

users		
user_id	uuid	
user_name	varchar(255)	NN
email	varchar(255)	NN
created_at	timestamp	
updated_on	timestamp	
status	role	E

profiles		
profile_id	uuid	
user_id	uuid	
status	mood	E
created_at	timestamp	
updated_on	timestamp	

journal_entries		
journal_entry_id	uuid	
profile_id	uuid	
sentiment	mood	E
created_on	timestamp	

plans		
plan_id	uuid	
title	varchar(255)	
body	text	
profile_id	uuid	
status	plan_status	E
created_at	timestamp	
goal	text	

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goal	text	

0..1

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0..1

*

1

```
Enum role {  
  moderator  
  user  
  admin  
}
```

```
Enum mood {  
  very_positive  
  somewhat_positive  
  neutral  
  somewhat_negative  
  very_negative  
}
```

```
Enum plan_status {  
  planned  
  in_progress  
  finished  
  aborted  
}
```