumic affair...

Instead of full on off grid (living in the woods, with a long beard, trapping rabbits) think low-grid.

Live in the city (if you have to) but treat the world with a light touch. Bananas and water from 711... rice from the guy downstairs... no phone or burner phone... rice wine and water on a Sunday... guitar by the river for fun.

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Low grid...

A butterfly in the belly of the beast.

*The world is a feeling. Hurl abuse at Daozen: kalki.cloud*

*"The syntactical nature of reality, the real secret of magic, is that the world is made of words. And if you know the words that the world is made of, you can make of it whatever you wish." ~ Terence McKenna*

**Larry D. Croc**



User ID: 70736097  
 United States  
 08/02/2022 07:54 AM



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**Re: Humans do not need food**

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I thought we were discussing/debating. If you prefer to characterize it as arguing that's certainly your right. A good evening and good luck to you.

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*The trouble with our liberal friends is not that they're ignorant; it's just that they know so much that isn't so." Ronald Reagan*

Anonymous Coward  
User ID: 21904318  
United Kingdom  
08/02/2022 07:56 AM  
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### Re: Humans do not need food

i feel I must be honest with you

iv known about living without food for years now and practised it alot (enough to convince you)

I have no doubts that living without food is possible

it may even be the key to long life  
living as long as you want to

[\[link to www.bibliotecapleyades.net \(secure\)\]](http://www.bibliotecapleyades.net)

because if the body is kept clean without food and lives on orgone it wont decay

this is a concern of mine

how do i hide my immortality as time goes on?

### Daozen

User ID: 83948290  
Taiwan  
08/02/2022 08:00 AM



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### Re: Humans do not need food

this is a concern of mine

how do i hide my immortality as time goes on?

Quoting: **Anonymous Coward 21904318**

The immortals I know in Taipei use beauty products (facial lasers) etc as a cover...

We're living in The Quickening right now... I don't think anyone cares...

I thought you guys moved every 12 years or so...?

IMO, no one would even ask any more...

~O~

How do you maintain muscle? Can you really do it with no protein?

Last Edited by [Daozen](#) on 08/02/2022 08:01 AM

*The world is a feeling. Hurl abuse at Daozen: kalki.cloud*

*"The syntactical nature of reality, the real secret of magic, is that the world is made of words. And if you know the words that the world is made of, you can make of it whatever you wish." ~ Terence McKenna*

Anonymous Coward  
User ID: 83899610  
United States  
08/02/2022 08:03 AM  
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### Re: Humans do not need food

Jesus says when you fast, not if you fast. He also remarked that certain demons can only be overcome by fasting and prayer.

Quoting: **Anonymous Coward 78339794**

Very true. With the Lord's help I went 7 days on 8oz of water per day. Fasting is an interruption in eating for a period of time. You are willingly giving up physical nutrition to pursue the Lord and His power and grace. But, it is not giving up food forever. Jesus fasted 40 days with no food or water. But, he was eating food after that. Man I would love good steak right now.

[Daozen](#)

User ID: 83948290

 Taiwan

08/02/2022 09:50 AM



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### Re: Humans do not need food

Another middle ground:

Fast 2-3 times a week. Take adequate protein if trying to build muscle...

Keep a fluid approach...

~O~

I had a friend who rarely, or never ate in front of me...

Any time he did, it seemed only out of politeness.

He seemed to have a fair bit of muscle, used to fight as a young man.

He wasn't visibly jacked, but I reckon he could lay 90% of people out in less than 20 seconds.

But I rarely saw him eat.

Once I asked him: **If you don't eat, where do you get your energy from?**

He put his hand, palm out, in front of him... moved it around, and made an "absorbing" hand gesture. Kind of hard to describe.

I understood that he just took energy from the environment. He was a grounded guy

Viewers of The Great and Secret Show will know him as Blim-Blim of Shuanglian.

The key to this Inedia business, for most of us, is to eat "sometimes" whatever sometimes means to you. Once a day, every other day... get some scales, be honest with yourself, and see if you're getting the body you want.

I think OP is right, it can technically be done.

For me, I think protein drinks with chlorophyll and wheatgrass could be a realistic partially-Inedic staple.

~O~

I know one thing. Stuffing your stupid face with crappy carbs 3 times a day is idiotic. It's the path to sluggishness and zombie-land.

Every 3-4 weeks or so I go on a bread and noodle carb binge. I feel revolting, depressed and tired when I do it.

I don't know how normal people survive.

Oh wait, they don't.

---

*The world is a feeling. Hurl abuse at Daozen: kalki.cloud*

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[Daozen](#)

User ID: 83948290

 Taiwan

08/02/2022 09:50 AM

### Re: Humans do not need food

~O~

Sorry, double post.

Last Edited by [Daozen](#) on 08/02/2022 09:52 AM

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*The world is a feeling. Hurl abuse at Daozen: kalki.cloud*



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**Daozen**

1

User ID: 83948290  
 Taiwan  
 08/02/2022 09:50 AM



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**Re: Humans do not need food**

~O~

Last Edited by [Daozen](#) on 08/02/2022 09:52 AM

*The world is a feeling. Hurl abuse at Daozen: kalki.cloud*

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