

1. Smallpox In 1980, the World Health Assembly declared that smallpox (variola virus) had been eradicated successfully worldwide. The United States discontinued routine childhood immunization against smallpox in 1972 and routine immunization of health care professionals in 1976. Following eradication, 2 World Health Organization reference laboratories were authorized to maintain stocks of variola virus. In 2003, the United States initiated a civilian smallpox immunization program for first responders to facilitate preparedness and response to a possible smallpox bioterrorism event. People infected with variola develop a severe prodromal illness characterized by high fever, malaise, severe headache, backache, abdominal pain. Infected children can suffer from vomiting and seizures during this prodromal period. Most patients with smallpox are severely ill and bedridden during the febrile prodrome. The prodromal period is followed by development of lesions on mucosa of the mouth or pharynx. This stage occurs less than 24 hours before onset of rash, which is usually the first recognized manifestation of infectiousness. With onset of oral lesions, the patient becomes infectious and remains so until all skin crust lesions have separated. The rash typically begins on the face and rapidly progresses to involve the forearms, trunk, and legs. Lesions increase in size for approximately 8 to 10 days after which they begin to crust. Once all the crusts have separated, 3 to 4 weeks after the onset of rash, the patient is no longer infectious. Varicella (chickenpox) is the condition most likely to be mistaken for smallpox. Generally, children with varicella do not have a febrile prodrome, but adults can have a brief, mild prodrome. Although the 2 diseases are confused easily in the first few days of the rash, smallpox lesions develop into pustules that are firm and deeply embedded in the dermis, whereas varicella lesions develop into superficial vesicles. Because varicella erupts in crops of lesions that evolve quickly, lesions on any one part of the body will be in different stages of evolution (papules, vesicles, and crusts), whereas all smallpox lesions on any one part of the body are in the same stage of development.

2. How does smallpox start in adults?

- a. With the rash and fever
- b. With the vomiting, seizures, and lesions
- c. With a fever, malaise, headache, abdominal pain
- d. With lesions developing throughout the body

3. Choose the correct statement.

- a. Smallpox immunization is not needed since the virus does not exist anymore
- b. Smallpox immunization is completely stopped
- c. There are still countries that provide the smallpox immunization
- d. Smallpox immunization is happening only in bio laboratories

4. Chickenpox and smallpox are the same diseases.

- a. True
- b. Not given
- c. False

5. During both diseases, smallpox and chickenpox, patients develop lesions.

- a. True
- b. Not given
- c. False

6. Variola virus still exists in some laboratories.

- a. Not given
- b. False
- c. True

7. How long does the patient stay infectious?

- a. Until the end of the fever
- b. Until the formation of crusts
- c. Until there are no more crust lesions
- d. Until the lesions turn into vesicles

8. The USA stopped the immunization from smallpox for all citizens.

- a. Not given

b. True

c. False

9. What is specific for varicella lesions?

a. It most commonly affects the face

b. It distributes only to the trunk

c. They have different stages of evolution throughout the body

d. They are at the same stage of development throughout the body